



Michael E Ashland "Mike"

Patient Health Summary, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Allergies

Ace Inhibitors (Cough) - Medium Severity

Medications

Aspirin 81 mg Oral Tablet (Started 8/24/2011)

Take 1 tab by mouth once daily.

nitroglycerin 0.4 mg sublingual tablet, sublingual (Started 1/17/2018)

Place 1 tablet under tongue every five minutes as needed for chest pain. administer every 5 minutes for a maximum of 3 doses in 15 minutes.

benzonatate 200 mg oral capsule (Started 1/4/2019)

Take 1 capsule by mouth three times daily.

triamcinolone acetonide 0.1 % topical lotion (Started 2/13/2019)

Apply thin film to affected area

nortriptyline 50 mg oral capsule (Started 2/28/2019)

Take 2 capsules by mouth once daily at bedtime.

metoprolol succinate 200 mg oral tablet extended release 24 hr (Started 4/4/2019)

Take one tablet by mouth daily

atorvastatin 80 mg oral tablet (Started 4/30/2019)

Take 1 tablet by mouth once daily.

losartan 100 mg oral tablet (Started 6/20/2019)

Take one tablet by mouth daily

furosemide (LASIX) 20 mg oral tablet (Started 7/31/2019)

Take 1 tablet by mouth two times daily.

isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr (Started 11/5/2019)

Take 2 tablets by mouth once daily.

spironolactone 25 mg oral tablet (Started 1/24/2020)

Take 2 tablets by mouth once daily.

metoprolol succinate 100 mg oral tablet extended release 24 hr (Started 1/24/2020)

Take 1 tablet by mouth once daily as needed (palpitations). can take in addition to standing metoprolol for palpitations.

Active Problems

Acquired hallux valgus of right foot (Noted 4/7/2015)

Actinic keratosis (Noted 10/14/2008)

Automatic implantable cardioverter-defibrillator in situ (Noted 6/29/2006)

CAD (coronary artery disease) (Noted 5/12/2006)

Carpal tunnel syndrome (Noted 10/6/2009)

Chronic low back pain (Noted 10/14/2008)

Diverticulosis of colon (Noted 10/23/2010)

Exposure to asbestos (Noted 10/14/2008)

Heart failure, chronic systolic (Noted 3/20/2015)

Hypercholesteremia (Noted 12/5/2006)

Impaired fasting glucose (Noted 6/29/2010)

Ischemic cardiomyopathy (Noted 5/12/2006)

Neuropathy (Noted 9/24/2009)

Pain medication agreement (Noted 6/23/2009)

Preventative health care (Noted 10/14/2008)

Pseudogout of left elbow (Noted 9/28/2014)

S/P CABG (coronary artery bypass graft) (Noted 11/7/2011)

S/P ICD (internal cardiac defibrillator) procedure (Noted 4/18/2019)

Sesamoiditis (Noted 6/8/2011)

Ventricular tachycardia, non-sustained (Noted 6/26/2015)

Resolved Problems

Atrial tachycardia (Noted 6/8/2006)

Cardiac angina (Noted 4/7/2015)

Chest pain (Noted 5/12/2006)

Chronic back pain (Noted 10/14/2008)

Chronic cough (Noted 10/14/2008)

Chronic systolic heart failure (Noted 6/29/2006)

Colon polyp (Noted 10/23/2010)

Septic arthritis (Noted 9/26/2014)

Immunizations

Influenza, high dose seasonal, preservative-free (Given 10/29/2019, 11/30/2018, 1/9/2018, 11/29/2016)

Influenza, injectable, quadrivalent, preservative free (IIV4) (Given 12/2/2015, 9/12/2014, 10/11/2013)

Influenza, seasonal, intradermal, preservative free (Given 1/14/2013)

Influenza, split (Given 1/6/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/9/2006)

Influenza-H1N1-09, injectable (Given 1/25/2010)

Influenza-H1N1-9 (Given 1/25/2010)

PCV13 (Given 11/29/2016)

Pneumococcal 23 (Given 1/9/2018, 1/11/2012, 3/27/2008)

Tdap (Given 4/28/2014)

Zoster live (Given 4/28/2014)

Implants

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Procedures

Procedure Note (Performed 8/8/2019)

Procedure Note (Performed 8/7/2019)

Procedure Note (Performed 9/21/2018)

Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

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Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

RIGHT HEART CATHETERIZATION (Performed 2/5/2016)

ELECTROPHYSIOLOGIC EVALUATION (Performed 2/5/2016)

INSERTION OF ELECTRODE LEAD(S) (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/5/2016)

Procedure Note (Performed 2/4/2016)

Procedure Note (Performed 2/4/2016)

Procedure Note (Performed 2/4/2016)

Procedure Note (Performed 2/4/2016)

COLLECTION OF BLOOD BY VENIPUNCTURE (Performed 9/29/2014)

RADIUS/ULNA/ELBOW SOFT TISSUE PROCEDURES (Performed 9/26/2014)

Performed for Septic arthritis of elbow, left (HCC)

COLLECTION OF BLOOD BY VENIPUNCTURE (Performed 6/7/2013)

DRAIN SKIN ABSCESS (Performed 10/18/2012)

PULMONARY STRESS TESTING (Performed 9/5/2012)

CARDIAC REHAB/MONITOR (Performed 2/29/2012)

CARDIAC REHAB/MONITOR (Performed 2/17/2012)

COLONOSCOPY,DIAGNOSTIC (Performed 10/21/2010)

ADULT PFT (Performed 5/19/2010)

EMG/NERVE CONDUCTION STUDY (Performed 10/1/2009)

ADULT PFT (Performed 8/21/2009)

PULMONARY FUNCTION (Performed 8/21/2009)

ADULT PFT (Performed 9/22/2008)

PULMONARY FUNCTION (Performed 9/22/2008)

ADULT PFT (Performed 8/18/2006)

Results

12 LEAD ECG - Final result (08/08/2019 8:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	64	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	66	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	31	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	111	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	132	ms	OHSU DEPT OF CARDIOLOGY	
QT	395	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	407	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS		deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-62	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Atrial-sensed ventricular-paced rhythm- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 08-08-2019 08:38:31		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPT OF CARDIOLOGY

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3098

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (08/08/2019 5:52 AM PDT)

Specimen

Narrative

Performed At

EXAM: CHEST 2 VIEWS

OHSU RADIOLOGY VOICE
RECOGNITION 2

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseous abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Procedure Note

Service Account, Radiant Res In Interface - 08/08/2019 8:37 AM PDT

EXAM: CHEST 2 VIEWS

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseous abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU RADIOLOGY VOICE RECOGNITION 2			

CBC (CBC (HEMOGRAM) ONLY) - Final result (08/07/2019 8:39 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	8.03	3.50 - 10.80 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	5.10	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	15.3	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	47.9	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	93.9	80.0 - 100.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	31.9	32.0 - 36.0 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	46.3	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	257	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.3	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

INR - Final result (08/07/2019 8:39 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.98	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performed At
 OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (08/07/2019 8:39 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	123	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.20	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	

EGFR NON AFRICAN- AMERICAN	60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
SODIUM, PLASMA (LAB)	139	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM, PLASMA (LAB)	4.5	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	28	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	9.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	4	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.
 Estimated GFR Interpretive Information:
 <60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.
 The MDRD equation is not valid in the following situations:
 - Patients under 18 years of age
 - Severe malnutrition or obesity
 - Vegetarian diet
 - Rapidly changing kidney function
 - Amputees, paraplegics, or other muscle-wasting diseases

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

12 LEAD ECG - Final result (02/08/2019 11:01 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	70	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	69	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	222	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	37	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	135	ms	OHSU DEPT OF CARDIOLOGY	
QT	392	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	422	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-85	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-42	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Prolonged PR interval		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 02-08-2019 11:37:45		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

12 LEAD ECG - Final result (09/19/2018 6:58 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	69	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	68	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	199	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	23	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	131	ms	OHSU DEPT OF CARDIOLOGY	
QT	407	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	436	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	267	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-22	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 09-19-2018 13:18:20		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	0.64	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	110	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	15	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	

CREATININE PLASMA (LAB)	1.02	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
SODIUM, PLASMA (LAB)	142	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	25	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	8.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function
- Amputees, paraplegics, or other muscle-wasting diseases

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CBC (CBC (HEMOGRAM) ONLY) - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	8.38	3.50 - 10.80 K/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
RED CELL COUNT	4.94	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
HEMOGLOBIN	14.9	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
HEMATOCRIT	44.7	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
MCV	90.5	80.0 - 100.0 fL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
MCHC	33.3	32.0 - 36.0 g/dL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	

RDW SD	45.6	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING
PLATELET COUNT	213	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING
MPV	10.7	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	3303 SW BOND AVE	PORTLAND, OR 97239	

INR - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.97	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performed At
 OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	121	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.03	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	141	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	109	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
ANION GAP	6	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY	

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

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Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES,
CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

KNEE 3 VIEWS LEFT (X-RAY KNEE 3 VIEWS LEFT) - Final result (02/14/2018 11:30 AM PST)

Specimen

Narrative

EXAM: KNEE 3 VIEWS LEFT

HISTORY: Medial knee pain for 2 months.

COMPARISON: 10/8/12

FINDINGS:

There is unchanged chondrocalcinosis in the medial and lateral compartments. Minimal tricompartmental spurring seen. No fracture or focal destruction identified. Alignment is normal. The joint spaces are maintained. There is a small joint effusion. No additional soft tissue abnormality is observed.

IMPRESSION:

Minimal tricompartmental spurring.

Chondrocalcinosis and small joint effusion.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Procedure Note

Service Account, Radiant Res In Interface - 02/14/2018 1:55 PM PST

EXAM: KNEE 3 VIEWS LEFT

HISTORY: Medial knee pain for 2 months.

COMPARISON: 10/8/12

FINDINGS:

There is unchanged chondrocalcinosis in the medial and lateral compartments. Minimal tricompartmental spurring seen. No fracture or focal destruction identified. Alignment is normal. The joint spaces are maintained. There is a small joint effusion. No additional soft tissue abnormality is observed.

IMPRESSION:

Minimal tricompartmental spurring.

Chondrocalcinosis and small joint effusion.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Performed At

OHSU LABORATORY
SERVICES, CORE

Performed At

OHSU RADIOLOGY VOICE
RECOGNITION

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU RADIOLOGY VOICE RECOGNITION			

FOOT 3 VIEWS LEFT (X-RAY FOOT 3 VIEWS LEFT) - Final result (05/31/2017 8:46 AM PDT)

Specimen

Narrative	Performed At
STUDY: FOOT 3 VIEWS LEFT 05/31/17 08:35:00	OHSU RADIOLOGY VOICE RECOGNITION

HISTORY: Pain over the fifth metatarsal, evaluate for fracture.

COMPARISON: None.

FINDINGS:

The bones are intact without fracture or focal destruction. There is mild first MTP joint space narrowing and spurring. Hallux valgus and osseous bunion are also noted. The other joint spaces are intact. Alignment is otherwise within normal limits. Mild posterior calcaneal spurring is observed. No focal soft tissue abnormality.

IMPRESSION:

No acute osseous abnormality.

Hallux valgus with osseous bunion and mild first MTP degenerative joint disease.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Procedure Note

Service Account, Radiant Res In Interface - 05/31/2017 9:14 AM PDT

STUDY: FOOT 3 VIEWS LEFT 05/31/17 08:35:00

HISTORY: Pain over the fifth metatarsal, evaluate for fracture.

COMPARISON: None.

FINDINGS:

The bones are intact without fracture or focal destruction. There is mild first MTP joint space narrowing and spurring. Hallux valgus and osseous bunion are also noted. The other joint spaces are intact. Alignment is otherwise within normal limits. Mild posterior calcaneal spurring is observed. No focal soft tissue abnormality.

IMPRESSION:

No acute osseous abnormality.

Hallux valgus with osseous bunion and mild first MTP degenerative joint disease.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU RADIOLOGY VOICE RECOGNITION			

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited Result - FINAL (10/06/2016 12:28 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
PULMONARY INTERPRETATION	Site: OHSU CARDIOVASCULAR, 3303 SW Bond Ave, Portland, OR, 97239 ID: 06017887 Name: ASHLAND, MICHAEL E Doctor: Mudd, James Tech: Williams, Kirsten Age: 65 Sex: Male Race: Caucasian Height: 71.50 Inches Weight: 216.72 Lbs BSA: 2.19 Dyspnea: After any exertion Cough: No Cough wheeze: Rare Tbc Prod: Never Smoked		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	

Post Test Comments: The results of this test meet the ATS standards for acceptability and repeatability.

The patient was seated and resting values were obtained. Patient was then escorted to the treadmill. Patient exercised for a total of 12 min and 44 seconds using the Heart Action Protocol.

Patient attained maximum speed of 3.0 mph and maximum grade of 12.5%.

Patient's resting heart rate was 61 , resting blood pressure was 127/80, and resting O₂ sat was 97%. Patient's peak heart rate was 120 which represents 77% of M_{PPHR}.

Patient's blood pressure at peak exercise was 137/68; O₂ sat at peak exercise

was 98%. Patient's maximum RPE was 10/10. Predicted maximal VO₂/ml/kg/min using Jones '83 calculation =24.25.

Patient's peak VO₂ was 23.0 ml/kg/min which represents 94 % of predicted value using Jones '83 calculation. Adjusted for ideal weight, patient's peak VO₂ was 30.2 ml/kg/min which represents 124 % of predicted value. HR/VO₂ slope calculation = 3.07. VE/VO₂ slope calculation = 38.86.

Patient stopped exercise due to leg fatigue

Treadmill Summary Middle 5 of 7 Mean

Rest	AT	VO ₂ Max	PredMax
AT/Max			
Max/Pred			
WORK			
Time (min)			
3:19	11:57	18:02	
Ex Time (min)			
	8:37	14:42	
Speed (MPH)			
	3.2	5	
O ₂ CONSUMPTION			
VO ₂ (mL/kg/min)			
6.1	16.3	23	
VO ₂ (L/min)			
0.60	1.60	2	2.12
76			
107			
VCO ₂ (L/min)			
0.66	1.62	3	2.57
63			
108			
RER			
1.09	1.01	1	
METS			
1.7	4.7	7	

VENTILATION
 VE BTPS (L/min)
 25.0 44.3 87 128.0
 35
 68
 Vt BTPS (L)
 1.11 1.79 3
 RR (br/min)
 23 25 32
 BR (%)
 VE/VO2
 42 28 39 42 65

 91
 VE/VCO2
 38 27 31 35 78

 90
 VO2/VE
 24.0 36.2 26
 VCO2/VE
 26.2 36.6 32
 CARDIAC
 HR (BPM)
 68 90 120 155 58

 77
 VO2/HR (mL/beat)
 9 18 19 14 130

 138
 HRR-Rest (Zavala) (%)
 100.0 74.9 41
 RatePrsPd SBP*HR/100
 11 14 21 39 36

 54
 V/Q
 PETO2 (mmHg)
 16 15 16
 PETCO2 (mmHg)
 5 6 5
 PaCO2_est (mmHg)
 4.5 5.6 5

Interpretation: Procedure:
 Cardiopulmonary exercise test
 Identification: Michael Ashland is a
 65 year old man with ischemic
 cardiomyopathy

Interpretation: The patient
 exercised on a treadmill for 12
 minutes and 44
 seconds using a Heart Action
 protocol. He achieved a work load of
 7.4 METs.
 Anaerobic Threshold (AT) was
 reached. The RER was 1.01 at AT and
 1.23 at peak.
 The test was stopped due to leg
 fatigue. The resting heart rate was
 61 beats
 per minute. Heart rate increased to
 120 beats per minute with peak
 exercise,
 which is 77% of the maximal age-
 predicted heart rate. The resting
 blood
 pressure was 127/80. The blood

pressure at peak was 137/68. The oxygen saturation was 97% rest and 98% at peak exercise. Spirometry was within normal limits.

The peak V02 was 23 ml/kg/min, which was 94% of the predicted V02 using the Jones '83 reference values. Adjusted for ideal weight, the peak V02 was 30.2 ml/kg/min, which is 124% of predicted. The V02 at AT was 16.3 ml/kg/min, which is 67% of the predicted V02. The O2 pulse at peak was 19. The VE/VCO2 slope was 24. The breathing reserve is 32%. The ECG at rest shows sinus rhythm with nonspecific interventricular conduction delay, poor r-wave progression, Q-wave in aVL, t-wave inversions in the inferolateral leads, PVC. The ECG with exercise shows sinus tachycardia, twaves become upright in the inferior and lateral leads, PVCs, PACs.

Conclusions:
No significant circulatory or ventilatory impairment.

This interpretation has been electronically signed: Hebl,
virginia 10/06/2016
07:01:52 PM

FVC PRE	4.21	4.85 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FVC PRE (%REF)	86	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE	3.20	3.62 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE (%REF)	88	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE	76	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE (%REF)	101	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE	8.04	9.14 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

PEF PRE (%REF)	87	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEF25-75% PRE	2.64	2.85 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEF25-75% PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	7.79	7.07 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE (%REF)	110	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - REST	9	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - AT	18	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - PEAK	19	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - AT	144	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - PEAK	256	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.6		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - REST	100.0	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - AT	74.9	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - PEAK	40.5	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	1.09		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.01		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.23		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	25.0	L/min	OHSU SPECIAL DIAGNOSTICS -

			PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	44.3	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	87.2	128.0 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS %REF	68	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - REST	127	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - AT	118	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - PEAK	134	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - REST	80	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - AT	68	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - PEAK	74	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - REST	122	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - AT	109	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - PEAK	120	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - REST	34	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - AT	45	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - PEAK	39	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - REST	8.0	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - AT	21.4	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

VO2 IDEAL LBM (ML/KG LBM/MIN) - PEAK	30.2		mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) BASE	6.1		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) AT	16.3		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.0		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 PEAK	35		90	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	68		BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	90		BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	120		155 BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	77		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) BASE	316		mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) AT	404		mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) PEAK	530		mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	97		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 PEAK	98		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.60		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.60		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) PEAK	2.26		2.12 L/min	OHSU SPECIAL

			DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	107	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.66	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.62	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.78	2.57 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) %REF	108	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	1.11	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	1.79	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	2.69	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - REST	23	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - AT	25	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - PEAK	32	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239-3098	

TTE 2D ECHO (TRANSTHORACIC ECHOCARDIOGRAM, ADULT) - Final result (10/06/2016 11:10 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
BIPLANE, EF	36		OHSU DEPT OF CARDIOLOGY	
EJECTION FRACTION	35 to 40		OHSU DEPT OF CARDIOLOGY	
LA DIMENSION	4.6		OHSU DEPT OF CARDIOLOGY	
LVIDD	4.9		OHSU DEPT OF	

MV A VMAX	0.7		CARDIOLOGY
MV E?	0.1		OHSU DEPT OF CARDIOLOGY
MV E VMAX	0.7		OHSU DEPT OF CARDIOLOGY
RVSP	29		OHSU DEPT OF CARDIOLOGY
RV TAPSE	1.6		OHSU DEPT OF CARDIOLOGY
RV TDI S?	10.0		OHSU DEPT OF CARDIOLOGY
EJECTION FRACTION RANGE MEAN VALUE	37.5	%	OHSU DEPT OF CARDIOLOGY

Specimen

Narrative

Performed At

This result has an attachment that is not available.

OHSU DEPT OF CARDIOLOGY

Oregon Health And Sciences University
Adult Echocardiography Laboratory
3181 S.W. Sam Jackson Park Road
Portland, Oregon 97201-3098
Ph: (503) 494-8799 Fax: (503) 494-7178

Pt Name: MICHAEL E ASHLAND Study Date/Time 10/6/2016 / 11:10:01 AM
MRN: 6017887 Most recent prior: 1/22/2015
Acc #: 159133729 No. previous echos: 9
DOB: 7/9/1951 65 years Heart Rate: 64 bpm
Height: 70.0 in Blood Pressure: 123/68 mm/Hg
Weight: 225.0 lb Gender: M
BSA: 2.19 m2 Order ID: 159133729

Sonographer: Deborah A Reyes MEd, RDCS

Referring Provider: JILL M GELOW

Patient Location: CHH

Modalities Performed: 2D, Color flow, Spectral Doppler and Lumason contrast.

Study Quality: This was a technically difficult study, but image quality improved with echo contrast.

Imaging Limitations: There is prominent lung artifact seen.

Exam Indication: Heart failure; worsening exercise tolerance

History: Jan 2006: Ischemic cardiomyopathy was initially diagnosed -Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch. Patient history has been obtained from the EHR

Transthoracic Echocardiographic Report

+-----+
Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

+-----+

Description of Findings:

Cardiac Rhythm: Normal sinus rhythm.

Left Ventricle: The left ventricular cavity size is normal. Visually estimated left ventricular ejection fraction is 35 - 40%. The LV ejection fraction is moderately to severely decreased.

There is no left ventricular hypertrophy. The ejection fraction is 36.0 % as measured by Simpson's biplane method. Due to poor endocardial definition, ultrasound contrast was used (Lumason).

Left Ventricular Wall Motion: The basal inferior segment is akinetic. The entire apex, mid and apical anterior wall, mid and apical anterior septum, mid and apical inferior septum, mid and apical inferior wall, basal and mid inferolateral wall, and mid anterolateral segment are hypokinetic. All remaining scored segments are normal.

Left ventricular systolic thickening is globally abnormal with regional variation.

Atria: Left atrial size is normal. Normal right atrium. There is Pacer / ICD electrode noted in RA / RV.

Right Ventricle: Right ventricular size, thickness and function are normal. TAPSE measures 1.6cm. The RV TDI s' velocity is 10cm/sec.

Aortic Valve: The aortic valve is trileaflet and mildly sclerotic. No indication of aortic valve regurgitation.

Mitral Valve: The mitral valve is structurally normal. The anterior and posterior leaflets are mildly thickened and/or calcified. No evidence of mitral valve stenosis. Trace mitral valve regurgitation.

Tricuspid Valve: The tricuspid valve is structurally normal. Trace tricuspid regurgitation. The tricuspid regurgitant velocity is 2.46 m/s, and with an assumed right atrial pressure of 5 mmHg, the estimated right ventricular systolic pressure is normal at 29.1 mmHg.

Pulmonic Valve: The pulmonic valve is structurally normal. Trace pulmonary valve regurgitation. The peak trans pulmonic gradient is 6.5 mmHg.

Aorta: Visualized portions of the ascending aorta and aortic root appear normal.

Venous: Inferior vena cava is normal with normal inspiratory collapse.

Pericardium: No pericardial effusion is seen.

2D Measurements Doppler Measurements

	2D	NL Values	Aortic	Mitral		
LVID(d)	4.86	(3.5-5.7cm)	Max Vel	0.90	Peak E	0.72
	cm		m/s		m/s	
LVID(s)	3.96		Mean grad	2.0	Peak A	0.67
	cm		mmHg		m/s	
IVS(d)	1.00	(0.6-1.1cm)	LVOT Vel	0.79	E/A Ratio	1.08
	cm		m/s			
LVPW(d)	0.90	(0.6-1.1cm)	LVOT Diam	2.50	TDI (E/e')	9.0
	cm		cm			
LA A/Ps 2D	4.60	(2.7-3.9cm)	Tricuspid		Pulmonic	
	cm		TR Vmax	2.46	PV Vmax	1.3
LA vol MOD	90.0	(40-73ml)		m/s		m/s
BP	ml		RA Press	5	RVOT VTI	10.5
LA vol MOD	41.0	(16-34)		mmHg		cm
index	ml/m2		RVSP	29	PV mn gd	
			mmHg			

Biplane EF 36.0 %

	Aorta:	Index:
	Ao Sinus	3.90 (2.1-3.5cm)
		17.8
		cm
	Asc Ao	3.40
	(prox)	15.5
		cm
		mm/m2

Evaluation of chamber size and geometry is accomplished through the incorporation of linear, volumetric, and indexed values

Wall Scoring:

Report electronically signed by: Maros Ferencik MD, PhD (10/6/2016, 2:24:09 PM)
REPORT NAME=ECV2612 HOSP=PO REGION=A0

*** Final ***

NT-PRO BNP - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NT-PRO BNP	157	<125 pg/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CBC (CBC (HEMOGRAM) ONLY) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	6.51	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.76	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.2	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	43.7	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	91.8	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	32.5	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	45.1	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	182	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	11.0	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	107	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	20	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	144	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.7	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	25	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	

CALCIUM, PLASMA (LAB)	8.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	11	mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEPATITIS C VIRUS W/CONFIRMATION (HEPATITIS C AB W/CONFIRMATION REFLEX PCR) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEPATITIS C AB	Negative	Negative	KAISER - AIRPORT - PORTLAND	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	134	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	235	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	48	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	39	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	47	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	86	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

Cholesterol Reference Range:
 Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL

Performed At
 OHSU LABORATORY SERVICES, CORE

Performed At
 OHSU LABORATORY SERVICES, CORE

Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL
 non-HDL Cholesterol Reference Range:
 Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Triglyceride Reference Range:
 Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:
 High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.1	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

WRIST 4+ VIEWS LEFT (X-RAY WRIST 4+ VIEWS LEFT) - Final result (02/22/2016 3:55 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
WRIST 4+ VIEWS LEFT	STUDY: WRIST 4+ VIEWS LEFT 02/22/16 15:55:00 HISTORY: Pain, assess for fracture. COMPARISON: None. FINDINGS: There is no fracture, malalignment, or osseous destruction. The joints are maintained. The soft tissues are normal. IMPRESSION: Normal exam. Attending Radiologists: ERIK FOSS, MD Author: ERIK FOSS, MD I personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.			

Final/Electronically signed /

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	115	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.12	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	140	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	24	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.6	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.2	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	98	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	<=41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	44	<=60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	7	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	8	mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Performed At
OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
<15 mL/min/1.73 sq m Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	162	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	295	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	54	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	49	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	59	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	108	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

Performed At

OHSU LABORATORY SERVICES, CORE

Cholesterol Reference Range:

Desirable: <200 mg/dL
Borderline High: 200 - 239 mg/dL
High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
Near Optimal: 100-129 mg/dL
Borderline High: 130-159 mg/dL
High: 160-189 mg/dL
Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
Near Optimal: 130-159 mg/dL
Borderline High: 160-189 mg/dL
High: 190-209 mg/dL
Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
Borderline High: 150-199 mg/dL
High: 200-499 mg/dL
Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.6	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

TSH-THYROID STIM HORMONE (TSH) - Final result (06/26/2015 9:40 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	2.45	0.46 - 5.56 mIU/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

TSH reference ranges are influenced by a variety of environmental influences, age, gender and ethnicity. The supplied reference limits are based on published values utilizing a similar TSH assay, and should be interpreted with caution.

Performed At
OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (04/07/2015 9:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.0	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

FOOT 3 VIEWS RIGHT (X-RAY FOOT 3 VIEWS RIGHT) - Final result (04/07/2015 9:51 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FOOT 3 VIEWS RIGHT	STUDY: FOOT 3 VIEWS RIGHT 04/07/15 09:51:00			

HISTORY: Pain.

COMPARISON: None.

FINDINGS:

There is no fracture or focal osseous destruction. There is 36 degrees hallux valgus. First metatarsal head osseous bunion is present. Mild first MTP joint space narrowing and spurring is seen. Remaining joint spaces are preserved. Mild pes planus is evident. There is mild focal soft tissue swelling about the dorsal aspect of the midfoot.

IMPRESSION:

Hallux valgus and first metatarsal head bunion.

Mild first MTP degenerative joint disease.

Mild pes planus.

Focal soft tissue swelling at the dorsum of the midfoot possibly reflecting ganglion cyst formation.

Attending Radiologists: BROOKE BECKETT, MD

Author: PURVAK PATEL, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
BROOKE BECKETT 04/07/2015 10:14 AM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

URINE DRUG SCREEN (MULTIPLE-CLASS),POC - Final result (04/07/2015)

Component	Value	Ref Range	Performed At	Pathologist Signature
(THC) MARIJUANA, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
COCAINE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
OPIATES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
AMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
METHAMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
BENZODIAZEPINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL	

'FAIL', URINE DRUG SCREEN			PARK, POINT OF CARE TESTS
METHADONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS
OXYCODONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS

Specimen

Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - GABRIEL PARK, POINT OF CARE TESTS	4411 SW VERMONT	PORTLAND, OR	

ACT, POC RESULT - Edited Result - FINAL (03/23/2015 6:09 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
ACT, POC		90 - 150 Seconds	OHSU - MARQUAM HILL, POINT OF CARE TESTS	

Narrative

Erroneously resulted to patient per Elizabeth Hileman, 11B Px Care Unit. davisc

Performed At

OHSU - MARQUAM HILL, POINT OF CARE TESTS

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC (CBC (HEMOGRAM) ONLY) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	6.42	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.49	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	13.4	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	40.9	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	91.1	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	32.8	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	45.1	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	178	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	11.2	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES,	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

INR - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	1.01	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

INR Therapeutic ranges for full anticoagulation:

INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	100	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	0.93	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	141	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	110	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
ANION GAP	5	mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

12 LEAD ECG - Final result (03/20/2015 10:29 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	188	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	49	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY	
QT	384	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-48	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-59	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	SINUS RHYTHM NONSPECIFIC INTRAVENTRICULAR CONDUCTION DELAY MINIMAL ST DEPRESSION, DIFFUSE LEADS - ABNORMAL ECG - Electronically signed by: BALA,RUPA 03-20-2015 19:55:43		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

This result has an attachment that is not available.

Performed At

OHSU DEPT OF CARDIOLOGY

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

12 LEAD ECG - Final result (03/20/2015 10:17 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	183	bpm	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	196	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	44	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY	
QT	384	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-59	deg	OHSU DEPT OF	

T AXIS	-77	deg	CARDIOLOGY OHSU DEPT OF CARDIOLOGY
ECG IMPRESSION	Sinus Rhythm with aberrant conduction NONSPECIFIC INTRAVENTRICULAR CONDUCTION DELAY BORDERLINE R WAVE PROGRESSION, ANTERIOR LEADS ST-T wave abnormality - ABNORMAL ECG - Electronically signed by: BALA,RUPA 03-20-2015 19:57:10		OHSU DEPT OF CARDIOLOGY

Specimen

Narrative	Performed At
This result has an attachment that is not available.	OHSU DEPT OF CARDIOLOGY

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC AND AUTO DIFF - Final result (09/29/2014 11:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	8.38	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.73	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.3	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	42.6	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	90.1	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	33.6	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	42.3	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	201	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.7	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL %	66.9	50.0 - 70.0 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE %	20.0	18.0 - 42.0 %	OHSU LABORATORY SERVICES, CORE	
MONOCYTE %	8.0	3.5 - 9.0 %	OHSU LABORATORY SERVICES, CORE	
EOS %	4.3	1.0 - 3.0 %	OHSU LABORATORY SERVICES, CORE	
BASO %	0.6	0.0 - 2.0 %	OHSU LABORATORY SERVICES, CORE	
IG%	0.2	0.0 - 0.6 %	OHSU LABORATORY SERVICES, CORE	

NEUTROPHIL #	5.60	1.80 - 7.70 K/cu mm	OHSU LABORATORY SERVICES, CORE
LYMPHOCYTE #	1.68	1.00 - 4.80 K/cu mm	OHSU LABORATORY SERVICES, CORE
MONOCYTE #	0.67	0.10 - 0.90 K/cu mm	OHSU LABORATORY SERVICES, CORE
EOS #	0.36	0.00 - 0.50 K/cu mm	OHSU LABORATORY SERVICES, CORE
BASO #	0.05	0.00 - 0.10 K/cu mm	OHSU LABORATORY SERVICES, CORE
IG#	0.02	0.00 - 0.03 K/cu mm	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

Immature Granulocytes (IG) include metamyelocytes, myelocytes and promyelocytes. Bands are not included in the IG count. Bands are included in the neutrophil count.

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (09/29/2014 11:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	113	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	139	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	56	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	29	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	28	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	57	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Cholesterol Reference Range:
 Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

LDL Cholesterol Reference Range:
 Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:
 Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Performed At

OHSU LABORATORY SERVICES, CORE

Triglyceride Reference Range:
 Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

FOLATE, SERUM - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FOLATE,SERUM	13.4	>5.8 ng/mL	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Narrative

Folate Interpretive Comment:
Normal: >5.8 ng/mL
Indeterminate: 4.0 - 5.8 ng/mL
Deficient: <4.0 ng/mL

Performed At

OHSU LABORATORY SERVICES, SPECIAL IMM + COAG

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

VITAMIN B-12 (VITAMIN B-12, SERUM) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VITAMIN B12	394	190 - 910 pg/ml	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	5.8	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/27/2014 6:14 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	<0.02	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

GC/CHLAMYDIA AMP.DET,UR (GC / CHLAMYDIA AMP.DET, URINE) - Final result (09/27/2014 2:19 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
N.GONORRHOEAE AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	
C.TRACHOMATIS AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	

Specimen

Urine - Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:51 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN TYPE	Blood		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Hand - right		OHSU LABORATORY SERVICES, CORE	
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.		OHSU LABORATORY SERVICES, CORE	
COMMENT(MICRO)			OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

URIC ACID, PLASMA - Final result (09/26/2014 8:50 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
URIC ACID, PLASMA (LAB)	6.6	3.7 - 8.0 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:45 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN TYPE	Blood		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Hand - right		OHSU LABORATORY SERVICES, CORE	
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.		OHSU LABORATORY SERVICES, CORE	
COMMENT(MICRO)			OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (09/26/2014 12:24 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHEST, 2 VIEWS OR STEREO	STUDY: CHEST 2 VIEWS 09/26/14 12:24:00			
	COMPARISON: 10/27/11			
	HISTORY: Coronary artery disease. Ischemic cardiomyopathy.			
	FINDINGS:			
	PA and lateral views of the chest demonstrate an AICD/pacemaker to be present as before. Median sternotomy wires are noted. There is no cardiac enlargement, pulmonary edema, pleural effusion, or pneumothorax. No new parenchymal lung opacity is evident.			
	IMPRESSION:			
	No acute cardiopulmonary abnormality.			
	Attending Radiologists: VAZUL GABOR, MD Author: VAZUL GABOR, MD			
	I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.			
	Final/Electronically signed / VAZUL GABOR 09/26/2014 12:35 PM			

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

CELL COUNT, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WBC SYNOVIAL FLUID	69,975	0 - 200 /cu mm	OHSU LABORATORY SERVICES, CORE	
RBC SYNOVIAL FLUID	2,715	/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SYNOVIAL FLUID, CRYSTALS - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CRYSTALS	Negative	Negative	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BODY F (CULTURE, BODY FLUID) - Final result (09/26/2014 8:16 AM PDT)

Specimen

Fluid

Narrative

Culture Report:
No growth
No anaerobic organisms isolated.

Gram Stain:
No squamous epithelial cells
Many polymorphonuclear cells
No organisms seen

Performed At

KAISER - AIRPORT - PORTLAND

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

GRAM SMEAR ONLY, STAT - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GRAM STAIN RESULT	No organisms seen	No organisms seen	OHSU LABORATORY SERVICES, CORE	
SMEAR PREPARATION	Direct smear		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Lt elbow		OHSU LABORATORY SERVICES, CORE	

Specimen

Fluid

Narrative

Many WBCs

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

DIFFERENTIAL, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL(SYN FL)	96	0 - 25 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTES(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
MONOCYTES(SYN FL)	3	%	OHSU LABORATORY SERVICES, CORE	
MACROPHAGES(SYN FL)	1	%	OHSU LABORATORY SERVICES, CORE	
EOSINOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
BASOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
REACTIVE LYMPHS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
SYNOVIAL CELLS	0	%	OHSU LABORATORY SERVICES, CORE	
ATYPICAL CELLS(SYN FL)	0	0.0 %	OHSU LABORATORY SERVICES, CORE	
TOTAL CELLS COUNTED	100		OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES,
CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

ELBOW 3 VIEWS LEFT, PORTABLE (X-RAY PORTABLE ELBOW 3 VIEWS LEFT) - Final result (09/26/2014 6:31 AM PDT)

Component

Value

Ref Range

Performed At

Pathologist Signature

X-RAY PORTABLE

STUDY: PR ELBOW 3 VIEWS LEFT

ELBOW 3 VIEWS LEFT

09/26/14 06:31:00

COMPARISON: None.

HISTORY: Significant elbow pain. We are asked evaluate for effusion or fracture.

FINDINGS:

Standard left elbow series demonstrates visualization of the posterior fat pad and splaying of the anterior fat pad indicative of an effusion. There is amorphous increased density noted along the anterolateral aspect of the radiocapitellar joint. This could represent chondrocalcinosis. There is no definite fracture observed on this study although an occult fracture cannot be excluded. Osseous structures are anatomically aligned.

IMPRESSION:

1. Joint effusion.
2. Amorphous radiocapitellar calcification could indicate chondrocalcinosis. This can be seen with pyrophosphate deposition arthropathy.
3. Occult fracture could not be excluded on the basis of this study.

Attending Radiologists: VAZUL GABOR, MD

Author: VAZUL GABOR, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
VAZUL GABOR 09/26/2014 8:52 AM

Specimen

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPARTMENT OF
RADIOLOGY

TROPONIN, POC - Final result (09/26/2014 5:08 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN, POC	0.01	0.0 - 0.49 ng/mL	OHSU - MARQUAM HILL, POINT OF CARE TESTS	
Specimen				

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC AND AUTO DIFF - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	11.47	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.81	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.7	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	43.6	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	90.6	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	33.7	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	42.9	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	177	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.9	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL %	70.0	50.0 - 70.0 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE %	18.0	18.0 - 42.0 %	OHSU LABORATORY SERVICES, CORE	
MONOCYTE %	9.2	3.5 - 9.0 %	OHSU LABORATORY SERVICES, CORE	
EOS %	2.1	1.0 - 3.0 %	OHSU LABORATORY SERVICES, CORE	
BASO %	0.3	0.0 - 2.0 %	OHSU LABORATORY SERVICES, CORE	
IG%	0.4	0.0 - 0.6 %	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL #	8.02	1.80 - 7.70 K/cu mm	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE #	2.06	1.00 - 4.80 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MONOCYTE #	1.06	0.10 - 0.90 K/cu mm	OHSU LABORATORY SERVICES, CORE	
EOS #	0.24	0.00 - 0.50 K/cu mm	OHSU LABORATORY SERVICES, CORE	
BASO #	0.04	0.00 - 0.10 K/cu mm	OHSU LABORATORY SERVICES, CORE	
IG#	0.05	0.00 - 0.03 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen
Blood - Blood

Narrative			Performed At
Immature Granulocytes (IG) include metamyelocytes, myelocytes and promyelocytes. Bands are not included in the IG count. Bands are included in the neutrophil count.			OHSU LABORATORY SERVICES, CORE
Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	116	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	15	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	138	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.4	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.4	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	3.9	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	91	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	25	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	38	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	5	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	5	mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative			Performed At
GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.			OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

MAGNESIUM, PLASMA - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
MAGNESIUM, PLASMA	1.7	1.8 - 2.5 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

C-REACTIVE PROTEIN - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
C-REACTIVE PROTEIN	<2.9	<10.0 mg/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

New method, new reference range and new reporting units as of 6/4/2014.

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SEDIMENTATION RATE - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SEDIMENTATION RATE	10	0 - 20 mm/hr	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BB-TUBE-HELD-DONT PROCESS (BLOOD BANK HOLD TUBE - DON'T PROCESS) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN COLLECTED, HELD	Sample received with adeq label/volume to process		OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

APTT (ACT. PART. THROMBO TIME) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
APTT	27.4	26.0 - 36.0 seconds	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				
Narrative				Performed At
APTT Therapeutic Range: (75 - 120) sec Heparin levels of 0.35 - 0.7 U/mL				OHSU LABORATORY SERVICES, CORE
Performing Organization	Address	City/State/Zipcode	Phone Number	
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239		

SURGICAL PATHOLOGY - Final result (09/26/2014)

Component	Value	Ref Range	Performed At	Pathologist Signature
SURGICAL PATHOLOGY	<p>SOURCE OF SPECIMEN:A Left elbow biopsy #1</p> <p>SOURCE OF SPECIMEN:B Left elbow biopsy #2</p> <p>SOURCE OF SPECIMEN:C Left elbow biopsy #3</p> <p>SOURCE OF SPECIMEN:D Left elbow biopsy #4</p> <p>SOURCE OF SPECIMEN:E Left elbow biospy #5</p> <p>SOURCE OF SPECIMEN:F Left elbow biopsy #6</p> <p>Final Pathologic Diagnosis:</p> <p>A: Left elbow biopsy #1:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed neutrophils - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>B: Left elbow biopsy #2:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>C: Left elbow biopsy #3:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>D: Left elbow biopsy #4:</p> <ul style="list-style-type: none"> - Fibromuscular connective tissue with no diagnostic abnormality - Negative for malignancy <p>E: Left elbow biopsy #5:</p>		OHSU DEPARTMENT OF PATHOLOGY	

- Synovial tissue with focally dense neutrophils, including microabscess formation, with focal involvement of underlying fibroadipose connective tissue
- Negative for malignancy

F: Left elbow biopsy #6:

- Fibroadipose connective tissue with no diagnostic abnormality
- Negative for malignancy

Case seen by:

John Fortune, M.D./Surgical
Pathology Fellow
David A. Sauer, M.D./Pathologist
T:09/29/14/rdl

Clinical History:

The patient is a 63-year-old male with septic arthritis L.

Gross Description:

Received are 6 specimens fresh in containers labeled with the patient name (initials MA) and:

A: Left elbow biopsy #1: Received is a single fragment of tan, soft tissue that measures 0.7 x 0.5 x 0.3 cm. The entire specimen is submitted.

B: Left elbow biopsy #2: Received are 2 fragments of tan, soft tissue that measure 0.8 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

C: Left elbow biopsy #3: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

D: Left elbow biopsy #4: Received are 2 fragments of tan, soft tissue that measure 0.8 x 0.5 x 0.3 cm in aggregate. The entire specimen is submitted.

E: Left elbow biopsy #5: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

F: Left elbow biopsy #6: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.5 x 0.3 cm in aggregate. The entire specimen is submitted.

Cassette Index:

A: Left elbow biopsy #1:

A1
 B: Left elbow biopsy #2:
 B1
 C: Left elbow biopsy #3:
 C1
 D: Left elbow biopsy #4:
 D1
 E: Left elbow biopsy #5:
 E1
 F: Left elbow biopsy #6:
 F1
 DD:tp

My electronic signature indicates that I have personally reviewed all diagnostic slides, the gross and/or microscopic portion of this report and formulated the final diagnosis.

Rendering Diagnostician: David Sauer M.D.
 Pathologist
 Electronically signed 09/30/2014 7:12PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	93	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	143	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.5	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.8	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.4	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	100	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	

ALT (SGPT)	46	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	9	mmol/L	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

New reference range effective 04/16/2013 for Total proteins performed in Core Lab only.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	154	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	232	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	57	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	46	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	103	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Cholesterol Reference Range:
 Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL

Performed At

OHSU LABORATORY SERVICES, CORE

Performed At

OHSU LABORATORY SERVICES, CORE

Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Triglyceride Reference Range:
 Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:
 High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	82	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	139	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.2	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	102	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.6	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	8.3	6.1 - 7.9 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.7	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	71	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	44	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	11	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen
 Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	223	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	510	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	52	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	66	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	171	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Cholesterol Reference Range:

Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LDL CHOLEST,MEASURED (LDL CHOLEST,MEASURED, PLASMA) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	105	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES,	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, WOUND (CULTURE, WOUND BACTI & GS) - Final result (10/18/2012 3:13 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SOURCE BODY SITE	Wound		KAISER REGIONAL LAB-MICRO	
CULTURE RESULT	C wound, Super Source: Right 5th finger Final		KAISER REGIONAL LAB-MICRO	
	GRAM STAIN: No squamous epithelial cells Many PMN's Moderate Gram positive cocci in chains			
	CULTURE RESULT: 2+ Staphylococcus aureus			
	ORGANISM:.....Staphylococcus aureus			
	Cefazolin S			
	Clindamycin S			
	Erythroycin S			
	Oxacillin S			
	Penicillin R			
	Trimethoprim/Sulfa S			
	Tetracycline S			
	Vancomycin S			

Specimen

Swab - Abscess

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LAB-MICRO	13705 NE Airport Way	Portland, OR 97230	

KNEE 3 VIEWS BILATERAL (X-RAY KNEE 3 VIEWS BILATERAL) - Final result (10/08/2012 3:11 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
KNEE 3 VIEWS BILATERAL	EXAM: KNEE 3 VIEWS BILATERAL			
	INDICATION: One week of left knee pain after increasing physical activity.			
	COMPARISON: None available.			
	FINDINGS: The bony structures are intact without evidence of fracture or focal destruction. The medial, lateral, and patellofemoral joint spaces are maintained bilaterally. Chondrocalcinosis is noted in the medial and lateral compartments of both knees, left greater than right. A small joint effusion is noted in the right knee. No joint effusion is seen in the left knee. There are surgical clips in the medial right leg. The remaining soft tissues of both knees are normal.			
	IMPRESSION: Chondrocalcinosis in both knees may represent CPPD disease.			

Small right knee joint effusion.

No fracture or malalignment.

Attending Radiologists: Sandra
Schmahmann, M.D.
Author: KYLE JENSEN, MD

I have personally viewed this
procedure/exam, reviewed this
report,
and made changes to it where
appropriate.

Final/Electronically signed /
Sandra Schmahmann 10/08/2012 16:52
PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited (08/27/2012 9:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FVC PRE	4.50	4.75 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FVC PRE (%REF)	95	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE	3.31	3.59 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1/FVC PRE	73	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEF25-75% PRE	2.49	2.93 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY	

FEF25-75% PRE (%REF)	85		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE	9.61		9.17 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE (%REF)	105		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	1.53		L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
MVV PRE	140		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.350		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.901		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) PEAK	2.449		2.248 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	109		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) BASE	3.4		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) AT	18.6		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.9		26.4 mL/kg/min	OHSU SPECIAL DIAGNOSTICS -

				PULMONARY FUNCTION
VO2 (ML/KG/MIN) %REF	91		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS BASE	1.0			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS AT	5.3			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.8			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.295		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.937		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.797		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	0.84			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.02			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.14			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	12.8		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	56.5		L/min	OHSU SPECIAL DIAGNOSTICS

				- PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	89.0		111.4 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS %REF	80		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	0.642		Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	2.417		Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	3.288		2.376 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L %REF	138		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE BASE	36		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE AT	36		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE PEAK	36		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	73		BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	118		BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	131		157 BPM	OHSU SPECIAL

				DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	83		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) BASE	4.8		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) AT	16.1		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) PEAK	18.7	16.9	mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) %REF	111		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE BASE	129		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE PEAK	151	176	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE %REF	86		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE BASE	95		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE PEAK	101		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	96		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98		%	OHSU

				SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
SPO2 PEAK	98		95 %	OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VD/VT (EST) BASE	0.31			OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VD/VT (EST) AT	0.13			OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VD/VT (EST) PEAK	0.07		0.18	OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VD/VT (EST) %REF	41		%	OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VE/VCO2 BASE	26.6			OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VE/VCO2 AT	26.6			OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VE/VCO2 PEAK	26.6		25.9	OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION
VE/VCO2 %REF	103		%	OHSU SPECIAL DIAGNOSTICS -
				PULMONARY FUNCTION

PULMONARY INTERPRETATION	ECV2626	CSN# 1021082049 MRN# 06017887 Last Name: ASHLAND First Name: MICHAEL E Birth Date: 07/09/51 Date of Test 08/27/12 Order# 81308492	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
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CardioPulmonary Exercise Test Summary

#####

Spirometry	Predicted	Measured	% Predicted
	FVC (L)		

4.75 4.50 95
3.59 3.31 92
140

FEV1 (L)
MVV (L)

#####

Cardiovascular Responses#####

VO2 (ml/kg/min)

3.4	18.6	23.9	26.4
0.350	1.901	2.449	2.248
0.295	1.937	2.797	
0	0	0	193

VO2 (l/min)

VCO2 (l/min)

work (watts)

Heart Rate (bpm)

73	118	131	157
4.8	16.1	18.7	16.9

O2 Pulse (ml/beat)

Ventilatory Responses

VE Max (l/min) BTPS

12.8	56.5	89.0	111.4
------	------	------	-------

Tidal volume (VT) (L)

0.642	2.417	3.288	2.376
20	23	27	
36	36	36	

Respiratory Rate (RR)

<50

Breathing Reserve (%)

20-40

Gas-Exchange Responses

End Tidal CO2 (Peak PetCO2)

32.5	38.5	34.6	
111.2	109.0	115.8	

End Tidal O2 (Peak PetO2)

VD/VT (Est) @ Rest

0.31

VD/VT (Est) Peak

0.07	0.18
1.14	

Respiratory Quotient (RQ)

1.1-1.3

SpO2 (O2 Sat--Pulse Ox)

96	98	98	95
----	----	----	----

General Exercise Information

METS

6.8

Test Times

3.9 Min

22.3 Min

25.0 Min

(subtract Base from Peak to get
total exercise time)

#####

Gas Cal:-Cal1 O2

Cal 1 CO2

Cal 2 O2

Cal 2 #####

Predicted

16.00	4.00	26.00	0.00
-------	------	-------	------

Measured

16.02	4.01	26.04	0.00	20.98	0.05
-------	------	-------	------	-------	------

Transit (msec)

0.583	0.469
-------	-------

Response (msec)

0.113	0.090
-------	-------

-#####

Height(in): 70 #####

Are you short of breath at Rest: Yes

#####

Do you cough 4 days a week or more: No #####

Smoker: No

pk/yrs Quit: No

How Long:

Occ Exposure: Asbestos Fibers

2

CardioPulmonary Exercise Graphs: 9-Plot

Name: ASHLAND, MICHAEL E

ID: 06017887

#####

Measurement (peak)#####

	2.248	2.449
	193	0
	157	131
	16.9	18.7
		1.14
		36

VO2 (l/min)		1,3
Work Rate (watts)		3
HR (bpm)		2
O2 Pulse (ml/beat)		5
Respiratory Quotient (RQ)	1.1-1.3	8
VE Max (l/min) BTPS		
	111.4	89.0
		80

1,7

Breathing Reserve (%)	20-40	1.7
AT (l/min)		
		1.901

0.899		1,5,6,9
Slope Calculations		(Normal Range)
VO2/Work (ml/min/watt)		
	10.3	
	3.8	2.9
	27.5	28.4
	25.9	26.6

8.7-11.9		3
HR/VO2kg (bpm/ml/kg)	3.0-4.0	2,5
VE/VO2 (L BTPS/L STPD)	23-26	1,6
VE/VCO2 (L BTPS/L STPD)	26-29	3

Page 3

Name: ASHLAND, MICHAEL E

ID: 06017887

CardioPulmonary Exercise Test Results

Physician: GELOW, JILL M

Anaerobic Threshold Profile

Expected Range

% Actual
78

Peak VO2 40-60%

#####

% Predicted
85

Max VO2 40-60%
MEASUREMENT VALUE

@ AT

METABOLIC

Work	Watts	0
VO2/kg	mL/kg/min	18.6
VO2	L/min	1.901
VCO2	L/min	1.937
RQ		1.02
VE(BTPS)	L/min	56.5

RR BPM 23
Vt Liters 2.417

VENTILATORY
GAS-EXCHANGE

VEO2 30
VECO2 29
PetO2 mmHg 109.0
PetCO2 mmHg 38.5
HR BPM 118
HR %Max % 75
O2 Pulse mL/Beat 16.1

CARDIOVASCULAR

Page 4

Name: ASHLAND, MICHAEL E

ID: 06017887

CardioPulmonary Exercise Test Results

#####

Exercise Narrative/Interpretation

COMMENTS:

The patient was able to produce acceptable and reproducible spirometry data. Patient's Internal Cardiac Device was interrogated with no changes made to the device. Resting baseline data was obtained while patient was seated for a total of 3 minutes. Patient was then escorted to the treadmill. Patient warmed up for 3 minutes on 0% grade at 1 MPH. Patient exercised for a total of 18 minutes and 16 seconds using the Heart Action Protocol. Patient stopped exercise due to leg fatigue. Patient's maximum RPE was 8 very severe. Patient's resting heart rate was 77 and resting blood pressure was 137/90. Patient's resting rhythm was sinus with frequent pvc's. Patient's peak heart rate was 133, which represents 83% of MHR. The peak blood pressure was 151/101 and maximum blood pressure occurred 2 minutes 43 seconds into recovery and was 170/87. Blood pressure was checked manually and was same as automatic blood pressure reading.

DISCUSSION:

MICHAEL E ASHLAND, a 61 year old male with ischemic cardiomyopathy, was referred to this laboratory for evaluation on 08/27/12. Procedure: Cardiopulmonary exercise test Procedure Description: Mr. Ashland exercised on a treadmill for 18 minutes and 16 seconds using a Heart Action Protocol. Anaerobic threshold was reached. He stopped exercising due to leg fatigue. No complications occurred during the test. Mr. Ashland was discharged from the stress lab in stable condition. Findings: Mr. Ashland had a resting heart rate of 77 beats per minute. His heart rate increased with exercise to 133 beats per minute which represents 83% of the maximal age-predicted heart rate. His resting blood pressure was 137/90. His blood pressure with peak exercise was 151/101 and his maximum blood pressure was 170/87 two minutes and 43 seconds into recover. His resting oxygen saturation was 96% and his oxygen saturation with peak exercise was 98%. His baseline ECG showed sinus rhythm with frequent premature ventricular contractions. ECG interpretation with exercise was limited by artifact but there was likely 1-2 mm ST depression in V4-V6. 1. The peak VO2 was 23.9 ml/kg/min, which is 91% of the predicted VO2. 2. The peak VO2 in l/m was 2.449, which was 109% of the predicted VO2. 3. The VO2 at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO2. 4. The oxygen pulse was 18.7 ml/beat, which is normal. 5. The breathing reserve was 36%, which is normal. 6. Respiratory quotient was 1.14. 7. VE/VCO2 slope was 26.6. 8. FEV1 was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions: 1. No significant circulatory or ventilatory impairment. 2. Hypertension with exercise. 3. Interpretation of ECG with exercise limited due to artifact.

Name: ASHLAND, MICHAEL E
 ID: 06017887
 CardioPulmonary Exercise Test Results

Exercise ECG Strips

Specimen

Narrative Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239-3098	

LDL CHOLEST,MEAS-REFLEX - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	115	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Narrative Performed At

New reference ranges for ALT, Amylase, Total CO₂, GGT, Lipase and Sodium effective 08/14/12 OHSU DEPARTMENT OF PATHOLOGY

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

DIFFERENTIAL - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL %	59	50 - 70 %	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE %	29	18 - 42 %	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE %	9	2 - 8 %	OHSU DEPARTMENT OF PATHOLOGY	
EOS %	3	1 - 3 %	OHSU DEPARTMENT OF PATHOLOGY	
BASO %	1	<3 %	OHSU DEPARTMENT OF PATHOLOGY	
NEUTROPHIL #	3.7	1.8 - 7.7 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE #	1.8	1.0 - 4.8 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE #	0.6	<0.9 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
EOS #	0.2	<0.6 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
BASO #	0.1	<0.2	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPOPROTEIN (A) (LIPOPROTEIN (A), SERUM) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LIPOPROTEIN (A)	7	<31 mg/dL	ARUP-ASSOC REG UNIV PTH - INTFC	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
ARUP-ASSOC REG UNIV PTH - INTFC	500 CHIPETA WAY	SALT LAKE CITY, UT 84108	

PSA, TOTAL, SCREENING (PSA TOTAL, SCREENING, SERUM) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
PSA,TOTAL,SCREENING	0.68	<4.51 ng/mL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

Performed At
KAISER REGIONAL
LABORATORY

AGE-ADJUSTED TOTAL PSA NORMAL VALUES

AGE (YEARS)	NORMAL VALUE (ng/mL)
49 or Less	Less than or equal to 2.50
50-59	Less than or equal to 3.50
60-69	Less than or equal to 4.50
70 or Greater	Less than or equal to 6.50

The determination that this age-adjusted PSA is either normal or abnormal is valid only if this patient has never been treated for prostate cancer and is not on any medication that would change the PSA value. Clinical correlation is strongly recommended.

This PSA assay was performed using a chemiluminescent immunoassay method.

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	99	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.15	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.7	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.2	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	64	56 - 119 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	24	15 - 41 U/L	OHSU DEPARTMENT	

SODIUM, PLASMA (LAB)	142	136 - 145 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
POTASSIUM, PLASMA (LAB)	4.0	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
TOTAL CO2, PLASMA (LAB)	24	21 - 32 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ALT (SGPT)	41	12 - 60 U/L	OHSU DEPARTMENT OF PATHOLOGY
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
ANION GAP	11	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ANION GAP(ALB CORRECTED)	10	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY

Specimen

Blood - Blood

Narrative

New reference ranges for ALT, Amylase, Total CO2, GGT, Lipase and Sodium effective 08/14/12

Performed At

OHSU DEPARTMENT OF PATHOLOGY

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPARTMENT OF PATHOLOGY

3181 SW SAM JACKSON PARK RD

Portland, OR 97239

C-REACTIVE PROTEIN (C-REACT PRTN (FOR INFLAMMATION)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
C-REACTIVE PROTEIN	< 0.5	<0.6 mg/dl	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport way
Portland, OR 97230

Performed At

KAISER REGIONAL LABORATORY

Performing Organization

Address

City/State/Zipcode

Phone Number

KAISER REGIONAL LABORATORY

13705 NE Airport Way

Portland, OR 97230

FREE T4, SERUM - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FREE T4, SERUM	1.0	0.6 - 1.2 ng/dL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performed At

KAISER REGIONAL LABORATORY

Performing Organization

Address

City/State/Zipcode

Phone Number

KAISER REGIONAL LABORATORY

13705 NE Airport Way

Portland, OR 97230

TSH-THYROID STIM HORMONE (TSH) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.74	0.34 - 5.60 uIU/ml	KAISER REGIONAL LABORATORY	
Specimen				
Blood - Blood				
Narrative				Performed At
RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, OR 97230				KAISER REGIONAL LABORATORY
Performing Organization		Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY		13705 NE Airport Way	Portland, OR 97230	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	248	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	529	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	46	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	202	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	87	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
Specimen				
Blood - Blood				
Narrative				Performed At
New reference ranges for ALT, Amylase, Total CO2, GGT, Lipase and Sodium effective 08/14/12				OHSU DEPARTMENT OF PATHOLOGY
Performing Organization		Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY		3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.0	<5.7 %	KAISER REGIONAL LABORATORY	
Specimen				
Blood - Blood				
Narrative				Performed At
HbA1c Interpretive Information If you are screening for diabetes: <5.7 Non-diabetic 5.7-6.4 Prediabetes >6.4 Diabetes, if confirmed For monitoring of diabetes control: <7.0 Usual goal of treatment; low risk for complications 7.0-8.0 Some increased risk for long-term complications >8.0 Higher risk of complications; strongly consider intensifying therapy				KAISER REGIONAL LABORATORY
RLB (Airport way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, OR 97230				

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

INR - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.97	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	92	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.00	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	136	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	23	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	7	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

DIFFERENTIAL - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL %	70	50 - 70 %	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE %	20	18 - 42 %	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE %	8	2 - 8 %	OHSU DEPARTMENT OF PATHOLOGY	
EOS %	2	1 - 3 %	OHSU DEPARTMENT OF PATHOLOGY	
BASO %	0	<3 %	OHSU DEPARTMENT OF PATHOLOGY	
NEUTROPHIL #	5.4	1.8 - 7.7 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE #	1.5	1.0 - 4.8 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE #	0.6	<0.9 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
EOS #	0.1	<0.6 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	

BASO # 0.0

<0.2

OHSU DEPARTMENT
OF PATHOLOGY

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	83	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.09	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.3	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.9	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.8	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	63	56 - 119 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	23	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	104	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	27	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ALT (SGPT)	30	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY	
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	9	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

FERRITIN (FERRITIN, SERUM) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FERRITIN	152	18 - 460 ng/mL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative			Performed At
RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport Way Portland, OR 97230			KAISER REGIONAL LABORATORY
Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

TSH-THYROID STIM HORMONE (TSH) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.45	0.34 - 5.60 uIU/ml	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

			Performed At
RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, OR 97230			KAISER REGIONAL LABORATORY
Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (10/27/2011 6:41 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHEST, 2 VIEWS OR STEREO	CHEST 2 VIEWS, 10/27/11 06:41:00			

COMPARISON: 10/26/11

HISTORY: Confirm lead placement

FINDINGS:

The A ICD lead tips project in the distal right ventricle. No pneumothorax. The median sternotomy wires are intact. No focal consolidations or effusions. The cardiomediastinal silhouette is again mildly enlarged. IMPRESSION: ICD lead tips projecting in the right ventricle.

Attending Radiologists: Mark David Kettler, M.D.

Author: Zachariah Kramer, M.D.

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
 Mark David Kettler 10/27/2011 13:34 PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
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OHSU DEPARTMENT OF
RADIOLOGY

INR - Final result (10/26/2011 10:54 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	1.04	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	69	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	110	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.21	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.0	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.5	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	67	53 - 128 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	21	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	141	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	105	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	28	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ALT (SGPT)	26	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY	
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	8	4 - 11 mmol/L	OHSU DEPARTMENT	

ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
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Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	163	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	317	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	39	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	124	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	55	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	94	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	104	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	12	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.1	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.4	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.9	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	64	53 - 128 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	30	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	

SODIUM, PLASMA (LAB)	140	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
POTASSIUM, PLASMA (LAB)	3.6	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
CHLORIDE, PLASMA (LAB)	104	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
TOTAL CO2, PLASMA (LAB)	25	23 - 31 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ALT (SGPT)	35	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	221	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	405	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	170	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	76	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

HOMOCYSTEINE, PLASMA, TOTAL (HOMOCYSTEINE TOTAL, PLASMA) - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HOMOCYSTEINE,PLASMA,TOTAL	12.2	4.0 - 12.0 umol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

METHYLMALONIC ACID, SERUM - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
METHYLMALONIC ACID	0.12	<0.41 umol/L		

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	89	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	2.27	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	230	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	471	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	47	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	183	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	94	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

CARDIAC CATH - Final result (04/16/2009 12:00 AM PDT)

Narrative	Performed At
01006084377CV1058E 04/16/200904/16/2009 04/16/2009 5476586 06017887 ASHLAND MICHAEL E 048747	

Patient Name: ASHLAND, Michael E.

Patient Data: Height 183 cm
 weight 98.90 kg
 BSA 2.20 m²

Date of Procedure: April 16, 2009

MRN: 06-01-78-87

DOB: 07-09-1951

Physician: Saurabh Gupta, M.D., F.A.C.C.
 Assistant Professor, Medicine
 Division of Cardiovascular Medicine

 Celia K. Dervan, M.D.
 Fellow
 Division of Cardiovascular Medicine

Referring Physician: Rami Alharethi, M.D.
 Assistant Professor, Medicine
 Division of Cardiovascular Medicine

Primary Physician: Charles T. White, Jr., M.D.

CONCLUSIONS:

1. Normal filling pressures, normal pulmonary artery pressure, and normal cardiac index.
2. Coronary artery disease with occluded mid left anterior descending coronary artery, occluded first obtuse marginal branch, severe proximal disease in the second obtuse marginal branch, a 50% mid right coronary artery stenosis, and a 60% right-sided posterior descending artery stenosis.
3. Left internal mammary artery to left anterior descending coronary artery is patent. There is a 30% stenosis at the anastomotic site with the left anterior descending. There are serial severe stenoses of 80% in the mid left anterior descending after a diagonal branch and before the anastomosis with the left internal mammary artery.
4. Vein graft to second obtuse marginal branch is patent.

INDICATIONS FOR PROCEDURE:

1. Shortness of breath.
2. Known ischemic cardiomyopathy.

PROCEDURES PERFORMED:

1. Coronary angiography.
2. Graft angiography.
3. Right heart catheterization.
4. Left heart catheterization.

COMPLICATIONS:

None.

CLINICAL BRIEF:

Mr. Ashland is a 57-year-old male with known ischemic cardiomyopathy, with previous coronary artery bypass grafting with a left internal mammary artery to his left anterior descending coronary artery and a vein graft to his obtuse marginal branch, with complaints of worsening shortness of breath.

PROCEDURE:

After obtaining informed consent, the patient was brought to the catheterization laboratory and prepped and draped in the usual sterile

manner. A 5 Fr sheath was placed in his right femoral artery, and an 8 Fr sheath was placed into the right femoral vein. A 7 Fr Swan-Ganz catheter was used to insert into the right atrium, then the right ventricle, then pulmonary capillary wedge, then pulmonary artery position, and pressures were recorded. Thermodilution cardiac output was performed, and pulmonary artery and femoral artery saturations obtained. A 5 Fr Judkins left 4 catheter was used to selectively engage the left coronary artery, and selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was then used to selectively engage the right coronary artery. In the process of this, the left ventricle was entered and left ventricular pressure recorded. Once the right coronary artery was cannulated selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was used to engage the left subclavian artery, and then this was exchanged over a wire for a 5 Fr IMA catheter, which was used to selectively engage the left internal mammary artery. A 5 Fr LCB catheter was used to selectively engage the vein graft to the obtuse marginal branch.

CONTRAST: Visipaque 105 mL
FLUOROSCOPY TIME: 15.20 minutes
FLUOROSCOPY DAP: 11,045 cGy cm²

MEDICATIONS: Fentanyl 100 mcg IV
Heparin 1,500 units IV
Versed 3 mg IV

HEMODYNAMIC DATA:

PRESSURES

RA a 8 v 7 m 5
RV 24/1 mmHg
RV, end-diastolic 6 mmHg
PA 21/9 mmHg m 15
PCWP a 7 v 6 m 5
LV 89/3 mmHg
LV, end-diastolic 9 mmHg
Aorta 95/60 mmHg m 76

HEART RATE 70 beats per minute

CARDIAC OUTPUT

Fick 5.40 L/min
Thermodilution 5.60 L/min

CARDIAC INDEX

Fick 2.40 L/min/m²
Thermodilution 2.66 L/min/m²

SATURATIONS

PA 70.4%
FA 98.4%

RESISTANCES

PVR 1.9 Wood units
SVR 1,056 dyne.sec.cm⁻⁵

CORONARY ANGIOGRAPHY:

The left main coronary artery is a moderate caliber vessel that gives rise to the left anterior descending and left circumflex coronary arteries. It is angiographically free of disease.

The left anterior descending coronary artery gives rise to a moderate caliber diagonal branch and then is immediately occluded.

The left circumflex coronary artery is moderate in its proximal portion and then becomes small in caliber. It gives rise to an occluded first obtuse marginal branch, a second obtuse marginal branch, and a small third obtuse marginal branch as it courses in the atrioventricular groove. The second obtuse marginal branch has a long area proximally of severe disease and then biphasic flow can be seen.

The right coronary artery is a moderate caliber vessel that is dominant and gives rise to the posterior descending artery. It has a 50% stenosis in its mid portion and a 60% stenosis in the posterior descending artery. It also gives rise to three small posterolateral arteries. Otherwise, there is mild disease in the right coronary artery.

GRAFT ANGIOGRAPHY:

Left internal mammary artery to left anterior descending coronary artery:
Patent. There is a 30% stenosis in the left internal mammary artery just at its anastomotic site with the mid left anterior descending. There is antegrade flow seen in the mid and apical left anterior descending, which contains mild disease only. There is retrograde flow up into the mid left anterior descending, which also fills a diagonal branch and then becomes occluded. There are two serial severe stenoses of about 80% in the mid left anterior descending distal to the diagonal branch and proximal to the anastomotic site with the left internal mammary artery.

The vein graft to the second obtuse marginal branch is patent. It contains mild diffuse disease. Antegrade flow is seen in the second obtuse marginal branch, which contains mild diffuse disease. Retrograde flow up the second obtuse marginal branch filling the distal circumflex and third obtuse marginal branch is seen. Severe disease is seen in the proximal second obtuse marginal branch.

DISPOSITION:

Follow up with Dr. Alharethi.

Celia K. Dervan, M.D.
Fellow
Division of Cardiovascular Medicine

ATTENDING SURGEON'S ATTESTATION:

Pursuant to Federal Medicare Requirements, I certify that Saurabh Gupta, M.D., F.A.C.C. was present for the entire procedure and generated this report.

Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

SG/ljp
D: 04/17/2009
T: 04/18/2009 12:16 P
004455121

cc:

Procedure Note

Gupta, Saurabh, MD - 04/16/2009 12:00 AM PDT

01006084377CV1058E 04/16/200904/16/2009 04/16/2009 5476586
06017887 ASHLAND MICHAEL E 048747

Patient Name: ASHLAND, Michael E.

Patient Data: Height 183 cm
Weight 98.90 kg
BSA 2.20 m2

Date of Procedure: April 16, 2009

MRN: 06-01-78-87

DOB: 07-09-1951

Physician: Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Celia K. Dervan, M.D.
Fellow
Division of Cardiovascular Medicine

Referring Physician: Rami Alharethi, M.D.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Primary Physician: Charles T. White, Jr., M.D.

CONCLUSIONS:

1. Normal filling pressures, normal pulmonary artery pressure, and normal cardiac index.
2. Coronary artery disease with occluded mid left anterior descending coronary artery, occluded first obtuse marginal branch, severe proximal disease in the second obtuse marginal branch, a 50% mid right coronary artery stenosis, and a 60% right-sided posterior descending artery stenosis.
3. Left internal mammary artery to left anterior descending coronary artery is patent. There is a 30% stenosis at the anastomotic site with the left anterior descending. There are serial severe stenoses of 80% in the mid left anterior descending after a diagonal branch and before the anastomosis with the left internal mammary artery.
4. Vein graft to second obtuse marginal branch is patent.

INDICATIONS FOR PROCEDURE:

1. Shortness of breath.
2. Known ischemic cardiomyopathy.

PROCEDURES PERFORMED:

1. Coronary angiography.
2. Graft angiography.
3. Right heart catheterization.
4. Left heart catheterization.

COMPLICATIONS:

None.

CLINICAL BRIEF:

Mr. Ashland is a 57-year-old male with known ischemic cardiomyopathy, with previous coronary artery bypass grafting with a left internal mammary artery to his left anterior descending coronary artery and a vein graft to his obtuse marginal branch, with complaints of worsening shortness of breath.

PROCEDURE:

After obtaining informed consent, the patient was brought to the catheterization laboratory and prepped and draped in the usual sterile manner. A 5 Fr sheath was placed in his right femoral artery, and an 8 Fr sheath was placed into the right femoral vein. A 7 Fr Swan-Ganz catheter was used to insert into the right atrium, then the right ventricle, then pulmonary capillary wedge, then pulmonary artery position, and pressures were recorded. Thermodilution cardiac output was performed, and pulmonary artery and femoral artery saturations obtained. A 5 Fr Judkins left 4 catheter was used to selectively engage the left coronary artery, and selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was then used to selectively engage the right coronary artery. In the process of this, the left ventricle was entered and left ventricular pressure recorded. Once the right coronary artery was cannulated selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was used to engage the left subclavian artery, and then this was exchanged over a wire for a 5 Fr IMA catheter, which was used to selectively engage the left internal mammary artery. A 5 Fr LCB catheter was used to selectively engage the vein graft to the obtuse marginal branch.

CONTRAST: Visipaque 105 mL
FLUOROSCOPY TIME: 15.20 minutes
FLUOROSCOPY DAP: 11,045 cGy cm²

MEDICATIONS: Fentanyl 100 mcg IV
Heparin 1,500 units IV
Versed 3 mg IV

HEMODYNAMIC DATA:

PRESSURES

RA a 8 v 7 m 5
RV 24/1 mmHg
RV, end-diastolic 6 mmHg
PA 21/9 mmHg m 15
PCWP a 7 v 6 m 5
LV 89/3 mmHg
LV, end-diastolic 9 mmHg
Aorta 95/60 mmHg m 76

HEART RATE 70 beats per minute

CARDIAC OUTPUT

Fick 5.40 L/min

Thermodilution 5.60 L/min

CARDIAC INDEX

Fick 2.40 L/min/m²

Thermodilution 2.66 L/min/m²

SATURATIONS

PA 70.4%

FA 98.4%

RESISTANCES

PVR 1.9 Wood units

SVR 1,056 dyne.sec.cm⁻⁵

CORONARY ANGIOGRAPHY:

The left main coronary artery is a moderate caliber vessel that gives rise to the left anterior descending and left circumflex coronary arteries. It is angiographically free of disease.

The left anterior descending coronary artery gives rise to a moderate caliber diagonal branch and then is immediately occluded.

The left circumflex coronary artery is moderate in its proximal portion and then becomes small in caliber. It gives rise to an occluded first obtuse marginal branch, a second obtuse marginal branch, and a small third obtuse marginal branch as it courses in the atrioventricular groove. The second obtuse marginal branch has a long area proximally of severe disease and then biphasic flow can be seen.

The right coronary artery is a moderate caliber vessel that is dominant and gives rise to the posterior descending artery. It has a 50% stenosis in its mid portion and a 60% stenosis in the posterior descending artery. It also gives rise to three small posterolateral arteries. Otherwise, there is mild disease in the right coronary artery.

GRAFT ANGIOGRAPHY:

Left internal mammary artery to left anterior descending coronary artery: Patent. There is a 30% stenosis in the left internal mammary artery just at its anastomotic site with the mid left anterior descending. There is antegrade flow seen in the mid and apical left anterior descending, which contains mild disease only. There is retrograde flow up into the mid left anterior descending, which also fills a diagonal branch and then becomes occluded. There are two serial severe stenoses of about 80% in the mid left anterior descending distal to the diagonal branch and proximal to the anastomotic site with the left internal mammary artery.

The vein graft to the second obtuse marginal branch is patent. It contains mild diffuse disease. Antegrade flow is seen in the second obtuse marginal branch, which contains mild diffuse disease. Retrograde flow up the second obtuse marginal branch filling the distal circumflex and third obtuse marginal branch is seen. Severe disease is seen in the proximal second obtuse marginal branch.

DISPOSITION:

Follow up with Dr. Alharethi.

ATTENDING SURGEON'S ATTESTATION:

Pursuant to Federal Medicare Requirements, I certify that Saurabh Gupta, M.D., F.A.C.C. was present for the entire procedure and generated this report.

Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

SG/ljp
D: 04/17/2009
T: 04/18/2009 12:16 P
004455121

cc:

B-NATRIURETIC PEPTIDE (B-NATRIURETIC PEPTIDE, BLOOD) - Final result (02/13/2009 10:29 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
B NATRIURETIC PEPTIDE	32	<101 pg/mL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR (PT), POC - Final result (02/13/2009)

Component	Value	Ref Range	Performed At	Pathologist Signature
PROTHROMBIN TIME (INR), POC	1.3		OHSU-POINT OF CARE TESTS	

Specimen

Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	
OHSU-POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97201-3098	

NM MYOCARD PERFUSION (SPECT) MULTIPLE STUDIES WITH EXERCISE (NM MYOCARDIAL PERFUSION (SPECT) MULTIPLE STUDIES WITH EXERCISE) - Final result (04/15/2008 11:28 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NM MYOCARD PERFECT S/RST EXER	<p>Nuclear Medicine EXERCISE MYOCARDIAL PERFUSION STUDY</p> <p>HISTORY: Chest pain</p> <p>TECHNIQUE: First, for the rest portion, 10.1 mCi of Tc99m Sestamibi was injected and gated SPECT imaging acquired.</p> <p>The stress portion was performed under nursing supervision and vital signs monitored throughout. The patient exercised under the Standard Bruce protocol and achieved a maximum heart rate of 142, which is 86 percent of predicted. At peak exercise, 29 mCi of Tc99m Sestamibi was injected intravenously and SPECT imaging acquired.</p> <p>FINDINGS: A moderate sized fixed perfusion defect involving anterolateral/apical walls noted with a small amount of reversibility noted at the anteroapical portion of the defect LVEF 39%.</p> <p>IMPRESSION:</p> <p>1. Moderate sized fixed perfusion defect involving anterolateral/apical walls with a small amount of reversibility noted at the anteroapical aspect of the defect</p> <p>2. LVEF 39%.</p> <p>Study was reviewed with Dr. Sanjiv Kaul.</p> <p>I have personally viewed this procedure/exam and reviewed this report.</p> <p>STATUS FINAL / Dr. STEVENS JEFFREY STATUS PENDING FINAL APPROVAL / Dr. PRIEST A. RYAN</p>			

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

TROPONIN I (TROPONIN I, PLASMA) - Final result (04/15/2008 10:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	0.02	<0.50 ng/mL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR (PROTHROMBIN TIME, BLOOD) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	2.11	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	90	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	18	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.2	0.7 - 1.3 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	136 - 145 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	4.0	3.5 - 5.1 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	105	98 - 107 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	29	23 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.5	8.5 - 10.5 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

FREE T4, SERUM - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FREE T4, SERUM	1.0	0.6 - 1.6 ng/dL		

Specimen

Narrative

Reference Range change effective 10/22/07
 RLB (Airport Way Lab)
 Kaiser Permanente NW
 13705 NE Airport way
 Portland, Or 97230

Performed At

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

TSH-THYROID STIM HORMONE (THYROID STIM HORMONE, SERUM) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.20	0.34 - 5.60 uIU/ml		

Specimen

Reference range change effective 10/22/07
 RLB (Airport Way Lab)
 Kaiser Permanente NW
 13705 NE Airport Way
 Portland, Or 97230

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	189	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	411	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	39	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	65	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

NM CARDIAC BLOOD POOL IMAGING GATED 1ST PASS - Final result (04/14/2008 2:33 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NM CARD BLD POOL GTD 1ST PASS	<p>FIRST PASS / RESTING RADIONUCLIDE CARDIAC VENTRICULOGRAM (RVG) 04/14/08 15:49:00 INDICATION: Heart failure COMPARISON: none available PROCEDURE: An aliquot of the patient's red blood cells was tagged with radioactive tracer using the in vitro method. 24.8 millicuries of tagged RBCs were injected and gated first pass images acquired. Subsequent gated blood pool RVG images were acquired in LAO and anterior projections. FINDINGS: Left Ventricle Ejection Fraction = 34 %. (Normal > 55 %) LEFT VENTRICULAR REGIONAL WALL MOTION is hypokinetic in the septal, anterolateral, and posterolateral walls. RIGHT Ventricle Ejection Fraction by Gated First Pass = 52 %. (Normal > 45 %) IMPRESSION: 1. LEFT Ventricular Ejection Fraction of 34%. 2. RIGHT Ventricular Ejection Fraction of 52%. I have personally viewed this procedure/exam and reviewed this report. STATUS FINAL / Dr. STEVENS JEFFREY STATUS PENDING FINAL APPROVAL / Dr.</p>			

PRIEST A. RYAN
STATUS PENDING FINAL APPROVAL / Dr.
PRIEST A. RYAN
STATUS PRELIMINARY - UNSIGNED / Dr.
PRIEST A. RYAN

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239	James O Mudd MD Cardiovascular Diseases	Jul. 09, 1951 - Feb. 07, 2020

Custodian Organization

NON REVENUE LOCATIONS
503-494-8551 (Work)
3181 SW Sam Jackson Park Rd
Portland, OR 97239-3011

If you take your Lucy record on a thumb drive to a different doctor, he or she might be able to use his computer to read the file electronically. Your downloaded, machine-readable Personal Health Summary document is in a format called "CDA." If your doctor has a computer that understands CDA, your information is a folder on your thumb drive called **MachineReadable_XDMFormat**. You might need to enter a password before your doctor can use this file.



Michael E Ashland "Mike"

Continuity of Care Document, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounters - as of 02/07/2020

Date	Type	Specialty	Care Team
01/24/2020	Office Visit	Cardiology	Paladino, Karen, RN
12/30/2019	Clinical Support Staff	Cardiology	Goodin, Kairee
10/29/2019	Office Visit	Family Practice	
09/26/2019	Office Visit	Cardiology	Wong, Catherine, MD
09/18/2019	Office Visit	Cardiology	Goodin, Kairee
08/14/2019	Office Visit	Cardiology	Espinosa, David, RN
08/07/2019 - 08/08/2019	Hospital Encounter	Procedural Care Unit	Henrikson, Charles A, MD
04/11/2019	Office Visit	Cardiology	Wong, Catherine, MD
04/10/2019	Hospital Encounter	Cardiology	
02/08/2019	Office Visit	Cardiology	Espinosa, David, RN
02/08/2019	Office Visit	Cardiology	Wong, Catherine, MD
02/08/2019	Office Visit	Cardiology	Henrikson, Charles A, MD
11/30/2018	Clinical Support Staff	Family Practice	
11/29/2018	Office Visit	Cardiology	Paladino, Karen, RN
09/18/2018 - 09/19/2018	Hospital Encounter	Procedural Care Unit	Cigarroa, Joaquin E, MD
09/10/2018	Office Visit	Heart Transplant	Soman, Divya U, MD
03/16/2018	Office Visit	Cardiology	
02/14/2018	Office Visit	Family Practice	Mitchell, Jennifer S, PA-C
01/09/2018	Clinical Support Staff	Family Practice	
12/13/2017	Office Visit	Heart Transplant	Soman, Divya U, MD
05/31/2017	Office Visit	Family Practice	Devoe, Jennifer, MD
11/29/2016	Clinical Support Staff	Family Practice	
11/02/2016	Office Visit	Heart Transplant	Gelow, Jill M, MD
10/06/2016	Hospital Encounter	Cardiology	
10/06/2016	Hospital Encounter	Cardiology	
09/21/2016	Office Visit	Cardiology	
09/21/2016	Office Visit	Heart Transplant	Gelow, Jill M, MD
08/25/2016	Office Visit	Family Practice	Bendert, Kristin S, MD,MPH
02/22/2016	Office Visit	Family Practice	Bendert, Kristin S, MD,MPH
12/02/2015	Office Visit	Family Practice	Bendert, Kristin S, MD,MPH
06/26/2015	Office Visit	Heart Transplant	Camacho, Samuel A, MD
06/23/2015	Office Visit	Cardiology	Paladino, Karen, RN
04/07/2015	Office Visit	Family Practice	Bendert, Kristin S, MD,MPH
03/23/2015	Hospital Encounter	Procedural Care Unit	Tibayan, Yen D, MD
03/20/2015	Office Visit	Cardiology	Paladino, Karen, RN
03/20/2015	Office Visit	Heart Transplant	Camacho, Samuel A, MD
01/22/2015	Hospital Encounter	Cardiology	
01/20/2015	Office Visit	Family Practice	Iwasaki, Ellen, FNP
10/01/2014	Office Visit	Orthopedics	Yoo, Brad J, MD
09/29/2014	Office Visit	Cardiology	Barber, Connie, NP
09/29/2014	Office Visit	Heart Transplant	Chien, Christopher V, MD
09/26/2014 - 09/28/2014	Hospital Encounter	Adult Acute Care	Kusin, Shana G, MD Kim, Evelyn S, MD Yoo, Brad J, MD

			Wojcik, Cezary, MD,PhD
09/12/2014	Clinical Support Staff	Family Practice	
08/26/2014	Office Visit	Family Practice	Bendert, Kristin S, MD,MPH
04/28/2014	Clinical Support Staff	Family Practice	
11/07/2013	Office Visit	Family Practice	Otto, Bettricia, DPM
10/11/2013	Clinical Support Staff	Family Practice	
09/18/2013	Office Visit	Cardiology	Griffith, Karen K, NP
09/18/2013	Office Visit	Heart Transplant	Chien, Christopher V, MD
06/07/2013	Office Visit	Family Practice	Quattlebaum, Thomas H, MD
01/14/2013	Office Visit	Family Practice	Quattlebaum, Thomas H, MD
10/18/2012	Office Visit	Family Practice	Wojcik, Cezary, MD,PhD
10/08/2012	Office Visit	Family Practice	Nelson, Christopher M, MD
08/27/2012	Hospital Encounter	Cardiology	
08/27/2012	Office Visit	Heart Transplant	Mudd, James O, MD
08/10/2012	Office Visit	Family Practice	Wojcik, Cezary, MD,PhD
06/27/2012	Office Visit	Heart Transplant	Gelow, Jill M, MD
06/27/2012	Office Visit	Cardiology	Griffith, Karen K, NP
06/08/2012	Hospital Encounter	Cardiac Catheterization	
06/08/2012	Hospital Encounter	Procedural Care Unit	Gupta, Saurabh, MD
05/09/2012	Office Visit	Heart Transplant	Gelow, Jill M, MD
03/26/2012	Office Visit	Cardiology	Griffith, Karen K, NP
02/27/2012	Office Visit	Physical Therapy	Physiologist, Cardiac Rehab Ex
02/24/2012	Office Visit	Physical Therapy	Physiologist, Cardiac Rehab Ex
02/17/2012	Office Visit	Physical Therapy	Physiologist, Cardiac Rehab Ex
01/31/2012	Office Visit	Cardiology	Gupta, Saurabh, MD
01/11/2012	Office Visit	Family Practice	Bowden, David T, MD,MPH
01/06/2012	Clinical Support Staff	Family Practice	
01/04/2012	Hospital Encounter	Cardiology	
01/03/2012	Hospital Encounter	Cardiology	
01/03/2012	Hospital Encounter	Radiology	
12/12/2011	Office Visit	Heart Transplant	Kim, Antony Y, MD
12/12/2011	Office Visit	Cardiology	Griffith, Karen K, NP
11/07/2011	Office Visit	Cardiology	Griffith, Karen K, NP
10/26/2011 - 10/27/2011	Hospital Encounter	Procedural Care Unit	Stajduhar, Karl C, MD
08/24/2011	Office Visit	Family Practice	Miller, Amanda F, PA-C
06/13/2011	Office Visit	Cardiology	Griffith, Karen K, NP
06/13/2011	Office Visit	Heart Transplant	Kim, Antony Y, MD
06/07/2011	Office Visit	Family Practice	Webb, Charles W, DO
05/10/2011	Office Visit	Family Practice	White, Charles T, MD
11/17/2010	Office Visit	Family Practice	White, Charles T, MD
10/21/2010	Hospital Encounter	Gastroenterology	Bakis, Gennadiy, MD
08/14/2010	Emergency	Emergency Medicine	Moorhead, John, MD
06/28/2010	Office Visit	Family Practice	White, Charles T, MD
05/19/2010	Hospital Encounter	Pulmonary Disease	Tech, Pfl Adult
04/28/2010	Hospital Encounter	Cardiac Catheterization	
04/28/2010	Hospital Encounter	Procedural Care Unit	Kim, Antony Y, MD
04/15/2010	Office Visit	Heart Transplant	Kim, Antony Y, MD
01/25/2010	Office Visit	Family Practice	White, Charles T, MD
11/30/2009	Office Visit	Plastic Surgery	Resident, Pls
11/05/2009	Office Visit	Pre-operative Medicine	Kappedal, Laurel A, FNP
10/29/2009	Office Visit	Plastic Surgery	Solomon, Joel, MD,PhD
10/22/2009	Emergency	Emergency Medicine	Jui, Jonathan, MD
10/19/2009	Office Visit	Plastic Surgery	Solomon, Joel, MD,PhD
10/13/2009	Office Visit	Family Practice	White, Charles T, MD
10/06/2009	Office Visit	Neurology	Landfield, Alexander D, MD
10/01/2009	Hospital Encounter	Clinical Neurophysiology	Lou, Jau Shin, MD,PhD Manley, Linda
09/24/2009	Office Visit	Neurology	Landfield, Alexander D, MD
09/09/2009	Office Visit	Family Practice	White, Charles T, MD

08/21/2009	Hospital Encounter	Pulmonary Disease	Tech, Pfl Adult
08/10/2009	Hospital Encounter	Radiology	
08/10/2009	Hospital Encounter	Radiology	
08/04/2009	Office Visit	Heart Transplant	Kim, Antony Y, MD
07/17/2009	Hospital Encounter	Cardiac Catheterization	
07/17/2009	Clinical Support Staff	Family Practice	Nurse, Gpc
07/15/2009	Hospital Encounter	Cardiac Catheterization	
07/13/2009 - 07/14/2009	Emergency	Emergency Medicine	Brunett, Patrick, MD Marr, Amy L, MD
07/13/2009	Office Visit	Family Practice	White, Charles T, MD
06/26/2009	Office Visit	Cardiology	Griffith, Karen K, NP
06/23/2009	Office Visit	Family Practice	White, Charles T, MD
04/30/2009	Clinical Support Staff	Family Practice	Nurse, Gpc
04/23/2009	Clinical Support Staff	Family Practice	Nurse, Gpc
04/06/2009	Office Visit	Heart Transplant	Alharethi, Rami, MD
04/06/2009	Office Visit	Cardiology	Griffith, Karen K, NP
02/13/2009	Office Visit	Family Practice	Basham, Chandra Marie, MD
02/10/2009	Clinical Support Staff	Family Practice	Nurse, Gpc
02/10/2009	Office Visit	Family Practice	White, Charles T, MD
02/09/2009	Office Visit	Family Practice	Webb, Charles W, DO
01/15/2009	Clinical Support Staff	Family Practice	Nurse, Gpc
01/05/2009	Office Visit	Heart Transplant	Alharethi, Rami, MD
01/05/2009	Office Visit	Cardiology	Griffith, Karen K, NP
11/21/2008	Clinical Support Staff	Family Practice	Nurse, Gpc
10/14/2008	Office Visit	Family Practice	White, Charles T, MD
09/22/2008	Hospital Encounter	Pulmonary Disease	Tech, Pfl Adult
09/18/2008	Office Visit	Cardiology	Griffith, Karen K, NP
09/18/2008	Office Visit	Heart Transplant	Alharethi, Rami, MD
09/09/2008	Clinical Support Staff	Family Practice	Nurse, Gpc
09/09/2008	Office Visit	Family Practice	Gesik, Nicole, DO
07/24/2008	Clinical Support Staff	Family Practice	Nurse, Gpc
06/25/2008	Clinical Support Staff	Family Practice	Nurse, Gpc
05/08/2008	Clinical Support Staff	Family Practice	Nurse, Gpc
04/24/2008	Office Visit	Heart Transplant	Alharethi, Rami, MD
04/03/2008	Office Visit	Heart Transplant	Peters, Cindy, ANP
03/27/2008	Office Visit	Family Practice	White, Charles T, MD
02/20/2008	Office Visit	Cardiology	Griffith, Karen K, NP
11/30/2007	Office Visit	Cardiology	Griffith, Karen K, NP
11/29/2007	Office Visit	Heart Transplant	Peters, Cindy, ANP
10/26/2007	Office Visit	Cardiology	Griffith, Karen K, NP
08/20/2007	Office Visit	Heart Transplant	Ross, Alicia, MD
08/20/2007	Office Visit	Cardiology	Griffith, Karen K, NP
05/17/2007	Office Visit	Cardiology	Griffith, Karen K, NP
04/26/2007	Office Visit	Heart Transplant	Ross, Alicia, MD
02/08/2007	Office Visit	Cardiology	Griffith, Karen K, NP
02/08/2007	Office Visit	Heart Transplant	Alharethi, Rami, MD
12/11/2006	Office Visit	Heart Transplant	Hershberger, Ray, MD
11/09/2006	Office Visit	Heart Transplant	Le, Dai-Trang E, MD
09/21/2006	Office Visit	Cardiology	Griffith, Karen K, NP
09/21/2006	Office Visit	Heart Transplant	Alharethi, Rami, MD
08/21/2006	Office Visit	Heart Transplant	Alharethi, Rami, MD
07/10/2006	Office Visit	Heart Transplant	Hershberger, Ray, MD
06/29/2006	Office Visit	Cardiology	Griffith, Karen K, NP
06/29/2006	Office Visit	Heart Transplant	Le, Dai-Trang E, MD
06/08/2006	Office Visit	Heart Transplant	Alharethi, Rami, MD

Allergies - as of 02/07/2020

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - as of 02/07/2020

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	11/05/2019		Active
spironolactone 25 mg oral tablet	Take 2 tablets by mouth once daily.	90 tablet	01/24/2020		Active
metoprolol succinate 100 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily as needed (palpitations). Can take in addition to standing metoprolol for palpitations.	90 tablet	01/24/2020		Active

Active Problems - as of 02/07/2020

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - as of 02/07/2020

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - as of 02/07/2020

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	10/29/2019, 11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - as of 02/07/2020

Smoking Status as of 09/26/2019

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 08/14/2019

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 08/07/2019

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 04/11/2019

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 02/08/2019

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 09/10/2018

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 02/14/2018

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 05/31/2017

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 11/02/2016

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 09/21/2016

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 08/25/2016

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 12/02/2015

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 06/26/2015

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 04/07/2015

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 03/20/2015

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 01/20/2015

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 10/01/2014

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 09/29/2014

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 09/26/2014

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 08/26/2014

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 11/07/2013

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 09/18/2013

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				

Smoking Status as of 06/07/2013

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 01/14/2013

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 10/18/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 10/08/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 08/27/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 08/10/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 06/27/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 05/09/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 01/11/2012

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 12/18/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 12/12/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 11/07/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 08/24/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 06/13/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 06/07/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smokeless Tobacco: Never Used

Smoking Status as of 05/10/2011

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 11/17/2010

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 08/14/2010

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 06/28/2010

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 04/15/2010

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 01/25/2010

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 11/30/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 11/11/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 11/05/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 10/29/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 10/19/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 10/13/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 09/24/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Smoking Status as of 09/09/2009

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smoking Status as of 07/14/2009				
Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smoking Status as of 07/13/2009				
Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smoking Status as of 06/23/2009				
Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smoking Status as of 02/10/2009				
Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use as of 09/26/2019				
Alcohol Use	Drinks/Week	oz/Week		
Yes	4 Standard drinks or equivalent	4.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - as of 02/07/2020

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	94/53	09/26/2019 3:42 PM PDT	
Pulse	73	09/26/2019 3:42 PM PDT	
Temperature	36.4 °C (97.5 °F)	08/07/2019 3:28 PM PDT	
Respiratory Rate	16	08/14/2019 11:33 AM PDT	
Oxygen Saturation	96%	09/26/2019 3:42 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	105.6 kg (232 lb 12.8 oz)	09/26/2019 3:42 PM PDT	
Height	180.3 cm (5' 11")	09/26/2019 3:42 PM PDT	
Body Mass Index	32.47	09/26/2019 3:42 PM PDT	

Plan of Treatment - as of 02/07/2020

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Implants - as of 02/07/2020

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Procedures - as of 02/07/2020

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
Procedure Note	Routine	08/08/2019 9:30 AM PDT		
Procedure Note	Routine	08/07/2019 3:25 PM PDT		
Procedure Note	Routine	09/21/2018 8:14 AM PDT		
Procedure Note	Routine	02/05/2016 8:27 PM PST		
Procedure Note	Routine	02/05/2016 5:38 PM PST		
Procedure Note	Routine	02/05/2016 5:36 PM PST		
Procedure Note	Routine	02/05/2016 5:36 PM PST		
Procedure Note	Routine	02/05/2016 5:29 PM PST		
Procedure Note	Routine	02/05/2016 5:29 PM PST		
Procedure Note	Routine	02/05/2016 5:29 PM PST		
Procedure Note	Routine	02/05/2016 5:22 PM PST		
Procedure Note	Routine	02/05/2016 5:22 PM PST		
Procedure Note	Routine	02/05/2016 4:47 PM PST		
Procedure Note	Routine	02/05/2016 11:44 AM PST		
RIGHT HEART CATHETERIZATION	Routine	02/05/2016 9:57 AM PST		
ELECTROPHYSIOLOGIC EVALUATION	Routine	02/05/2016 4:57 AM PST		
INSERTION OF ELECTRODE LEAD(S)	Routine	02/05/2016 4:57 AM PST		
Procedure Note	Routine	02/05/2016 4:55 AM PST		
Procedure Note	Routine	02/05/2016 2:16 AM PST		
Procedure Note	Routine	02/04/2016 5:28 PM PST		
Procedure Note	Routine	02/04/2016 5:28 PM PST		
Procedure Note	Routine	02/04/2016 5:26 PM PST		
Procedure Note	Routine	02/04/2016 3:09 PM PST		

COLLECTION OF BLOOD BY VENIPUNCTURE	Routine	09/29/2014 11:29 AM PDT	
RADIUS/ULNA/ELBOW SOFT TISSUE PROCEDURES	Elective Surgical	09/26/2014 1:26 PM PDT	Septic arthritis of elbow, left (HCC)
COLLECTION OF BLOOD BY VENIPUNCTURE	Routine	06/07/2013 10:17 AM PDT	
DRAIN SKIN ABSCESS	Routine	10/18/2012 3:01 PM PDT	
PULMONARY STRESS TESTING	Routine	09/05/2012 3:41 PM PDT	
CARDIAC REHAB/MONITOR	Routine	02/29/2012 3:53 PM PST	
CARDIAC REHAB/MONITOR	Routine	02/17/2012 3:44 PM PST	
COLONOSCOPY,DIAGNOSTIC		10/21/2010 12:00 AM PDT	
ADULT PFT		05/19/2010 11:59 PM PDT	
EMG/NERVE CONDUCTION STUDY		10/01/2009 11:59 PM PDT	
ADULT PFT		08/21/2009 11:59 PM PDT	
PULMONARY FUNCTION	Routine	08/21/2009 12:40 PM PDT	
ADULT PFT		09/22/2008 11:59 PM PDT	
PULMONARY FUNCTION	Routine	09/22/2008 4:53 PM PDT	
ADULT PFT		08/18/2006 12:01 AM PDT	

Results - as of 02/07/2020

12 LEAD ECG - Final result (08/08/2019 8:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	64	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	66	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	31	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	111	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	132	ms	OHSU DEPT OF CARDIOLOGY	
QT	395	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	407	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS		deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-62	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Atrial-sensed ventricular-paced rhythm- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 08-08-2019 08:38:31		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (08/08/2019 5:52 AM PDT)

Specimen

Narrative

EXAM: CHEST 2 VIEWS

Performed At

OHSU RADIOLOGY VOICE RECOGNITION 2

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseus abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Procedure Note

Service Account, Radiant Res In Interface - 08/08/2019 8:37 AM PDT

EXAM: CHEST 2 VIEWS

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseus abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU RADIOLOGY VOICE RECOGNITION 2

CBC (CBC (HEMOGRAM) ONLY) - Final result (08/07/2019 8:39 AM PDT)

Component

Value

Ref Range

Performed At

Pathologist Signature

WHITE CELL COUNT 8.03

3.50 - 10.80 K/cu mm

OHSU LABORATORY SERVICES, CORE

RED CELL COUNT	5.10	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE
HEMOGLOBIN	15.3	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE
HEMATOCRIT	47.9	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE
MCV	93.9	80.0 - 100.0 fL	OHSU LABORATORY SERVICES, CORE
MCHC	31.9	32.0 - 36.0 g/dL	OHSU LABORATORY SERVICES, CORE
RDW SD	46.3	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE
PLATELET COUNT	257	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE
MPV	10.3	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

INR - Final result (08/07/2019 8:39 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.98	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (08/07/2019 8:39 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	123	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.20	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	139	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.5	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	28	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	

CALCIUM, PLASMA (LAB)	9.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	4	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

Performed At

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease

<15 mL/min/1.73 sq m Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function
- Amputees, paraplegics, or other muscle-wasting diseases

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

12 LEAD ECG - Final result (02/08/2019 11:01 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	70	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	69	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	222	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	37	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	135	ms	OHSU DEPT OF CARDIOLOGY	
QT	392	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	422	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-85	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-42	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Prolonged PR interval		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 02-08-2019 11:37:45		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

12 LEAD ECG - Final result (09/19/2018 6:58 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	69	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	68	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	199	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	23	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	131	ms	OHSU DEPT OF CARDIOLOGY	
QT	407	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	436	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	267	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-22	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 09-19-2018 13:18:20		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	0.64	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	110	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	15	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.02	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	142	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY	

(LAB)			SERVICES, CORE
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	25	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	8.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

Performed At

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
<15 mL/min/1.73 sq m Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function
- Amputees, paraplegics, or other muscle-wasting diseases

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CBC (CBC (HEMOGRAM) ONLY) - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	8.38	3.50 - 10.80 K/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
RED CELL COUNT	4.94	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
HEMOGLOBIN	14.9	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
HEMATOCRIT	44.7	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
MCV	90.5	80.0 - 100.0 fL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
MCHC	33.3	32.0 - 36.0 g/dL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
RDW SD	45.6	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
PLATELET COUNT	213	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	
MPV	10.7	9.7 - 12.3 fL	OHSU LABORATORY	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CENTER FOR HEALTH + HEALING	3303 SW BOND AVE	PORTLAND, OR 97239	

INR - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.97	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative	Performed At
	OHSU LABORATORY SERVICES, CORE

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/10/2018 11:12 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	121	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.03	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	141	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	109	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
ANION GAP	6	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative	Performed At
GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.	OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease

<15 mL/min/1.73 sq m Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function
- Amputees, paraplegics, or other muscle-wasting diseases

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

KNEE 3 VIEWS LEFT (X-RAY KNEE 3 VIEWS LEFT) - Final result (02/14/2018 11:30 AM PST)

Specimen

Narrative

EXAM: KNEE 3 VIEWS LEFT

HISTORY: Medial knee pain for 2 months.

COMPARISON: 10/8/12

FINDINGS:

There is unchanged chondrocalcinosis in the medial and lateral compartments. Minimal tricompartmental spurring seen. No fracture or focal destruction identified. Alignment is normal. The joint spaces are maintained. There is a small joint effusion. No additional soft tissue abnormality is observed.

IMPRESSION:

Minimal tricompartmental spurring.

Chondrocalcinosis and small joint effusion.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Performed At

OHSU RADIOLOGY VOICE RECOGNITION

Procedure Note

Service Account, Radiant Res In Interface - 02/14/2018 1:55 PM PST

EXAM: KNEE 3 VIEWS LEFT

HISTORY: Medial knee pain for 2 months.

COMPARISON: 10/8/12

FINDINGS:

There is unchanged chondrocalcinosis in the medial and lateral compartments. Minimal tricompartmental spurring seen. No fracture or focal destruction identified. Alignment is normal. The joint spaces are maintained. There is a small joint effusion. No additional soft tissue abnormality is observed.

IMPRESSION:

Minimal tricompartmental spurring.

Chondrocalcinosis and small joint effusion.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU RADIOLOGY VOICE RECOGNITION			

FOOT 3 VIEWS LEFT (X-RAY FOOT 3 VIEWS LEFT) - Final result (05/31/2017 8:46 AM PDT)

Specimen

STUDY: FOOT 3 VIEWS LEFT 05/31/17 08:35:00

OHSU RADIOLOGY VOICE
RECOGNITION

HISTORY: Pain over the fifth metatarsal, evaluate for fracture.

COMPARISON: None.

FINDINGS:

The bones are intact without fracture or focal destruction. There is mild first MTP joint space narrowing and spurring. Hallux valgus and osseous bunion are also noted. The other joint spaces are intact. Alignment is otherwise within normal limits. Mild posterior calcaneal spurring is observed. No focal soft tissue abnormality.

IMPRESSION:

No acute osseous abnormality.

Hallux valgus with osseous bunion and mild first MTP degenerative joint disease.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Procedure Note

Service Account, Radiant Res In Interface - 05/31/2017 9:14 AM PDT

STUDY: FOOT 3 VIEWS LEFT 05/31/17 08:35:00

HISTORY: Pain over the fifth metatarsal, evaluate for fracture.

COMPARISON: None.

FINDINGS:

The bones are intact without fracture or focal destruction. There is mild first MTP joint space narrowing and spurring. Hallux valgus and osseous bunion are also noted. The other joint spaces are intact. Alignment is otherwise within normal limits. Mild posterior calcaneal spurring is observed. No focal soft tissue abnormality.

IMPRESSION:

No acute osseous abnormality.

Hallux valgus with osseous bunion and mild first MTP degenerative joint disease.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU RADIOLOGY VOICE RECOGNITION			

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited Result - FINAL (10/06/2016 12:28 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
PULMONARY INTERPRETATION	Site: OHSU CARDIOVASCULAR, 3303 SW Bond Ave, Portland, OR, 97239 ID: 06017887 Name: ASHLAND, MICHAEL E Doctor: Mudd, James Tech: Williams, Kirsten Age: 65 Sex: Male Race: Caucasian Height: 71.50 Inches weight: 216.72 Lbs BSA: 2.19 Dyspnea: After any exertion Cough: No Cough wheeze: Rare Tbc Prod: Never Smoked Post Test Comments: The results of this test meet the ATS standards for acceptability and repeatability. The patient was seated and resting values were obtained. Patient was then escorted to the treadmill. Patient exercised for a total of 12 min and 44 seconds		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	

using the Heart Action Protocol.

Patient

attained maximum speed of 3.0 mph and maximum grade of 12.5%.

Patient's

resting heart rate was 61 , resting blood pressure was 127/80, and resting O₂

sat was 97%. Patient's peak heart rate was 120 which represents 77% of MPPHR.

Patient's blood pressure at peak exercise was 137/68; O₂ sat at peak exercise

was 98%. Patient's maximum RPE was 10/10. Predicted maximal

VO₂/ml/kg/min

using Jones '83 calculation =24.25.

Patient's peak VO₂ was 23.0

ml/kg/min

which represents 94 % of predicted value using Jones '83 calculation.

Adjusted

for ideal weight, patient's peak VO₂

was 30.2 ml/kg/min which represents 124 %

of predicted value. HR/VO₂ slope

calculation = 3.07. VE/VO₂ slope

calculation

= 38.86.

Patient stopped exercise due to leg fatigue

Treadmill Summary

Middle 5 of 7 Mean

Rest	AT	VO2Max	PredMax
AT/Max			
Max/Pred			
WORK			
Time (min)			
3:19	11:57	18:02	
Ex Time (min)			
	8:37	14:42	
Speed (MPH)			
	3.2	5	
O ₂ CONSUMPTION			
VO ₂ (mL/kg/min)			
6.1	16.3	23	
VO ₂ (L/min)			
0.60	1.60	2	2.12
76			
107			
VCO ₂ (L/min)			
0.66	1.62	3	2.57 63
108			
RER			
1.09	1.01	1	
METS			
1.7	4.7	7	
VENTILATION			
VE BTPS (L/min)			
25.0	44.3	87	128.0
35			
68			
Vt BTPS (L)			
1.11	1.79	3	
RR (br/min)			
23	25	32	

BR (%)				
VE/VO2				
42	28	39	42	65
91				
VE/VCO2				
38	27	31	35	78
90				
VO2/VE				
24.0	36.2	26		
VCO2/VE				
26.2	36.6	32		
CARDIAC				
HR (BPM)				
68	90	120	155	58
77				
VO2/HR (mL/beat)				
9	18	19	14	130
138				
HRR-Rest (Zavala) (%)				
100.0	74.9	41		
RatePrsPd SBP*HR/100				
11	14	21	39	36
54				
V/Q				
PETO2 (mmHg)				
16	15	16		
PETCO2 (mmHg)				
5	6	5		
PaCO2_est (mmHg)				
4.5	5.6	5		

Interpretation: Procedure:
 Cardiopulmonary exercise test
 Identification: Michael Ashland is a
 65 year old man with ischemic
 cardiomyopathy

Interpretation: The patient
 exercised on a treadmill for 12
 minutes and 44
 seconds using a Heart Action
 protocol. He achieved a work load of
 7.4 METs.
 Anaerobic Threshold (AT) was
 reached. The RER was 1.01 at AT and
 1.23 at peak.
 The test was stopped due to leg
 fatigue. The resting heart rate was
 61 beats
 per minute. Heart rate increased to
 120 beats per minute with peak
 exercise,
 which is 77% of the maximal age-
 predicted heart rate. The resting
 blood
 pressure was 127/80. The blood
 pressure at peak was 137/68. The
 oxygen
 saturation was 97% rest and 98% at
 peak exercise. Spirometry was within
 normal
 limits.

The peak VO2 was 23 ml/kg/min, which
 was 94% of the predicted VO2 using

the Jones '83 reference values. Adjusted for ideal weight, the peak VO₂ was 30.2 ml/kg/min, which is 124% of predicted. The VO₂ at AT was 16.3 ml/kg/min, which is 67% of the predicted VO₂. The O₂ pulse at peak was 19. The VE/VC0₂ slope was

24. The breathing reserve is 32%. The ECG at rest shows sinus rhythm with nonspecific interventricular conduction delay, poor r-wave progression, Q-wave in aVL, t-wave inversions in the inferolateral leads, PVC. The ECG with exercise shows sinus tachycardia, twaves become upright in the inferior and lateral leads, PVCs, PACs.

Conclusions:

No significant circulatory or ventilatory impairment.

This interpretation has been electronically signed: Hebl, Virginia 10/06/2016 07:01:52 PM

FVC PRE	4.21	4.85 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FVC PRE (%REF)	86	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE	3.20	3.62 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE (%REF)	88	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE	76	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE (%REF)	101	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE	8.04	9.14 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE (%REF)	87	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEF25-75% PRE	2.64	2.85 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

FEF25-75% PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	7.79	7.07 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE (%REF)	110	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - REST	9	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - AT	18	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - PEAK	19	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - AT	144	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - PEAK	256	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.6		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - REST	100.0	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - AT	74.9	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - PEAK	40.5	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	1.09		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.01		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.23		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	25.0	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	44.3	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	87.2	128.0 L/min	OHSU SPECIAL DIAGNOSTICS -

			PULMONARY FUNCTION
VE MAX (L/M) BTPS %REF	68	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - REST	127	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - AT	118	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - PEAK	134	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - REST	80	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - AT	68	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - PEAK	74	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - REST	122	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - AT	109	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - PEAK	120	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - REST	34	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - AT	45	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - PEAK	39	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - REST	8.0	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - AT	21.4	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - PEAK	30.2	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) BASE	6.1	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

VO2 (ML/KG/MIN) AT	16.3	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.0	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 PEAK	35	90	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	68	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	90	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	120	155 BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	77	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) BASE	316	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) AT	404	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) PEAK	530	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	97	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 PEAK	98	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.60	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.60	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) PEAK	2.26	2.12 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	107	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.66	L/min	OHSU SPECIAL

			DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.62	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.78	2.57 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) %REF	108	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	1.11	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	1.79	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	2.69	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - REST	23	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - AT	25	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - PEAK	32	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239-3098	

TTE 2D ECHO (TRANSTHORACIC ECHOCARDIOGRAM, ADULT) - Final result (10/06/2016 11:10 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
BIPLANE, EF	36		OHSU DEPT OF CARDIOLOGY	
EJECTION FRACTION	35 to 40		OHSU DEPT OF CARDIOLOGY	
LA DIMENSION	4.6		OHSU DEPT OF CARDIOLOGY	
LVIDD	4.9		OHSU DEPT OF CARDIOLOGY	
MV A VMAX	0.7		OHSU DEPT OF CARDIOLOGY	
MV E?	0.1		OHSU DEPT OF CARDIOLOGY	
MV E VMAX	0.7		OHSU DEPT OF CARDIOLOGY	

RVSP	29		OHSU DEPT OF CARDIOLOGY
RV TAPSE	1.6		OHSU DEPT OF CARDIOLOGY
RV TDI S?	10.0		OHSU DEPT OF CARDIOLOGY
EJECTION FRACTION RANGE MEAN VALUE	37.5	%	OHSU DEPT OF CARDIOLOGY

Specimen

Narrative

Performed At
OHSU DEPT OF CARDIOLOGY

This result has an attachment that is not available.

Oregon Health And Sciences University
Adult Echocardiography Laboratory
3181 S.W. Sam Jackson Park Road
Portland, Oregon 97201-3098
Ph: (503) 494-8799 Fax: (503) 494-7178

Pt Name: MICHAEL E ASHLAND Study Date/Time 10/6/2016 / 11:10:01 AM
MRN: 6017887 Most recent prior: 1/22/2015
Acc #: 159133729 No. previous echos: 9
DOB: 7/9/1951 65 years Heart Rate: 64 bpm
Height: 70.0 in Blood Pressure: 123/68 mm/Hg
Weight: 225.0 lb Gender: M
BSA: 2.19 m2 Order ID: 159133729

Sonographer: Deborah A Reyes MEd, RDCS

Referring Provider: JILL M GELOW
Patient Location: CHH
Modalities Performed: 2D, Color flow, Spectral Doppler and Lumason contrast.
Study Quality: This was a technically difficult study, but image quality improved with echo contrast.
Imaging Limitations: There is prominent lung artifact seen.
Exam Indication: Heart failure; worsening exercise tolerance
History: Jan 2006: Ischemic cardiomyopathy was initially diagnosed -Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch. Patient history has been obtained from the EHR

Transthoracic Echocardiographic Report

+-----+
Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

+-----+

Description of Findings:

Cardiac Rhythm: Normal sinus rhythm.
Left Ventricle: The left ventricular cavity size is normal. Visually estimated left ventricular ejection fraction is 35 - 40%. The LV ejection fraction is moderately to severely decreased.
There is no left ventricular hypertrophy. The ejection fraction is 36.0 % as measured

by Simpson's biplane method. Due to poor endocardial definition, ultrasound contrast was used (Lumason).

Left Ventricular Wall Motion: The basal inferior segment is akinetic. The entire apex, mid and apical anterior wall, mid and apical anterior septum, mid and apical inferior septum, mid and apical inferior wall, basal and mid inferolateral wall, and mid anterolateral segment are hypokinetic. All remaining scored segments are normal. Left ventricular systolic thickening is globally abnormal with regional variation.

Atria: Left atrial size is normal. Normal right atrium. There is Pacer / ICD electrode noted in RA / RV.

Right Ventricle: Right ventricular size, thickness and function are normal. TAPSE measures 1.6cm. The RV TDI s' velocity is 10cm/sec.

Aortic Valve: The aortic valve is trileaflet and mildly sclerotic. No indication of aortic valve regurgitation.

Mitral Valve: The mitral valve is structurally normal. The anterior and posterior leaflets are mildly thickened and/or calcified. No evidence of mitral valve stenosis. Trace mitral valve regurgitation.

Tricuspid Valve: The tricuspid valve is structurally normal. Trace tricuspid regurgitation. The tricuspid regurgitant velocity is 2.46 m/s, and with an assumed right atrial pressure of 5 mmHg, the estimated right ventricular systolic pressure is normal at 29.1 mmHg.

Pulmonic Valve: The pulmonic valve is structurally normal. Trace pulmonary valve regurgitation. The peak trans pulmonic gradient is 6.5 mmHg.

Aorta: Visualized portions of the ascending aorta and aortic root appear normal.

Venous: Inferior vena cava is normal with normal inspiratory collapse.

Pericardium: No pericardial effusion is seen.

2D Measurements Doppler Measurements

2D	NL Values	Aortic	Mitral		
LVID(d)	4.86 (3.5-5.7cm)	Max Vel	0.90	Peak E	0.72
cm		m/s	m/s		
LVID(s)	3.96	Mean grad	2.0	Peak A	0.67
cm		mmHg	m/s		
IVS(d)	1.00 (0.6-1.1cm)	LVOT Vel	0.79	E/A Ratio	1.08
cm		m/s			
LVPW(d)	0.90 (0.6-1.1cm)	LVOT Diam	2.50	TDI (E/e')	9.0
cm		cm			
LA A/Ps 2D	4.60 (2.7-3.9cm)	Tricuspid	Pulmonic		
cm		TR Vmax	2.46	PV Vmax	1.3
LA vol MOD	90.0 (40-73ml)		m/s	m/s	
BP	ml	RA Press	5	RVOT VTI	10.5
LA vol MOD	41.0 (16-34)		mmHg	cm	
index	ml/m2	RVSP	29	PV mn gd	
		mmHg			

Biplane EF 36.0 %

Aorta:	Index:	
Ao Sinus	3.90 (2.1-3.5cm)	17.8
cm	mm/m2	
Asc Ao	3.40	15.5
(prox) cm	mm/m2	

Evaluation of chamber size and geometry is accomplished through the incorporation of linear, volumetric, and indexed values

Wall Scoring:

Report electronically signed by: Maros Ferencik MD, PhD (10/6/2016, 2:24:09 PM)
REPORT NAME=ECV2612 HOSP=PO REGION=A0

*** Final ***

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

NT-PRO BNP - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NT-PRO BNP	157	<125 pg/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CBC (CBC (HEMOGRAM) ONLY) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	6.51	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.76	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.2	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	43.7	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	91.8	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	32.5	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	45.1	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	182	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	11.0	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	107	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	20	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	144	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.7	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	25	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	8.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
ANION GAP	11	mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEPATITIS C VIRUS W/CONFIRMATION (HEPATITIS C AB W/CONFIRMATION REFLEX PCR) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEPATITIS C AB	Negative	Negative	KAISER - AIRPORT - PORTLAND	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	134	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	235	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	48	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	39	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	47	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	86	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

Cholesterol Reference Range:

Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL

Performed At

OHSU LABORATORY SERVICES, CORE

Performed At

OHSU LABORATORY SERVICES, CORE

High: 190-209 mg/dL
Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
Borderline High: 150-199 mg/dL
High: 200-499 mg/dL
Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (09/20/2016 9:26 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.1	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

WRIST 4+ VIEWS LEFT (X-RAY WRIST 4+ VIEWS LEFT) - Final result (02/22/2016 3:55 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
WRIST 4+ VIEWS LEFT	STUDY: WRIST 4+ VIEWS LEFT 02/22/16 15:55:00 HISTORY: Pain, assess for fracture. COMPARISON: None. FINDINGS: There is no fracture, malalignment, or osseous destruction. The joints are maintained. The soft tissues are normal. IMPRESSION: Normal exam. Attending Radiologists: ERIK FOSS, MD Author: ERIK FOSS, MD I personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented. Final/Electronically signed / ERIK FOSS 02/22/2016 16:11 PM			

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
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COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	115	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.12	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	140	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	24	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.6	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.2	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	98	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	<=41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	44	<=60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	7	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	8	mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performed At

OHSU LABORATORY SERVICES, CORE

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	162	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	295	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	54	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	49	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	59	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	108	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Narrative

Cholesterol Reference Range:
 Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.6	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

TSH-THYROID STIM HORMONE (TSH) - Final result (06/26/2015 9:40 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	2.45	0.46 - 5.56 mIU/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

TSH reference ranges are influenced by a variety of environmental influences, age, gender and ethnicity. The supplied reference limits are based on published values utilizing a similar TSH assay, and should be interpreted with caution.

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (04/07/2015 9:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.0	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

FOOT 3 VIEWS RIGHT (X-RAY FOOT 3 VIEWS RIGHT) - Final result (04/07/2015 9:51 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FOOT 3 VIEWS RIGHT	STUDY: FOOT 3 VIEWS RIGHT 04/07/15 09:51:00			

HISTORY: Pain.

COMPARISON: None.

FINDINGS:

There is no fracture or focal osseous destruction. There is 36 degrees hallux valgus. First metatarsal head osseous bunion is present. Mild first MTP joint space narrowing and spurring is seen. Remaining joint spaces are preserved. Mild pes planus is evident. There is mild focal soft tissue swelling about the dorsal aspect of the midfoot.

IMPRESSION:

Hallux valgus and first metatarsal head bunion.

Mild first MTP degenerative joint disease.

Mild pes planus.

Focal soft tissue swelling at the

dorsum of the midfoot possibly reflecting ganglion cyst formation.

Attending Radiologists: BROOKE BECKETT, MD
Author: PURVAK PATEL, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
BROOKE BECKETT 04/07/2015 10:14 AM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

URINE DRUG SCREEN (MULTIPLE-CLASS),POC - Final result (04/07/2015)

Component	Value	Ref Range	Performed At	Pathologist Signature
(THC) MARIJUANA, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
COCAINE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
OPIATES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
AMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
METHAMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
BENZODIAZEPINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
METHADONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	

OXYCODONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS

Specimen

Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - GABRIEL PARK, POINT OF CARE TESTS	4411 SW VERMONT	PORTLAND, OR	

ACT, POC RESULT - Edited Result - FINAL (03/23/2015 6:09 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
ACT, POC		90 - 150 Seconds	OHSU - MARQUAM HILL, POINT OF CARE TESTS	

Narrative

Erroneously resulted to patient per Elizabeth Hileman, 11B Px Care Unit. davisc

Performed At
OHSU - MARQUAM HILL, POINT OF CARE TESTS

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC (CBC (HEMOGRAM) ONLY) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	6.42	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.49	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	13.4	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	40.9	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	91.1	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	32.8	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	45.1	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	178	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	11.2	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

INR - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	1.01	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Performed At

OHSU LABORATORY
SERVICES, CORE

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES,
CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	100	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	0.93	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	141	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	110	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
ANION GAP	5	mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Performed At

OHSU LABORATORY
SERVICES, CORE

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES,
CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

12 LEAD ECG - Final result (03/20/2015 10:29 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF	

ATRIAL RATE	66	bpm	CARDIOLOGY
P-R INTERVAL	188	ms	OHSU DEPT OF CARDIOLOGY
P AXIS	49	deg	OHSU DEPT OF CARDIOLOGY
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY
QT	384	ms	OHSU DEPT OF CARDIOLOGY
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY
R AXIS	-48	deg	OHSU DEPT OF CARDIOLOGY
T AXIS	-59	deg	OHSU DEPT OF CARDIOLOGY
ECG IMPRESSION	SINUS RHYTHM NONSPECIFIC INTRAVENTRICULAR CONDUCTION DELAY MINIMAL ST DEPRESSION, DIFFUSE LEADS - ABNORMAL ECG - Electronically signed by: BALA,RUPA 03-20-2015 19:55:43		OHSU DEPT OF CARDIOLOGY

Specimen

Narrative

This result has an attachment that is not available.

Performed At

OHSU DEPT OF CARDIOLOGY

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

12 LEAD ECG - Final result (03/20/2015 10:17 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	183	bpm	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	196	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	44	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY	
QT	384	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-59	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-77	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus Rhythm with aberrant conduction NONSPECIFIC INTRAVENTRICULAR CONDUCTION DELAY BORDERLINE R WAVE PROGRESSION,		OHSU DEPT OF CARDIOLOGY	

ANTERIOR LEADS
ST-T wave abnormality
- ABNORMAL ECG -
Electronically signed by: BALA,RUPA
03-20-2015 19:57:10

Specimen

Narrative

This result has an attachment that is not available.

Performed At

OHSU DEPT OF CARDIOLOGY

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC AND AUTO DIFF - Final result (09/29/2014 11:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	8.38	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.73	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.3	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	42.6	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	90.1	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	33.6	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	42.3	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	201	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.7	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL %	66.9	50.0 - 70.0 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE %	20.0	18.0 - 42.0 %	OHSU LABORATORY SERVICES, CORE	
MONOCYTE %	8.0	3.5 - 9.0 %	OHSU LABORATORY SERVICES, CORE	
EOS %	4.3	1.0 - 3.0 %	OHSU LABORATORY SERVICES, CORE	
BASO %	0.6	0.0 - 2.0 %	OHSU LABORATORY SERVICES, CORE	
IG%	0.2	0.0 - 0.6 %	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL #	5.60	1.80 - 7.70 K/cu mm	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE #	1.68	1.00 - 4.80 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MONOCYTE #	0.67	0.10 - 0.90 K/cu mm	OHSU LABORATORY SERVICES, CORE	
EOS #	0.36	0.00 - 0.50 K/cu mm	OHSU LABORATORY SERVICES, CORE	

BASO #	0.05	0.00 - 0.10 K/cu mm	OHSU LABORATORY SERVICES, CORE
IG#	0.02	0.00 - 0.03 K/cu mm	OHSU LABORATORY SERVICES, CORE
Specimen			
Blood - Blood			
Narrative			Performed At
Immature Granulocytes (IG) include metamyelocytes, myelocytes and promyelocytes. Bands are not included in the IG count. Bands are included in the neutrophil count.			OHSU LABORATORY SERVICES, CORE
Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (09/29/2014 11:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	113	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	139	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	56	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	29	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	28	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	57	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen			
Blood - Blood			
Narrative			Performed At
<p>Cholesterol Reference Range: Desirable: <200 mg/dL Borderline High: 200 - 239 mg/dL High: >=240 mg/dL</p> <p>LDL Cholesterol Reference Range: Optimal: <100 mg/dL Near Optimal: 100-129 mg/dL Borderline High: 130-159 mg/dL High: 160-189 mg/dL Very High: >=190 mg/dL</p> <p>non-HDL Cholesterol Reference Range: Optimal: <130 mg/dL Near Optimal: 130-159 mg/dL Borderline High: 160-189 mg/dL High: 190-209 mg/dL Very High: >=210 mg/dL</p> <p>Triglyceride Reference Range: Normal: <150 mg/dL Borderline High: 150-199 mg/dL High: 200-499 mg/dL Very High: >=500 mg/dL</p> <p>HDL Reference Range: High Risk: <40 mg/dL Desirable: >=60 mg/dL</p>			OHSU LABORATORY SERVICES, CORE
Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

FOLATE, SERUM - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FOLATE,SERUM	13.4	>5.8 ng/mL	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	
Specimen				
Blood - Blood				
Narrative				Performed At
Folate Interpretive Comment: Normal: >5.8 ng/mL Indeterminate: 4.0 - 5.8 ng/mL Deficient: <4.0 ng/mL				OHSU LABORATORY SERVICES, SPECIAL IMM + COAG
Performing Organization		Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG		3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

VITAMIN B-12 (VITAMIN B-12, SERUM) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VITAMIN B12	394	190 - 910 pg/ml	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	
Specimen				
Blood - Blood				
Performing Organization		Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG		3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	5.8	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	
Specimen				
Blood - Blood				
Performing Organization		Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG		3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/27/2014 6:14 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	<0.02	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				
Performing Organization		Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE		3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

GC/CHLAMYDIA AMP.DET,UR (GC / CHLAMYDIA AMP.DET, URINE) - Final result (09/27/2014 2:19 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
N.GONORRHOEAE AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	
C.TRACHOMATIS AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	

Specimen

Urine - Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:51 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN TYPE	Blood		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Hand - right		OHSU LABORATORY SERVICES, CORE	
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.		OHSU LABORATORY SERVICES, CORE	
COMMENT(MICRO)			OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

URIC ACID, PLASMA - Final result (09/26/2014 8:50 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
URIC ACID, PLASMA (LAB)	6.6	3.7 - 8.0 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:45 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN TYPE	Blood		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Hand - right		OHSU LABORATORY SERVICES, CORE	
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.		OHSU LABORATORY SERVICES, CORE	
COMMENT(MICRO)			OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (09/26/2014 12:24 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHEST, 2 VIEWS OR STEREO	STUDY: CHEST 2 VIEWS 09/26/14 12:24:00 COMPARISON: 10/27/11 HISTORY: Coronary artery disease. Ischemic cardiomyopathy.			

FINDINGS:

PA and lateral views of the chest demonstrate an AICD/pacemaker to be present as before. Median sternotomy wires are noted. There is no cardiac enlargement, pulmonary edema, pleural effusion, or pneumothorax. No new parenchymal lung opacity is evident.

IMPRESSION:

No acute cardiopulmonary abnormality.

Attending Radiologists: VAZUL GABOR, MD

Author: VAZUL GABOR, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed / VAZUL GABOR 09/26/2014 12:35 PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

CELL COUNT, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WBC SYNOVIAL FLUID	69,975	0 - 200 /cu mm	OHSU LABORATORY SERVICES, CORE	
RBC SYNOVIAL FLUID	2,715	/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SYNOVIAL FLUID, CRYSTALS - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CRYSTALS	Negative	Negative	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BODY F (CULTURE, BODY FLUID) - Final result (09/26/2014 8:16 AM PDT)

Specimen

Fluid

Narrative

Culture Report:
No growth
No anaerobic organisms isolated.

Gram Stain:
No squamous epithelial cells
Many polymorphonuclear cells
No organisms seen

Performed At

KAISER - AIRPORT - PORTLAND

Performing Organization

Address

City/State/Zipcode

Phone Number

KAISER - AIRPORT - PORTLAND

13705 NE Airport Way

Portland, OR 97230

GRAM SMEAR ONLY, STAT - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GRAM STAIN RESULT	No organisms seen	No organisms seen	OHSU LABORATORY SERVICES, CORE	
SMEAR PREPARATION	Direct smear		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Lt elbow		OHSU LABORATORY SERVICES, CORE	

Specimen

Fluid

Narrative

Many WBCs

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES, CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

DIFFERENTIAL, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL(SYN FL)	96	0 - 25 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTES(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
MONOCYTES(SYN FL)	3	%	OHSU LABORATORY SERVICES, CORE	
MACROPHAGES(SYN FL)	1	%	OHSU LABORATORY SERVICES, CORE	
EOSINOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
BASOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
REACTIVE LYMPHS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
SYNOVIAL CELLS	0	%	OHSU LABORATORY SERVICES, CORE	
ATYPICAL CELLS(SYN FL)	0	0.0 %	OHSU LABORATORY SERVICES, CORE	
TOTAL CELLS COUNTED	100		OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES, CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

ELBOW 3 VIEWS LEFT, PORTABLE (X-RAY PORTABLE ELBOW 3 VIEWS LEFT) - Final result (09/26/2014 6:31 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
X-RAY PORTABLE ELBOW 3 VIEWS LEFT	STUDY: PR ELBOW 3 VIEWS LEFT 09/26/14 06:31:00			
	COMPARISON: None.			
	HISTORY: Significant elbow pain. We are asked evaluate for effusion or fracture.			
	FINDINGS:			
	Standard left elbow series demonstrates visualization of the posterior fat pad and splaying of the anterior fat pad indicative of an effusion. There is amorphous increased density noted along the anterolateral aspect of the radiocapitellar joint. This could represent chondrocalcinosis. There is no definite fracture observed on this study although an occult fracture cannot be excluded. Osseous structures are anatomically aligned.			
	IMPRESSION:			
	1. Joint effusion. 2. Amorphous radiocapitellar calcification could indicate chondrocalcinosis. This can be seen with pyrophosphate deposition arthropathy. 3. Occult fracture could not be excluded on the basis of this study.			
	Attending Radiologists: VAZUL GABOR, MD Author: VAZUL GABOR, MD			
	I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.			
	Final/Electronically signed / VAZUL GABOR 09/26/2014 8:52 AM			

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

TROPONIN, POC - Final result (09/26/2014 5:08 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN, POC	0.01	0.0 - 0.49 ng/mL	OHSU - MARQUAM HILL, POINT OF CARE TESTS	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC AND AUTO DIFF - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	11.47	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.81	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.7	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	43.6	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	90.6	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	33.7	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	42.9	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	177	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.9	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL %	70.0	50.0 - 70.0 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE %	18.0	18.0 - 42.0 %	OHSU LABORATORY SERVICES, CORE	
MONOCYTE %	9.2	3.5 - 9.0 %	OHSU LABORATORY SERVICES, CORE	
EOS %	2.1	1.0 - 3.0 %	OHSU LABORATORY SERVICES, CORE	
BASO %	0.3	0.0 - 2.0 %	OHSU LABORATORY SERVICES, CORE	
IG%	0.4	0.0 - 0.6 %	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL #	8.02	1.80 - 7.70 K/cu mm	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE #	2.06	1.00 - 4.80 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MONOCYTE #	1.06	0.10 - 0.90 K/cu mm	OHSU LABORATORY SERVICES, CORE	
EOS #	0.24	0.00 - 0.50 K/cu mm	OHSU LABORATORY SERVICES, CORE	
BASO #	0.04	0.00 - 0.10 K/cu mm	OHSU LABORATORY SERVICES, CORE	
IG#	0.05	0.00 - 0.03 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Immature Granulocytes (IG) include metamyelocytes, myelocytes and promyelocytes. Bands are not included in the IG count. Bands are included in the neutrophil count.

Performed At
OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	116	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	15	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	138	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.4	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.4	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	3.9	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	91	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	25	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	38	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	5	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	5	mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization Address City/State/Zipcode Phone Number

OHSU LABORATORY SERVICES, CORE 3181 SW SAM JACKSON PARK RD PORTLAND, OR 97239

MAGNESIUM, PLASMA - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
MAGNESIUM,PLASMA	1.7	1.8 - 2.5 mg/dL	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				
Performing Organization				
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	Phone Number	

C-REACTIVE PROTEIN - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
C-REACTIVE PROTEIN	<2.9	<10.0 mg/L	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				
Narrative				
New method, new reference range and new reporting units as of 6/4/2014.				Performed At
				OHSU LABORATORY SERVICES, CORE
Performing Organization				
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	Phone Number	

SEDIMENTATION RATE - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SEDIMENTATION RATE	10	0 - 20 mm/hr	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				
Performing Organization				
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	Phone Number	

BB-TUBE-HELD-DONT PROCESS (BLOOD BANK HOLD TUBE - DON'T PROCESS) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN COLLECTED, HELD	Sample received with adeq label/volume to process		OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	
Specimen				
Blood - Blood				
Performing Organization				
OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	Phone Number	

APTT (ACT. PART. THROMBO TIME) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
APTT	27.4	26.0 - 36.0 seconds	OHSU LABORATORY SERVICES, CORE	
Specimen				
Blood - Blood				

APTT Therapeutic Range: (75 - 120) sec
Heparin levels of 0.35 - 0.7 U/mL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SURGICAL PATHOLOGY - Final result (09/26/2014)

Component	Value	Ref Range	Performed At	Pathologist Signature
SURGICAL PATHOLOGY	<p>SOURCE OF SPECIMEN:A Left elbow biopsy #1</p> <p>SOURCE OF SPECIMEN:B Left elbow biopsy #2</p> <p>SOURCE OF SPECIMEN:C Left elbow biopsy #3</p> <p>SOURCE OF SPECIMEN:D Left elbow biopsy #4</p> <p>SOURCE OF SPECIMEN:E Left elbow biopsy #5</p> <p>SOURCE OF SPECIMEN:F Left elbow biopsy #6</p> <p>Final Pathologic Diagnosis:</p> <p>A: Left elbow biopsy #1:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed neutrophils - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>B: Left elbow biopsy #2:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>C: Left elbow biopsy #3:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>D: Left elbow biopsy #4:</p> <ul style="list-style-type: none"> - Fibromuscular connective tissue with no diagnostic abnormality - Negative for malignancy <p>E: Left elbow biopsy #5:</p> <ul style="list-style-type: none"> - synovial tissue with focally dense neutrophils, including microabscess formation, with focal involvement of underlying fibroadipose connective tissue - Negative for malignancy 		OHSU DEPARTMENT OF PATHOLOGY	

F: Left elbow biopsy #6:

- Fibroadipose connective tissue with no diagnostic abnormality
- Negative for malignancy

Case seen by:

John Fortune, M.D./Surgical

Pathology Fellow

David A. Sauer, M.D./Pathologist

T:09/29/14/rd1

Clinical History:

The patient is a 63-year-old male with septic arthritis L.

Gross Description:

Received are 6 specimens fresh in containers labeled with the patient name

(initials MA) and:

A: Left elbow biopsy #1: Received is a single fragment of tan, soft tissue that measures 0.7 x 0.5 x 0.3 cm. The entire specimen is submitted.

B: Left elbow biopsy #2: Received are 2 fragments of tan, soft tissue that measure 0.8 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

C: Left elbow biopsy #3: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

D: Left elbow biopsy #4: Received are 2 fragments of tan, soft tissue that measure 0.8 x 0.5 x 0.3 cm in aggregate. The entire specimen is submitted.

E: Left elbow biopsy #5: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

F: Left elbow biopsy #6: Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.5 x 0.3 cm in aggregate. The entire specimen is submitted.

Cassette Index:

A: Left elbow biopsy #1:

A1

B: Left elbow biopsy #2:

B1

C: Left elbow biopsy #3:

C1

D: Left elbow biopsy #4:

D1

E: Left elbow biopsy #5:

E1
F: Left elbow biopsy #6:
F1
DD:tp

My electronic signature indicates that I have personally reviewed all diagnostic slides, the gross and/or microscopic portion of this report and formulated the final diagnosis.

Rendering Diagnostician: David Sauer M.D.
Pathologist
Electronically Signed 09/30/2014 7:12PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	93	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	143	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.5	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	7.8	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.4	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	100	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	46	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	

AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	9	mmol/L	OHSU LABORATORY SERVICES, CORE
Specimen			
Blood - Blood			
Narrative			Performed At
GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.			OHSU LABORATORY SERVICES, CORE
Estimated GFR Interpretive Information: <60 mL/min/1.73 sq m Chronic Kidney Disease <15 mL/min/1.73 sq m Kidney Failure Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.			
The MDRD equation is not valid in the following situations: - Patients under 18 years of age - Severe malnutrition or obesity - Vegetarian diet - Rapidly changing kidney function New reference range effective 04/16/2013 for Total proteins performed in Core Lab only.			
Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	154	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	232	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	57	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	46	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	103	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen			
Blood - Blood			
Narrative			Performed At
Cholesterol Reference Range: Desirable: <200 mg/dL Borderline High: 200 - 239 mg/dL High: >=240 mg/dL			OHSU LABORATORY SERVICES, CORE
LDL Cholesterol Reference Range: Optimal: <100 mg/dL Near Optimal: 100-129 mg/dL Borderline High: 130-159 mg/dL High: 160-189 mg/dL Very High: >=190 mg/dL			
non-HDL Cholesterol Reference Range: Optimal: <130 mg/dL Near Optimal: 130-159 mg/dL Borderline High: 160-189 mg/dL High: 190-209 mg/dL Very High: >=210 mg/dL			
Triglyceride Reference Range: Normal: <150 mg/dL Borderline High: 150-199 mg/dL High: 200-499 mg/dL Very High: >=500 mg/dL			

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	82	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	139	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.2	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	102	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.6	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	8.3	6.1 - 7.9 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.7	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	71	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	
ALT (SGPT)	44	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE	
ANION GAP(ALB CORRECTED)	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
ANION GAP	11	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
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CHOLESTEROL (LAB)	223	<200 mg/dL	OHSU LABORATORY SERVICES, CORE
TRIGLYCERIDES	510	<150 mg/dL	OHSU LABORATORY SERVICES, CORE
HDL CHOLESTEROL	52	>40 mg/dL	OHSU LABORATORY SERVICES, CORE
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
VLDL CHOLESTEROL, CALCULATED	66	<31 mg/dL	OHSU LABORATORY SERVICES, CORE
NON-HDL CHOLESTEROL	171	<130 mg/dL	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

Performed At

OHSU LABORATORY SERVICES, CORE

Cholesterol Reference Range:

Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
 Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

LDL CHOLEST,MEASURED (LDL CHOLEST,MEASURED, PLASMA) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	105	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Performed At

OHSU LABORATORY SERVICES, CORE

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
 Near Optimal: 100-129 mg/dL
 Borderline High: 130-159 mg/dL
 High: 160-189 mg/dL
 Very High: >=190 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, WOUND (CULTURE, WOUND BACTI & GS) - Final result (10/18/2012 3:13 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SOURCE BODY SITE	Wound		KAISER REGIONAL LAB-MICRO	

CULTURE RESULT

C wound, Super
 Source: Right 5th finger
 Final

KAISER REGIONAL
 LAB-MICRO

GRAM STAIN:
 No squamous epithelial cells
 Many PMN's
 Moderate Gram positive cocci in
 chains

CULTURE RESULT:
 2+ Staphylococcus aureus

ORGANISM:.....Staphylococcus
 aureus
 Cefazolin S
 Clindamycin S
 Erythroycin S
 Oxacillin S
 Penicillin R
 Trimethoprim/Sulfa S
 Tetracycline S
 Vancomycin S

Specimen

Swab - Abscess

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LAB-MICRO	13705 NE Airport Way	Portland, OR 97230	

KNEE 3 VIEWS BILATERAL (X-RAY KNEE 3 VIEWS BILATERAL) - Final result (10/08/2012 3:11 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
KNEE 3 VIEWS BILATERAL	<p>EXAM: KNEE 3 VIEWS BILATERAL</p> <p>INDICATION: One week of left knee pain after increasing physical activity.</p> <p>COMPARISON: None available.</p> <p>FINDINGS: The bony structures are intact without evidence of fracture or focal destruction. The medial, lateral, and patellofemoral joint spaces are maintained bilaterally. Chondrocalcinosis is noted in the medial and lateral compartments of both knees, left greater than right. A small joint effusion is noted in the right knee. No joint effusion is seen in the left knee. There are surgical clips in the medial right leg. The remaining soft tissues of both knees are normal.</p> <p>IMPRESSION:</p> <p>Chondrocalcinosis in both knees may represent CPPD disease.</p> <p>Small right knee joint effusion.</p> <p>No fracture or malalignment.</p>			

Attending Radiologists: Sandra Schmahmann, M.D.
 Author: KYLE JENSEN, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
 Sandra Schmahmann 10/08/2012 16:52
 PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited (08/27/2012 9:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FVC PRE	4.50	4.75 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FVC PRE (%REF)	95	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE	3.31	3.59 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1/FVC PRE	73	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEF25-75% PRE	2.49	2.93 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEF25-75% PRE (%REF)	85	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	

PEF PRE	9.61		9.17 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE (%REF)	105		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	1.53		L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
MVV PRE	140		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.350		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.901		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) PEAK	2.449		2.248 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	109		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) BASE	3.4		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) AT	18.6		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.9		26.4 mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) %REF	91		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY

METS BASE	1.0			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS AT	5.3			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.8			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.295		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.937		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.797		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	0.84			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.02			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.14			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	12.8		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	56.5		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	89.0		111.4 L/min	OHSU SPECIAL DIAGNOSTICS -

VE MAX (L/M) BTPS %REF	80	%	PULMONARY FUNCTION OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	0.642	Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	2.417	Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	3.288	2.376 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L %REF	138	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE BASE	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE AT	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE PEAK	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	73	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	118	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	131	157 BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	83	%	OHSU SPECIAL DIAGNOSTICS

				PULMONARY FUNCTION
O2 PULSE (ML/BEAT) BASE	4.8		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) AT	16.1		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) PEAK	18.7	16.9	mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) %REF	111		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE BASE	129		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE PEAK	151	176	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE %REF	86		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE BASE	95		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE PEAK	101		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	96		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 PEAK	98	95	%	OHSU SPECIAL

VD/VT (EST) BASE	0.31			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) AT	0.13			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) PEAK	0.07		0.18	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) %REF	41		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 BASE	26.6			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 AT	26.6			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 PEAK	26.6		25.9	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 %REF	103		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

PULMONARY INTERPRETATION	ECV2626	CSN# 1021082049 MRN# 06017887 Last Name: ASHLAND First Name: MICHAEL E Birth Date: 07/09/51 Date of Test 08/27/12 Order# 81308492	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
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CardioPulmonary Exercise Test Summary

Spirometry	Predicted	Measured	% Predicted
FVC (L)	4.75	4.50	95
	3.59	3.31	92
		140	
FEV1 (L)			
MVV (L)			

Cardiovascular Responses#####

VO2 (ml/kg/min)

3.4	18.6	23.9	26.4
0.350	1.901	2.449	2.248
0.295	1.937	2.797	
0	0	0	193

VO2 (l/min)

VCO2 (l/min)

Work (watts)

Heart Rate (bpm)

73	118	131	157
4.8	16.1	18.7	16.9

O2 Pulse (ml/beat)

Ventilatory Responses

VE Max (l/min) BTPS

12.8	56.5	89.0	111.4
------	------	------	-------

Tidal Volume (VT) (L)

0.642	2.417	3.288	2.376
20	23	27	
36	36	36	

Respiratory Rate (RR)

<50

Breathing Reserve (%)

20-40

Gas-Exchange Responses

End Tidal CO2 (Peak PetCO2)

32.5	38.5	34.6	
111.2	109.0	115.8	

End Tidal O2 (Peak PetO2)

VD/VT (Est) @ Rest

0.31

VD/VT (Est) Peak

0.07	0.18
1.14	

Respiratory Quotient (RQ)

1.1-1.3

SpO2 (O2 Sat--Pulse Ox)

96	98	98	95
----	----	----	----

General Exercise Information

METS

6.8

Test Times

3.9 Min

22.3 Min

25.0 Min

(subtract Base from Peak to get total exercise time)

#####

Gas Cal:-Cal1 O2

Cal 1 CO2

Cal 2 O2

Cal 2 #####

Predicted

16.00

4.00

26.00

0.00

Measured

16.02

4.01

26.04

0.00

20.98

0.05

Transit (msec)

0.583

0.469

Response (msec)

0.113

0.090

-#####

Height(in): 70 #####

Are you short of breath at Rest: Yes

#####

Do you cough 4 days a week or more: No

#####

Smoker: No

pk/yrs

Quit: No

How Long:

Occ Exposure: Asbestos Fibers

Scan to PL3305

Version: IVS-0101-21-2A

Page

2

CardioPulmonary Exercise Graphs: 9-Plot

Name: ASHLAND, MICHAEL E

ID: 06017887

#####

#####

Measurement (peak)#####

	2.248	2.449
	193	0
	157	131
	16.9	18.7
		1.14
		36

VO2 (l/min)		1,3
work Rate (Watts)		3
HR (bpm)		2
O2 Pulse (ml/beat)		5
Respiratory Quotient (RQ)	1.1-1.3	8
VE Max (l/min) BTPS		
	111.4	89.0
		80

1,7

Breathing Reserve (%)	20-40	1.7
AT (l/min)		
		1.901

0.899		1,5,6,9
Slope Calculations		(Normal Range)
VO2/work (ml/min/watt)		
	10.3	
	3.8	2.9
	27.5	28.4
	25.9	26.6

8.7-11.9		3
HR/VO2kg (bpm/ml/kg)	3.0-4.0	2,5
VE/VO2 (L BTPS/L STPD)	23-26	1,6
VE/VCO2 (L BTPS/L STPD)	26-29	3

Page 3

Name: ASHLAND, MICHAEL E
 ID: 06017887
 CardioPulmonary Exercise Test Results
 Physician: GELOW, JILL M
 Anaerobic Threshold Profile

Expected Range

% Actual
 78

Peak VO2 40-60%

#####

% Predicted
 85

Max VO2	40-60%
MEASUREMENT	VALUE

@ AT

METABOLIC

Work	Watts	0
VO2/kg	mL/kg/min	18.6
VO2	L/min	1.901
VCO2	L/min	1.937
RQ		1.02
VE(BTPS)	L/min	56.5
RR	BPM	23
Vt	Liters	2.417

VENTILATORY GAS-EXCHANGE

VEO2 30

VECO2		29
PetO2	mmHg	109.0
PetCO2	mmHg	38.5
HR	BPM	118
HR %Max	%	75
O2 Pulse	mL/Beat	16.1

CARDIOVASCULAR

Name: ASHLAND, MICHAEL E

ID: 06017887

CardioPulmonary Exercise Test Results

#####

Exercise Narrative/Interpretation

COMMENTS:

The patient was able to produce acceptable and reproducible spirometry data. Patient's Internal Cardiac Device was interrogated with no changes made to the device. Resting baseline data was obtained while patient was seated for a total of 3 minutes. Patient was then escorted to the treadmill. Patient warmed up for 3 minutes on 0% grade at 1 MPH. Patient exercised for a total of 18 minutes and 16 seconds using the Heart Action Protocol. Patient stopped exercise due to leg fatigue. Patient's maximum RPE was 8 very severe. Patient's resting heart rate was 77 and resting blood pressure was 137/90. Patient's resting rhythm was sinus with frequent pvc's. Patient's peak heart rate was 133, which represents 83% of MHR. The peak blood pressure was 151/101 and maximum blood pressure occurred 2 minutes 43 seconds into recovery and was 170/87. Blood pressure was checked manually and was same as automatic blood pressure reading.

DISCUSSION:

MICHAEL E ASHLAND, a 61 year old male with ischemic cardiomyopathy, was referred to this laboratory for evaluation on 08/27/12. Procedure: Cardiopulmonary exercise test Procedure Description: Mr. Ashland exercised on a treadmill for 18 minutes and 16 seconds using a Heart Action Protocol. Anaerobic threshold was reached. He stopped exercising due to leg fatigue. No complications occurred during the test. Mr. Ashland was discharged from the stress lab in stable condition. Findings: Mr. Ashland had a resting heart rate of 77 beats per minute. His heart rate increased with exercise to 133 beats per minute which represents 83% of the maximal age-predicted heart rate. His resting blood pressure was 137/90. His blood pressure with peak exercise was 151/101 and his maximum blood pressure was 170/87 two minutes and 43 seconds into recover. His resting oxygen saturation was 96% and his oxygen saturation with peak exercise was 98%. His baseline ECG showed sinus rhythm with frequent premature ventricular contractions. ECG interpretation with exercise was limited by artifact but there was likely 1-2 mm ST depression in V4-V6. 1. The peak VO2 was 23.9 ml/kg/min, which is 91% of the predicted VO2. 2. The peak VO2 in l/m was 2.449, which was 109% of the predicted VO2. 3. The VO2 at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO2. 4. The oxygen pulse was 18.7 ml/beat, which is normal. 5. The breathing reserve was 36%, which is normal. 6. Respiratory quotient was 1.14. 7. VE/VCO2 slope was 26.6. 8. FEV1 was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted). Conclusions: 1. No significant circulatory or ventilatory impairment. 2. Hypertension with exercise. 3. Interpretation of ECG with exercise limited due to artifact.

Name: ASHLAND, MICHAEL E

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239-3098	

LDL CHOLEST,MEAS-REFLEX - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	115	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Narrative

Performed At

New reference ranges for ALT, Amylase, Total CO2, GGT, Lipase and Sodium effective 08/14/12

OHSU DEPARTMENT OF PATHOLOGY

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

DIFFERENTIAL - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL %	59	50 - 70 %	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE %	29	18 - 42 %	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE %	9	2 - 8 %	OHSU DEPARTMENT OF PATHOLOGY	
EOS %	3	1 - 3 %	OHSU DEPARTMENT OF PATHOLOGY	
BASO %	1	<3 %	OHSU DEPARTMENT OF PATHOLOGY	
NEUTROPHIL #	3.7	1.8 - 7.7 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE #	1.8	1.0 - 4.8 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE #	0.6	<0.9 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
EOS #	0.2	<0.6 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
BASO #	0.1	<0.2	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPOPROTEIN (A) (LIPOPROTEIN (A), SERUM) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LIPOPROTEIN (A)	7	<31 mg/dL	ARUP-ASSOC REG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
ARUP-ASSOC REG UNIV PTH - INTFC	500 CHIPETA WAY	SALT LAKE CITY, UT 84108	

PSA, TOTAL, SCREENING (PSA TOTAL, SCREENING, SERUM) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
PSA,TOTAL,SCREENING	0.68	<4.51 ng/mL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

Performed At

KAISER REGIONAL LABORATORY

AGE-ADJUSTED TOTAL PSA NORMAL VALUES

AGE (YEARS)	NORMAL VALUE (ng/mL)
49 or Less	Less than or equal to 2.50
50-59	Less than or equal to 3.50
60-69	Less than or equal to 4.50
70 or Greater	Less than or equal to 6.50

The determination that this age-adjusted PSA is either normal or abnormal is valid only if this patient has never been treated for prostate cancer and is not on any medication that would change the PSA value. Clinical correlation is strongly recommended.

This PSA assay was performed using a chemiluminescent immunoassay method.

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	99	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.15	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.7	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.2	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	64	56 - 119 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	24	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	142	136 - 145 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	4.0	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA	107	97 - 108 mmol/L	OHSU DEPARTMENT	

(LAB)			OF PATHOLOGY
TOTAL CO2, PLASMA (LAB)	24	21 - 32 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ALT (SGPT)	41	12 - 60 U/L	OHSU DEPARTMENT OF PATHOLOGY
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
ANION GAP	11	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ANION GAP(ALB CORRECTED)	10	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY

Specimen

Blood - Blood

Narrative

New reference ranges for ALT, Amylase, Total CO2, GGT, Lipase and Sodium effective 08/14/12

Performed At

OHSU DEPARTMENT OF PATHOLOGY

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

C-REACTIVE PROTEIN (C-REACT PRTN (FOR INFLAMMATION)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
C-REACTIVE PROTEIN	< 0.5	<0.6 mg/dl	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport way
Portland, OR 97230

Performed At

KAISER REGIONAL LABORATORY

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

FREE T4, SERUM - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FREE T4, SERUM	1.0	0.6 - 1.2 ng/dL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performed At

KAISER REGIONAL LABORATORY

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

TSH-THYROID STIM HORMONE (TSH) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.74	0.34 - 5.60 uIU/ml	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

Performed At

KAISER REGIONAL LABORATORY

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performing Organization

Address

City/State/Zipcode

Phone Number

KAISER REGIONAL LABORATORY

13705 NE Airport Way

Portland, OR 97230

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	248	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	529	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	46	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	202	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	87	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Narrative

Performed At

OHSU DEPARTMENT OF PATHOLOGY

New reference ranges for ALT, Amylase, Total CO2, GGT, Lipase and Sodium effective 08/14/12

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPARTMENT OF PATHOLOGY

3181 SW SAM JACKSON PARK RD

Portland, OR 97239

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (08/15/2012 9:25 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.0	<5.7 %	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

Performed At

KAISER REGIONAL LABORATORY

HbA1c Interpretive Information

If you are screening for diabetes:

<5.7 Non-diabetic

5.7-6.4 Prediabetes

>6.4 Diabetes, if confirmed

For monitoring of diabetes control:

<7.0 Usual goal of treatment; low risk for complications

7.0-8.0 Some increased risk for long-term complications

>8.0 Higher risk of complications; strongly consider intensifying therapy

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport Way
Portland, OR 97230

Performing Organization

Address

City/State/Zipcode

Phone Number

KAISER REGIONAL LABORATORY

13705 NE Airport Way

Portland, OR 97230

INR - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
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INR

0.97

0.90 - 1.20 INR

OHSU DEPARTMENT
OF PATHOLOGY

Specimen

Blood - Blood

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPARTMENT OF
PATHOLOGY

3181 SW SAM JACKSON PARK RD

Portland, OR 97239

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	92	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.00	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	136	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	23	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	7	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU DEPARTMENT OF
PATHOLOGY

3181 SW SAM JACKSON PARK RD

Portland, OR 97239

DIFFERENTIAL - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL %	70	50 - 70 %	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE %	20	18 - 42 %	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE %	8	2 - 8 %	OHSU DEPARTMENT OF PATHOLOGY	
EOS %	2	1 - 3 %	OHSU DEPARTMENT OF PATHOLOGY	
BASO %	0	<3 %	OHSU DEPARTMENT OF PATHOLOGY	
NEUTROPHIL #	5.4	1.8 - 7.7 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
LYMPHOCYTE #	1.5	1.0 - 4.8 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
MONOCYTE #	0.6	<0.9 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
EOS #	0.1	<0.6 K/cu mm	OHSU DEPARTMENT OF PATHOLOGY	
BASO #	0.0	<0.2	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization

Address

City/State/Zipcode

Phone Number

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	83	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.09	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.3	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.9	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.8	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	63	56 - 119 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	23	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	104	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	27	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ALT (SGPT)	30	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY	
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	9	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

FERRITIN (FERRITIN, SERUM) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FERRITIN	152	18 - 460 ng/mL	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative	Performed At
RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, OR 97230	KAISER REGIONAL LABORATORY

Performing Organization	Address	City/State/Zipcode	Phone Number

TSH-THYROID STIM HORMONE (TSH) - Final result (05/09/2012 2:38 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.45	0.34 - 5.60 uIU/ml	KAISER REGIONAL LABORATORY	

Specimen

Blood - Blood

Narrative

RLB (Airport Way Lab)
Kaiser Permanente NW
13705 NE Airport way
Portland, OR 97230

Performed At
KAISER REGIONAL
LABORATORY

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (10/27/2011 6:41 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHEST, 2 VIEWS OR STEREO	CHEST 2 VIEWS, 10/27/11 06:41:00			

COMPARISON: 10/26/11

HISTORY: confirm lead placement

FINDINGS:

The A ICD lead tips project in the distal right ventricle. No pneumothorax. The median sternotomy wires are intact. No focal consolidations or effusions. The cardiomediastinal silhouette is again mildly enlarged. IMPRESSION: ICD lead tips projecting in the right ventricle.

Attending Radiologists: Mark David Kettler, M.D.

Author: Zachariah Kramer, M.D.

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
Mark David Kettler 10/27/2011 13:34
PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

INR - Final result (10/26/2011 10:54 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
-----------	-------	-----------	--------------	-----------------------

INR 1.04

0.90 - 1.20 INR

OHSU DEPARTMENT OF PATHOLOGY

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	69	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	110	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	21	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.21	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.0	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.5	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	67	53 - 128 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	21	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	141	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	105	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	28	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ALT (SGPT)	26	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY	
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	8	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/13/2011 8:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	163	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	317	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	39	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	124	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	55	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	94	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	104	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	12	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.1	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.4	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.9	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	64	53 - 128 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	30	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.6	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	104	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

TOTAL CO2, PLASMA (LAB)	25	23 - 31 mmol/L	OHSU DEPARTMENT OF PATHOLOGY
ALT (SGPT)	35	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	221	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	405	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	170	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	76	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

HOMOCYSTEINE, PLASMA, TOTAL (HOMOCYSTEINE TOTAL, PLASMA) - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HOMOCYSTEINE,PLASMA,TOTAL	12.2	4.0 - 12.0 umol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

METHYLMALONIC ACID, SERUM - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
METHYLMALONIC ACID	0.12	<0.41 umol/L		

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LDL CHOLEST,MEAS-REFLEX - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	89	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	2.27	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	230	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	471	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	47	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	183	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	94	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

CARDIAC CATH - Final result (04/16/2009 12:00 AM PDT)

Narrative	Performed At
01006084377CV1058E 04/16/200904/16/2009 5476586 06017887 ASHLAND MICHAEL E 048747	04/16/2009

Patient Name: ASHLAND, Michael E.

Patient Data: Height 183 cm
Weight 98.90 kg
BSA 2.20 m2

Date of Procedure: April 16, 2009

MRN: 06-01-78-87

DOB: 07-09-1951

Physician: Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Celia K. Dervan, M.D.
Fellow
Division of Cardiovascular Medicine

Referring Physician: Rami Alharethi, M.D.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Primary Physician: Charles T. White, Jr., M.D.

CONCLUSIONS:

1. Normal filling pressures, normal pulmonary artery pressure, and normal cardiac index.
2. Coronary artery disease with occluded mid left anterior descending coronary artery, occluded first obtuse marginal branch, severe proximal disease in the second obtuse marginal branch, a 50% mid right coronary artery stenosis, and a 60% right-sided posterior descending artery stenosis.
3. Left internal mammary artery to left anterior descending coronary artery is patent. There is a 30% stenosis at the anastomotic site with the left anterior descending. There are serial severe stenoses of 80% in the mid left anterior descending after a diagonal branch and before the anastomosis with the left internal mammary artery.
4. Vein graft to second obtuse marginal branch is patent.

INDICATIONS FOR PROCEDURE:

1. Shortness of breath.
2. Known ischemic cardiomyopathy.

PROCEDURES PERFORMED:

1. Coronary angiography.
2. Graft angiography.
3. Right heart catheterization.
4. Left heart catheterization.

COMPLICATIONS:

None.

CLINICAL BRIEF:

Mr. Ashland is a 57-year-old male with known ischemic cardiomyopathy, with previous coronary artery bypass grafting with a left internal mammary artery to his left anterior descending coronary artery and a vein graft to his obtuse marginal branch, with complaints of worsening shortness of breath.

PROCEDURE:

After obtaining informed consent, the patient was brought to the catheterization laboratory and prepped and draped in the usual sterile manner. A 5 Fr sheath was placed in his right femoral artery, and an 8 Fr sheath was placed into the right femoral vein. A 7 Fr Swan-Ganz catheter was used to insert into the right atrium, then the right ventricle, then pulmonary artery position, and pressures were recorded. Thermodilution cardiac output was performed, and

pulmonary artery and femoral artery saturations obtained. A 5 Fr Judkins left 4 catheter was used to selectively engage the left coronary artery, and selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was then used to selectively engage the right coronary artery. In the process of this, the left ventricle was entered and left ventricular pressure recorded. Once the right coronary artery was cannulated selective cinearteriography was then performed. A 5 Fr Judkins right 4 catheter was used to engage the left subclavian artery, and then this was exchanged over a wire for a 5 Fr IMA catheter, which was used to selectively engage the left internal mammary artery. A 5 Fr LCB catheter was used to selectively engage the vein graft to the obtuse marginal branch.

CONTRAST: Visipaque 105 mL
FLUOROSCOPY TIME: 15.20 minutes
FLUOROSCOPY DAP: 11,045 cGy cm²

MEDICATIONS: Fentanyl 100 mcg IV
Heparin 1,500 units IV
Versed 3 mg IV

HEMODYNAMIC DATA:

PRESSURES

RA a 8 v 7 m 5
RV 24/1 mmHg
RV, end-diastolic 6 mmHg
PA 21/9 mmHg m 15
PCWP a 7 v 6 m 5
LV 89/3 mmHg
LV, end-diastolic 9 mmHg
Aorta 95/60 mmHg m 76

HEART RATE 70 beats per minute

CARDIAC OUTPUT

Fick 5.40 L/min
Thermodilution 5.60 L/min

CARDIAC INDEX

Fick 2.40 L/min/m²
Thermodilution 2.66 L/min/m²

SATURATIONS

PA 70.4%
FA 98.4%

RESISTANCES

PVR 1.9 Wood units
SVR 1,056 dyne.sec.cm⁻⁵

CORONARY ANGIOGRAPHY:

The left main coronary artery is a moderate caliber vessel that gives rise to the left anterior descending and left circumflex coronary arteries. It is angiographically free of disease.

The left anterior descending coronary artery gives rise to a moderate caliber diagonal branch and then is immediately occluded.

The left circumflex coronary artery is moderate in its proximal portion and then becomes small in caliber. It gives rise to an occluded first obtuse marginal branch, a second obtuse marginal branch, and a small third obtuse marginal branch as it courses in the atrioventricular groove. The

second obtuse marginal branch has a long area proximally of severe disease and then biphasic flow can be seen.

The right coronary artery is a moderate caliber vessel that is dominant and gives rise to the posterior descending artery. It has a 50% stenosis in its mid portion and a 60% stenosis in the posterior descending artery. It also gives rise to three small posterolateral arteries. Otherwise, there is mild disease in the right coronary artery.

GRAFT ANGIOGRAPHY:

Left internal mammary artery to left anterior descending coronary artery: Patent. There is a 30% stenosis in the left internal mammary artery just at its anastomotic site with the mid left anterior descending. There is antegrade flow seen in the mid and apical left anterior descending, which contains mild disease only. There is retrograde flow up into the mid left anterior descending, which also fills a diagonal branch and then becomes occluded. There are two serial severe stenoses of about 80% in the mid left anterior descending distal to the diagonal branch and proximal to the anastomotic site with the left internal mammary artery.

The vein graft to the second obtuse marginal branch is patent. It contains mild diffuse disease. Antegrade flow is seen in the second obtuse marginal branch, which contains mild diffuse disease. Retrograde flow up the second obtuse marginal branch filling the distal circumflex and third obtuse marginal branch is seen. Severe disease is seen in the proximal second obtuse marginal branch.

DISPOSITION:

Follow up with Dr. Alharethi.

Celia K. Dervan, M.D.
Fellow
Division of Cardiovascular Medicine

ATTENDING SURGEON'S ATTESTATION:

Pursuant to Federal Medicare Requirements, I certify that Saurabh Gupta, M.D., F.A.C.C. was present for the entire procedure and generated this report.

Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

cc:

Procedure Note

Gupta, Saurabh, MD - 04/16/2009 12:00 AM PDT

01006084377CV1058E 04/16/200904/16/2009 04/16/2009 5476586
06017887 ASHLAND MICHAEL E 048747

Patient Name: ASHLAND, Michael E.

Patient Data: Height 183 cm
Weight 98.90 kg
BSA 2.20 m2

Date of Procedure: April 16, 2009

MRN: 06-01-78-87

DOB: 07-09-1951

Physician: Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Celia K. Dervan, M.D.
Fellow
Division of Cardiovascular Medicine

Referring Physician: Rami Alharethi, M.D.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

Primary Physician: Charles T. White, Jr., M.D.

CONCLUSIONS:

1. Normal filling pressures, normal pulmonary artery pressure, and normal cardiac index.
2. Coronary artery disease with occluded mid left anterior descending coronary artery, occluded first obtuse marginal branch, severe proximal disease in the second obtuse marginal branch, a 50% mid right coronary artery stenosis, and a 60% right-sided posterior descending artery stenosis.
3. Left internal mammary artery to left anterior descending coronary artery is patent. There is a 30% stenosis at the anastomotic site with the left anterior descending. There are serial severe stenoses of 80% in the mid left anterior descending after a diagonal branch and before the anastomosis with the left internal mammary artery.
4. Vein graft to second obtuse marginal branch is patent.

INDICATIONS FOR PROCEDURE:

1. Shortness of breath.
2. Known ischemic cardiomyopathy.

PROCEDURES PERFORMED:

1. Coronary angiography.
2. Graft angiography.
3. Right heart catheterization.
4. Left heart catheterization.

COMPLICATIONS:

None.

CLINICAL BRIEF:

Mr. Ashland is a 57-year-old male with known ischemic cardiomyopathy, with previous coronary artery bypass grafting with a left internal mammary artery to his left anterior descending coronary artery and a vein graft to his obtuse marginal branch, with complaints of worsening shortness of breath.

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FLUOROSCOPY TIME: 15.20 minutes

FLUOROSCOPY DAP: 11,045 cGy cm²

MEDICATIONS: Fentanyl 100 mcg IV

Heparin 1,500 units IV

Versed 3 mg IV

HEMODYNAMIC DATA:

PRESSURES

RA a 8 v 7 m 5

RV 24/1 mmHg

RV, end-diastolic 6 mmHg

PA 21/9 mmHg m 15

PCWP a 7 v 6 m 5

LV 89/3 mmHg

LV, end-diastolic 9 mmHg

Aorta 95/60 mmHg m 76

HEART RATE 70 beats per minute

CARDIAC OUTPUT

Fick 5.40 L/min

Thermodilution 5.60 L/min

CARDIAC INDEX

Fick 2.40 L/min/m²

SATURATIONS

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FA 98.4%

RESISTANCES

PVR 1.9 Wood units

SVR 1,056 dyne.sec.cm⁻⁵

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The left circumflex coronary artery is moderate in its proximal portion and then becomes small in caliber. It gives rise to an occluded first obtuse marginal branch, a second obtuse marginal branch, and a small third obtuse marginal branch as it courses in the atrioventricular groove. The second obtuse marginal branch has a long area proximally of severe disease and then biphasic flow can be seen.

The right coronary artery is a moderate caliber vessel that is dominant and gives rise to the posterior descending artery. It has a 50% stenosis in its mid portion and a 60% stenosis in the posterior descending artery. It also gives rise to three small posterolateral arteries. Otherwise, there is mild disease in the right coronary artery.

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The vein graft to the second obtuse marginal branch is patent. It contains mild diffuse disease. Antegrade flow is seen in the second obtuse marginal branch, which contains mild diffuse disease. Retrograde flow up the second obtuse marginal branch filling the distal circumflex and third obtuse marginal branch is seen. Severe disease is seen in the proximal second obtuse marginal branch.

DISPOSITION:

Follow up with Dr. Alharethi.

Celia K. Dervan, M.D.

Fellow

Division of Cardiovascular Medicine

ATTENDING SURGEON'S ATTESTATION:

Pursuant to Federal Medicare Requirements, I certify that Saurabh Gupta, M.D., F.A.C.C. was present for the entire procedure and generated this

report.

Saurabh Gupta, M.D., F.A.C.C.
Assistant Professor, Medicine
Division of Cardiovascular Medicine

SG/ljp
D: 04/17/2009
T: 04/18/2009 12:16 P
004455121

cc:

B-NATRIURETIC PEPTIDE (B-NATRIURETIC PEPTIDE, BLOOD) - Final result (02/13/2009 10:29 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
B NATRIURETIC PEPTIDE	32	<101 pg/mL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR (PT), POC - Final result (02/13/2009)

Component	Value	Ref Range	Performed At	Pathologist Signature
PROTHROMBIN TIME (INR), POC	1.3		OHSU-POINT OF CARE TESTS	

Specimen

Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	
OHSU-POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97201-3098	

NM MYOCARD PERFUSION (SPECT) MULTIPLE STUDIES WITH EXERCISE (NM MYOCARDIAL PERFUSION (SPECT) MULTIPLE STUDIES WITH EXERCISE) - Final result (04/15/2008 11:28 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NM MYOCARD PRF ECT S/RST EXER	Nuclear Medicine EXERCISE MYOCARDIAL PERFUSION STUDY HISTORY: Chest pain			

TECHNIQUE: First, for the rest portion, 10.1 mCi of Tc99m Sestamibi was injected and gated SPECT imaging acquired.

The stress portion was performed under nursing supervision and vital signs monitored throughout. The patient exercised under the Standard Bruce protocol and achieved a maximum heart rate of 142, which is 86 percent of predicted. At peak exercise, 29 mCi of Tc99m Sestamibi was injected intravenously and SPECT imaging acquired.

FINDINGS: A moderate sized fixed perfusion defect involving anterolateral/apical walls noted with a small amount of reversibility noted at the anteroapical portion of the defect LVEF 39%.

IMPRESSION:

1. Moderate sized fixed perfusion defect involving anterolateral/apical walls with a small amount of reversibility noted at the anteroapical aspect of the defect
2. LVEF 39%.

Study was reviewed with Dr. Sanjiv Kaul.

I have personally viewed this procedure/exam and reviewed this report.

STATUS FINAL / Dr. STEVENS JEFFREY
STATUS PENDING FINAL APPROVAL / Dr. PRIEST A. RYAN

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

TROPONIN I (TROPONIN I, PLASMA) - Final result (04/15/2008 10:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	0.02	<0.50 ng/mL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR (PROTHROMBIN TIME, BLOOD) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	2.11	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	90	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	18	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.2	0.7 - 1.3 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	136 - 145 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	4.0	3.5 - 5.1 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	105	98 - 107 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	29	23 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.5	8.5 - 10.5 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

FREE T4, SERUM - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FREE T4, SERUM	1.0	0.6 - 1.6 ng/dL		

Specimen

Narrative	Performed At
Reference Range change effective 10/22/07 RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, or 97230	

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

TSH-THYROID STIM HORMONE (THYROID STIM HORMONE, SERUM) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TSH	1.20	0.34 - 5.60 uIU/ml		

Specimen

Narrative	Performed At
Reference range change effective 10/22/07 RLB (Airport Way Lab) Kaiser Permanente NW 13705 NE Airport way Portland, or 97230	

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LABORATORY	13705 NE Airport Way	Portland, OR 97230	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (04/15/2008 5:05 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	189	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	411	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	39	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	65	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

NM CARDIAC BLOOD POOL IMAGING GATED 1ST PASS - Final result (04/14/2008 2:33 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NM CARD BLD POOL GTD 1ST PASS	<p>FIRST PASS / RESTING RADIONUCLIDE CARDIAC VENTRICULOGRAM (RVG) 04/14/08 15:49:00 INDICATION: Heart failure COMPARISON: none available PROCEDURE: An aliquot of the patient's red blood cells was tagged with radioactive tracer using the in vitro method. 24.8 millicuries of tagged RBCs were injected and gated first pass images acquired. Subsequent gated blood pool RVG images were acquired in LAO and anterior projections. FINDINGS: Left Ventricle Ejection Fraction = 34 %. (Normal > 55 %) LEFT VENTRICULAR REGIONAL WALL MOTION is hypokinetic in the septal, anterolateral, and posterolateral walls. RIGHT Ventricle Ejection Fraction by Gated First Pass = 52 %. (Normal > 45 %) IMPRESSION: 1. LEFT Ventricular Ejection Fraction of 34%. 2. RIGHT Ventricular Ejection Fraction of 52%. I have personally viewed this procedure/exam and reviewed this report. STATUS FINAL / Dr. STEVENS JEFFREY STATUS PENDING FINAL APPROVAL / Dr. PRIEST A. RYAN STATUS PENDING FINAL APPROVAL / Dr. PRIEST A. RYAN STATUS PRELIMINARY - UNSIGNED / Dr. PRIEST A. RYAN</p>			

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

Visit Diagnoses - as of 02/07/2020

Diagnosis	Start Date
Ischemic cardiomyopathy	6/8/2006
CAD (coronary artery disease)	6/8/2006
Chest pain	6/8/2006
Atrial tachycardia (HCC)	6/8/2006
Chronic systolic heart failure (HCC)	6/29/2006
Automatic implantable cardiac defibrillator in situ	6/29/2006
Ischemic cardiomyopathy	6/29/2006
Hypercholesteremia	6/29/2006
Ischemic cardiomyopathy	7/10/2006
Chest pain	7/10/2006
Ischemic cardiomyopathy	8/21/2006
CAD (coronary artery disease)	8/21/2006
Chest pain	8/21/2006
Atrial tachycardia (HCC)	8/21/2006
CAD (coronary artery disease)	9/21/2006
Chronic systolic heart failure (HCC)	9/21/2006
Automatic implantable cardiac defibrillator in situ	9/21/2006
Ischemic cardiomyopathy	9/21/2006
CAD (coronary artery disease)	9/21/2006
Chest pain	9/21/2006
Atrial tachycardia (HCC)	9/21/2006
Chronic systolic heart failure (HCC)	11/9/2006
Dyslipidemia	11/9/2006
Need for prophylactic vaccination and inoculation against influenza	11/9/2006
CAD (coronary artery disease)	12/11/2006
Ischemic cardiomyopathy	12/11/2006
Chronic systolic heart failure (HCC)	12/11/2006
CAD (coronary artery disease)	2/8/2007
Automatic implantable cardiac defibrillator in situ	2/8/2007
Chronic systolic heart failure (HCC)	2/8/2007
Ischemic cardiomyopathy	2/8/2007
CAD (coronary artery disease)	2/8/2007
VT (ventricular tachycardia) (HCC)	2/8/2007
Atrial flutter (HCC)	2/8/2007
Chest pain	4/26/2007
Ischemic cardiomyopathy	4/26/2007
Chronic systolic heart failure (HCC)	4/26/2007
Chronic systolic heart failure (HCC)	5/17/2007
Atrial tachycardia (HCC)	5/17/2007
Automatic implantable cardiac defibrillator in situ	5/17/2007
Chest pressure	8/20/2007
CAD (coronary artery disease)	8/20/2007
Chronic systolic heart failure (HCC)	8/20/2007
Chronic systolic heart failure (HCC)	8/20/2007
Automatic implantable cardiac defibrillator in situ	8/20/2007
Chronic systolic heart failure (HCC)	10/26/2007
Automatic implantable cardiac defibrillator in situ	10/26/2007
Chest pain	11/29/2007
Ischemic cardiomyopathy	11/29/2007
Ventricular tachycardia (paroxysmal) (HCC)	11/30/2007
Chronic systolic heart failure (HCC)	11/30/2007
Chronic systolic heart failure (HCC)	2/20/2008

Arrhythmia	3/27/2008
Ischemic cardiomyopathy	3/27/2008
Preventative health care	3/27/2008
Chest pain	4/3/2008
Ischemic cardiomyopathy	4/3/2008
Atrial tachycardia (HCC)	4/24/2008
Chronic systolic heart failure (HCC)	4/24/2008
CAD (coronary artery disease)	4/24/2008
Chest pain	4/24/2008
Chronic systolic heart failure (HCC)	5/8/2008
Atrial tachycardia (HCC)	5/8/2008
Automatic implantable cardiac defibrillator in situ	6/25/2008
Atrial tachycardia (HCC)	6/25/2008
Atrial tachycardia (HCC)	7/24/2008
Chronic systolic heart failure (HCC)	9/9/2008
Atrial tachycardia (HCC)	9/9/2008
Chronic low back pain	9/9/2008
Chronic systolic heart failure (HCC)	9/9/2008
Atrial tachycardia (HCC)	9/9/2008
Actinic keratosis	9/9/2008
Exertional dyspnea	9/9/2008
Chronic systolic heart failure (HCC)	9/18/2008
Dyspnea	9/18/2008
Chronic systolic heart failure (HCC)	9/18/2008
CAD (coronary artery disease)	9/18/2008
Chest pain	9/18/2008
Chronic cough	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Chronic systolic heart failure (HCC)	10/14/2008
Chronic systolic heart failure (HCC)	11/21/2008
Ischemic cardiomyopathy	11/21/2008
Atrial tachycardia (HCC)	11/21/2008
Chronic systolic heart failure (HCC)	1/5/2009
CAD (coronary artery disease)	1/5/2009
Atrial tachycardia (HCC)	1/5/2009
Chronic systolic heart failure (HCC)	1/5/2009
Automatic implantable cardiac defibrillator in situ	1/5/2009
Atrial tachycardia (HCC)	1/15/2009
CAD (coronary artery disease)	2/9/2009
DVT	2/9/2009
Atrial tachycardia (HCC)	2/10/2009
Leg swelling	2/10/2009
Atrial tachycardia (HCC)	2/13/2009
Chronic systolic heart failure (HCC)	2/13/2009
Edema leg	2/13/2009
Chronic systolic heart failure (HCC)	4/6/2009
CAD (coronary artery disease)	4/6/2009
Chest pain	4/6/2009
Chronic systolic heart failure (HCC)	4/6/2009
Automatic implantable cardiac defibrillator in situ	4/6/2009
Chronic systolic heart failure (HCC)	4/23/2009
Ischemic cardiomyopathy	4/23/2009
Atrial tachycardia (HCC)	4/23/2009
Chronic systolic heart failure (HCC)	4/30/2009
Chronic low back pain	6/23/2009
Hypercholesteremia	6/23/2009
Chronic systolic heart failure (HCC)	6/23/2009
Peripheral vascular disease with claudication (HCC)	6/23/2009

Seborrhea	6/23/2009
CAD (coronary artery disease)	6/26/2009
Ischemic cardiomyopathy	6/26/2009
Chronic systolic heart failure (HCC)	6/26/2009
Automatic implantable cardiac defibrillator in situ	6/26/2009
DOE (dyspnea on exertion)	7/13/2009
Dyspnea on exertion	7/13/2009
Neuropathy	7/13/2009
Ischemic cardiomyopathy	7/17/2009
Chronic systolic heart failure (HCC)	8/4/2009
Ischemic cardiomyopathy	8/4/2009
Coronary atherosclerosis of native coronary artery	8/4/2009
Neuropathy	9/9/2009
Sensation disorder	9/24/2009
Neuropathy	10/1/2009
Carpal tunnel syndrome	10/6/2009
Sensation disorder	10/6/2009
Pain	10/6/2009
Need for immunization against influenza	10/13/2009
Preventative health care	10/13/2009
Chronic low back pain	10/13/2009
Carpal tunnel syndrome	10/13/2009
Chronic systolic heart failure (HCC)	10/13/2009
Thoracic outlet syndrome	10/19/2009
Carpal tunnel syndrome	10/19/2009
Finger laceration	10/22/2009
Carpal tunnel syndrome	10/29/2009
Wound, open, finger	10/29/2009
Other specified pre-operative examination	11/5/2009
Carpal tunnel syndrome	11/30/2009
Immunization, influenza	1/25/2010
Chronic low back pain	1/25/2010
Seborrheic dermatitis	1/25/2010
Ischemic cardiomyopathy	1/25/2010
Ischemic cardiomyopathy	4/15/2010
CAD (coronary artery disease)	4/15/2010
Heart failure	4/15/2010
CAD (coronary artery disease)	6/28/2010
Chronic low back pain	6/28/2010
Preventative health care	6/28/2010
Vertigo	8/14/2010
Bradycardia	11/17/2010
CAD (coronary artery disease)	11/17/2010
Chronic low back pain	11/17/2010
Need for influenza vaccination	11/17/2010
Ischemic cardiomyopathy	5/10/2011
Chronic low back pain	5/10/2011
Abdominal fullness	5/10/2011
Hypercholesteremia	5/10/2011
Left foot pain	6/7/2011
Sesamoiditis	6/7/2011
Contusion, foot	6/7/2011
Ischemic cardiomyopathy	6/13/2011
Chronic systolic heart failure (HCC)	6/13/2011
Automatic implantable cardiac defibrillator in situ	6/13/2011
CAD (coronary artery disease)	6/13/2011
Ischemic cardiomyopathy	6/13/2011
CAD (coronary artery disease)	6/13/2011
Hypercholesteremia	6/13/2011

Automatic implantable cardiac defibrillator in situ	6/13/2011
CHF (NYHA class II, ACC/AHA stage C) (HCC)	6/13/2011
Chronic low back pain	8/24/2011
Ischemic cardiomyopathy	8/24/2011
Ischemic cardiomyopathy	10/26/2011
Chronic low back pain	10/26/2011
Hypercholesteremia	10/26/2011
CAD (coronary artery disease)	10/26/2011
CAD (coronary artery disease)	11/7/2011
Ischemic cardiomyopathy	11/7/2011
S/P CABG (coronary artery bypass graft)	11/7/2011
Hypercholesteremia	11/7/2011
Automatic implantable cardiac defibrillator in situ	11/7/2011
Ischemic cardiomyopathy	12/12/2011
CAD (coronary artery disease)	12/12/2011
S/P CABG (coronary artery bypass graft)	12/12/2011
Ischemic cardiomyopathy	12/12/2011
Hypercholesteremia	12/12/2011
Automatic implantable cardiac defibrillator in situ	12/12/2011
Ischemic cardiomyopathy	1/3/2012
Ischemic cardiomyopathy	1/4/2012
Need for influenza vaccination	1/6/2012
Anginal chest pain at rest (HCC)	1/11/2012
CAD (coronary artery disease)	1/11/2012
Ischemic cardiomyopathy	1/11/2012
Sun-damaged skin	1/11/2012
Chronic low back pain	1/11/2012
S/P CABG (coronary artery bypass graft)	1/11/2012
Need for pneumococcal vaccination	1/11/2012
Ischemic cardiomyopathy	1/31/2012
CAD (coronary artery disease)	1/31/2012
Chest pain	1/31/2012
Other and unspecified angina pectoris	2/17/2012
Other and unspecified angina pectoris	2/24/2012
Other and unspecified angina pectoris	2/27/2012
CAD (coronary artery disease)	3/26/2012
Ischemic cardiomyopathy	3/26/2012
S/P CABG (coronary artery bypass graft)	3/26/2012
Automatic implantable cardiac defibrillator in situ	3/26/2012
Fatigue	5/9/2012
Ischemic cardiomyopathy	5/9/2012
CAD (coronary artery disease)	5/9/2012
Sleep-disordered breathing	5/9/2012
Automatic implantable cardiac defibrillator in situ	5/9/2012
Ischemic cardiomyopathy	6/27/2012
CAD (coronary artery disease)	6/27/2012
Automatic implantable cardiac defibrillator in situ	6/27/2012
CAD (coronary artery disease)	6/27/2012
Ischemic cardiomyopathy	6/27/2012
S/P CABG (coronary artery bypass graft)	6/27/2012
Hypercholesteremia	6/27/2012
Automatic implantable cardiac defibrillator in situ	6/27/2012
Chronic low back pain	8/10/2012
Pain medication agreement	8/10/2012
Chest pain	8/10/2012
Hypercholesteremia	8/10/2012
Neuropathy	8/10/2012
Actinic keratosis	8/10/2012
Carpal tunnel syndrome	8/10/2012

Automatic implantable cardiac defibrillator in situ	8/10/2012
S/P CABG (coronary artery bypass graft)	8/10/2012
Shortness of breath	8/10/2012
Ischemic cardiomyopathy	8/27/2012
Ischemic cardiomyopathy	8/27/2012
Knee pain	10/8/2012
Paronychia of fifth finger of right hand	10/18/2012
CAD (coronary artery disease)	1/14/2013
Ischemic cardiomyopathy	1/14/2013
Need for prophylactic vaccination and inoculation against influenza	1/14/2013
Chronic low back pain	1/14/2013
CAD (coronary artery disease)	6/7/2013
Hypercholesteremia	6/7/2013
Chronic low back pain	6/7/2013
Impaired fasting glucose	6/7/2013
Ischemic cardiomyopathy	6/7/2013
CAD (coronary artery disease)	9/18/2013
Ischemic cardiomyopathy	9/18/2013
S/P CABG (coronary artery bypass graft)	9/18/2013
Automatic implantable cardiac defibrillator in situ	9/18/2013
Chronic systolic heart failure (HCC)	9/18/2013
Ischemic cardiomyopathy	9/18/2013
CAD (coronary artery disease)	9/18/2013
Automatic implantable cardiac defibrillator in situ	9/18/2013
Need for influenza vaccination	10/11/2013
Bunion	11/7/2013
Foot pain	11/7/2013
Need for Tdap vaccination	4/28/2014
Need for shingles vaccine	4/28/2014
Preventative health care	8/26/2014
Seborrheic dermatitis	8/26/2014
Chronic low back pain	8/26/2014
Pain medication agreement	8/26/2014
Neuropathy	8/26/2014
CAD (coronary artery disease)	8/26/2014
Ischemic cardiomyopathy	8/26/2014
Hypercholesteremia	8/26/2014
Impaired fasting glucose	8/26/2014
Need for influenza vaccination	9/12/2014
Septic arthritis (HCC)	9/26/2014
Pseudogout of left elbow	9/26/2014
Chest pain	9/26/2014
Ischemic cardiomyopathy	9/29/2014
Automatic implantable cardiac defibrillator in situ	9/29/2014
Chronic systolic heart failure (HCC)	9/29/2014
Chronic systolic heart failure (HCC)	9/29/2014
Ischemic cardiomyopathy	9/29/2014
CAD (coronary artery disease)	9/29/2014
S/P CABG (coronary artery bypass graft)	9/29/2014
Automatic implantable cardiac defibrillator in situ	9/29/2014
Pseudogout of left elbow	10/1/2014
Acute bronchitis	1/20/2015
CAD (coronary artery disease)	1/22/2015
CAD (coronary artery disease)	3/20/2015
Ischemic cardiomyopathy	3/20/2015
Chronic systolic heart failure (HCC)	3/20/2015
CAD (coronary artery disease)	3/20/2015
Ischemic cardiomyopathy	3/20/2015
Automatic implantable cardiac defibrillator in situ	3/20/2015

CAD (coronary artery disease)	4/7/2015
Ischemic cardiomyopathy	4/7/2015
Heart failure, chronic systolic (HCC)	4/7/2015
Pain medication agreement	4/7/2015
Prediabetes	4/7/2015
Right foot pain	4/7/2015
Chronic low back pain	4/7/2015
Ganglion cyst	4/7/2015
Ischemic cardiomyopathy	6/23/2015
S/P CABG (coronary artery bypass graft)	6/23/2015
Heart failure, chronic systolic (HCC)	6/23/2015
Automatic implantable cardiac defibrillator in situ	6/23/2015
Chronic systolic heart failure (HCC)	6/23/2015
Heart failure, chronic systolic (HCC)	6/26/2015
Coronary artery disease with other forms of angina pectoris	6/26/2015
Ventricular tachycardia, non-sustained (HCC)	6/26/2015
Automatic implantable cardiac defibrillator in situ	6/26/2015
Chronic low back pain	12/2/2015
Pain medication agreement	12/2/2015
Heart failure, chronic systolic (HCC)	12/2/2015
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	12/2/2015
Angina at rest (HCC)	12/2/2015
S/P CABG (coronary artery bypass graft)	12/2/2015
Hypercholesteremia	12/2/2015
Prediabetes	12/2/2015
Need for influenza vaccination	12/2/2015
Actinic keratosis	12/2/2015
Left wrist pain	2/22/2016
Heart failure, chronic systolic (HCC)	8/25/2016
Cardiac angina (HCC)	8/25/2016
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	8/25/2016
Automatic implantable cardioverter-defibrillator in situ	8/25/2016
Chronic low back pain	8/25/2016
Pain medication agreement	8/25/2016
Need for hepatitis C screening test	8/25/2016
Hypercholesteremia	8/25/2016
Elevated hemoglobin A1c	8/25/2016
Ischemic cardiomyopathy	9/21/2016
Hypercholesteremia	9/21/2016
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	9/21/2016
Chronic systolic heart failure (HCC)	9/21/2016
Chronic systolic heart failure (HCC)	9/21/2016
Chronic systolic heart failure (HCC)	10/6/2016
Chronic systolic heart failure (HCC)	10/6/2016
Chronic systolic heart failure (HCC)	11/2/2016
Ischemic cardiomyopathy	11/2/2016
Coronary artery disease, angina presence unspecified, unspecified vessel or lesion type, unspecified whether native or transplanted heart	11/2/2016
Need for influenza vaccination	11/29/2016
Need for vaccination with 13-polyvalent pneumococcal conjugate vaccine	11/29/2016
Screening for substance abuse	5/31/2017
Left foot pain	5/31/2017
Chronic low back pain with bilateral sciatica, unspecified back pain laterality	5/31/2017
Pain medication agreement	5/31/2017
Ischemic cardiomyopathy	12/13/2017
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	12/13/2017

Heart failure, chronic systolic (HCC)	12/13/2017
Need for influenza vaccination	1/9/2018
Need for pneumococcal vaccination	1/9/2018
Left knee pain, unspecified chronicity	2/14/2018
Heart failure, chronic systolic (HCC)	3/16/2018
Chronic systolic heart failure (HCC)	3/16/2018
Ischemic cardiomyopathy	9/10/2018
S/P CABG (coronary artery bypass graft)	9/10/2018
Heart failure, chronic systolic (HCC)	9/10/2018
Cardiac angina (HCC)	9/10/2018
Ischemic cardiomyopathy	9/18/2018
S/P CABG (coronary artery bypass graft)	9/18/2018
Heart failure, chronic systolic (HCC)	11/29/2018
Ventricular tachycardia (paroxysmal) (HCC)	11/29/2018
Chronic systolic heart failure (HCC)	11/29/2018
Need for influenza vaccination	11/30/2018
Systolic heart failure secondary to coronary artery disease (HCC)	2/8/2019
Ventricular tachycardia (paroxysmal) (HCC)	2/8/2019
Heart failure, chronic systolic (HCC)	2/8/2019
Chronic systolic heart failure (HCC)	2/8/2019
Ventricular tachycardia, non-sustained (HCC)	2/8/2019
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	4/11/2019
Heart failure, chronic systolic (HCC)	4/11/2019
Hypercholesteremia	4/11/2019
Ischemic cardiomyopathy	4/11/2019
S/P CABG (coronary artery bypass graft)	4/11/2019
Ventricular tachycardia, non-sustained (HCC)	4/11/2019
S/P ICD (internal cardiac defibrillator) procedure	4/11/2019
Ischemic cardiomyopathy	8/7/2019
Heart failure, chronic systolic (HCC)	8/14/2019
Heart failure, chronic systolic (HCC)	9/18/2019
Chronic systolic heart failure (HCC)	9/18/2019
Ischemic cardiomyopathy	9/26/2019
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)	9/26/2019
Hypercholesteremia	9/26/2019
S/P CABG (coronary artery bypass graft)	9/26/2019
Ventricular tachycardia (HCC)	9/26/2019
Atypical chest pain	9/26/2019
Need for influenza vaccination	10/29/2019
Chronic systolic heart failure (HCC)	12/30/2019
Heart failure, chronic systolic (HCC)	12/30/2019
Heart failure, chronic systolic (HCC)	1/24/2020
Chronic systolic heart failure (HCC)	1/24/2020

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Other Service Providers

James O Mudd MD

Cardiovascular Diseases

Document Coverage Dates

Jul. 09, 1951 - Feb. 07, 2020

Custodian Organization

NON REVENUE LOCATIONS

503-494-8551 (Work)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/24/2020	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Paladino, Karen, RN 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	11/05/2019		Active
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	10/23/2019	01/24/2020	Discontinued (Dose adjustment)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	10/29/2019, 11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	4 Standard drinks or equivalent	4.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Jan. 24, 2020

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Karen Paladino RN (Attending)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Jan. 24, 2020

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/30/2019	Clinical Support Staff	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Goodin, Kairee 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	11/05/2019		Active
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	10/23/2019	01/24/2020	Discontinued (Dose adjustment)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	10/29/2019, 11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	4 Standard drinks or equivalent	4.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Dec. 30, 2019

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Kairee Goodin (Attending)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Cardiology

Dec. 30, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/29/2019	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	10/23/2019	01/24/2020	Discontinued (Dose adjustment)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	10/29/2019, 11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	4 Standard drinks or equivalent	4.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
-----------------------	-------------------------	-------------------------

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Oct. 29, 2019

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

GPC MEDICAL ASSISTANT VISIT (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239

Encounter Date

Oct. 29, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/26/2019	Office Visit	Cardiology General at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	4 Standard drinks or equivalent	4.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	94/53	09/26/2019 3:42 PM PDT	
Pulse	73	09/26/2019 3:42 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	96%	09/26/2019 3:42 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	105.6 kg (232 lb 12.8 oz)	09/26/2019 3:42 PM PDT	
Height	180.3 cm (5' 11")	09/26/2019 3:42 PM PDT	
Body Mass Index	32.47	09/26/2019 3:42 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Shiue, Brittney - 09/26/2019 3:45 PM PDT

It was a pleasure seeing you in clinic today. The following are some instructions and information for you.

1. Continue physical activity, unless you experience chest pain.
2. Stop Plavix.
3. Let me know if you notice excessive weight gain.
4. Follow-up in 6 months.

Please feel free to contact me should questions or concerns arise. If you are electronically inclined, communication via our secure MyChart messaging system is the best way to communicate non-urgent matters. If you are not already enrolled in MyChart, there are instructions later in this handout. For urgent matters (requiring response within 48 hours), please call our office at 503-494-7400.

Electronically signed by Catherine Wong, MD at 09/26/2019 4:10 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)

Hypercholesteremia

S/P CABG (coronary artery bypass graft)

Ventricular tachycardia (HCC)

Atypical chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 26, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Catherine Wong MD (Attending) 503-494-7400 (Work) 503-494-4749 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Cardiology		Sep. 26, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/18/2019	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Goodin, Kairee 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	2 Standard drinks or equivalent	2.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	86/63	09/18/2019 9:21 AM PDT	
Pulse	74	09/18/2019 9:21 AM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	96%	09/18/2019 9:21 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.8 kg (220 lb)	09/18/2019 9:21 AM PDT	
Height	180.3 cm (5' 11")	09/18/2019 9:21 AM PDT	
Body Mass Index	30.68	09/18/2019 9:21 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Goodin, Kairee - 09/18/2019 9:30 AM PDT

Your device is working well.

There are 8 years remaining on the battery.

I reprogrammed the upper rate of your pacing to 140 bpm (from 130 bpm), so that you'll be pacing more when you're active.

Please call us if your incision is not completely healed in 2 weeks.

We will do a remote check with your home monitor in 3 months.

See you back in 6 months.

Electronically signed by Kairee Goodin at 09/18/2019 9:41 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
lcd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 18, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Kairee Goodin (Attending) 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011 Cardiology		Sep. 18, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/14/2019	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Espinosa, David, RN 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	2 Standard drinks or equivalent	2.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	111/56	08/14/2019 11:33 AM PDT	
Pulse	77	08/14/2019 11:33 AM PDT	
Temperature	-	-	
Respiratory Rate	16	08/14/2019 11:33 AM PDT	
Oxygen Saturation	97%	08/14/2019 11:33 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.6 kg (224 lb)	08/14/2019 11:33 AM PDT	
Height	180.3 cm (5' 11")	08/14/2019 11:33 AM PDT	
Body Mass Index	31.24	08/14/2019 11:33 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Espinosa, David, RN - 08/14/2019 11:30 AM PDT

Thank you for your visit today.

Your device is working normally.

Your device shows good measurements on the wires.

No programming changes were made today.

Continue to watch your device incision daily as it heals.

Notify us if: fever, drainage from incision, swelling, heat, redness, or increasing pain.

OK to shower, but no soaking incision in water (no bath tubs, hot tubs, swimming pools, ocean) until it is completely healed.

No lifting the left arm above shoulder level nor reaching behind your back with it for another month.

No lifting over 10lbs with left arm for another month.

Please set up your home monitoring equipment when you get home and let us know (via MyChart) that you did this. We will confirm the data came through to us.

Your device should be checked every 1 month.

Device Clinic Staff:

Dave E., RN

Karen, RN

503.494.7400

Electronically signed by David Espinosa, RN at 08/14/2019 12:07 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Icd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 14, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
David Espinosa RN (Attending) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011		Aug. 14, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/07/2019 - 08/08/2019	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Henrikson, Charles A, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-6011 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019		Active
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019		Active
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019		Active
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	2 Standard drinks or equivalent	2.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	104/60	08/08/2019 8:30 AM PDT	
Pulse	70	08/08/2019 8:30 AM PDT	
Temperature	36.4 °C (97.5 °F)	08/07/2019 3:28 PM PDT	
Respiratory Rate	13	08/08/2019 8:30 AM PDT	
Oxygen Saturation	97%	08/08/2019 8:30 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	102.2 kg (225 lb 5 oz)	08/07/2019 9:10 AM PDT	
Height	182.9 cm (6')	08/07/2019 9:10 AM PDT	
Body Mass Index	30.56	08/07/2019 9:10 AM PDT	

Discharge Instructions - documented in this encounter

Discharge Instr - Activity

Krebsbach, Angela, PA-C - 08/08/2019 7:32 AM PDT

Please see post ICD Implant discharge instructions for activity restrictions.

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 7:32 AM PDT

Discharge Instr - Diet

Krebsbach, Angela, PA-C - 08/08/2019 7:32 AM PDT

Diet Type: Heart Healthy Diet- Designed to promote heart health by limiting intake of saturated fat and sodium and encouraging intake of fruits and vegetables, whole grains, low fat dairy products and lean meats.

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 7:32 AM PDT

Discharge Instr - Diagnoses

Krebsbach, Angela, PA-C - 08/08/2019 7:29 AM PDT

Ischemic dilated CM

CHF

LBBB

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 7:29 AM PDT

Discharge Instr - Procedures

Krebsbach, Angela, PA-C - 08/08/2019 7:30 AM PDT

Upgrade of single chamber ICD to CRT-D with addition of RA and LV (via CS) pacing leads

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 7:30 AM PDT

Discharge Instr - Hospital Course

Krebsbach, Angela, PA-C - 08/08/2019 7:32 AM PDT

On 8/7/2019 you underwent upgrade of your single chamber ICD to a Bi-Ventricular ICD

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 7:32 AM PDT

Additional Instructions

Krebsbach, Angela, PA-C - 08/08/2019 7:33 AM PDT

- Please resume your home medications as previously prescribed. We have made NO changes to your medications.
- Please follow up in 1 week for a wound check and 1 month for a device check.
- Please do not hesitate to call with questions or concerns.

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Defibrillator Implant Patient Instructions

These instructions are pertinent to your implantable cardioverter defibrillator (ICD) new implant, ICD upgrade or revision with new lead(s).

Driving:

No driving for the first 24 hours following the procedure as you may be under the influence of sedative medications.

You should not drive if you are taking pain medications around the clock.

For the first week, you should avoid driving if possible as over aggressive arm motion may cause dislodgement of the newly implanted ICD leads.

You should not drive any time if you feel weak, dizzy, lightheaded, drowsy, or unsteady from any causes.

Patients who have had recurrent syncopal events (fainting, passing out, or loss of consciousness) or had a cardiac arrest, for which you received an ICD, should not drive for 6 months. You should be cleared by your cardiologist prior to returning to driving.

If you have driving restrictions from any other medical conditions or reasons, please follow those restrictions.

Wound Care:

Watch your defibrillator procedure site for signs of infection or bleeding. Report any redness, swelling, bleeding, hematoma (bleeding inside the pocket), or drainage from the site. Report any unexplained fever with temperatures over 100.5 degrees in the first two weeks following the procedure.

The incision will be closed with absorbable stitches under the skin and covered with steri-strips. Do not pull these steri-strips off. Usually, they will fall off gradually after a few weeks. If they do not, you may remove them after 3 weeks.

An AquacelAG dressing remains in place over your incision. Please do not remove this dressing. You may shower with this dressing in place ONLY if it is completely adhered to your skin. If ANY part of the dressing is not adhered, please do not get water on the incision site for at least five days that means no shower, tub bath, or swimming. You can take a sponge bath but keep the procedure site completely dry. At your 1 week wound check this dressing will be removed.

Do not immerse the wound in a bath tub, pool or hot tub for one month, to reduce the risk of infection.

Follow-ups after the procedure:

You will need a wound check appointment in about one week and ICD check in 4-6 weeks following the implant procedure.

If you prefer to have your primary care doctor check the wound for you, please call his/her office to make an appointment. If you choose to be followed with us, our office will contact you to schedule an appointment.

The ICD needs to be checked at a cardiology office or device clinic. If you choose to be followed with us, our office will contact you to schedule an appointment. If you prefer to be followed locally, we will assist you to find a cardiology/device clinic near your home.

After the first ICD check appointment, you will need to have your ICD checked regularly at the device clinic every 3 months or as directed by the device clinic.

In most situations, the device company will send you a remote monitor. Please read the instructions regarding how to set this up, and discuss with the device clinic staff at your wound check appointment or 4-6 ICD check appointment.

Arm Activities and Restrictions:

For the first 4-6 weeks, restrict the procedure side arm activity to gentle arm motion only as the new ICD leads will take about 4-6 weeks to mature at the implant site in your heart. Do not lift anything heavier than 10 pounds, push or pull heavy objects, reach above your shoulder or behind your back, and avoid over-aggressive arm motions (i.e. tennis, painting, lawn mowing) with your procedure side arm.

You may use your non-procedure side arm regularly without restrictions.

We recommend regular exercise as you are able to, such as walking, or stationary biking. If you don't know how to begin a regular

activity program, please ask your doctor for advice.

Arm Sling:

If you are given an arm sling at the hospital after your procedure, only use it for the first couple of days following the procedure for your comfort.

You should take your arm out every couple of hours and move your hand/elbow to allow good circulation while you are using the arm sling.

You should not hold your arm still in the sling for a prolonged period of time, as it may cause swelling, soreness, or stiffness in your arm and joints.

Diet:

Your diet should not have to be changed as a result of your defibrillator implant procedure.

You may be given diet recommendations based on your other health conditions.

Electrical and magnet interference:

Defibrillators are protected from electrical interference from regular house electronic devices or appliance. It is safe to use and to be around a microwave oven, computer, TV or other regular house electronic devices or appliances.

You should avoid using any power tools especially with your procedure side hand. If you have questions about specific electrical devices or power tools you may be around, please call the company's patient line using the phone # on your card or handbook.

Your defibrillator function may be affected by strong magnets so you should avoid being around strong magnetic fields for prolonged periods of time. The defibrillator will return to normal function as soon as you leave the magnetic field.

Cell Phone Use:

It is OK to use a cell phone on the opposite side of your defibrillator (use non-procedure side hand to hold the cell phone to non-procedure side ear).

Do not carry a cell phone in the pocket that is over your defibrillator or near your defibrillator.

Travel and Shopping:

Your device may trigger airport security detection devices. Please carry your defibrillator card with you and show the attendant your card. Ask for hand search and do not use hand-held wand search over your device. It is safe to go through the full body scanner at the airport, but only after 6 weeks post defibrillator implant as this requires you to put your hands above your head.

Some department stores and grocery stores have anti-theft doors. Please do not lean against these anti-theft doors. Walk through them at normal pace.

Wallet Defibrillator Card:

You will be given a handbook in the hospital after the implant procedure which contains important information about your device and has answers to most common questions. Please read it thoroughly and be sure to have your questions answered before leaving the hospital.

You will receive a wallet ID card in the mail from the device company in about 2-3 weeks. Please always carry the card with you when you go to doctor's appointments, the emergency room, or hospital so other health care providers will know what type of defibrillator you have.

You can find the company's patient line phone number in the handbook as well as on your card. You can contact the company if you have any technical questions regarding your device.

How to Contact us:

Phone: 503-494-8750 Cardiology Division Office
503-494-7400 Cardiology Patient Phone Line

Dr. Charles Henrikson Angela Krebsbach, PA-C

Dr. Eric Stecker Annie Glover, PA-C

Dr. Thomas Dewland Candice Kutz, PA-C

Dr. Babak Nazer Karen Paladino, RN

Dr. Jared Miller David Espinosa, RN

Travis Scott, RN - AF Program Manager

Kairee Goodin, Device Specialist

Evenings or weekends:

(503) 494-8311

Ask for on-call cardiologist

Electronically signed by Angela Krebsbach, PA-C at 08/08/2019 8:08 AM PDT

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/30/2019	
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019	
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	07/31/2019	
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/20/2019	
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019	
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018	
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019	
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
lcd-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file) Description:VIVA QUAD XT CRT-D	ICD		MEDTRONIC		DTBA1Q1 / BLD212598H /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		5076-52CM / PJN7707651 /
Lead-8/7/2019 Implanted: 08/07/2019 by Henrikson, Charles A, MD (Quantity not on file)	LEAD		MEDTRONIC		4598-88CM / QUC092572V /
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
Procedure Note	Routine	08/08/2019 9:30 AM PDT		
Procedure Note	Routine	08/07/2019 3:25 PM PDT		

Results - documented in this encounter

12 LEAD ECG - Final result (08/08/2019 8:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	64	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	66	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	31	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	111	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	132	ms	OHSU DEPT OF CARDIOLOGY	
QT	395	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	407	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS		deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-62	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Atrial-sensed ventricular-paced rhythm- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 08-08-2019 08:38:31		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (08/08/2019 5:52 AM PDT)

Specimen

Narrative

EXAM: CHEST 2 VIEWS

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseus abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Procedure Note

Service Account, Radiant Res In Interface - 08/08/2019 8:37 AM PDT

EXAM: CHEST 2 VIEWS

HISTORY: s/p device implant. Need to re-confirm lead placement.

COMPARISON: Chest radiograph 9/26/2014

FINDINGS:

A left anterior chest wall pacemaker/ICD has been placed with lead tips terminating in the right atrial appendage, right ventricle, and coronary sinus. An orphaned right ventricular pacing/ICD lead is also present. Postsurgical changes of prior median sternotomy are redemonstrated in all sternal wires are intact and well-aligned.

Mild left retrocardiac atelectasis is present. The lungs are otherwise clear without focal consolidation or pulmonary edema. There is no pleural effusion or pneumothorax. No acute osseus abnormality is noted.

IMPRESSION:

Left anterior chest wall pacemaker/ICD with lead tips in the right atrial appendage, right ventricle, and coronary sinus. Unchanged orphaned RV lead. No pneumothorax.

Mild left retrocardiac atelectasis. Otherwise clear lungs.

I have personally reviewed the images and, if necessary, edited the report. I agree with the report as now presented.

Final signature: Anupama G Brixey, MD 8/8/2019 8:36 AM

Preliminary: Anupama G Brixey, MD

Dictation initiated: Anupama G Brixey, MD 8/8/2019 8:32 AM

Performed At

OHSU RADIOLOGY VOICE
RECOGNITION 2

OHSU RADIOLOGY VOICE
RECOGNITION 2 **Visit Diagnoses** - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

 **Administered Medications** - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
acetaminophen (TYLENOL) tablet 325-650 mg 325-650 mg, oral, EVERY 4 HOURS AS NEEDED, Starting Wed 8/7/19 at 1521, Until Thu 8/8/19 at 1554, mild pain					
atorvastatin (LIPITOR) tablet 80 mg 80 mg, oral, DAILY, First dose on Thu 8/8/19 at 0900, Until Discontinued	Given	08/08/2019 8:54 AM PDT	80 mg		
bacitracin-NS IRRIGATION irrigation, INTRAPROCEDURE CONTINUOUS PRN, Starting Wed 8/7/19 at 1435, Until Wed 8/7/19 at 1435	New Bag	08/07/2019 2:35 PM PDT		300 mL/hr	
bupivacaine (PF) (MARCAINE,SENSORCAINE-MPF) 0.25 % (2.5 mg/mL) injection infiltration, INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1336, Until Wed 8/7/19 at 1336	Given	08/07/2019 1:36 PM PDT	5 mL		
ceFAZolin in dextrose (iso-os) (ANCEF) IV 1 dose, Starting Wed 8/7/19 at 2119, Until Wed 8/7/19 at 2200					
ceFAZolin IV 2 gram in dextrose (RTU) 2 g, intravenous, PREPROCEDURE ONCE (DISPENSE), 1 dose, Starting Wed 8/7/19 at 0909, Until Wed 8/7/19 at 1330	Given	08/07/2019 1:30 PM PDT	2 g		
ceFAZolin IV 2 gram in dextrose (RTU) 2 g, intravenous, ONCE, 1 dose, Wed 8/7/19 at 2100	New Bag	08/07/2019 9:22 PM PDT	2 g		
fentaNYL (SUBLIMAZE) injection 25-50 mcg 25-50 mcg, intravenous, POSTPROCEDURE PRN, 8 doses, Starting Wed 8/7/19 at 1537, Until Thu 8/8/19 at 1554, severe pain while in Phase I Recovery					
fentaNYL (SUBLIMAZE) injection INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1331, Until Wed 8/7/19 at 1517	Given	08/07/2019 2:26 PM PDT	25 mcg		
	Given	08/07/2019 2:20 PM PDT	25 mcg		
	Given	08/07/2019 1:31 PM PDT	25 mcg		
HYDROcodone-acetaminophen (NORCO) 5-325 mg tablet 1-2 tablet 1-2 tablet, oral, EVERY 4 HOURS AS NEEDED, Starting Wed 8/7/19 at 1521, Until Thu 8/8/19 at 1554, moderate pain	Given	08/08/2019 9:05 AM PDT	1 tablet		
	Given	08/08/2019 2:16 AM PDT	1 tablet		

iohexol (OMNIPAQUE) 350 mg iodine/mL injection INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1417, Until Wed 8/7/19 at 1417	Given	08/07/2019 2:17 PM PDT	5 mL
isosorbide mononitrate CR (IMDUR) tablet 240 mg 240 mg, oral, DAILY, First dose on Thu 8/8/19 at 0900, Until Discontinued	Given	08/08/2019 8:57 AM PDT	240 mg
lactated ringers IV 250 mL, intravenous, POSTPROCEDURE PRN, 1 dose, Starting Wed 8/7/19 at 1537, Until Thu 8/8/19 at 1554, nausea/vomiting due to dehydration			
lidocaine (XYLOCAINE) 10 mg/mL (1 %) injection infiltration, INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1335, Until Wed 8/7/19 at 1335	Given	08/07/2019 1:35 PM PDT	5 mL
lidocaine PF (XYLOCAINE MPF) 20 mg/mL (2 %) injection INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1258, Until Wed 8/7/19 at 1517	Given	08/07/2019 12:58 PM PDT	40 mg
losartan (COZAAR) tablet 100 mg 100 mg, oral, DAILY, First dose on Thu 8/8/19 at 0900, Until Discontinued	Given	08/08/2019 8:56 AM PDT	100 mg
metoprolol succinate (TOPROL-XL) tablet 200 mg 200 mg, oral, DAILY, First dose on Thu 8/8/19 at 0900, Until Discontinued	Given	08/08/2019 8:56 AM PDT	200 mg
midazolam (PF) (VERSED) injection INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1258, Until Wed 8/7/19 at 1517			
	Given	08/07/2019 12:58 PM PDT	1 mg
	Given	08/07/2019 12:45 PM PDT	1 mg
naloxone (NARCAN) injection intravenous, POSTPROCEDURE PRN, Starting Wed 8/7/19 at 1537, Until Thu 8/8/19 at 1554, hypopnea			
ondansetron (ZOFTRAN) injection 4 mg 4 mg, intravenous, POSTPROCEDURE PRN, 1 dose, Starting Wed 8/7/19 at 1537, Until Thu 8/8/19 at 1554, nausea/vomiting, 2nd line			
ondansetron (ZOFTRAN) injection INTRAPROCEDURE PRN, Starting Wed 8/7/19 at 1318, Until Wed 8/7/19 at 1517	Given	08/07/2019 1:18 PM PDT	4 mg
promethazine (PHENERGAN) injection 6.25 mg 6.25 mg, intravenous, POSTPROCEDURE PRN, 1 dose, Starting Wed 8/7/19 at 1537, Until Thu 8/8/19 at 1554, nausea/vomiting, 1st line			
propofol (DIPRIVAN) 200 mg INTRAPROCEDURE CONTINUOUS PRN, Starting Wed 8/7/19 at 1258, Until Wed 8/7/19 at 1517			
	Bolus	08/07/2019 2:26 PM PDT	10 mg
	New Bag	08/07/2019 12:58 PM PDT	20 mg
propofol (DIPRIVAN) 200 mg INTRAPROCEDURE CONTINUOUS PRN, Starting Wed 8/7/19 at 1258, Until Wed 8/7/19 at 1517			
	Restarted	08/07/2019 2:46 PM PDT	15 mcg/kg/min
	Rate/Dose Change	08/07/2019 2:32 PM PDT	15 mcg/kg/min

	Rate/Dose Change	08/07/2019 2:05 PM PDT	40 mcg/kg/min
sodium chloride 0.9 % (NS) IV infusion 10 mL/hr, intravenous, CONTINUOUS, Starting Wed 8/7/19 at 0915, Until Thu 8/8/19 at 1554	given by anesthesiology	08/07/2019 2:32 PM PDT	
	given by anesthesiology	08/07/2019 2:10 PM PDT	
	New Bag	08/07/2019 12:45 PM PDT	
spironolactone (ALDACTONE) tablet 25 mg 25 mg, oral, DAILY, First dose on Thu 8/8/19 at 0900, Until Discontinued	Given	08/08/2019 8:55 AM PDT	25 mg

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 07, 2019 - Aug. 08, 2019
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Charles A Henrikson MD (Attending, Admitting) 503-494-1775 (Work) 503-494-8550 (Fax) 3181 SW Sam Jackson Park Rd Portland, OR 97239-6011 Cardiovascular Diseases		Aug. 07, 2019 - Aug. 08, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/11/2019	Office Visit	Cardiology General at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	90 tablet	02/11/2019	04/11/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	04/04/2019	04/30/2019	Discontinued (Reorder)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019	Discontinued (Reorder)
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P ICD (internal cardiac defibrillator) procedure	04/18/2019
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	2 Standard drinks or equivalent	2.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	113/57	04/11/2019 3:28 PM PDT	
Pulse	76	04/11/2019 3:28 PM PDT	
Temperature	36.6 °C (97.9 °F)	04/11/2019 3:28 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	04/11/2019 3:28 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	109.1 kg (240 lb 8 oz)	04/11/2019 3:28 PM PDT	
Height	179.1 cm (5' 10.5")	04/11/2019 3:28 PM PDT	
Body Mass Index	34.02	04/11/2019 3:28 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Wong, Catherine, MD - 04/11/2019 3:15 PM PDT

It was a pleasure seeing you in clinic today. The following are some instructions and information for you.

1. Start spironolactone 25mg daily. Increase imdur to 120mg daily.
2. Follow-up in 3 months
3. You're free to increase your exercise gradually as much as you can tolerate as long as you don't develop chest pain with this.

Please feel free to contact me should questions or concerns arise. If you are electronically inclined, communication via our secure MyChart messaging system is the best way to communicate non-urgent matters. If you are not already enrolled in MyChart, there are instructions later in this handout. For urgent matters (requiring response within 48 hours), please call our office at 503-494-7400.

Electronically signed by Catherine Wong, MD at 04/11/2019 4:00 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
spironolactone 25 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/11/2019	10/23/2019
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	180 tablet	04/11/2019	11/05/2019

Progress Notes - documented in this encounter

Wong, Catherine, MD - 04/11/2019 3:15 PM PDT

Formatting of this note might be different from the original.

Knight Cardiovascular Institute

Initial Consultation

Visit start time: 3:33 PM

Name: Michael E Ashland

DOB: 7/9/1951

Date of Visit: 04/11/19

Care team:

Referring Provider: Samuel A Camacho MD

Primary Care Provider: Jennifer S Mitchell, PA-C

Cardiac Problem List:

Ischemic cardiomyopathy, EF 35-40%

CAD s/p CABG 2007 (LIMA-LAD, SVG-OM)

LV apical aneurysm s/p excision and repair 2007

S/p ICD (single lead Medtronic)

Hyperlipidemia

Chief Complaint / Referral Question:

Chief Complaint

Patient presents with

- Congestive heart failure

Mr. Michael E Ashland is referred by Samuel A Camacho MD for the evaluation of heart failure.

Functional status:

Mr. Ashland is able to perform all ADLs. Gets short of breath with yardwork. Can climb up a flight a stairs without stopping.

Cardiovascular History:

The patient has seen numerous prior providers in the cardiology department at OHSU since 2007 including Drs. Elizabeth Le, Saurabh Gupta, Albert Camacho (2015), Jill Gelow, Divya Soman, and Chuck Henrikson

-- 2006 diagnosis of ischemic cardiomyopathy

-- 2006 s/p ICD

-- 2007 CABG (LIMA-LAD and SVG-OM. Dr. Song, OHSU). Excision and repair of LV apical aneurysm with hemashield patch.

-- Subsequent clinical course was marked by recurrent chest pain with periodic coronary angiogram for angina.

History of Present Illness:

The patient was last seen by Divya Soman 9/2018 at which time he was complaining of recurrent chest pains. He was referred for LHC at that time and was stented in the RCA. Chest pains resolved after last PCI, but have subsequently returned slightly. He considers them mild. He does not have exertional chest pain, only at rest. He has chest pain once a week.

Reports increasing dyspnea on exertion over the last 6-12 months, but he thinks this may be due to weight gain and deconditioning.

Denies palpitations, presyncope, syncope, orthopnea, PND, or lower extremity edema.

Review of systems:

As above

All other systems reviewed and are negative.

Past Medical History

Diagnosis Date

• Fatigue

• Hypertriglyceridemia

• Ventricular tachycardia (paroxysmal) (HCC)

• SOB (shortness of breath)

• CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

• Ischemic cardiomyopathy

• Chest pain

• Chronic back pain

• Heart failure, chronic systolic (HCC)

• Ventricular tachycardia, non-sustained (HCC)

Past Surgical History

Procedure Date

- Back surgery 1972
- Ventricular restoration 1/2007
- lcd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- lcd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Family history includes Alcohol/Drug in his brother and mother; Blood Disease in his brother (AIDS); Diabetes in his father; Heart Disease in his brother (CABG), daughter (PVC's), father, mother (CHF), and son (PVC's); Hypertension in his father and mother; and Stroke in his mother. There is no history of Anesthesia, and Arthritis, and Cancer, and Thyroid, .

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 4/11/19 encounter (Office Visit) with Catherine Wong, MD

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 0
- benzonatate 200 mg oral capsule Take 1 capsule by mouth three times daily. 30 capsule 0
- clopidogrel 75 mg oral tablet Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI 90 tablet 3
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 180 tablet 3
- isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr Take 1 tablet by mouth once daily. 90 tablet 3
- losartan 100 mg oral tablet TAKE ONE TABLET BY MOUTH DAILY 90 tablet 3
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH DAILY 90 tablet 3
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

Physical Exam

Vitals:

Vitals:

04/11/19 1528

BP: 113/57

BP Location: Left upper arm

Patient Position: Sitting

Pulse: 76

Temp: 36.6 °C (97.9 °F)

SpO2: 97%

Weight: 109.1 kg (240 lb 8 oz)

Height: 1.791 m (5' 10.5")

PainSc: 03 - Mild to Moderate

PainLoc: Back (Lower)

Physical Exam

Constitutional: No distress.

overweight

Eyes: Pupils are equal, round, and reactive to light.

Neck: No JVD present.

Cardiovascular: Normal rate, regular rhythm, S1 normal and S2 normal. Exam reveals no gallop and no friction rub.

No murmur heard.

Distant heart sounds

Pulmonary/Chest: Breath sounds normal.

Abdominal: Soft.

Musculoskeletal: He exhibits no edema.

Neurological: He is alert and oriented to person, place, and time.

Skin: No rash noted.

Data

I have reviewed the data summarized below if available.

Vital Trends

Wt Readings from Last 3 Encounters:

04/11/19 109.1 kg (240 lb 8 oz)
02/08/19 104.3 kg (230 lb)
09/18/18 102.7 kg (226 lb 6.6 oz)

BP Readings from Last 3 Encounters:

04/11/19 113/57
02/08/19 102/61
09/19/18 139/83

Labs - OHSU

Lab Results

Component Value Date

WBC 8.38 09/10/2018
HB 14.9 09/10/2018
HCT 44.7 09/10/2018
PLT 213 09/10/2018
MCV 90.5 09/10/2018
RDW 45.6 09/10/2018

Lab Results

Component Value Date

NA 142 09/19/2018
K 3.9 09/19/2018
CL 108 09/19/2018
BICARB 25 09/19/2018
BUN 15 09/19/2018
CR 1.02 09/19/2018
GLU 110 09/19/2018
CA 8.9 09/19/2018

Lab Results

Component Value Date

CHOL 134 09/20/2016
LDL 39 09/20/2016
HDL 48 09/20/2016
TRI 235 09/20/2016

EKG

2/2018
NSR, LBBB

TTE

10/2016

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

Device check

2/2018
1 episode NSVT, nearing ERI
<0.1% VP

Cardiac stress test

10/2016 CPEX
Peak VO2 23ml/kg/min
No significant circulatory or ventilatory impairment.

1/2012

Exercise SPECT

Distal anterior wall and entire lateral wall ischemia.

Apical scar with lack of viability.

Lateral wall motion abnormality is compatible with myocardial stunning.

Biventricular enlargement with LVEF of 40%.

Cardiac catheterization

9/2018

1. Severe multivessel coronary artery disease involving heavily diseased and occluded left anterior descending, occluded obtuse marginal, and heavily disease and calcified right coronary artery.
2. Patent LIMA to the left anterior descending.
3. Patent vein graft to the second obtuse marginal branch.
4. Successful percutaneous coronary intervention to mid right coronary artery with a 3.5 x 38 mm Resolute Onyx drug-eluting stent.

Impression:

Mr. Ashland is a 67 y.o. male with CAD s/p CABG 2007 and most recent PCI 9/2018, ischemic cardiomyopathy (EF 35-40%), s/p primary prevention ICD (single lead medtronic) 2006, LV apical aneurysm s/p resection 2007 who presents for follow-up. He is new to me today. He reports recurrence of mild non-exertional chest pain but says that this is mild and infrequent.

CAD s/p CABG 2007

S/p PCI 9/2018

Atypical chest pain

Hyperlipidemia

- continue aspirin 81mg lifelong
- continue clopidogrel 75mg daily (stent placed 9/2018) will re-evaluate indications for continuation 9/2019
- continue atorvastatin 80mg, LDL was well controlled for many years on this dose, last 39 in 2016
- continue metoprolol succinate 200mg
- increase imdur to 120mg daily
- prn SL NTG
- should chest pains continue and/or progress despite maximal uptitration of imdur, then will refer for nuclear stress testing (will need to be pharmacologic given LBBB)

Ischemic cardiomyopathy (EF 35-40%)

S/p primary prevention ICD 2006

NSVT

NYHA class II-III, intravascularly euvoletic on exam today. ICD is nearing end-of-life and the patient is aware of this. He is being seen more frequently by the device clinic. He is not pacer dependent.

- regular device checks
- continue metoprolol succinate 200mg
- continue losartan 100mg
- plan to discuss possible transition to entresto at next visit
- start spironolactone 25mg

3 month follow-up

Thank you for referring Michael E Ashland to the Knight Cardiovascular Institute for further care. Please call with questions.

Catherine Wong, M.D.

Assistant Professor of Medicine

Knight Cardiovascular Institute

Oregon Health & Science University

Pager: 14677

Clinic: (503) 494-7400

Electronically signed by Catherine Wong, MD at 04/18/2019 12:47 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC) - Primary
Heart failure, chronic systolic (HCC)
Hypercholesteremia
Ischemic cardiomyopathy
S/P CABG (coronary artery bypass graft)
Ventricular tachycardia, non-sustained (HCC)
S/P ICD (internal cardiac defibrillator) procedure

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Apr. 11, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Catherine Wong MD (Attending) 503-494-7400 (Work) 503-494-4749 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Cardiology		Apr. 11, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/10/2019	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019		Active
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019		Active
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019		Active
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)
isosorbide mononitrate CR 120 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	90 tablet	02/11/2019	04/11/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	04/04/2019	04/30/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019	
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	04/04/2019	
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018	
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	02/28/2019	
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	02/13/2019	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
sulfur hexafluoride microspheres (LUMASON) IV 1-2 mL 1-2 mL, intravenous, ONCE, 1 dose, Wed 4/10/19 at 1030	IV Push	04/10/2019 9:53 AM PDT	5 mL		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)
503-494-1967 (Fax)
4411 SW Vermont St
PORTLAND, OR 97219-1020
Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.
Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers

CAR ECHO ROOM 2 CHH (Attending)

3181 SW Sam Jackson Park Road
Portland, OR 97239
Cardiology

Encounter Date

Apr. 10, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

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Encounter Details

Date	Type	Department	Care Team
02/08/2019	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Espinosa, David, RN 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Patient Instructions - documented in this encounter

Patient Instructions

Chandrashekar, Pranav, MBBS - 02/08/2019 10:50 AM PST

Thank you for your visit today.

Your device is working normally.

Good measurements on the wires.

No programming changes made today.

You have 3.1 yrs/mo remaining on the battery

Please schedule your next device check for sometime in 3 months from today. This appointment will be a clinic visit.

We will schedule a remote check in 1 months. Remember that a remote visit is the type of visit that you send a transmission the night before the scheduled date.

Device Clinic Staff:

Dave E., RN

Karen, RN

503.494.7400

Electronically signed by David Espinosa, RN at 02/11/2019 7:13 AM PST

Progress Notes - documented in this encounter

Henrikson, Charles A, MD - 02/08/2019 10:50 AM PST

I reviewed David Espinosa RN's note and device interrogation report and agree with his documented findings and plan of care. My interpretation is that the device is working well and the patient will continue regular follow up in device clinic. Please see my clinic note from today for further details.

Charles Henrikson, M.D.

Director, Electrophysiology Service

Professor of Medicine

Knight Cardiovascular Institute

Oregon Health & Science University

Portland, OR 97239-3098

503-494-8750

Electronically signed by Charles Henrikson, MD at 02/11/2019 11:11 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Systolic heart failure secondary to coronary artery disease (HCC) - Primary

Ventricular tachycardia (paroxysmal) (HCC)

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Feb. 08, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
David Espinosa RN (Attending) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011		Feb. 08, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/08/2019	Office Visit	Cardiology General at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Progress Notes - documented in this encounter

Wong, Catherine, MD - 02/08/2019 1:15 PM PST

The patient did not show for this appointment today. After his appt with Dr. Henrikson this am, he was not to be found.

Electronically signed by Catherine Wong, MD at 02/08/2019 2:04 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)
503-494-1967 (Fax)
4411 SW Vermont St
PORTLAND, OR 97219-1020
Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.
Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers

Catherine Wong MD (Attending)

503-494-7400 (Work)
503-494-4749 (Fax)
3181 SW Sam Jackson Park Rd
PORTLAND, OR 97239-3011
Cardiology

Encounter Date

Feb. 08, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/08/2019	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Henrikson, Charles A, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-6011 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
benzonatate 200 mg oral capsule	Take 1 capsule by mouth three times daily.	30 capsule	01/04/2019		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/61	02/08/2019 10:54 AM PST	
Pulse	73	02/08/2019 10:54 AM PST	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	100%	02/08/2019 10:54 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	104.3 kg (230 lb)	02/08/2019 10:54 AM PST	
Height	179.1 cm (5' 10.5")	02/08/2019 10:54 AM PST	
Body Mass Index	32.54	02/08/2019 10:54 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Chandrashekar, Pranav, MBBS - 02/08/2019 10:25 AM PST

It was great to meet you today Mr. Ashland!

We interrogated your device and you only had one episode.

Your generator is due for a change so please let us know when it starts beeping again.

We will get an echocardiogram to check the pumping function of your heart. IF it is reduced we will discuss adding extra leads to help the pumping function of your heart.

Best,

Dr. Henrikson

Dr. Chandrashekar

Electronically signed by Pranav Chandrashekar, MBBS at 02/08/2019 1:38 PM PST

Progress Notes - documented in this encounter

Henrikson, Charles A, MD - 02/08/2019 10:25 AM PST

Electrophysiology Attending

I have seen and examined Mr. Ashland and discussed the patient's management with the resident and/or fellow. I reviewed the housestaff note above and agree with the documented findings and plan of care. His ICD is approaching ERI. He may qualify for a BiV upgrade, which should be done at time of generator change.

Charles Henrikson, M.D.

Director, Electrophysiology Service

Professor of Medicine

Knight Cardiovascular Institute

Oregon Health & Science University

Electronically signed by Charles Henrikson, MD at 02/11/2019 10:50 AM PST

Chandrashekar, Pranav, MBBS - 02/08/2019 10:25 AM PST

Formatting of this note might be different from the original.

ARRHYTHMIA CLINIC CONSULT

Dr. Mitchell, Jennifer S, requested this consultation for runs of NSVT and generator exchange with possible BiV-ICD upgrade
PCP: Jennifer S Mitchell, PA-C

HPI:

Mr. Ashland is a 67M with a PMHx sig for HFrEF (EF 35%) 2/2 obstructive CAD s/p CABG (recent PCI in 9/2018), VT s/p Medtronic single chamber ICD (required second lead without initial lead extraction) who is here for evaluation of increasing palpitations and ICD nearing ERI requiring generator exchange.

Mr. Ashland was having increasing chest pain this summer and underwent repeat LHC on 9/2018 showing patent LIMA to LAD but diseases RCA and underwent PCI to RCA. Since then his chest pain decreased to about once a week, usually at rest (his typical type of CP). Less intense than before. Takes a SLNTG sometimes and it goes away. Recently since Christmas however he started to notice episodes of lightheadedness. He was at home and a few seconds after standing up he had to go sit down because he felt funny. Said his whole body was sweating, legs buckled and extremely dizzy. This was just after Christmas. Checks BP during these episodes and was around 80/50. Did not transmit his recordings from ICD at that time. Of note previously in November had similar sx's and remote ICD visit showed He had 12 beat run of NSVT on 11/1 and also on 10/27.

He is aware his generator is reaching ERI, however has not heard any beeping noise from the ICD.

Mr. Ashland currently has no chest pain, increased dyspnea on exertion, LE edema, orthopnea, presyncope, or syncope.

Brief Review of CV History, adapted from Dr Camacho's note:

- Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.
- Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.
- Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.
- Mar 20, 2015: Initial visit with Dr. Camacho
- Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Past Medical History:

Diagnosis Date

- CAD (coronary artery disease)
- S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2
- Chest pain
 - Chronic back pain
 - Fatigue
 - Heart failure, chronic systolic (HCC)
 - Hypertriglyceridemia
 - Ischemic cardiomyopathy
 - SOB (shortness of breath)
 - Ventricular tachycardia (paroxysmal) (HCC)
 - Ventricular tachycardia, non-sustained (HCC)

Past Surgical History

Procedure Laterality Date

- Back surgery 1972
- Ventricular restoration 1/2007
- Icd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Allergies: Ace inhibitors

Current Outpatient Prescriptions

Medication Sig

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.
- benzonatate 200 mg oral capsule Take 1 capsule by mouth three times daily.
- clopidogrel 75 mg oral tablet Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.
- ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH TWICE A DAY
- losartan 100 mg oral tablet TAKE ONE TABLET BY MOUTH DAILY
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH DAILY
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. (Patient taking differently: Take 100 mg by mouth once daily.)
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Social history: reports that he has never smoked. He has never used smokeless tobacco. He reports that he drinks about 3.0 oz of alcohol per week. He reports that he does not use drugs..

Family history: No sudden cardiac arrest, familial cardiomyopathy or premature coronary artery disease

Complete review of systems as documented, otherwise or negative.

Physical Exam:

BP Readings from Last 1 Encounters:

02/08/19 102/61

Pulse Readings from Last 1 Encounters:

02/08/19 73

Resp Readings from Last 1 Encounters:

09/19/18 20

Wt Readings from Last 1 Encounters:

02/08/19 104.3 kg (230 lb)

Temp Readings from Last 1 Encounters:

09/18/18 36.8 °C (98.2 °F)

Body mass index is 32.54 kg/m².

Exam:

General: Pleasant gentleman in NAD, speaking in full sentences

HEENT: sclera anicteric, no xanthelasma

Cardiovascular: PMI is nondisplaced, RRR, normal s1 s2, no murmur, JVP just above the clavicle when supine.

Respiratory: CTAB, no wheezes or crackles

Abdomen: soft, nontender, non distended, liver is not pulsatile

Extremities: warm and well perfused, with no edema

Neuro: normal gait

Psych: appropriate mood and affect

Skin: No rashes

Labs:

Lab Results

Component Value Date

NA 142 09/19/2018

K 3.9 09/19/2018

CL 108 09/19/2018

BICARB 25 09/19/2018

BUN 15 09/19/2018

CR 1.02 09/19/2018

GLU 110 (H) 09/19/2018
CA 8.9 09/19/2018
AST 27 12/02/2015
ALT 44 12/02/2015
AP 98 12/02/2015
TBILI 0.5 12/02/2015
TP 7.6 12/02/2015
ALB 4.2 12/02/2015

Lab Results

Component Value Date
WBC 8.38 09/10/2018
HB 14.9 09/10/2018
HCT 44.7 09/10/2018
PLT 213 09/10/2018
MCV 90.5 09/10/2018
RDW 45.6 09/10/2018

CXR:

ECG:

NSR. LBBB. QRS 135.

Transthoracic Echocardiographic Report 10/2016

+-----+

Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

+-----+

LHC 9/2018

SUMMARY:

1. Severe multivessel coronary artery disease involving heavily diseased and occluded left anterior descending, occluded obtuse marginal, and heavily disease and calcified right coronary artery.
2. Patent LIMA to the left anterior descending.
3. Patent vein graft to the second obtuse marginal branch.
4. Successful percutaneous coronary intervention to mid right coronary artery with a 3.5 x 38 mm Resolute Onyx drug-eluting stent.

Pacemaker interrogation 2/2019

One episode of NSVT on 12/29/2019. No VT/VF.

Outside records were reviewed

Impression:

Mr. Ashland is a 67M with a PMHx sig for HFrEF (EF 35%) 2/2 obstructive CAD s/p CABG (+ recent PCI in 9/2018) c/b VT s/p Medtronic single chamber ICD (c/b lead failure with 2nd lead implant w/o lead extraction). His one episode of NSVT date correlates with the date he remembers he had severe palpitations. Recently revascularized and already on maximal therapy so no room for further medical titration. Does feel largely functional so no urgency in making significant immediate changes.

However his device is nearing ERI and will likely require a generator exchange within the next 1-2 months. He could also be a candidate for upgrade to CRT-D at that time. His last echo was 3 years ago with EF of 35%. EKG shows LBBB with QRS about 136 ms. At cusp of meeting criteria for CRT-D upgrade. Will repeat TTE today and if it shows progression of LVEF, can consider BiV upgrade. Hopefully this could improve his symptoms and survival.

Recommendations:

- Repeat TTE
- Will consider BiV upgrade with generator exchange if progression seen on TTE
- Patient will notify EP clinic if ERI sound heard on device for generator exchange.

Patient discussed with supervising cardiologist, Dr. Charles Henrikson, who agrees with my plan unless otherwise documented. .

Pranav Chandrashekar, MBBS

IM PGY-2

Electronically signed by Pranav Chandrashekar, MBBS at 02/11/2019 10:50 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

12 LEAD ECG - Final result (02/08/2019 11:01 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	70	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	69	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	222	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	37	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	135	ms	OHSU DEPT OF CARDIOLOGY	
QT	392	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	422	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-85	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-42	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Prolonged PR interval		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 02-08-2019 11:37:45		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

Visit Diagnoses - documented in this encounter

Diagnosis

Ventricular tachycardia, non-sustained (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Feb. 08, 2019
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Charles A Henrikson MD (Attending) 503-494-1775 (Work) 503-494-8550 (Fax) 3181 SW Sam Jackson Park Rd Portland, OR 97239-6011 Cardiovascular Diseases		Feb. 08, 2019

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/30/2018	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/30/2018, 01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 30, 2018
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239		Nov. 30, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/29/2018	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Paladino, Karen, RN 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Progress Notes - documented in this encounter

Henrikson, Charles A, MD - 11/29/2018 2:00 PM PST

I reviewed Karen Paladino RN's note and device interrogation report and agree with her documented findings and plan of care. My interpretation is that the device is working well and the patient will continue regular follow up in device clinic. Remote visit. Will need generator change soon.

Charles Henrikson, M.D.
Director, Electrophysiology Service
Professor of Medicine
Knight Cardiovascular Institute
Oregon Health & Science University
Portland, OR 97239-3098
503-494-8750

Electronically signed by Charles Henrikson, MD at 12/01/2018 12:54 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
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HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Heart failure, chronic systolic (HCC)

Ventricular tachycardia (paroxysmal) (HCC)

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 29, 2018
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Karen Paladino RN (Attending) 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011		Nov. 29, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/18/2018 - 09/19/2018	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Cigarroa, Joaquin E, MD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-7400 503-418-9195 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	139/83	09/19/2018 10:15 AM PDT	
Pulse	74	09/19/2018 7:00 AM PDT	
Temperature	36.8 °C (98.2 °F)	09/18/2018 9:54 AM PDT	
Respiratory Rate	20	09/19/2018 7:00 AM PDT	
Oxygen Saturation	92%	09/19/2018 10:14 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	102.7 kg (226 lb 6.6 oz)	09/18/2018 9:54 AM PDT	
Height	180.3 cm (5' 11")	09/18/2018 9:54 AM PDT	
Body Mass Index	31.58	09/18/2018 9:54 AM PDT	

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
clopidogrel 75 mg oral tablet	Take 1 tablet by mouth once daily. Indications: Thrombosis Prevention after PCI	90 tablet	09/19/2018	09/26/2019

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Implants - documented as of this encounter

Implanted	Type	Area	Manufacturer	Device Identifier	Model / Serial / Lot
Stent-9/18/2018 Implanted: Qty: 1 on 09/18/2018 by Golwala, Harsh B, MD Description:RCA	STENT		MEDTRONIC		/ RONYX35038UX /

Results - documented in this encounter

12 LEAD ECG - Final result (09/19/2018 6:58 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	69	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	68	ms	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	199	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	23	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	131	ms	OHSU DEPT OF CARDIOLOGY	
QT	407	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	436	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	267	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-22	deg	OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Sinus rhythm		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Left bundle branch block- ABNORMAL ECG -		OHSU DEPT OF CARDIOLOGY	
ECG IMPRESSION	Electronically signed by: MILLER,JARED 09-19-2018 13:18:20		OHSU DEPT OF CARDIOLOGY	

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	0.64	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (09/19/2018 6:55 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	110	70 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA	15	6 - 20 mg/dL	OHSU	

(LAB)			LABORATORY SERVICES, CORE
CREATININE PLASMA (LAB)	1.02	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
SODIUM, PLASMA (LAB)	142	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	25	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	8.9	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
ANION GAP	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

Performed At

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m

Chronic Kidney Disease

<15 mL/min/1.73 sq m

Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function
- Amputees, paraplegics, or other muscle-wasting diseases

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES, CORE
3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

S/P CABG (coronary artery bypass graft)

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
aspirin chewable tablet 81 mg 81 mg, oral, DAILY, First dose on Wed 9/19/18 at 0900, Until Discontinued	Given	09/19/2018 9:34 AM PDT	81 mg		
atorvastatin (LIPITOR) tablet 80 mg 80 mg, oral, DAILY, First dose on Wed 9/19/18 at 0900, Until Discontinued	Given	09/19/2018 9:33 AM PDT	80 mg		
clopidogrel (PLAVIX) tablet 75 mg 75 mg, oral, DAILY, First dose on Wed 9/19/18 at 0900, Until Discontinued	Given	09/19/2018 9:34 AM PDT	75 mg		
fentaNYL (SUBLIMAZE) injection intravenous, INTRAPROCEDURE PRN, Starting Tue 9/18/18 at 1318, Until Tue 9/18/18 at 1523	Given	09/18/2018 3:23 PM PDT	50 mcg		
	Given	09/18/2018 2:35 PM PDT	50 mcg		
	Given	09/18/2018 1:42 PM PDT	25 mcg		
furosemide (LASIX) tablet 20 mg 20 mg, oral, TWICE DAILY (DIURETIC), First dose on Tue 9/18/18 at 1745, Until Discontinued	Given	09/19/2018 9:33 AM PDT	20 mg		
heparin injection intravenous, INTRAPROCEDURE PRN, Starting Tue 9/18/18 at 1437, Until Tue 9/18/18 at 1500	Given	09/18/2018 3:00 PM PDT	1,000 Units		
	Given	09/18/2018 2:37 PM PDT	1,000 Units		
iohexol (OMNIPAQUE) 350 mg iodine/mL injection INTRAPROCEDURE PRN, Starting Tue 9/18/18 at 1537, Until Tue 9/18/18 at 1537	Given	09/18/2018 3:37 PM PDT	121 mL		
lidocaine (XYLOCAINE) 10 mg/mL (1 %) injection infiltration, INTRAPROCEDURE PRN, Starting Tue 9/18/18 at 1327, Until Tue 9/18/18 at 1327	Given	09/18/2018 1:27 PM PDT	5 mL		
midazolam (PF) (VERSED) injection INTRAPROCEDURE PRN, Starting Tue 9/18/18 at 1318, Until Tue 9/18/18 at 1523	Given	09/18/2018 3:23 PM PDT	1 mg		
	Given	09/18/2018 2:35 PM PDT	1 mg		
	Given	09/18/2018 1:42 PM PDT	0.5 mg		
sodium chloride 0.9 % (NS) IV infusion INTRAPROCEDURE CONTINUOUS PRN, Starting Tue 9/18/18 at 1538, Until Tue 9/18/18 at 1538	New Bag	09/18/2018 3:38 PM PDT	230 mL		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Other Service Providers

Document Coverage Dates

Sep. 18, 2018 - Sep. 19, 2018

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Joaquin E Cigarroa MD (Attending, Admitting)

503-494-7400 (Work)

503-418-9195 (Fax)

3303 SW Bond Ave

Portland, OR 97239-4501

Interventional Cardiology

Sep. 18, 2018 - Sep. 19, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/10/2018	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Soman, Divya U, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	04/17/2018	07/31/2019	Discontinued (Reorder)
losartan 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/14/2018	06/19/2019	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	06/22/2018	04/04/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	107/62	09/10/2018 10:03 AM PDT	
Pulse	76	09/10/2018 10:03 AM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	95%	09/10/2018 10:03 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103.4 kg (228 lb)	09/10/2018 10:03 AM PDT	
Height	180.3 cm (5' 11")	09/10/2018 10:03 AM PDT	
Body Mass Index	31.8	09/10/2018 10:03 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Soman, Divya U, MD - 09/10/2018 10:05 AM PDT

- I am concerned about your angina, I am going to refer you for coronary/ graft angiogram and echocardiogram as soon as possible.

- No changes to your medications today as you are already on god medical therapy.

- Lets have you followup with Dr Catherine Wong.

Electronically signed by Divya U Soman, MD at 09/10/2018 11:01 AM PDT

Progress Notes - documented in this encounter

Soman, Divya U, MD - 09/10/2018 10:05 AM PDT

Formatting of this note might be different from the original.

ADVANCED HEART FAILURE CLINIC FOLLOWUP

Primary Care Provider: Jennifer S Mitchell, PA-C

Reason for visit: Chronic systolic heart failure, Angina

History of Present Illness: Michael E Ashland is a 67 y.o.gentleman with h/o CAD s/p CABG and ischemic cardiomyopathy who was last seen in clinic by myself 12/13/17 at which time no medication changes were made.

He has had stable angina for a while but over the past few months he feels it has worsened both in intensity of chest pressure and duration in the discomfort last despite taking nitroglycerine tabs (usually about 3). Taking the tabs does help with resolution of symptoms.The discomfort is only at rest, unlike before it happens consistently every week, he can feel it come on, at times it is a tiny bit of pressure other times it is sudden and very severe. Observers have told him he looks "gray" during these episodes. Overall he is walking less further than before because he is more short of breath.

Prior to his CABG he had rest discomfort and never discomfort with exertion.

Denies palpitations, presyncope or syncope, no LE edema or abd distension, no orthopnea, no PND, no TIA/CVA, no claudication. No ED visits or hospitalizations.

Taking all meds.

Taking nitroglycerine about twice a week.

BPs at home in the low 100s, HR in the 70s

Brief Review of CV History, adapted from Dr Camacho's note:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.

-Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

-Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Past Medical History:

Diagnosis Date

- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Chest pain

- Chronic back pain

- Fatigue

- Heart failure, chronic systolic (HCC)

- Hypertriglyceridemia

- Ischemic cardiomyopathy

- SOB (shortness of breath)

- Ventricular tachycardia (paroxysmal) (HCC)

- Ventricular tachycardia, non-sustained (HCC)

Past Surgical History

Procedure Laterality Date

- Back surgery 1972

- Ventricular restoration 1/2007

- Icd (aicd) implantation 2007

- Pr cabg, vein, two 2007

- Hx neck surgery 1992

- Hx finger surgery

- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011

- Carpal tunnel release 2009

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother

- Alcohol/Drug Brother

- Anesthesia Neg Hx

- Arthritis Neg Hx

- Diabetes Father

- Cancer Neg Hx

- Hypertension Mother

- Hypertension Father

- Stroke Mother

- Thyroid Neg Hx

Social History

Social History

- Marital status: Married
- Spouse name: N/A
- Number of children: N/A
 - Years of education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker
 - Smokeless tobacco: Never Used
- Comment: months in high school
- Alcohol use 3.0 oz/week
- 5 Standard drinks or equivalent per week
- Comment: 1 drink a day
- Drug use: No
 - Sexual activity: Yes
- Partners: Female

Other Topics Concern

- Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

No outpatient prescriptions have been marked as taking for the 9/10/18 encounter (Office Visit) with Divya U Soman, MD.

Current Outpatient Prescriptions on File Prior to Visit

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 180 tablet 3
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period. 30 tablet 0
- ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH TWICE A DAY 180 tablet 2
- losartan 100 mg oral tablet TAKE ONE TABLET BY MOUTH DAILY 90 tablet 3
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH DAILY 90 tablet 3
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

No current facility-administered medications on file prior to visit.

Review of Systems:

Pos and neg ROS outlined in HPI

Physical Exam:

Filed Vitals:

09/10/2018

10:03 AM

Height: 1.803 m (5' 11")

Weight: 103.4 kg (228 lb)

BP: 107/62

Pulse: 76

SpO2: 95%

PainSc: 0 - Zero

BMI: 31.8 kg/(m²)

General: Pleasant gentleman in NAD, speaking in full sentences

HEENT: sclera anicteric, no xanthelasma

Cardiovascular: PMI is nondisplaced, RRR, normal s1 s2, no murmur, JVP just above the clavicle at 45 deg, no HJR

Respiratory: CTAB, no wheezes or crackles

Abdomen: soft, nontender, non distended, liver is not pulsatile

Extremities: warm and well perfused, with no edema

Neuro: normal gait

Psych: appropriate mood and affect

Skin: No rashes

Labs:

No recent labs

Transthoracic echocardiogram 10/6/16:

Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated, 01/04/2012, LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.
4. The oxygen pulse was 18.7 ml/beat, which is normal.
5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

Cath 3/23/2015

SUMMARY:

1. Severe multivessel coronary artery disease with occluded LAD, occluded OM2, and moderate diffuse RCA stenosis and 60% to 70% mid PDA stenosis. Native coronary artery angiogram appears stable compared to angiogram from June 2012.
2. Patent LIMA to LAD. There is high-grade 90% mid LAD stenosis retrograde to LIMA insertion to LAD supplying a diagonal territory.
3. Patent saphenous vein graft to OM with 40% to 50% proximal saphenous vein graft stenosis.
4. Right dominant coronary circulation.

CPEX 10/6/16:

Interpretation:

The patient exercised on a treadmill for 12 minutes and 44 seconds using a Heart Action protocol. He achieved a work load of 7.4 METs. Anaerobic Threshold (AT) was reached. The RER was 1.01 at AT and 1.23 at peak. The test was stopped due to leg fatigue. The resting heart rate was 61 beats per minute. Heart rate increased to 120 beats per minute with peak exercise, which is 77% of the maximal age-predicted heart rate. The resting blood pressure was 127/80. The blood pressure at peak was 137/68. The oxygen saturation was 97% rest and 98% at peak exercise. Spirometry was within normal limits.

The peak VO₂ was 23 ml/kg/min, which was 94% of the predicted VO₂ using the Jones '83 reference values. Adjusted for ideal weight, the peak VO₂ was 30.2 ml/kg/min, which is 124% of predicted. The VO₂ at AT was 16.3 ml/kg/min, which is 67% of the predicted VO₂. The O₂ pulse at peak was 19. The VE/VCO₂ slope was 24. The breathing reserve is 32%. The ECG at rest shows sinus rhythm with nonspecific interventricular conduction delay, poor r-wave progression, Q-wave in aVL, t-wave inversions in the inferolateral leads, PVC. The ECG with exercise shows sinus tachycardia, twaves become upright in the inferior and lateral leads, PVCs, PACs.

Conclusions:

No significant circulatory or ventilatory impairment.

Assessment: Mr Ashland is a 67 M with h/o CAD s/p 2v CABG, chronic systolic HF due to ICM, s/p single chamber ICD, previous h/o LV thrombus who presents for routine follow up with symptoms of unstable angina.

Active Problem List:

1. Chronic systolic heart failure, Stage C, NYHA III
2. Ischemic cardiomyopathy, unstable angina
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007
4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Hypertriglyceridemia

Plan:

1. Chronic systolic heart failure secondary to ischemic cardiomyopathy: Stage C NYHA class III today and appears euvolemic on exam. No med changes today as already on excellent therapy. Given symptoms of unstable angina, will get echo and refer for angiogram.
2. Coronary artery disease s/p 2 V CABG: Unstable angina. Continue ASA, statin, Imdur and metoprolol. Will refer for coronary and graft angiography.
3. Medtronic single chamber ICD: No clinical events. Has remote monitoring.
4. Will refer to Dr Catherine Wong for continued follow up.

Divya Soman, MD
Assistant Professor of Medicine
Heart Failure and Heart Transplantation
Knight Cardiovascular Institute
Oregon Health & Science University

Electronically signed by Divya U Soman, MD at 09/11/2018 2:43 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary
S/P CABG (coronary artery bypass graft)
Heart failure, chronic systolic (HCC)
Cardiac angina (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 10, 2018
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Divya U Soman MD (Attending) Cardiovascular Diseases		Sep. 10, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/16/2018	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	03/28/2017	04/16/2018	Discontinued (Reorder)
LOSARTAN 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	05/17/2017	06/14/2018	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	30 tablet	12/01/2017	06/22/2018	Discontinued (Reorder)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	03/13/2018	04/04/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Progress Notes - documented in this encounter

Henrikson, Charles A, MD - 03/16/2018 2:30 PM PDT

I reviewed device specialist Kairee Goodwin's note and device interrogation report and agree with her documented findings and plan of care. My interpretation is that the device is working well and the patient will continue regular follow up in device clinic. NSVT noted.

Charles Henrikson, M.D.
Director, Electrophysiology Service
Associate Professor of Medicine
Knight Cardiovascular Institute
Oregon Health & Science University
Portland, OR 97239-3098
503-494-8750

Electronically signed by Charles Henrikson, MD at 03/18/2018 9:06 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

PORTLAND, OR 97219-1020

Physician Assistant

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Mar. 16, 2018

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

CAR EP NURSE (Attending)

Portland, OR 97239-6011

Mar. 16, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/14/2018	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Mitchell, Jennifer S, PA-C 4411 SW Vermont St PORTLAND, OR 97219-1020 503-494-9992 503-494-1967 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	01/17/2018		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/14/2017	03/13/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	03/28/2017	04/16/2018	Discontinued (Reorder)
LOSARTAN 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	05/17/2017	06/14/2018	Discontinued (Reorder)
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metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	30 tablet	12/01/2017	06/22/2018	Discontinued (Reorder)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/60	02/14/2018 10:46 AM PST	
Pulse	78	02/14/2018 10:46 AM PST	
Temperature	36.6 °C (97.8 °F)	02/14/2018 10:46 AM PST	
Respiratory Rate	18	02/14/2018 10:46 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	102.5 kg (226 lb)	02/14/2018 10:46 AM PST	
Height	-	-	
Body Mass Index	31.52	12/13/2017 4:22 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Mitchell, Jennifer S, PA-C - 02/14/2018 11:47 AM PST

Medial Collateral Ligament Sprain: Rehab Exercises

Your Care Instructions

Here are some examples of typical rehabilitation exercises for your condition. Start each exercise slowly. Ease off the exercise if you start to have pain.

Your doctor or physical therapist will tell you when you can start these exercises and which ones will work best for you.

How to do the exercises

Knee flexion with heel slide

1. Lie on your back with your knees bent.
2. Slide your heel back by bending your affected knee as far as you can. Then hook your other foot around your ankle to help pull your heel even farther back.
3. Hold for about 6 seconds, then rest for up to 10 seconds.
4. Repeat 8 to 12 times.

Heel slides on a wall

1. Lie on the floor close enough to a wall so that you can place both legs up on the wall. Your hips should be as close to the wall as is comfortable for you.
2. Start with both feet resting on the wall. Slowly let the foot of your affected leg slide down the wall until you feel a stretch in your knee.
3. Hold for 15 to 30 seconds.
4. Then slowly slide your foot up to where you started.
5. Repeat 2 to 4 times.

Quad sets

1. Sit with your affected leg straight and supported on the floor or a firm bed. Place a small, rolled-up towel under your knee. Your other leg should be bent, with that foot flat on the floor.

2. Tighten the thigh muscles of your affected leg by pressing the back of your knee down into the towel.
3. Hold for about 6 seconds, then rest for up to 10 seconds.
4. Repeat 8 to 12 times.

Short-arc quad

1. Lie on your back with your knees bent over a foam roll or a large rolled-up towel.
2. Lift the lower part of your affected leg and straighten your knee by tightening your thigh muscle. Keep the bottom of your knee on the foam roll or rolled-up towel.
3. Hold your knee straight for about 6 seconds, then slowly bend your knee and lower your leg back to the floor. Rest for up to 10 seconds between repetitions.
4. Repeat 8 to 12 times.

Straight-leg raises to the front

1. Lie on your back with your good knee bent so that your foot rests flat on the floor. Your affected leg should be straight. Make sure that your low back has a normal curve. You should be able to slip your hand in between the floor and the small of your back, with your palm touching the floor and your back touching the back of your hand.
2. Tighten the thigh muscles in your affected leg by pressing the back of your knee flat down to the floor. Hold your knee straight.
3. Keeping the thigh muscles tight and your leg straight, lift your affected leg up so that your heel is about 12 inches off the floor. Hold for about 6 seconds, then lower slowly.
4. Relax for up to 10 seconds between repetitions.
5. Repeat 8 to 12 times.

Hamstring set (heel dig)

1. Sit with your affected leg bent. Your good leg should be straight and supported on the floor.
2. Tighten the muscles on the back of your bent leg (hamstring) by pressing your heel into the floor.
3. Hold for about 6 seconds, then rest for up to 10 seconds.
4. Repeat 8 to 12 times.

Hip adduction

You will need a pillow for this exercise.

1. Sit on the floor with your knees bent.
2. Place a pillow between your knees.
3. Put your hands slightly behind your hips for support.
4. Squeeze the pillow by tightening the muscles on the inside of your thighs.
5. Hold for 6 seconds, then rest for up to 10 seconds.
6. Repeat 8 to 12 times.

Hip abduction

You will need a small pillow for this exercise.

1. Sit on the floor with your affected knee close to a wall.
2. Bend your affected knee but keep the other leg straight in front of you.
3. Place a pillow between the outside of your knee and the wall.
4. Put your hands slightly behind your hips for support.
5. Push the outside of your knee against the pillow and the wall.
6. Hold for 6 seconds, then rest for up to 10 seconds.
7. Repeat 8 to 12 times.

Lateral step-up

1. Stand sideways on the bottom step of a staircase with your injured leg on the step and your other foot on the floor. Hold on to the banister or wall.
2. Use your injured leg to raise yourself up, bringing your other foot level with the stair step. Make sure to keep your hips level as you do this. And try to keep your knee moving in a straight line with your middle toe. Do not put the foot you are raising on the stair step.
3. Slowly lower your foot back down.
4. Repeat 8 to 12 times.

Wall squats with ball

You will need a large therapy ball for this exercise. Ask your doctor or physical therapist what size you will need, but it should be large enough to cover your back.

1. Stand with your back facing a wall. Place your feet about a shoulder-width apart.
2. Place the therapy ball between your back and the wall, and move your feet out in front of you so they are about a foot in front of your hips.
3. Keep your arms at your sides, or put your hands on your hips.
4. Slowly squat down as if you are going to sit in a chair, rolling your back over the ball as you squat. The ball should move with you but stay pressed into the wall.
5. Be sure that your knees do not go in front of your toes as you squat.

6. Hold for 6 seconds.
7. Slowly rise to your standing position.
8. Repeat 8 to 12 times.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

Where can you learn more?

To learn more about "Medial Collateral Ligament Sprain: Rehab Exercises", log into your MyChart account at <http://www.ohsu.edu/mychart>. You can enter R100 in the "Health Library" search box.

Not on MyChart? Review the MyChart section of your After Visit Summary for directions on how to sign up.

Current as of: March 21, 2017

Content Version: 11.5

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Electronically signed by Jennifer S Mitchell, PA-C at 02/14/2018 11:47 AM PST

Progress Notes - documented in this encounter

Mitchell, Jennifer S, PA-C - 02/14/2018 10:40 AM PST

Formatting of this note might be different from the original.

SUBJECTIVE

CC:

Chief Complaint

Patient presents with

- Knee pain

L knee, for a mth and half.

HPI: Michael E Ashland is a 66 y.o. male who presents With left knee pain for the last 1-2 months. He denies any injury or inciting incident. It may have started while he was moving a. Recently returned from a trip to Paris with his wife. Pain seemed to worsen during that time. He denies any previous history of knee pain. Denies any popping, catching or clicking. There is no feeling of instability of the joint next

He denies any hip or ankle pain. He's tried over-the-counter pain medications without benefit.

Notes that the pain is mostly medial. This seemed to bother him at night and is preventing him from sleeping at times.

ROS: See HPI.

Social History

Substance Use Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol use 3.0 oz/week

5 Standard drinks or equivalent per week

Comment: 1 drink a day

OBJECTIVE

BP 110/60 | Pulse 78 | Temp (Src) 36.6 °C (97.8 °F) (Oral) | RR 18 | Wt 102.5 kg (226 lb) | BMI 31.52 kg/(m²)

Estimated body mass index is 31.52 kg/m² as calculated from the following:

Height as of 12/13/17: 1.803 m (5' 11").

Weight as of this encounter: 102.5 kg (226 lb).

Physical Exam:

General: Well developed, well appearing, well groomed. Appears stated age. Sits comfortably in NAD

Knee: No Swelling or deformity. Tenderness to palpation of the MCL. FROM. No ligamentous laxity with varus or valgus stress. There is pain with stress at the MCL. Negative drawer sign. Negative McMurray sigh

Left knee x-ray: No acute changes. Mild degenerative changes medial aspect of the knee per my read. Radiology report pending at time of office visit

ASSESSMENT/PLAN

Michael E was seen today for knee pain.

Diagnoses and all orders for this visit:

Left knee pain, unspecified chronicity
- X-RAY KNEE 3 VIEWS LEFT; Future

suspect likely MCL strain

No sign of internal derangement or ligamentous laxity

Recommend home exercise program. Handout with exercises given

Activity as tolerated

Dispense a knee brace

If symptoms persist, consider physical therapy versus consult with sports medicine

He does have a prescription for Vicodin which he uses as needed for his back pain. Has been trying to limit his use of opiates.

Follow-up as needed

Electronically signed by Jennifer S Mitchell, PA-C at 02/14/2018 12:03 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Left knee pain, unspecified chronicity - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Feb. 14, 2018
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Jennifer S Mitchell PA-C (Attending) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant		Feb. 14, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/09/2018	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/14/2017	03/13/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	03/28/2017	04/16/2018	Discontinued (Reorder)
LOSARTAN 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	05/17/2017	06/14/2018	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	30 tablet	12/01/2017	06/22/2018	Discontinued (Reorder)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/09/2018	02/28/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	01/09/2018, 11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/09/2018, 01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Need for pneumococcal vaccination

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Jennifer S Mitchell PA-C (Jan. 08, 2018 - Present) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St PORTLAND, OR 97219-1020 Physician Assistant Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 09, 2018
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239		Jan. 09, 2018

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/13/2017	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Soman, Divya U, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/06/2017	01/08/2018	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/14/2017	03/13/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	03/28/2017	04/16/2018	Discontinued (Reorder)
LOSARTAN 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	05/17/2017	06/14/2018	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH DAILY	30 tablet	12/01/2017	06/22/2018	Discontinued (Reorder)
ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH TWICE A DAY	180 tablet	12/11/2017	02/11/2019	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	118/65	12/13/2017 4:22 PM PST	
Pulse	71	12/13/2017 4:22 PM PST	
Temperature	-	-	
Respiratory Rate	12	12/13/2017 4:22 PM PST	
Oxygen Saturation	99%	12/13/2017 4:22 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	102.9 kg (226 lb 12.8 oz)	12/13/2017 4:22 PM PST	
Height	180.3 cm (5' 11")	12/13/2017 4:22 PM PST	
Body Mass Index	31.63	12/13/2017 4:22 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Soman, Divya U, MD - 12/13/2017 4:35 PM PST

- you are looking great today!
- No changes to your medications.
- See you back in 6 mths.

Electronically signed by Divya U Soman, MD at 12/13/2017 5:19 PM PST

Progress Notes - documented in this encounter

Soman, Divya U, MD - 12/13/2017 4:35 PM PST

Formatting of this note might be different from the original.

ADVANCED HEART FAILURE CLINIC FOLLOWUP

Primary Care Provider: John Mitchell, MD,MPH

Reason for visit: Chronic systolic heart failure

History of Present Illness: Michael E Ashland is a 66 y.o.gentleman with h/o CAD s/p CABG and ischemic cardiomyopathy who was last seen in clinic by Dr Gelow and Dr Pendyal 11/2/2016 at which time no medication changes were made. He presents today for routine follow up.

Overall he has been doing alright with no major issues. His weight at home has been decreasing, he does not check his BP or HR. He still gets chest pain about once a week, not connected to exertion - he is usually sedentary when it happens, its is a pressure like pain,takes 1-3 nitroglycerine for it to go away. This is his chronic angina, has not been taking more or less nitroglycerine, he has however increased his aerobic activity in the last 6 mths as he has been moving house from Portland to Silverton, he is retiring out there. Once a month gets a little lightheaded, not exertional, no palpitations, no presyncope or syncope, no LE edema or abd distension, no orthopnea, no PND, no TIA/CVA, no claudication. Taking all meds.

No ED visits or hospitalizations.

Brief Review of CV History, adapted from Dr Camacho's note:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.

-Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

-Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Past Medical History:

Diagnosis Date

- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Chest pain
- Chronic back pain
- Fatigue
- Heart failure, chronic systolic (HCC)
- Hypertriglyceridemia
- Ischemic cardiomyopathy
- SOB (shortness of breath)
- Ventricular tachycardia (paroxysmal) (HCC)
- Ventricular tachycardia, non-sustained (HCC)

Past Surgical History:

Procedure Laterality Date

- BACK SURGERY 1972
- CARPAL TUNNEL RELEASE 2009
- hx finger surgery
- hx neck surgery 1992
- ICD (AICD) (2011
- ICD (AICD) IMPLANTATION 2007
- PR CABG, VEIN, TWO 2007
- Ventricular Restoration 1/2007

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother

- Alcohol/Drug Brother

- Anesthesia Neg Hx

- Arthritis Neg Hx

- Diabetes Father

- Cancer Neg Hx

- Hypertension Mother

- Hypertension Father

- Stroke Mother

- Thyroid Neg Hx

Social History

Social History

- Marital status: Married

Spouse name: N/A

- Number of children: N/A

- Years of education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol use 3.0 oz/week

5 Standard drinks or equivalent per week

Comment: 1 drink a day

- Drug use: No
- Sexual activity: Yes

Partners: Female

Other Topics Concern

- Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 12/13/17 encounter (Office Visit) with Divya U Soman, MD

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 180 tablet 3
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period. 30 tablet 0
- ISOSORBIDE MONONITRATE CR 60 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH TWICE A DAY 180 tablet 2
- LOSARTAN 100 mg oral tablet TAKE ONE TABLET BY MOUTH DAILY 90 tablet 3
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH DAILY 30 tablet 4
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

Review of Systems:

Pos and neg ROS outlined in HPI

Physical Exam:

Filed Vitals:

12/13/2017

4:22 PM

Height: 1.803 m (5' 11")

Weight: 102.9 kg (226 lb 12.8 oz)

BP: 118/65

BP location: LEFT ARM

BP position: SITTING

Pulse: 71

Resp: 12

SpO2: 99%

PainSc: 0 - Zero

BMI: 31.63 kg/(m²)

General: Pleasant gentleman in NAD, speaking in full sentences

HEENT: sclera anicteric, no xanthelasma

Cardiovascular: PMI is nondisplaced, RRR, normal s1 s2, no murmur, JVP just at the clavicle at 45 deg.

Respiratory: CTAB, no wheezes or crackles

Abdomen: soft, nontender, non distended, liver is not pulsatile

Extremities: warm and well perfused, with no edema

Neuro: normal gait

Psych: appropriate mood and affect

Skin: No rashes

Labs:

No recent labs

Transthoracic echocardiogram 10/6/16:

Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated, 01/04/2012, LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.

4. The oxygen pulse was 18.7 ml/beat, which is normal.
5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

Cath 3/23/2015

SUMMARY:

1. Severe multivessel coronary artery disease with occluded LAD, occluded OM2, and moderate diffuse RCA stenosis and 60% to 70% mid PDA stenosis. Native coronary artery angiogram appears stable compared to angiogram from June 2012.
2. Patent LIMA to LAD. There is high-grade 90% mid LAD stenosis retrograde to LIMA insertion to LAD supplying a diagonal territory.
3. Patent saphenous vein graft to OM with 40% to 50% proximal saphenous vein graft stenosis.
4. Right dominant coronary circulation.

CPEX 10/6/16:

Interpretation:

The patient exercised on a treadmill for 12 minutes and 44 seconds using a Heart Action protocol. He achieved a work load of 7.4 METs. Anaerobic Threshold (AT) was reached. The RER was 1.01 at AT and 1.23 at peak. The test was stopped due to leg fatigue. The resting heart rate was 61 beats per minute. Heart rate increased to 120 beats per minute with peak exercise, which is 77% of the maximal age-predicted heart rate. The resting blood pressure was 127/80. The blood pressure at peak was 137/68. The oxygen saturation was 97% rest and 98% at peak exercise. Spirometry was within normal limits.

The peak VO₂ was 23 ml/kg/min, which was 94% of the predicted VO₂ using the Jones '83 reference values. Adjusted for ideal weight, the peak VO₂ was 30.2 ml/kg/min, which is 124% of predicted. The VO₂ at AT was 16.3 ml/kg/min, which is 67% of the predicted VO₂. The O₂ pulse at peak was 19. The VE/VCO₂ slope was 24. The breathing reserve is 32%. The ECG at rest shows sinus rhythm with nonspecific interventricular conduction delay, poor r-wave progression, Q-wave in aVL, t-wave inversions in the inferolateral leads, PVC. The ECG with exercise shows sinus tachycardia, twaves become upright in the inferior and lateral leads, PVCs, PACs.

Conclusions:

No significant circulatory or ventilatory impairment.

Assessment: Mr Ashland is a 66 M with h/o CAD s/p 2v CABG, chronic systolic HF due to ICM, s/p single chamber ICD, previous h/o LV thrombus who presents for routine follow up.

Active Problem List:

1. Chronic systolic heart failure, Stage C, NYHA II
2. Ischemic cardiomyopathy
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007
4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Hypertriglyceridemia

Plan:

1. Chronic systolic heart failure secondary to ischemic cardiomyopathy: Stage C NYHA class II today and appears euvolemic on exam. Will continue losartan, metoprolol and lasix. He is not on spironolactone, will consider next visit.
2. Coronary artery disease s/p 2 V CABG: Has chronic stable angina. Continue ASA, statin, Imdur and metoprolol.
3. Medtronic single chamber ICD: No clinical events. Has remote monitoring.
4. F/U in 6 mths.

Divya Soman, MD

Assistant Professor of Medicine

Heart Failure and Heart Transplantation

Knight Cardiovascular Institute

Oregon Health & Science University

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)

Heart failure, chronic systolic (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>John B Mitchell MD,MPH (Aug. 29, 2017 - Jan. 07, 2018) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		Dec. 13, 2017
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>Divya U Soman MD (Attending) Cardiovascular Diseases</p>	Dec. 13, 2017	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/31/2017	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Devoe, Jennifer, MD 4411 SW Vermont St Portland, OR 97219-1020 503-494-9992 503-494-1967 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	11/22/2016	06/03/2017	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 1 tablet by mouth two times daily.	180 tablet	12/07/2016	12/08/2017	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	01/06/2017	01/08/2018	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/14/2017	03/13/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	180 tablet	03/28/2017	04/16/2018	Discontinued (Reorder)
LOSARTAN 100 mg oral tablet	TAKE ONE TABLET BY MOUTH DAILY	90 tablet	05/17/2017	06/14/2018	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019	Discontinued (Med List Cleanup)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/68	05/31/2017 7:59 AM PDT	
Pulse	79	05/31/2017 7:59 AM PDT	
Temperature	36.4 °C (97.6 °F)	05/31/2017 7:59 AM PDT	
Respiratory Rate	16	05/31/2017 7:59 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	102.6 kg (226 lb 4.8 oz)	05/31/2017 7:59 AM PDT	
Height	179.1 cm (5' 10.51")	05/31/2017 7:59 AM PDT	
Body Mass Index	32	05/31/2017 7:59 AM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	30 tablet	05/31/2017	08/14/2019

Progress Notes - documented in this encounter

Devoe, Jennifer, MD - 05/31/2017 8:00 AM PDT

Formatting of this note might be different from the original.

SUBJECTIVE:

Michael E Ashland is a 65 y.o. male with the following:

Chief Complaint

Patient presents with

- Ankle Injury/Foot pain

L foot injury - Four days ago, patient rolled ankle/foot and has had pain and swelling since that time. Walking okay but using a cane. Has been using ice. Tried ibuprofen which did not work for him. Has some vicodin at home which has given him some relief. No prior injury to L foot. No numbness/tingling or weakness.

Allergies, Medications and Past Medical/Family/Social History reviewed, please see EPIC chart and notes below.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Current Outpatient Prescriptions

Medication Sig

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.

- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 1 tablet by mouth two times daily.
- LOSARTAN 100 mg oral tablet TAKE ONE TABLET BY MOUTH DAILY
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime.
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Past Medical History:

Diagnosis Date

- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Chest pain
- Chronic back pain
- Fatigue
- Heart failure, chronic systolic (HCC)
- Hypertriglyceridemia
- Ischemic cardiomyopathy
- SOB (shortness of breath)
- Ventricular tachycardia (paroxysmal) (HCC)
- Ventricular tachycardia, non-sustained (HCC)

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother
- Alcohol/Drug Brother
- Anesthesia Neg Hx
- Arthritis Neg Hx
- Diabetes Father
- Cancer Neg Hx
- Hypertension Mother
- Hypertension Father
- Stroke Mother
- Thyroid Neg Hx

Social History

Substance Use Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol use 3.0 oz/week

5 Standard drinks or equivalent per week

Comment: 1 drink a day

Review of Systems: Comprehensive review of MSK, neuro, derm systems negative except as described above.

OBJECTIVE:

BP 110/68 | Pulse 79 | Temp (Src) 36.4 °C (97.6 °F) (Oral) | RR 16 | Ht 1.791 m (5' 10.51") | Wt 102.6 kg (226 lb 4.8 oz) | BMI 32

kg/(m²)

General exam: patient appears well with no acute distress.

MSK: swelling and pain over 5th metatarsal; ankle without swelling or pain

Neuro: no neurological deficits

Ext: 2+ distal pulses, no edema.

The patient was given the DAST drug screening form(s) today and the score(s) placed the patient into the low risk zone(s) use. We did not pursue this further because the patient's low risk use did not warrant further discussion.

Foot xray - no fractures, some soft tissue swelling noted near base of 5th metatarsal

ASSESSMENT/PLAN:

Left foot pain (primary encounter diagnosis)

Likely related to a sprain, discussed RICE and other sprain management techniques. Pt reports he has a compression sock and a hard-soled shoe he can use.

Plan: X-RAY FOOT 3 VIEWS LEFT, awaiting formal read.

Refilled #30 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet

Screening for substance abuse

Plan: PR FULL SCREEN DRUG PERFORMED

Chronic low back pain with bilateral sciatica, unspecified back pain laterality

Pain medication agreement

Plan: Pt on pain contract with Dr. Bendert for HYDROcodone-acetaminophen (NORCO) 5-325 mg oral Tablet, reviewed. Given #30 for acute pain management. Pt will f/u with PCP for refills per contract.

Electronically signed by Jennifer Devoe, MD at 05/31/2017 9:08 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Left foot pain - Primary

Screening for substance abuse

Chronic low back pain with bilateral sciatica, unspecified back pain laterality

Pain medication agreement

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
-----------------------	-------------------------	-------------------------

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

May 31, 2017

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Jennifer Devoe MD (Attending)

503-494-9992 (Work)

503-494-1967 (Fax)

4411 SW Vermont St

Portland, OR 97219-1020

Family Medicine

Encounter Date

May 31, 2017

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/29/2016	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	11/07/2016	03/08/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	11/22/2016	06/03/2017	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, high dose seasonal, preservative-free	11/29/2016	
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
PCV13	11/29/2016	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

- Need for influenza vaccination - Primary
- Need for vaccination with 13-polyvalent pneumococcal conjugate vaccine

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 29, 2016
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239		Nov. 29, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/02/2016	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Gelow, Jill M, MD 1111 NE 99th Ave Suite 201 PORTLAND, OR 97220 503-962-1000 503-962-1005 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	09/19/2016	11/07/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	5.0		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/62	11/02/2016 3:35 PM PDT	
Pulse	73	11/02/2016 3:35 PM PDT	
Temperature	36.1 °C (96.9 °F)	11/02/2016 3:35 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	96%	11/02/2016 3:35 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103 kg (227 lb)	11/02/2016 3:35 PM PDT	
Height	179.1 cm (5' 10.5")	11/02/2016 3:35 PM PDT	
Body Mass Index	32.11	11/02/2016 3:35 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Pendyal, Akshay, MD - 11/02/2016 4:41 PM PDT

Thanks for coming to see us today

The results of your exercise stress test are reassuring, and your echocardiogram looks largely similar to the prior one

We won't make any changes to medications today

We think it is very safe for you to restart a mild to moderate aerobic exercise program -- even starting with something like walking 30 minutes a day, most days of the week

Electronically signed by AKSHAY PENDYAL, MD at 11/02/2016 4:46 PM PDT

Progress Notes - documented in this encounter

Pendyal, Akshay, MD - 11/02/2016 3:59 PM PDT

Formatting of this note might be different from the original.

ADVANCED HEART FAILURE CLINIC FOLLOWUP

Primary Care Provider: Kristin S Bendert, MD,MPH

Reason for visit: Chronic systolic heart failure

History of Present Illness: Michael E Ashland is a 65 y.o. male patient with past cardiac history as outlined below. He presents today for followup.

Brief Review of CV History, adapted from Dr Camacho's last note:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.

-Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

-Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Interval History Since Last Clinic Visit: .

Last saw me on 9/21/16. At that time, because he was feeling quite a bit worse than he did a year prior, we ordered a repeat CPEX and echo. He had both of these done on 10/6/16. Results below.

Today, he states he feels "pretty good." He says that on a given day, he can walk "a couple of miles," but on another day, even walking to the mailbox causes him to feel SOB and fatigue. In the interim, since I last saw him, he remodeled his kitchen, putting in new countertops and a new sink. He says that he largely did "ok" while doing this. With regards to chest pain -- frequency and character of CP have not changed. He generally does not feel SOB at rest, though this is often when he gets CP. No PND or orthopnea. As he said last time, no LE swelling, but he does sometimes feel abdominal distension and "pressure." No lightheadedness or dizziness. He is still taking lasix 20 mg po daily in the AM; he states that "maybe once a week" he takes an extra dose in the evening. He has not really tried to increase his level of activity since we last saw him, because he wanted to review the results of CPEX first.

Past Medical History

Diagnosis Date

- Fatigue
 - Hypertriglyceridemia
 - Ventricular tachycardia (paroxysmal) (HCC)
 - SOB (shortness of breath)
 - CAD (coronary artery disease)
- S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2
- Ischemic cardiomyopathy
 - Chest pain
 - Chronic back pain
 - Heart failure, chronic systolic (HCC)
 - Ventricular tachycardia, non-sustained (HCC)

Past Surgical History

Procedure Laterality Date

- Back surgery 1972
- Ventricular restoration 1/2007
- Icd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Family History

Problem Relation

- Heart Disease Mother
- CHF
- Heart Disease Father
- CABG
- Blood Disease Brother
- AIDS
- Heart Disease Daughter
- PVC's
- Heart Disease Son
- PVC's
- Heart Disease Brother
- CABG
- Alcohol/Drug Mother
 - Alcohol/Drug Brother
 - Anesthesia Neg Hx
 - Arthritis Neg Hx
 - Diabetes Father
 - Cancer Neg Hx
 - Hypertension Mother
 - Hypertension Father
 - Stroke Mother
 - Thyroid Neg Hx

Social History

Social History

- Marital Status: Married
- Spouse Name: N/A
- Number of Children: N/A
 - Years of Education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol Use: 3.0 oz/week

5 Standard drinks or equivalent per week

Comment: 1 drink a day

- Drug Use: No
- Sexual Activity:
Partners: Female

Other Topics Concern

- Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 11/2/16 encounter (Office Visit) with Jill M Gelow, MD

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 60 tablet 0
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period. 90 tablet 0
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily. (Patient taking differently: Take 60 mg by mouth two times daily.) 60 tablet 6
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily. 90 tablet 3
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY 30 tablet 6
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

Review of Systems:

Pos and neg ROS outlined in HPI

Physical Exam:

Filed Vitals:

11/02/2016

3:35 PM

Height: 1.791 m (5' 10.5")

Weight: 102.967 kg (227 lb)

BP: 102/62

Pulse: 73

Temp: 36.1 °C (96.9 °F)

TempSrc: Oral

SpO2: 96%

PainSc: 0 - Zero

BMI: 32.1 kg/(m²)

General: NAD

HEENT: sclera anicteric

Cardiovascular: nondisplaced PMI, RRR, nl s1 s2, no murmur, JVP not elevated with patient upright

Respiratory: nl effort, CTAB, no crackles

Abdomen: soft, nontender

Extremities: warm and well perfused, with no edema

Neuro: awake and alert

Psych: pleasant

Recent Labs

09/20/16

0926

NA 144

K 3.7

BICARB 25

Recent Labs

09/20/16

0926

BUN 20

CR 1.08

No results for input(s): AST, ALT, ALB in the last 4320 hours.

Recent Labs

09/20/16

0926

WBC 6.51

HB 14.2

HCT 43.7

PLT 182

Invalid input(s): INR

Recent Labs

09/20/16

0926

NTPROBNP 157*

Recent Labs

09/20/16

0926

GLU 107*

Recent Labs

09/20/16

0926

A1C 6.1*

No results for input(s): TSH in the last 8640 hours.

Recent Labs

12/02/15

1131 09/20/16

0926

CHOL 162 134

LDL 49 39

HDL 54 48

TRI 295* 235*

Transthoracic echocardiogram 10/6/16:

Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.

7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated, 01/04/2012, LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.
4. The oxygen pulse was 18.7 ml/beat, which is normal.
5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

CPEX 10/6/16:

Interpretation:

The patient exercised on a treadmill for 12 minutes and 44 seconds using a Heart Action protocol. He

achieved a work load of 7.4 METs. Anaerobic Threshold (AT) was reached. The RER was 1.01 at AT and 1.23 at peak. The test was stopped due to leg fatigue. The resting heart rate was 61 beats per minute. Heart rate increased to 120 beats per minute with peak exercise, which is 77% of the maximal age-predicted heart rate. The resting blood pressure was 127/80. The blood pressure at peak was 137/68. The oxygen saturation was 97% rest and 98% at peak exercise. Spirometry was within normal limits.

The peak VO₂ was 23 ml/kg/min, which was 94% of the predicted VO₂ using the Jones '83 reference values. Adjusted for ideal weight, the peak VO₂ was 30.2 ml/kg/min, which is 124% of predicted. The VO₂ at AT was 16.3 ml/kg/min, which is 67% of the predicted VO₂. The O₂ pulse at peak was 19. The VE/VCO₂ slope was 24. The breathing reserve is 32%. The ECG at rest shows sinus rhythm with nonspecific interventricular conduction delay, poor r-wave progression, Q-wave in aVL, t-wave inversions in the inferolateral leads, PVC. The ECG with exercise shows sinus tachycardia, twaves become upright in the inferior and lateral leads, PVCs, PACs.

Conclusions:

No significant circulatory or ventilatory impairment.

Cath 3/23/2015

SUMMARY:

1. Severe multivessel coronary artery disease with occluded LAD, occluded OM2, and moderate diffuse RCA stenosis and 60% to 70% mid PDA stenosis. Native coronary artery angiogram appears stable compared to angiogram from June 2012.
2. Patent LIMA to LAD. There is high-grade 90% mid LADstenosis retrograde to LIMA insertion to LAD supplying a diagonal territory.
3. Patent saphenous vein graft to OM with 40% to 50% proximal saphenous vein graft stenosis.
4. Right dominant coronary circulation.

Active Problem List:

1. Chronic systolic heart failure, Stage C, NYHA II-III
2. Ischemic cardiomyopathy
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007
4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Hypertriglyceridemia

Assessment: Mr Ashland is a 65 M with h/o CAD s/p 2v CABG, chronic systolic HF due to ICM, s/p single chamber ICD, previous h/o LV thrombus, and hypertriglyceridemia. He returns to clinic today for followup. He continues to demonstrate non-elevated filling pressures on exam. Functional status has remained stable. We recently obtained a repeat echo, which demonstrated perhaps a small decrement in LV function. We also obtained a CPEX, which showed likely deconditioning, but overall, no significant circulatory or pulmonary impairment to exercise. This is all very reassuring, and we conveyed this to Mr. Ashland today. We encouraged him to resume a regular aerobic exercise program, which he seemed enthusiastic to do. We will make no change to cardiac medications (including ASA, high-potency statin, toprol XL, losartan, and ISMN) today.

Plan:

- resume aerobic exercise
- no change to medications today
- followup in clinic in six months

Patient seen and examined with Dr Gelow, who agrees with the above assessment and plan

AKSHAY PENDYAL, MD

Cardiology Fellow

Advanced Heart Failure and Transplant Attending Note:

I saw and examined Mr. Ashland with Dr. Pendyal and agree with the above assessment and plan.

Stable CPEX compared to last study in 2012. We discussed these results today and will continue medical management and close follow-up.

Jill M. Gelow, MD MPH

Assistant Professor of Medicine

Heart Failure and Heart Transplantation

Division of Cardiovascular Medicine

Oregon Health & Science University

Electronically signed by Jill M Gelow at 11/05/2016 12:56 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Ischemic cardiomyopathy

Coronary artery disease, angina presence unspecified, unspecified vessel or lesion type, unspecified whether native or transplanted heart

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		Nov. 02, 2016
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>Jill M Gelow MD (Attending) 503-962-1000 (Work) 503-962-1005 (Fax) 1111 NE 99th Ave Suite 201 PORTLAND, OR 97220 Cardiovascular Diseases</p>	Nov. 02, 2016	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/06/2016	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	09/19/2016	11/07/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	-	-	
Pulse	-	-	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	98.1 kg (216 lb 4.8 oz)	10/06/2016 12:30 PM PDT	
Height	181.6 cm (5' 11.5")	10/06/2016 12:30 PM PDT	
Body Mass Index	29.75	10/06/2016 12:30 PM PDT	

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited Result - FINAL (10/06/2016 12:28 PM PDT)

Component	Value	Ref Value	Performed At	Pathologist Signature
PULMONARY INTERPRETATION	<p>Site: OHSU CARDIOVASCULAR, 3303 SW Bond Ave, Portland, OR, 97239 ID: 06017887 Name: ASHLAND, MICHAEL E Doctor: Mudd, James Tech: williams, Kirsten Age: 65 Sex: Male Race: Caucasian Height: 71.50 Inches weight: 216.72 Lbs BSA: 2.19 Dyspnea: After any exertion Cough: No Cough Wheeze: Rare Tbco Prod: Never Smoked Post Test Comments: The results of this test meet the ATS standards for acceptability and repeatability. The patient was seated and resting values were obtained. Patient was then escorted to the treadmill. Patient exercised for a total of 12 min and 44 seconds using the Heart Action Protocol. Patient attained maximum speed of 3.0 mph and maximum grade of 12.5%. Patient's resting heart rate was 61 , resting blood pressure was 127/80, and resting O2 sat was 97%. Patient's peak heart rate was 120 which represents 77% of MPHR. Patient's blood pressure at peak exercise was 137/68; O2 sat at peak exercise was 98%. Patient's maximum RPE was 10/10. Predicted maximal VO2/ml/kg/min using Jones '83 calculation =24.25. Patient's peak VO2 was 23.0 ml/kg/min which represents 94 % of predicted value using Jones '83 calculation. Adjusted for ideal weight, patient's peak VO2 was 30.2 ml/kg/min which represents 124 % of predicted value. HR/VO2 slope calculation = 3.07. VE/VO2 slope calculation = 38.86. Patient stopped exercise due to leg fatigue</p> <p>Treadmill Summary Middle 5 of 7 Mean</p>		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	

Rest	AT	VO2Max	PredMax
AT/Max			
Max/Pred			
WORK			
Time (min)			
3:19	11:57	18:02	
Ex Time (min)			
	8:37	14:42	
Speed (MPH)			
	3.2	5	
O2 CONSUMPTION			
VO2 (mL/kg/min)			
6.1	16.3	23	
VO2 (L/min)			
0.60	1.60	2	2.12
76			
107			
VCO2 (L/min)			
0.66	1.62	3	2.57
63			
108			
RER			
1.09	1.01	1	
METS			
1.7	4.7	7	
VENTILATION			
VE BTPS (L/min)			
25.0	44.3	87	128.0
35			
68			
Vt BTPS (L)			
1.11	1.79	3	
RR (br/min)			
23	25	32	
BR (%)			
VE/VO2			
42	28	39	42
65			
91			
VE/VCO2			
38	27	31	35
78			
90			
VO2/VE			
24.0	36.2	26	
VCO2/VE			
26.2	36.6	32	
CARDIAC			
HR (BPM)			
68	90	120	155
58			
77			
VO2/HR (mL/beat)			
9	18	19	14
130			
138			
HRR-Rest (Zavala) (%)			
100.0	74.9	41	
RatePrsPd SBP*HR/100			
11	14	21	39
36			
54			

V/Q			
PET _{O2} (mmHg)	16	15	16
PET _{CO2} (mmHg)	5	6	5
PaCO _{2_} est (mmHg)	4.5	5.6	5

Interpretation: Procedure:
 Cardiopulmonary exercise test
 Identification: Michael Ashland
 is a 65 year old man with
 ischemic
 cardiomyopathy

Interpretation: The patient
 exercised on a treadmill for 12
 minutes and 44
 seconds using a Heart Action
 protocol. He achieved a work
 load of 7.4 METs.
 Anaerobic Threshold (AT) was
 reached. The RER was 1.01 at AT
 and 1.23 at peak.
 The test was stopped due to leg
 fatigue. The resting heart rate
 was 61 beats
 per minute. Heart rate
 increased to 120 beats per
 minute with peak exercise,
 which is 77% of the maximal age-
 predicted heart rate. The
 resting blood
 pressure was 127/80. The blood
 pressure at peak was 137/68. The
 oxygen
 saturation was 97% rest and 98%
 at peak exercise. Spirometry was
 within normal
 limits.

The peak VO₂ was 23 ml/kg/min,
 which was 94% of the predicted
 VO₂ using the
 Jones '83 reference values.
 Adjusted for ideal weight, the
 peak VO₂ was 30.2
 ml/kg/min, which is 124% of
 predicted. The VO₂ at AT was
 16.3 ml/kg/min, which
 is 67% of the predicted VO₂. The
 O₂ pulse at peak was 19. The
 VE/VCO₂ slope
 was
 24. The breathing reserve is
 32%. The ECG at rest shows sinus
 rhythm with
 nonspecific interventricular
 conduction delay, poor r-wave
 progression, Q-wave
 in aVL, t-wave inversions in the
 inferolateral leads, PVC. The

ECG with
 exercise shows sinus
 tachycardia, twaves become
 upright in the inferior and
 lateral leads, PVCs, PACs.

Conclusions:
 No significant circulatory or
 ventilatory impairment.

This interpretation has been
 electronically signed: Hebl,
 Virginia 10/06/2016
 07:01:52 PM

FVC PRE	4.21	4.85 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FVC PRE (%REF)	86	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE	3.20	3.62 L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1 PRE (%REF)	88	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE	76	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEV1/FVC PRE (%REF)	101	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE	8.04	9.14 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
PEF PRE (%REF)	87	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEF25-75% PRE	2.64	2.85 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FEF25-75% PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	7.79	7.07 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE (%REF)	110	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

O2 PULSE (ML/BEAT) - REST	9	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - AT	18	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) - PEAK	19	mL/beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - AT	144	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
WORK (WATTS) FOR BIKE - PEAK	256	Watts	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.6		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - REST	100.0	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - AT	74.9	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE RESERVE - PEAK	40.5	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	1.09		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.01		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.23		OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	25.0	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	44.3	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	87.2	128.0 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS %REF	68	%	OHSU SPECIAL DIAGNOSTICS -

			PULMONARY FUNCTION
SYSTOLIC BP - REST	127	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - AT	118	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BP - PEAK	134	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - REST	80	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - AT	68	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BP - PEAK	74	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - REST	122	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - AT	109	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL O2 (PEAK PETO2) - PEAK	120	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - REST	34	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - AT	45	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
END TIDAL CO2 (PEAK PETCO2) - PEAK	39	mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - REST	8.0	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - AT	21.4	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 IDEAL LBM (ML/KG LBM/MIN) - PEAK	30.2	mL/kgLBM/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

VO2 (ML/KG/MIN) BASE	6.1	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) AT	16.3	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.0	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 PEAK	35	90	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	68	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	90	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	120	155 BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	77	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) BASE	316	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) AT	404	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) PEAK	530	mL	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	97	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 PEAK	98	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.60	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.60	L/min	OHSU SPECIAL DIAGNOSTICS -

			PULMONARY FUNCTION
VO2 (L/M) PEAK	2.26	2.12 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	107	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.66	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.62	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.78	2.57 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) %REF	108	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	1.11	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	1.79	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	2.69	L	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - REST	23	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - AT	25	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY RATE - PEAK	32	br/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239-3098	

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Oct. 06, 2016

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

CAR ECHO STRESS ROOM 1 CHH (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239

Cardiology

Encounter Date

Oct. 06, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/06/2016	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	09/19/2016	11/07/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Chronic systolic heart failure (HCC) - Primary

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
sulfur hexafluoride microspheres (LUMASON) IV 1-2 mL 1-2 mL, intravenous, PROCEDURE ONCE, 1 dose, Thu 10/6/16 at 1215	New Bag	10/06/2016 12:10 PM PDT	5 mL		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

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503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Oct. 06, 2016

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

CAR ECHO ROOM 2 CHH (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239

Cardiology

Encounter Date

Oct. 06, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/21/2016	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFRAIN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016	Discontinued
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	09/19/2016	11/07/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	101/66	09/21/2016 1:21 PM PDT	
Pulse	70	09/21/2016 1:21 PM PDT	
Temperature	36.2 °C (97.1 °F)	09/21/2016 1:21 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	09/21/2016 1:21 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb 3.2 oz)	09/21/2016 1:21 PM PDT	
Height	167.6 cm (5' 6")	09/21/2016 1:21 PM PDT	
Body Mass Index	36.03	09/21/2016 1:21 PM PDT	

Progress Notes - documented in this encounter

Barber, Connie, NP - 09/25/2016 8:34 PM PDT
Formatting of this note might be different from the original.

ICD HISTORY

Primary Care Provider: Kristin S Bendert, MD,MPH
Cardiologist: Albert Camacho, M.D.

INDICATION:

Michael E Ashland is a 63 y.o. male who has a Single chamber ICD implanted for ICM, Primary Prevention. .

Presenting Rhythm: sinus rhythm
Intrinsic rhythm sinus
Patient is not Dependent.

Device Information:

Generator: Medtronic
Model #: Virtuoso II VR D274V
Serial #: PZR208903H
Implanted: 10/26/2011

Leads:

RV: Medtronic
Model #: 6947 Sprint Quattro
Serial #: TDG525897V
Implanted: 10/26/2011

ADVISORY: NO

ICD PROGRAMMING

Brady Mode: VVI
Lower Rate: 40 bpm

RV Output: 1. V @ 50.4 ms
RV Sensitivity: 0.3 mV

Pacing percentage:
VS: 100%
VP: <0.1%

TACHY PARAMETERS:

VT Monitor: off
VT: 162-200 bpm. burst x 4, ramp x 4, 30J, 35J x 3.
FVT: 167-200 bpm, VIA VT. burst x 3, ramp x 3, 30J, 35J x 3.
VF: > 200 bpm. ATP during charging. 30J, 35J x 5.
Discriminators On- Wavelet, Onset (monitor); VT monitor

EPISODES SINCE LAST RESET: 3/20/2016

Non-sustained VT: 8- since last carelink Transmission most recent was on 8/4/16 Vent rate 205 bpm duration 3 seconds. pt was asymptomatic
VT monitor: 0
VT: 0
FVT: 0
VF: 0
SVT: 0

THERAPIES SINCE LAST VISIT 3/20/2016

VT Pacing: 0
VT Shocks: 0
VF Shocks: 0
Aborted: 0

INAPPROP: 0

History of appropriate therapy: no
History of in appropriate therapy: no

TODAY'S TESTING RESULTS

Battery Status:
Battery Voltage 3.05
Charge time 10.5 sec
ERI: 2.63V

PACING THRESHOLD:

Right Ventricle
Volts: 0.75
P.W.: 0.4
Imped: 741
R. Wave: 11.1
RV Imped: 48
SVC imped 63

HR Histograms- appropriate: heart rate range 50-100 bpm kin bell shaped curve

Optivol- no elevation noted

Programming Changes: None. returned to initial settings

Programming Details:

Hospitalizations: 0
Complications: 0

Visit Vitals
Item Reading

- BP 101/66
- Pulse 70
- Temp (Src) 36.2 °C (97.1 °F) (Forehead)
- Ht 1.676 m (5' 6")
- Wt 101.243 kg (223 lb 3.2 oz)
- SpO2 97%
- BMI 36.04 kg/(m^2)

PHYSICAL EXAM:

Pt was seen by Dr Gelow today

ICD Site: normal skin integrity

Conclusion:

- Device function normal.
- Battery status is good.
- Lead impedance, sensing, and thresholds are stable/normal.
- Patient is not pacemaker dependent. Underlying rhythm is sinus.
- arrhythmias noted by the device, as above

NO programming Changes indicated

-

Progress Notes: device check done by rep today.

I reviewed the interrogation and documented findings in this progress note

Follow up Remote 3months

Remote monitoring is: on .

Electronically signed by CONNIE BARBER, NP at 09/25/2016 8:54 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

- Ischemic cardiomyopathy - Primary
- Hypercholesteremia
- Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)
- Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 21, 2016
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
CAR EP NURSE (Attending) Portland, OR 97239-6011		Sep. 21, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/21/2016	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Gelow, Jill M, MD 1111 NE 99th Ave Suite 201 PORTLAND, OR 97220 503-962-1000 503-962-1005 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016	Discontinued
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	09/19/2016	11/07/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	101/66	09/21/2016 1:53 PM PDT	
Pulse	70	09/21/2016 1:53 PM PDT	
Temperature	36.2 °C (97.1 °F)	09/21/2016 1:53 PM PDT	
Respiratory Rate	16	09/21/2016 1:53 PM PDT	
Oxygen Saturation	97%	09/21/2016 1:53 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb 3.1 oz)	09/21/2016 1:53 PM PDT	
Height	167.6 cm (5' 5.98")	09/21/2016 1:53 PM PDT	
Body Mass Index	36.04	09/21/2016 1:53 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Gelow, Jill M - 09/21/2016 2:53 PM PDT

Thanks for coming in today.

We would like to obtain another cardiopulmonary exercise stress test in order to see how your heart and lungs are doing

We would also like to obtain another echocardiogram

Come back and see us after these tests

No changes to your existing medications today, but we would like you to pay attention to the following, given your high triglycerides on recent blood work:

Nutrition strategies to help lower your triglycerides:

? Avoid sugary drinks including regular soda, lemonade, sweetened coffee drinks, energy drinks, sports drinks, sweet tea, and fruit juice.

? Avoid foods with added sugar such as candy, cake, cookies, ice cream, sorbet, flavored yogurt, etc.

? Limit or avoid refined grains such as white rice, white pasta, white bread, or products made with white flour. Instead, eat whole grains such as brown rice, whole-wheat pasta, whole-wheat bread, barley, quinoa, and oatmeal.

? Include high-fiber foods such as vegetables, fruits, whole grains, beans, and lentils.

? Reduce your saturated fat intake from foods such as red meats, whole & 2% milk, cheese, butter, poultry skin, coconut, and palm oil.

? Avoid trans fats – these fats are found in stick margarine, some baked goods (cookies, pastries, etc.), and some fried foods. In addition to checking nutrition labels for trans fats, avoid any food with “partially hydrogenated oil” in its ingredient list.

? Include healthy unsaturated fats such as olive oil, canola oil, avocado, nuts, and seeds in the place of unhealthy saturated fats.

? Eat 6 ounces of fatty fish such as salmon, albacore tuna, trout, or sardines at least twice a week.

? Take a fish oil supplement that provides 1000-2000 mg EPA & DHA (omega-3s) daily. Suggested brands:

o Spring Valley Triple Strength Fish Oil Twin Pack from Wal-Mart, take 2 softgels daily

o Kirkland Signature Omega 3 Fish Oil (1200 mg enteric coating) from Costco, take 2 softgels daily

? Limit or avoid alcohol.

? Good eating plans include the Mediterranean diet, DASH diet, and OmniHeart diet

? If you are overweight, losing even a small amount will help lower triglycerides. Reduce calorie intake with portion control and by keeping food logs.

? Aim for 2 ½ hours a week of physical activity (more if you're trying to lose weight).

Begin fish oil supplement, 1000-2000 mg EPA/DHA (omega-3s) daily. Begin with 1 softgel (or 1 teaspoon) a day and gradually increase to the recommended dose as tolerated over 5-10 days. Recommended brands:

? Spring Valley Triple Strength Fish Oil Twin Pack

o Available at Wal-Mart; \$13.88 for 120 softgels (\$0.23 a day)

o Dose: take 2 softgels a day

? Kirkland Signature Omega 3 Fish Oil (1200 mg enteric coating)

o Available at Costco; \$16.99 for 180 softgels (\$0.19 a day)

o Dose: take 2 softgels a day

? PipingRock.com Triple Strength Omega 3 Fish Oil

o Available online at www.pipingrock.com; \$25.49 for 250 softgels (\$0.20 a day)

o Dose: take 2 softgels a day

? Carlson Labs Very Finest Fish Oil

o Liquid supplement, available in lemon or orange flavor

o Available at www.carlsonlabs.com; \$54.50 for 500 ml (\$0.55 a day)

o Dose: Take 5 ml (1 teaspoon) a day

? The Vitamin Shoppe Omega 3 from Algae

o Vegan supplement (from algae)

o Available at www.vitaminshoppe.com; \$24.99 for 60 softgels (\$0.83 a day)

o Dose: take 2 softgels a day

Electronically signed by AKSHAY PENDYAL, MD at 09/21/2016 3:27 PM PDT

Progress Notes - documented in this encounter

Pendyal, Akshay, MD - 09/21/2016 1:56 PM PDT

Formatting of this note might be different from the original.

ADVANCED HEART FAILURE CLINIC FOLLOWUP

Primary Care Provider: Kristin S Bendert, MD,MPH

Reason for visit: Chronic systolic heart failure

History of Present Illness: Michael E Ashland is a 65 y.o. male patient with past cardiac history as outlined below. He presents today for followup.

Brief Review of CV History, adapted from Dr Camacho's last note:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.

-Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

-Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Interval History Since Last Clinic Visit:

Last saw Dr Camacho in clinic in June 2015. Since he last was seen in clinic, he says he has been doing "okay." No hospitalizations in the last year. He says he used to walk 2-3 miles a day at a brisk pace, but has not been able to do this in "over a year." He says he still gets chest discomfort "about once a week." CP never occurs with activity, only at rest. Last time was one week ago, when he was standing at his desk. Felt "weird," then started to feel "pressure," increasing, which is what prompts him to take SLN. SLN "almost always" reduces the intensity of pain; sometimes, pain recurs in a few minutes. He will then take SLN again, but then he will feel "wiped out" for the next day. He says his breathing has been good. No PND or orthopnea. No LE swelling. Sometimes, he states, his abdomen swells. From a physical activity standpoint, he is currently doing "very little." He says he is able to do some gardening. He can walk along flat ground for "a while," usually without problems. Sometimes, when walking up an incline, he says he "does great," but on other days, he is not able to walk uphill at all. No lightheadedness or dizziness. No syncope. No problems with appetite or early satiety. No nausea or vomiting. He says he can "feel it in [his] body" when he accumulates fluid, and he occasionally takes an extra dose of lasix. He does not check his weight regularly, but he states it is higher now that it was a year ago. He says his major reason for wanting to be seen back in clinic today is because he would like to resume an exercise program, and he, as he puts it, he "want[s] to check in." Overall, he states, compared to two years ago, he feels "a lot worse."

Past Medical History

Diagnosis Date

- Fatigue
- Hypertriglyceridemia
- Ventricular tachycardia (paroxysmal) (HCC)
- SOB (shortness of breath)
- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Ischemic cardiomyopathy
- Chest pain
- Chronic back pain
- Heart failure, chronic systolic (HCC)
- Ventricular tachycardia, non-sustained (HCC)

Past Surgical History

Procedure Laterality Date

- Back surgery 1972
- Ventricular restoration 1/2007
- Icd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother
- Alcohol/Drug Brother
- Anesthesia Neg Hx
- Arthritis Neg Hx
- Diabetes Father
- Cancer Neg Hx
- Hypertension Mother
- Hypertension Father
- Stroke Mother
- Thyroid Neg Hx

Social History

Social History

- Marital Status: Married
- Spouse Name: N/A
- Number of Children: N/A
 - Years of Education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol Use: 2.5 oz/week
- 5 drink(s) per week

Comment: 1 drink a day

- Drug Use: No
 - Sexual Activity:
- Partners: Female

Other Topics Concern

- Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 9/21/16 encounter (Office Visit) with Jill M Gelow, MD

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 60 tablet 0
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period. 90 tablet 0
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily. (Patient taking differently: Take 60 mg by mouth two times daily.) 60 tablet 6
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily. 90 tablet 3
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY 30 tablet 6
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

Review of Systems:

Pos and neg ROS outlined in HPI

Physical Exam:

Filed Vitals:

09/21/2016

1:53 PM

Height: 1.676 m (5' 5.98")
Weight: 101.24 kg (223 lb 3.1 oz)
BP: 101/66
Pulse: 70
Temp: 36.2 °C (97.1 °F)
TempSrc: Oral
Resp: 16
SpO2: 97%
PainSc: 0 - Zero
BMI: 36.04 kg/(m^2)

General: NAD
HEENT: sclera anicteric
Cardiovascular: nondisplaced PMI, RRR, nl s1 s2, no murmur, JVP flat
Respiratory: bilat breath sounds, CTAB, no crackles
Abdomen: soft, no shifting dullness, nontender
Extremities: warm and well perfused, with no edema
Neuro: awake and alert
Psych: nl affect

Recent Labs
09/20/16
0926
NA 144
K 3.7
BICARB 25

Recent Labs
09/20/16
0926
BUN 20
CR 1.08

No results for input(s): AST, ALT, ALB in the last 4320 hours.

Recent Labs
09/20/16
0926
WBC 6.51
HB 14.2
HCT 43.7
PLT 182

Invalid input(s): INR

Recent Labs
09/20/16
0926
NTPROBNP 157*

Recent Labs
09/20/16
0926
GLU 107*

Recent Labs
09/20/16
0926
A1C 6.1*

No results for input(s): TSH in the last 8640 hours.

Recent Labs
12/02/15
1131 09/20/16
0926
CHOL 162 134
LDL 49 39

Chest X-ray:

STUDY: CHEST 2 VIEWS 09/26/14 12:24:00

COMPARISON: 10/27/11

HISTORY: Coronary artery disease. Ischemic cardiomyopathy.

FINDINGS:

PA and lateral views of the chest demonstrate an AICD/pacemaker to be present as before. Median sternotomy wires are noted. There is no cardiac enlargement, pulmonary edema, pleural effusion, or pneumothorax. No new parenchymal lung opacity is evident.

IMPRESSION:

No acute cardiopulmonary abnormality.

Attending Radiologists: VAZUL GABOR, MD

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated 01/04/2012, LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.

4. The oxygen pulse was 18.7 ml/beat, which is normal.
5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

Cath 3/23/2015

SUMMARY:

1. Severe multivessel coronary artery disease with occluded LAD, occluded OM2, and moderate diffuse RCA stenosis and 60% to 70% mid PDA stenosis. Native coronary artery angiogram appears stable compared to angiogram from June 2012.
2. Patent LIMA to LAD. There is high-grade 90% mid LAD stenosis retrograde to LIMA insertion to LAD supplying a diagonal territory.
3. Patent saphenous vein graft to OM with 40% to 50% proximal saphenous vein graft stenosis.
4. Right dominant coronary circulation.

Active Problem List:

1. Chronic systolic heart failure, Stage C, NYHA II-III
2. Ischemic cardiomyopathy
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007
4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Hypertriglyceridemia

Assessment: Mr Ashland is a 65 M with h/o CAD s/p 2v CABG, chronic systolic HF due to ICM, s/p single chamber ICD, previous h/o LV thrombus, and hypertriglyceridemia. He returns to clinic today for followup. He has non-elevated filling pressures on exam and he denies cardinal HF symptoms, but, by his own admission, he feels quite a bit worse than he did a year ago. We will thus plan to repeat a CPEX and echo in order to more objectively ascertain his cardiopulmonary performance. He will follow up with us in clinic after these tests. His triglycerides were very high at last check, so we recommended that he start taking a fish oil supplement, in addition to the statin which he already takes. His weekly bouts of chest pain are somewhat atypical for angina, and they are not increasing in frequency or severity. He is on ASA, a high-potency statin, and excellent doses of ISMN and toprol XL; we will continue these.

Plan:

- CPEX and TTE
- start taking fish oil for hypertriglyceridemia
- no changes to the remainder of his medications
- f/u in HF clinic after aforementioned tests have been completed

Patient seen and examined with Dr Gelow, who agrees with the above assessment and plan

AKSHAY PENDYAL, MD
Cardiology Fellow

Advanced Heart Failure and Transplant Attending Note:

I saw and examined Mr. Ashland with Dr. Pendyal and agree with the above assessment and plan.

Mr. Ashland presents with worsening fatigue and decreasing functional status with low filling pressure on examination and in the setting of chronic chest pain and ischemic cardiomyopathy with reduced ventricular function and prior CABG and ventricular restoration surgery. We will repeat echocardiogram and cardiopulmonary exercise testing for repeat staging and to better understand the components of his limitation.

Jill M. Gelow, MD MPH
Assistant Professor of Medicine
Heart Failure and Heart Transplantation
Division of Cardiovascular Medicine
Oregon Health & Science University

Electronically signed by Jill M Gelow at 09/22/2016 1:17 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Scheduled Orders

Name	Type	Priority	Associated Diagnoses	Order Schedule
CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX)	CARDIAC NON-INVASIVE EC	Routine	Chronic systolic heart failure (HCC)	Expected: 09/22/2016
Health Maintenance	Due Date	Last Done	Comments	
HM004 Colonoscopy	10/21/2020	10/21/2010		
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014		
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists		

Results - documented in this encounter

TTE 2D ECHO (TRANSTHORACIC ECHOCARDIOGRAM, ADULT) - Final result (10/06/2016 11:10 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
BIPLANE, EF	36		OHSU DEPT OF CARDIOLOGY	
EJECTION FRACTION	35 to 40		OHSU DEPT OF CARDIOLOGY	
LA DIMENSION	4.6		OHSU DEPT OF CARDIOLOGY	
LVIDD	4.9		OHSU DEPT OF CARDIOLOGY	
MV A VMAX	0.7		OHSU DEPT OF CARDIOLOGY	
MV E?	0.1		OHSU DEPT OF CARDIOLOGY	
MV E VMAX	0.7		OHSU DEPT OF CARDIOLOGY	
RVSP	29		OHSU DEPT OF CARDIOLOGY	
RV TAPSE	1.6		OHSU DEPT OF CARDIOLOGY	
RV TDI S?	10.0		OHSU DEPT OF CARDIOLOGY	
EJECTION FRACTION RANGE MEAN VALUE	37.5	%	OHSU DEPT OF CARDIOLOGY	
Specimen				

Narrative

Performed At

Oregon Health And Sciences University
Adult Echocardiography Laboratory
3181 S.W. Sam Jackson Park Road
Portland, Oregon 97201-3098
Ph: (503) 494-8799 Fax: (503) 494-7178

Pt Name: MICHAEL E ASHLAND Study Date/Time 10/6/2016 / 11:10:01 AM
MRN: 6017887 Most recent prior: 1/22/2015
Acc #: 159133729 No. previous echos: 9
DOB: 7/9/1951 65 years Heart Rate: 64 bpm
Height: 70.0 in Blood Pressure: 123/68 mm/Hg
Weight: 225.0 lb Gender: M
BSA: 2.19 m2 Order ID: 159133729

Sonographer: Deborah A Reyes MEd, RDCS

Referring Provider: JILL M GELOW

Patient Location: CHH

Modalities Performed: 2D, Color flow, Spectral Doppler and Lumason contrast.

Study Quality: This was a technically difficult study, but image quality improved with echo contrast.

Imaging Limitations: There is prominent lung artifact seen.

Exam Indication: Heart failure; worsening exercise tolerance

History: Jan 2006: Ischemic cardiomyopathy was initially diagnosed -Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch. Patient history has been obtained from the EHR

Transthoracic Echocardiographic Report

+-----+
Final Impressions:

1. The left ventricular cavity size is normal.
2. The LV ejection fraction is moderately to severely decreased.
3. Visually estimated left ventricular ejection fraction is 35 - 40%.
4. Left ventricular systolic thickening is globally abnormal with regional variation.
5. Right ventricular size, thickness and function are normal.
6. Mild thickening/calcification of the mitral anterior and posterior leaflets.
7. Compared to the most recent exam dated, 1/22/2015, the LVEF has slightly decreased.

+-----+

Description of Findings:

Cardiac Rhythm: Normal sinus rhythm.

Left Ventricle: The left ventricular cavity size is normal. Visually estimated left ventricular ejection fraction is 35 - 40%. The LV ejection fraction is moderately to severely decreased.

There is no left ventricular hypertrophy. The ejection fraction is 36.0 % as measured by Simpson's biplane method. Due to poor endocardial definition, ultrasound contrast was used (Lumason).

Left Ventricular Wall Motion: The basal inferior segment is akinetic. The entire apex, mid and apical anterior wall, mid and apical anterior septum, mid and apical inferior septum, mid and apical inferior wall, basal and mid inferolateral wall, and mid anterolateral segment are hypokinetic. All remaining scored segments are normal. Left ventricular systolic thickening is globally abnormal with regional variation.

Atria: Left atrial size is normal. Normal right atrium. There is Pacer / ICD electrode noted in RA / RV.

Right Ventricle: Right ventricular size, thickness and function are normal. TAPSE measures 1.6cm. The RV TDI s' velocity is 10cm/sec.

Aortic Valve: The aortic valve is trileaflet and mildly sclerotic. No indication of aortic valve regurgitation.

Mitral Valve: The mitral valve is structurally normal. The anterior and posterior leaflets are mildly thickened and/or calcified. No evidence of mitral valve stenosis. Trace mitral valve regurgitation.

Tricuspid Valve: The tricuspid valve is structurally normal. Trace tricuspid regurgitation. The tricuspid regurgitant velocity is 2.46 m/s, and with an assumed right atrial pressure of 5 mmHg, the estimated right ventricular systolic pressure is normal at 29.1 mmHg.

Pulmonic Valve: The pulmonic valve is structurally normal. Trace pulmonary valve regurgitation. The peak trans pulmonic gradient is 6.5 mmHg.

Aorta: Visualized portions of the ascending aorta and aortic root appear normal.

Venous: Inferior vena cava is normal with normal inspiratory collapse.

Pericardium: No pericardial effusion is seen.

2D Measurements Doppler Measurements

	2D	NL Values	Aortic	Mitral		
LVID(d)	4.86	(3.5-5.7cm)	Max Vel	0.90	Peak E	0.72
	cm		m/s	m/s		
LVID(s)	3.96		Mean grad	2.0	Peak A	0.67
	cm		mmHg	m/s		
IVS(d)	1.00	(0.6-1.1cm)	LVOT Vel	0.79	E/A Ratio	1.08
	cm		m/s			
LVPW(d)	0.90	(0.6-1.1cm)	LVOT Diam	2.50	TDI (E/e')	9.0
	cm		cm			
LA A/Ps 2D	4.60	(2.7-3.9cm)	Tricuspid	Pulmonic		
	cm		TR Vmax	2.46	PV Vmax	1.3
LA vol MOD	90.0	(40-73ml)		m/s	m/s	
BP	ml		RA Press	5	RVOT VTI	10.5
LA vol MOD	41.0	(16-34)		mmHg	cm	
index	ml/m2		RVSP	29	PV mn gd	
			mmHg			

Biplane EF 36.0 %

	Aorta:	Index:
Ao Sinus	3.90 (2.1-3.5cm)	17.8
	cm	mm/m2
Asc Ao	3.40	15.5
(prox)	cm	mm/m2

Evaluation of chamber size and geometry is accomplished through the incorporation of linear, volumetric, and indexed values

Wall Scoring:

Report electronically signed by: Maros Ferencik MD, PhD (10/6/2016, 2:24:09 PM)
REPORT NAME=ECV2612 HOSP=PO REGION=A0

*** Final ***

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

 Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
-----------------------	-------------------------	-------------------------

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Sep. 21, 2016

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Jill M Gelow MD (Attending)

503-962-1000 (Work)

503-962-1005 (Fax)

1111 NE 99th Ave

Suite 201

PORTLAND, OR 97220

Cardiovascular Diseases

Encounter Date

Sep. 21, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/25/2016	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bendert, Kristin S, MD,MPH 1511 Division Street Suite 102 Oregon City, OR 97045 503-444-9488 503-353-1234 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/30/2015	08/25/2016	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	12/02/2015	08/25/2016	Discontinued (Reorder)
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016	Discontinued
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	04/12/2016	11/21/2016	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	05/10/2016	05/14/2017	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	08/19/2016	09/19/2016	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	130/78	08/25/2016 1:39 PM PDT	
Pulse	68	08/25/2016 1:39 PM PDT	
Temperature	36.9 °C (98.5 °F)	08/25/2016 1:39 PM PDT	
Respiratory Rate	16	08/25/2016 1:39 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	102.1 kg (225 lb)	08/25/2016 1:39 PM PDT	
Height	-	-	
Body Mass Index	31.38	06/26/2015 8:34 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Bendert, Kristin S, MD,MPH - 08/25/2016 2:14 PM PDT

- Schedule a fasting lab draw
- I will let you know the results via MyChart
- Your prescriptions have been refilled
- Next office visit in about 3 months

Electronically signed by Kristin S Bendert, MD,MPH at 08/25/2016 2:15 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	08/25/2016	01/17/2018
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/25/2016	05/31/2017

Progress Notes - documented in this encounter

Smits, Ariel, MD - 09/01/2016 9:32 AM PDT

I personally interviewed the patient, performed the pertinent parts of the physical examination and personally formulated the plan with the resident. I agree with the residents documentation and have documented any additions or exceptions.

Here for chronic pain management, cardiac issues, elevated lipids, elevated a1c

Bendert, Kristin S, MD,MPH - 08/25/2016 1:49 PM PDT

Formatting of this note might be different from the original.

GABRIEL PARK CLINIC VISIT NOTE

Office Visit on 8/25/2016 with Kristin S Bendert

PCP is Kristin S Bendert, MD,MPH

SUBJECTIVE:

History from Today's Visit:

Michael E Ashland is a 65 y.o. male here today for:

Chief Complaint

Patient presents with

- Follow-up visit

#Follow-up

Fell out of touch with OHSU system/providers as felt strongly about the UDS being performed

#Chronic pain

Has greatly decreased the amount of vicodin he was taking

Lives with 2-3/10 pain everyday, states he tolerates 5-6/10 pain without meds

Has felt like he has been doing less activity because of the increased pain

Consequence- gained weight, less in shape. Can't lift canoe.

Has thought about trying MJ as supplement, although has tried before without success

Not sure the system understands the perspective of pts on chronic pain

#Heart history

Apt with cardiology 9/21

Feeling well without decrease in exercise capacity, CP, SOB, LE edema, syncope or pre-syncope

ROS: Review of systems as above, o/w negative.

PMHx: CAD, angina, systolic heart failure, HLD, elevated A1C, chronic LBP,

SocHx: Retired. Non-smoker.

Current Medications:

Current Outpatient Prescriptions

Medication Sig

- albuterol 90 mcg/actuation inhalation HFA aerosol inhaler Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough (Patient not taking: Reported on 12/2/2015)

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.

- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.

- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.

- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.

- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily.

- lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution by Mouth/Throat route once daily as needed for severe pain.

- losartan 100 mg oral tablet Take 1 tablet by mouth once daily.

- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY

- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.

- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime.

- ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting. (Patient not taking: Reported on 12/2/2015)

- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Allergies:

Ace inhibitors

OBJECTIVE:

Physical Examination:

BP 130/78 | Pulse 68 | Temp (Src) 36.9 °C (98.5 °F) (Oral) | RR 16 | Wt 102.059 kg (225 lb) | BMI 31.39 kg/(m²)
I reviewed the patient's vital signs, allergies and medications today.

Wt Readings from Last 4 Encounters:

08/25/16 102.059 kg (225 lb)
02/22/16 96.163 kg (212 lb)
12/02/15 104.872 kg (231 lb 3.2 oz)
06/26/15 102.967 kg (227 lb)

Last 3 Encounter BMI Readings:

Date BMI
08/25/2016 31.39 kg/m²
02/22/2016 29.58 kg/m²
12/02/2015 32.26 kg/m²

General: Pleasant, alert and oriented x3, no apparent distress.

HEENT: Head is normocephalic, atraumatic. Pupils round, equal and reactive to light. External ocular movements are intact bilaterally. Conjunctivae clear, non-icteric. Oral cavity shows moist mucous membranes.

Neck: Supple with no JVD appreciated in the upright position.

Heart: Regular rate and rhythm, normal S1/S2. No murmurs, rubs or gallops appreciated.

Pulmonary: Breathing unlabored. Bilaterally clear to auscultation. No rales, rhonchi or wheezing.

Abdomen: Non-distended.

Extremities: No cyanosis, clubbing or edema.

Skin: Warm and dry to touch. No rashes, sores or other lesions appreciated.

Labs:

Lab Results

Component Value Date

A1C 6.6 12/02/2015
A1C 6.0 04/07/2015
A1C 5.8 09/28/2014
A1C 6.0 08/15/2012

Recent Labs

12/02/15
1131
CHOL 162
LDL 49
HDL 54
TRI 295*

Imaging: None new to review

ASSESSMENT/PLAN:

Michael E Ashland is a 65 y.o. M here for follow-up. Today we discussed the following:

ICD-10-CM ICD-9-CM

1. Heart failure, chronic systolic (HCC) I50.22 428.22 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

HEMOGLOBIN A1C, BLOOD

NT-PRO BNP

BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)

CBC ONLY

2. Cardiac angina (HCC) I20.9 413.9 nitroglycerin 0.4 mg sublingual tablet, sublingual

3. Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC) I25.708 414.05 413.9

4. Automatic implantable cardioverter-defibrillator in situ Z95.810 V45.02

5. Chronic low back pain M54.5 724.2 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet

G89.29 338.29 CONTROLLED SUBSTANCE AGREEMENT

6. Pain medication agreement Z79.899 V58.69 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet

CONTROLLED SUBSTANCE AGREEMENT

7. Need for hepatitis C screening test Z11.59 V73.89 HEPATITIS C AB W/CONFIRMATION REFLEX PCR

8. Hypercholesteremia E78.0 272.0 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

9. Elevated hemoglobin A1c R73.09 790.29 HEMOGLOBIN A1C, BLOOD

1-4. Extensive cardiac history per above. Symptoms are currently stable, has follow-up with cardiology scheduled for next month. Is due for some repeat labs to evaluate functional status, ordered. Current cardiac package includes ASA 81, atorvastatin 80, lasix 20 bid, isosorbide mononitrite 60, losartan 100, metop 200 and nitroglycerin PRN. Continue current management, appreciate cardiology input on medical regimen and device check.

5-6. Long discussion with patient regarding OHSU and GP clinic policies on chronic pain, including need for yearly controlled substance contracts and urine drug screens. Patient's current use is well below 90 morphine equivalent ceiling for prescribing, using appropriately with low concerns for abuse. New contract signed for 90 tabs lasting 3 months with OVs every 3 months for refill based on clinic policy. Pt may space refills if not needed (states in winter months 90 tabs may last 4-5 months at a time).

7. HCM reviewed, pt agrees for HCV testing

8. Repeat lipids for CAD risk factor monitoring, on high dose steroid, may consider fish oil or fibrate as next step if needed

9. A1C elevated at last check, pt lost to follow-up, concern for continued pre-diabetes or diabetes so will draw A1C and have patient f/u to discuss next steps in management.

The history, findings, diagnoses and treatment plan that I have documented were reviewed with staff physician Ariel Smits, MD at the time of this visit. The staff physician agrees that my assessment, plan and services provided are appropriate.

Kristin Bendert, MD, MPH
PGY-4 Family Medicine
Gabriel Park Family Medicine
Oregon Health & Sciences University
Portland,OR
503-494-9992

Electronically signed by Kristin S Bendert, MD,MPH at 08/31/2016 6:15 PM PDT

 Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

 Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Heart failure, chronic systolic (HCC) - Primary
Cardiac angina (HCC)
Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)
Automatic implantable cardioverter-defibrillator in situ
Chronic low back pain
Pain medication agreement
Need for hepatitis C screening test
Hypercholesteremia
Elevated hemoglobin A1c

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
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Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)
503-346-6997 (Fax)
3181 SW Sam Jackson Park Rd
PORTLAND, OR 97239-3011
Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.
Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers

Kristin S Bendert MD,MPH (Attending)

503-444-9488 (Work)
503-353-1234 (Fax)
1511 Division Street
Suite 102
Oregon City, OR 97045
Family Medicine

Encounter Date

Aug. 25, 2016

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/22/2016	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bendert, Kristin S, MD,MPH 1511 Division Street Suite 102 Oregon City, OR 97045 503-444-9488 503-353-1234 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/16/2015	05/10/2016	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	08/31/2015	04/12/2016	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/30/2015	08/25/2016	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	12/02/2015	08/25/2016	Discontinued (Reorder)
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016	Discontinued
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	02/03/2016	08/19/2016	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/08/2016	02/13/2017	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/64	02/22/2016 3:09 PM PST	
Pulse	72	02/22/2016 3:09 PM PST	
Temperature	36.7 °C (98 °F)	02/22/2016 3:09 PM PST	
Respiratory Rate	16	02/22/2016 3:09 PM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	96.2 kg (212 lb)	02/22/2016 3:09 PM PST	
Height	-	-	
Body Mass Index	29.57	06/26/2015 8:34 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Bendert, Kristin S, MD,MPH - 02/22/2016 4:03 PM PST

There were no obvious fractures on the x-ray, but sometimes these are delayed showing up, so we will treat as if a fracture is present.

Wear the splint 24/7 for the next week.

Ibuprofen up to 600 mg three times a day for pain.

Ice is also your friend for pain.

Come back in 1 week for repeat x-rays and exam.

We will also plan on meeting again in one more month to repeat your A1C.

Electronically signed by Kristin S Bendert, MD,MPH at 02/22/2016 4:07 PM PST

Progress Notes - documented in this encounter

Zink, Nancy, MD - 02/23/2016 10:04 AM PST

Faculty Staffing Note:

I have personally repeated the key elements of the history and physical. I agree with the documentation by the resident on this progress note.

Key elements of history are fell on outstretched hand

Key elements of the exam are as documented

I assisted Dr. Benert and conferred with patient in regards to diagnosis and management plan which includes

1. Left wrist pain

Will treat as if fracture

Return in 1 week for repeat xrays

- X-RAY WRIST 4+ VIEWS LEFT; Future

Nancy Zink, MD
FAMILY MEDICINE AT GABRIEL PARK
4411 S W Vermont
Mailcode: Gpc
Portland, OR 97219-1020
503-494-9992

Electronically signed by Nancy Zink, MD at 02/23/2016 10:05 AM PST

Bendert, Kristin S, MD,MPH - 02/22/2016 2:59 PM PST

Formatting of this note might be different from the original.

GABRIEL PARK CLINIC VISIT NOTE

Office Visit on 2/22/2016 with Kristin S Bendert

PCP is Kristin S Bendert, MD,MPH

SUBJECTIVE:

History from Today's Visit:

Michael E Ashland is a 64 y.o. male here today for:

Chief Complaint

Patient presents with

- Wrist pain

L wrist, pt thinks he might have slipped on stairs and thats what is causing the pain

#L wrist pain

May have slipped on stairs a few days ago, nothing big

But since has had left wrist pain radially and posteriorly

Pain is pretty localized, but does shoot up to the elbow on occassion

Pain is worse with reaching, stretching, movement of the thumb

Pain improves with rest/immobilization

Hasn't noticed any swelling or bruising really

Has used tylenol but no improvement. Has also taken vicodin for back, but not a lot of help for the wrist

NOT left handed

ROS: No abnormal numbness/tingling in the wrist or fingers. Decrease in grip strength due to pain, but can grip and use L hand if needed. Review of systems as above, o/w negative.

PMHx: Had carpal tunnel release on both hands, knows he has arthritis in the hands.

SocHx: Non-smoker

Current Medications:

Current Outpatient Prescriptions

Medication Sig

- albuterol 90 mcg/actuation inhalation HFA aerosol inhaler Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough (Patient not taking: Reported on 12/2/2015)
- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily.
- lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution by Mouth/Throat route once daily as needed for severe pain.
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily.
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime.
- ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting. (Patient not taking: Reported on 12/2/2015)
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Allergies:

Ace inhibitors

OBJECTIVE:

Physical Examination:

BP 102/64 | Pulse 72 | Temp (Src) 36.7 °C (98 °F) (Oral) | RR 16 | Wt 96.163 kg (212 lb) | BMI 29.58 kg/(m²)

I reviewed the patient's vital signs, allergies and medications today.

General: Pleasant, alert and oriented x3, no apparent distress.

Wrist:

Left arm(s):

Swelling: Yes- minimal

Ecchymosis: No

Deformity: No

RANGE OF MOTION (+ = painful)

RIGHT LEFT

Elbow 0-150 0-150

Supination 90 90

Pronation 90 90

Wrist flexion 45 45+

Wrist extension 60 60++

Ulnar deviation 25 25+

Radial deviation 20 20++

Finger extension FROM FROM

Finger flexion FROM FROM

TENDERNESS TO PALPATION: (+) = painful; (-) = negative

RIGHT LEFT

Radius +

Ulna -

Scaphoid/Snuff Box +

Carpal bones -

Metacarpals -

Phalanges -

Humerus -

Elbow -

NO TTP +

TENDONS: (+) = painful; (w) = weakness:

RIGHT LEFT

Extensor digitorum

Flexor digitorum

Extensor carpi radialis

Flexor carpi radialis

Extensor carpi ulnaris

Flexor carpi radialis

Thumb extensors

Thumb flexors

NO TTP or WEAKNESS on dynamic testing + +

SPECIAL TESTS {(+) = positive, (-) = negative):

RIGHT LEFT

Tinel

Phalen

Scaphoid Shift

Finklestein's

Ulnar Grind

Milking/UCL testing

NEUROVASCULAR:

Radial pulse and capillary refill intact.

Sensation intact to light touch.

Labs: None new to review

Imaging:

Wrist, L 2/22/16: Normal exam per radiology

ASSESSMENT/PLAN:

Michael E Ashland is a 64 y.o. M presenting after FOOSH injury with L wrist pain. Does have tenderness over the snuff box concerning for scaphoid fracture. Initial x-rays negative. Will splint and treat conservatively for 1 week and follow-up with repeat films. Thumb spica splint provided. Remainder of instructions per AVS.

ICD-10-CM ICD-9-CM

1. Left wrist pain M25.532 719.43 X-RAY WRIST 4+ VIEWS LEFT

Patient Instructions

There were no obvious fractures on the x-ray, but sometimes these are delayed showing up, so we will treat as if a fracture is present.

Wear the splint 24/7 for the next week.

Ibuprofen up to 600 mg three times a day for pain.

Ice is also your friend for pain.

Come back in 1 week for repeat x-rays and exam.

We will also plan on meeting again 1 in one more month to repeat your A1C.

The history, findings, diagnoses and treatment plan that I have documented were reviewed with staff physician Nancy Zink, MD at the time of this visit. The staff physician agrees that my assessment, plan and services provided are appropriate.

Kristin Bendert, MD, MPH
PGY-3 Family Medicine
Gabriel Park Family Medicine
Oregon Health & Sciences University
Portland,OR
503-494-9992

Electronically signed by Kristin S Bendert, MD,MPH at 02/22/2016 5:57 PM PST

 Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

 Results - documented in this encounter

Not on file

 Visit Diagnoses - documented in this encounter

Diagnosis

Left wrist pain - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
-----------------------	-------------------------	-------------------------

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Feb. 22, 2016

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Kristin S Bendert MD,MPH (Attending)

Feb. 22, 2016

503-444-9488 (Work)

503-353-1234 (Fax)

1511 Division Street

Suite 102

Oregon City, OR 97045

Family Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/02/2015	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bendert, Kristin S, MD,MPH 1511 Division Street Suite 102 Oregon City, OR 97045 503-444-9488 503-353-1234 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	04/07/2015	12/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/16/2015	05/10/2016	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	07/27/2015	02/02/2016	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	08/31/2015	04/12/2016	Discontinued (Reorder)
nitroglycerin 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/30/2015	08/25/2016	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	11/06/2015	12/07/2016	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/01/2015	12/02/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	12/02/2015	08/25/2016	Discontinued (Reorder)
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	12/02/2015, 09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/70	12/02/2015 10:09 AM PST	
Pulse	68	12/02/2015 10:09 AM PST	
Temperature	36.6 °C (97.9 °F)	12/02/2015 10:09 AM PST	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	104.9 kg (231 lb 3.2 oz)	12/02/2015 10:09 AM PST	
Height	-	-	
Body Mass Index	32.25	06/26/2015 8:34 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Bendert, Kristin S, MD,MPH - 12/02/2015 10:59 AM PST

It was so nice to see you today!

Because the pain you are feeling in your chest may be related to your esophagus, we think it is worth trying a new medication like viscus lidocaine. Take 15 mL when you feel the pain. If not improved in 15 minutes, nitroglycerin.

I will let you know the results via MyChart.

Your prescriptions were refilled.

I would encourage you to discuss with cardiology about your symptoms- find someone there that you trust. If you need a referral to Providence or another cardiology group, let us know. I would be happy to assist.

Getting back on the wagon for diet and exercise will be key to keeping your weight down and heart healthy.

Flu shot today! Pneumonia shot next year.

Electronically signed by Kristin S Bendert, MD,MPH at 12/05/2015 5:50 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution	by Mouth/Throat route once daily as needed for severe pain.	100 mL	12/02/2015	09/21/2016
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	12/02/2015	08/25/2016
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	12/02/2015	01/06/2017

Progress Notes - documented in this encounter

Steiner Hayward, Elizabeth, MD - 12/02/2015 11:11 AM PST

I was present for all significant portions of the history and physical, and participated actively in all aspects of clinical decision making and patient counseling.

Electronically signed by Elizabeth Steiner Hayward, MD at 12/15/2015 9:47 PM PST

Bendert, Kristin S, MD,MPH - 12/02/2015 10:30 AM PST

Formatting of this note might be different from the original.

GABRIEL PARK CLINIC VISIT NOTE

Office Visit on 12/2/2015 with Kristin S Bendert

PCP is Kristin S Bendert, MD,MPH

SUBJECTIVE:

History from Today's Visit:

Michael E Ashland is a 64 y.o. male here today for:

Chief Complaint

Patient presents with

- Medication management
- Refill Encounters
- Influenza vaccination
- Bump

growing on skin - x3 mo

#Angina

Wonders about trajectory

nitroglycerin use "fairly often"- at least twice a week, has hit needing 3 doses on most occasions

Severity getting worse

NEVER from exertion- knows this is atypical pattern for cardiac pain, but states has had w/u for things like esophageal spasm in the past

Is thinking about talking to someone he trusts at OHSU cardiology, like Jill Jellow in cardiology

#Opiate refills

Has gained weight recently, states it is because of inactivity

Pain usually 4-5/10, vicodin only if 7-8/10

Last script #90 in April; usually lasts 4-5 months

MJ did not help with LBP

Exercise- walking (but produces most back and leg pain); gardening and other housework (has fallen off the most)

#Has had lesions burned off here before, would like spots looked at

Face, legs, stomach

Come and go, dry skin, change

Leaning toward dermatology referral

#Immunization

Wonders if UTD on pneumonia

Would like flu

#HCM

Due for lipids & A1c, BMP

ROS: Review of systems as above, o/w negative.

SocHx- Is "Santa" in for a variety of places all over town.

Current Medications:

Current Outpatient Prescriptions

Medication Sig

- albuterol 90 mcg/actuation inhalation HFA aerosol inhaler Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough (Patient not taking: Reported on 12/2/2015)
- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed

3250 mg of acetaminophen from all products per 24 hour period.

- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily.
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily.
- metoprolol succinate 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY
- nitroglycerin 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime.
- ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting. (Patient not taking: Reported on 12/2/2015)
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Allergies:

Ace inhibitors

OBJECTIVE:

Physical Examination:

BP 110/70 | Pulse 68 | Temp (Src) 36.6 °C (97.9 °F) (Oral) | Wt 104.872 kg (231 lb 3.2 oz) | BMI 32.26 kg/(m²)

I reviewed the patient's vital signs, allergies and medications today.

General: Pleasant & cooperative gentleman in no acute distress. Alert and oriented x3.

HEENT: Head is normocephalic, atraumatic. Oral cavity shows moist mucous membranes.

Heart: Regular rate and rhythm, normal S1/S2. No murmurs, rubs or gallops appreciated.

Pulmonary: Breathing unlabored. Bilaterally clear to auscultation. No rales, rhonchi or wheezing.

Abdomen: Non-distended.

Skin: Warm and dry to touch. Multiple scattered scaly erythematous macules and papules across face, upper extremities

Neuro: Alert and oriented x3. CN II-XII grossly intact.

Psych: Normal mood and affect. Normal behavior.

Labs: None new to review

Imaging: None new to review

ASSESSMENT/PLAN:

Michael E Ashland is a 64 y.o. M here for follow-up. Today we discussed the following:

ICD-10-CM ICD-9-CM

1. Chronic low back pain M54.5 724.2 nortriptyline 50 mg oral capsule

G89.29 338.29 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet

2. Pain medication agreement Z79.899 V58.69 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet

3. Heart failure, chronic systolic (HCC) I50.22 428.22 COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)

LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)

LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

4. Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC) I25.708 414.05 413.9

5. Angina at rest (HCC) I20.8 413.9 lidocaine viscous (LIDOCAINE VISCOUS) 2 % mucous membrane solution

6. S/P CABG (coronary artery bypass graft) Z95.1 V45.81

7. Hypercholesteremia E78.0 272.0 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

LIPID SET (TRIG, T CHOL, HDL, CALC LDL)

8. Prediabetes R73.09 790.29 HEMOGLOBIN A1C, BLOOD

HEMOGLOBIN A1C, BLOOD

9. Need for influenza vaccination Z23 V04.81 STAFF TO GIVE: INFLUENZA VACC, QUADRIVALENT, 3+ YEARS, IM

10. Actinic keratosis L57.0 702.0

1-2. Refilled chronic pain medications per agreement. Plan on UDS per protocol every 1-2 years.

3-6. Imaging stable although symptoms are progressing. Patient distressed about the course, would like prognosis- told at some point that he would need a heart transplant and wondering when this would be. Told him I could not answer this for him, and that cardiology would likewise have difficulties due to the mismatch in symptoms vs objective data. Work-up performed this past year reassuring. Will trial viscous lidocaine to see if some of the pain may be from GERD/esophageal spasm rather than heart. Encouraged patient to re-consider stress test as recommended last cardiology OV.

7-8. Due for repeat labs.

9. Flu shot today

10. Skin findings consistent with AK's. Freezing unable to occur today due to length of discussion about anginal pain per above; when labs available will MyChart with patient and have him return for OV for freezing procedure.

The history, findings, diagnoses and treatment plan that I have documented were reviewed with staff physician Elizabeth Steiner, MD at the time of this visit. The staff physician agrees that my assessment, plan and services provided are appropriate.

Kristin Bendert, MD, MPH
PGY-3 Family Medicine
Gabriel Park Family Medicine
Oregon Health & Sciences University
Portland,OR
503-494-9992

Electronically signed by Kristin S Bendert, MD,MPH at 12/15/2015 9:47 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	162	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	295	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	54	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	49	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	59	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	

NON-HDL 108
CHOLESTEROL

<130 mg/dL

OHSU
LABORATORY
SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

Performed At

OHSU LABORATORY
SERVICES, CORE

Cholesterol Reference Range:

Desirable: <200 mg/dL
Borderline High: 200 - 239 mg/dL
High: >=240 mg/dL

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL
Near Optimal: 100-129 mg/dL
Borderline High: 130-159 mg/dL
High: 160-189 mg/dL
Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL
Near Optimal: 130-159 mg/dL
Borderline High: 160-189 mg/dL
High: 190-209 mg/dL
Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
Borderline High: 150-199 mg/dL
High: 200-499 mg/dL
Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.6	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood (substance)

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (12/02/2015 11:31 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	115	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA	19	6 - 20 mg/dL	OHSU	

(LAB)			LABORATORY SERVICES, CORE
CREATININE PLASMA (LAB)	1.12	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
SODIUM, PLASMA (LAB)	140	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE
CHLORIDE, PLASMA (LAB)	108	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO ₂ , PLASMA (LAB)	24	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE
TOTAL PROTEIN, PLASMA (LAB)	7.6	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE
ALBUMIN, PLASMA (LAB)	4.2	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE
ALK PHOS	98	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE
AST(SGOT)	27	<=41 U/L	OHSU LABORATORY SERVICES, CORE
ALT (SGPT)	44	<=60 U/L	OHSU LABORATORY SERVICES, CORE
ANION GAP(ALB CORRECTED)	7	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	8	mmol/L	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood (substance)

Narrative

Performed At

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
<15 mL/min/1.73 sq m Kidney Failure
Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

Visit Diagnoses - documented in this encounter

Diagnosis

- Chronic low back pain - Primary
- Pain medication agreement
- Heart failure, chronic systolic (HCC)
- Coronary artery disease involving coronary bypass graft of native heart with other forms of angina pectoris (HCC)
- Angina at rest (HCC)
- S/P CABG (coronary artery bypass graft)
- Hypercholesteremia
- Prediabetes
- Need for influenza vaccination
- Actinic keratosis

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		Dec. 02, 2015
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>Kristin S Bendert MD,MPH (Attending) 503-444-9488 (Work) 503-353-1234 (Fax) 1511 Division Street Suite 102 Oregon City, OR 97045 Family Medicine</p>	Dec. 02, 2015	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/26/2015	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Camacho, Samuel A, MD 3303 SW Bond Ave PORTLAND, OR 97239-4501 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	01/31/2015	08/31/2015	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	04/07/2015	12/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/16/2015	05/10/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ventricular tachycardia, non-sustained	06/26/2015
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	103/53	06/26/2015 8:34 AM PDT	
Pulse	69	06/26/2015 8:34 AM PDT	
Temperature	36.6 °C (97.8 °F)	06/26/2015 8:34 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	06/26/2015 8:34 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103 kg (227 lb)	06/26/2015 8:34 AM PDT	
Height	180.3 cm (5' 11")	06/26/2015 8:34 AM PDT	
Body Mass Index	31.66	06/26/2015 8:34 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Camacho, Samuel A, MD - 06/26/2015 9:18 AM PDT

-It was a pleasure to see again.

-Please have blood work collected (TSH, NT-BNP).

-Continue current medications.

-I will contact you with results of testing and next steps.

Electronically signed by Samuel A Camacho, MD at 06/26/2015 9:19 AM PDT

Progress Notes - documented in this encounter

Camacho, Samuel A, MD - 06/25/2015 4:55 PM PDT

Formatting of this note might be different from the original.

HEART FAILURE CLINIC

Primary Care Provider: Kristin S Bendert, MD,MPH

Referring Provider: Kristin S Bendert MD, MPH

Chief Complaint: CAD and heart failure

History of Present Illness: Michael E Ashland is a 63 y.o. patient. The patient is alone. Records were reviewed and the issues described below were reviewed in detail.

Brief Review of CV History:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass. LV ventricular restoration was done using Hemashield patch.

-Subsequently followed in heart failure clinic. Clinical course was marked by recurrent chest pain so periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

-Mar 23, 2015: Repeat coronary angiogram. Coronary angiogram not significantly changed from previous study done 2012.

Interval History Since Last Clinic Visit or Hospitalization:

The patient reports that he is feeling worse relative to our last visit on Mar 20, 2015. He reports increasing DOE and reduced exercise tolerance. He bought an O2 saturation monitor and reports that O2 decreases in the 80s during exertion.

When he tries to exert himself he also gets weakness in the legs. He report significant fatigue.

He also continues to have chest pain at rest. He reminds me that he has never had chest pain during exertion.

There is no DOE, PND, orthopnea or pedal edema.

No lightheadedness, syncope or falls.

We reviewed his medications and he is taking them as directed.

We reviewed the results of his coronary angiogram.

I ambulated with patient up 2 flights of stairs. He reported significant dyspnea and weak legs. O2 saturation was 97% at rest and did not change during exertion.

The patient inquired about when he would need a heart transplantation. He recalls being told by Dr. Hershberger and Dr. H. Song that he would eventually need a heart transplantation. This issue was reviewed with the patient. My response was that no one could predict his clinical course. A confounding factor is that his symptoms are progressing while echocardiogram and coronary angiogram remain stable.

Past Medical History

Diagnosis Date

- Fatigue
- Hypertriglyceridemia
- Ventricular tachycardia (paroxysmal)
- SOB (shortness of breath)
- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Ischemic cardiomyopathy
- Chest pain
- Chronic back pain
- Heart failure, chronic systolic 3/20/2015

Past Surgical History

Procedure Laterality Date

- Back surgery 1972
- Ventricular restoration 1/2007
- Icd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother

- Alcohol/Drug Brother

- Anesthesia Neg Hx
- Arthritis Neg Hx
- Diabetes Father
- Cancer Neg Hx
- Hypertension Mother
- Hypertension Father
- Stroke Mother
- Thyroid Neg Hx

History

Social History

- Marital Status: Married
- Spouse Name: N/A
 Number of Children: N/A
 • Years of Education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol Use: 2.5 oz/week
5 drink(s) per week

Comment: 1 drink a day

- Drug Use: No
- Sexual Activity:
Partners: Female

Other Topics Concern

- Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

- Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 6/26/15 encounter (Office Visit) with Samuel A Camacho, MD

Medication Sig Dispense Refill

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 60 tablet 3
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily. 60 tablet 6
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily. 90 tablet 3
- METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY 30 tablet 6
- nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area 60 mL 2

Review of Systems:

General: Appetite is unchanged.

HEENT: No epistaxis or acute visual changes.

Respiratory: No hemoptysis, cough, or increased sputum production.

Cardiovascular: See HPI

Gastrointestinal: No evidence of UGI bleeding or blood in stools.

Genitourinary: No blood in urine

Neurologic: No symptoms of TIA or CVA.

Skin: No new rash.

Endocrine: No evidence of untreated thyroid problem. TSH normal Aug 2012

Psychological: Assessed for symptoms of anxiety and depression

Heme/Lymphatic: No unexplained anemia.

Physical Exam:

Filed Vitals:

06/26/2015

8:34 AM

Height: 1.803 m (5' 11")

Weight: 102.967 kg (227 lb)

BP: 103/53

Pulse: 69

Temp: 36.6 °C (97.8 °F)

TempSrc: Oral

SpO2: 98%

PainSc: 0 - Zero

BMI: 31.67 kg/(m²)

General: oriented without acute distress

HEENT: sclera are anicteric, mucous membranes are moist, JVP is normal. There is no abdominal-jugular reflux

Cardiovascular: PMI is not palpable, regular rate and rhythm, S2 normal, no murmurs, rubs or gallops are appreciated

Respiratory: bilateral posterior breath sounds, lungs clear to auscultation

Abdomen: soft, non-tender, the liver is not pulsatile

Extremities: warm and well perfused, with no edema

Neuro: no focal abnormalities

Recent Labs

03/23/15

1021

NA 141

K 3.9

BICARB 26

Recent Labs

03/23/15

1021

BUN 17

CR 0.93

No results for input(s): AST, ALT, ALB in the last 4320 hours.

Recent Labs

03/23/15

1021

WBC 6.42

HB 13.4*

HCT 40.9*

PLT 178

Invalid input(s): INR

No results for input(s): NTPROBNP in the last 8640 hours.

Recent Labs

03/23/15

1021

GLU 100*

Recent Labs

04/07/15

0959

A1C 6.0*

No results for input(s): TSH in the last 8640 hours.

Recent Labs

09/29/14

1130

CHOL 113

LDL 29

HDL 56

TRI 139

Lab from Care Everywhere:

Chest X-ray:

STUDY: CHEST 2 VIEWS 09/26/14 12:24:00

COMPARISON: 10/27/11

HISTORY: Coronary artery disease. Ischemic cardiomyopathy.

FINDINGS:

PA and lateral views of the chest demonstrate an AICD/pacemaker to be present as before. Median sternotomy wires are noted. There is no cardiac enlargement, pulmonary edema, pleural effusion, or pneumothorax. No new parenchymal lung opacity is evident.

IMPRESSION:

No acute cardiopulmonary abnormality.

Attending Radiologists: VAZUL GABOR, MD

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated, 01/04/2012, LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.
4. The oxygen pulse was 18.7 ml/beat, which is normal.

5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

3/23/2015

SUMMARY:

1. Severe multivessel coronary artery disease with occluded LAD, occluded OM2, and moderate diffuse RCA stenosis and 60% to 70% mid PDA stenosis. Native coronary artery angiogram appears stable compared to angiogram from June 2012.
2. Patent LIMA to LAD. There is high-grade 90% mid LAD stenosis retrograde to LIMA insertion to LAD supplying a diagonal territory.
3. Patent saphenous vein graft to OM with 40% to 50% proximal saphenous vein graft stenosis.
4. Right dominant coronary circulation.

CLINICAL DISPOSITION:

1. Usual post-catheterization care.
2. Aspirin daily indefinitely.
3. Continue medical management of coronary artery disease including double product control and cardiac risk factor modification.
4. Further care as per referring, Dr. Camacho.
5. Though angiographic appearance appears stable compared to cardiac catheterization from June 2012, percutaneous coronary intervention of right PDA can be entertained if symptoms remain refractory.

A/R

Heart failure, chronic systolic. Etiology: Ischemic cardiomyopathy (had LV restoration surgery along with CABG in 2006). RV function was mildly reduced on the echocardiogram done Jan 2015. The cause of RV dysfunction is uncertain and there was no significant disease in RV marginal branches by coronary angiogram done Mar 2015.

-Stage C; NYHA 3

-LVEF 40-45% by echo done OHSU Jan 2015

-Compensated and euvolemic by examination.

-At target doses of metoprolol succinate ER and losartan (had cough on ACE inhibitor).

-No indication of spironolactone because LVEF is above 35%.

-BP and pulse are excellent.

-Increasing symptoms of DOE and fatigue; etiology is uncertain because he appears compensated and euvolemic by examination.

-Will check NT-BNP and also TSH (because of fatigue).

-Depending on the results of these studies may recommend repeating a cardiopulmonary stress test (the patient reports that he does not like this test but is willing to do it).

-If cardiac status is stable, may consider pulmonary workup because of severity of DOE.

Coronary artery disease with chest pain at rest.. S/P CABG in 2007 (LIMA-LAD, SVG-OM). According to the patient's history, his angina has always been at rest.

-Coronary angiogram was stable in Mar 2015.

-Continue aspirin, beta blocker and high intensity statin

Non-sustained ventricular tachycardia.

-Has occasional short runs of NSVT.

-10 beat run of NSVT on Apr 22, 2015 which was noted by device check; patient was asymptomatic.

-Has not needed any shocks from the ICD.

-Will continue beta blocker and regular monitoring.

S/P placement of single lead ICD. Had check by remote monitoring on Jun 23, 2015.

Active Problem List:

1. Chronic systolic heart failure, Stage C, Class II
2. Ischemic cardiomyopathy
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007
4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Left elbow arthritis

Plan:

-Please have blood work collected (TSH, NT-BNP).

-Continue current medications.

-Further recommendations depending on results of blood tests.

--Will consider CPX.
--Will consider CXR and PFTs.

I spent 32 minutes and greater than 50% was spent counseling and coordinating care. The patient's overall cardiovascular status was reviewed in light of increasing symptoms. Questions were answered.

S. Albert Camacho, M.D.
Clinical Associate Professor of Medicine
Division of Cardiovascular Medicine
Knight Cardiovascular Institute
Oregon Health & Science University

Electronically signed by Samuel A Camacho, MD at 06/26/2015 12:23 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Heart failure, chronic systolic (HCC) - Primary
Coronary artery disease with other forms of angina pectoris
Ventricular tachycardia, non-sustained (HCC)
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 26, 2015
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Samuel A Camacho MD (Attending) 503-494-1775 (Work) 503-494-8550 (Fax) 3303 SW Bond Ave PORTLAND, OR 97239-4501 Cardiovascular Diseases		Jun. 26, 2015

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/23/2015	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Paladino, Karen, RN 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	01/31/2015	08/31/2015	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	04/07/2015	12/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/16/2015	05/10/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Acquired hallux valgus of right foot	04/07/2015
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Cardiac angina	04/07/2015	04/18/2019
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file				
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Progress Notes - documented in this encounter

Barber, Connie, NP - 06/25/2015 5:12 AM PDT

. I reviewed the remote documentatiobn and agree with the progress notes.

CONNIE BARBER, NP
CARDIOLOGY ARRHYTHMIA AT CHH
3303 S W Bond Ave
Mailcode: Ch9a
Portland, OR 97239-3011
503-494-7400

PROGRESS NOTE:

Electronically signed by CONNIE BARBER, NP at 06/25/2015 5:14 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
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HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary
S/P CABG (coronary artery bypass graft)
Heart failure, chronic systolic (HCC)
Automatic implantable cardiac defibrillator in situ
Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
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Primary Care Provider Other Service Providers Document Coverage Dates

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Jun. 23, 2015

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Karen Paladino RN (Attending)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Encounter Date

Jun. 23, 2015

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
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Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
04/07/2015	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bendert, Kristin S, MD,MPH 1511 Division Street Suite 102 Oregon City, OR 97045 503-444-9488 503-353-1234 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

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Hypercholesteremia	12/05/2006
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Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/66	04/07/2015 9:00 AM PDT	
Pulse	69	04/07/2015 9:00 AM PDT	
Temperature	36.4 °C (97.6 °F)	04/07/2015 9:00 AM PDT	
Respiratory Rate	16	04/07/2015 9:00 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	103 kg (227 lb 1.6 oz)	04/07/2015 9:00 AM PDT	
Height	-	-	
Body Mass Index	31.67	03/23/2015 9:39 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Bendert, Kristin S, MD,MPH - 04/07/2015 9:31 AM PDT
Formatting of this note might be different from the original.
4/7/2015

OHSU Gabriel Park Family
Dr. Kristin Bendert

It was a pleasure to see you today.

Here are the diagnosis I have discussed with you today.

ICD-9-CM

1. CAD (coronary artery disease) 414.00
2. Ischemic cardiomyopathy 414.8
3. Heart failure, chronic systolic 428.22
4. Pain medication agreement V58.69 URINE DRUG SCREEN (MULTIPLE-CLASS),POC HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet
5. Prediabetes 790.29 HEMOGLOBIN A1C, BLOOD
6. Right foot pain 729.5 X-RAY FOOT 3 VIEWS RIGHT
7. Chronic low back pain 724.2 HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet 338.29

Here are the treatments we discussed:

- No changes to your heart medications today
- Let us know if you have an increase in chest pain- let us and your cardiologist know. If your pain is not relieved after 3 nitroglycerin, you need to go to the emergency room for evaluation
- Follow-up with your cardiologist next month- get this scheduled
- I will call or MyChart you with the results of today's labs and x-ray
- NSAIDs, heat, ice, foot pads can be used for your foot pain
- I have refilled your norco today

Return in about 3 months (around 7/7/2015) for follow-up pain contract.

Kristin Bendert, MD, MPH
Family Medicine
Oregon Health & Sciences University
Gabriel Park Clinic
4411 SW Vermont
Portland, OR 97219
503-494-9992
Fax 503-494-1967

Your fasting blood glucose is slightly elevated, which means you have pre-diabetes. This does not mean that you have diabetes. However, you are at risk for developing this down the road. As we discussed on the phone, we should recheck your labs in 6 months. I would also recommend sitting down with our staff to discuss your diet and changes you can make.

Can type 2 diabetes be prevented? — Yes! Studies show that people who are at risk can prevent type 2 diabetes by:

?Losing weight- Losing 5 to 10 percent of your body weight can lower your risk a lot. If you weigh 200 pounds, that means you should lose 10 to 20 pounds. If you weigh 150 pounds, that means you should lose 7 to 15 pounds.

?Being active- You don't have to go to the gym or break a sweat to get a benefit. Walking, gardening, and dancing are all activities that can help. Aim for 30 minutes a day of activity on most days of the week.

?Improving the way they eat- Choose a diet rich in fruits, vegetables, and low-fat dairy products, but low in meats, sweets, and refined grains. Stay away from sweet drinks, like soda and juice. Sugars can hide in all kinds of places that you may not expect them too, not just in sweets and desserts. Things that start with 'white', such as white bread and white rice, are broken down into sugars in the body. This is why we recommend eating brown rice and whole grain bread instead.

?Quitting Smoking- There's some evidence that quitting smoking also lowers the risk of developing type 2 diabetes. Quitting smoking also lowers your risk of stroke, heart disease, and lots of other problems. If you smoke, ask your doctor or nurse for advice on how to quit. People are much more likely to succeed if they have help and get medicines to help them quit.

?Taking certain medicines- There are some medications used in diabetes that can also help prevent the progression of pre-diabetes to diabetes. There are also medications that can help lower blood pressure and cholesterol. We can discuss adding these medications if the above measures do not work.

Electronically signed by Kristin S Bendert, MD, MPH at 04/07/2015 1:49 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	04/07/2015	12/02/2015

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (04/07/2015 9:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	6.0	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

URINE DRUG SCREEN (MULTIPLE-CLASS),POC - Final result (04/07/2015)

Component	Value	Ref Range	Performed At	Pathologist Signature
(THC) MARIJUANA, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
COCAINE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
OPIATES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS	
AMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS	

QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS
METHAMPHETAMINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS
BENZODIAZEPINES, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS
METHADONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS
OXYCODONE, URINE	Negative	Negative	OHSU - GABRIEL PARK, POINT OF CARE TESTS
QC: ENTER 'PASS' OR 'FAIL', URINE DRUG SCREEN	Pass		OHSU - GABRIEL PARK, POINT OF CARE TESTS

Specimen

Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - GABRIEL PARK, POINT OF CARE TESTS	4411 SW VERMONT	PORTLAND, OR	

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Ischemic cardiomyopathy

Heart failure, chronic systolic (HCC)

Pain medication agreement

Prediabetes

Right foot pain

Chronic low back pain

Ganglion cyst

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Apr. 07, 2015
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Kristin S Bendert MD,MPH (Attending) 503-444-9488 (Work) 503-353-1234 (Fax) 1511 Division Street Suite 102 Oregon City, OR 97045 Family Medicine		Apr. 07, 2015

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/23/2015	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Tibayan, Yen D, MD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	01/31/2015	08/31/2015	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	111/64	03/23/2015 6:04 PM PDT	
Pulse	74	03/23/2015 5:00 PM PDT	
Temperature	36 °C (96.8 °F)	03/23/2015 12:23 PM PDT	
Respiratory Rate	17	03/23/2015 4:00 PM PDT	
Oxygen Saturation	96%	03/23/2015 5:00 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	100.1 kg (220 lb 10.9 oz)	03/23/2015 9:39 AM PDT	
Height	180.3 cm (5' 11")	03/23/2015 9:39 AM PDT	
Body Mass Index	30.78	03/23/2015 9:39 AM PDT	

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
Procedure Note	Routine	02/04/2016 3:09 PM PST		

Results - documented in this encounter

ACT, POC RESULT - Edited Result - FINAL (03/23/2015 6:09 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
ACT, POC		90 - 150 Seconds	OHSU - MARQUAM HILL, POINT OF CARE TESTS	

Narrative

Erroneously resulted to patient per Elizabeth Hileman, 11B Px Care Unit. davis

Performed At

OHSU - MARQUAM HILL, POINT OF CARE TESTS

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC (CBC (HEMOGRAM) ONLY) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	6.42	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.49	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	13.4	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	40.9	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	91.1	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	32.8	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	45.1	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	178	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	11.2	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

INR - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	1.01	0.90 - 1.20 INR	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Performed At
OHSU LABORATORY SERVICES, CORE

INR Therapeutic ranges for full anticoagulation:
 INR for Venous Thromboembolism (2.0 - 3.0) INR
 INR for most patients with mech. valves (2.5 - 3.5) INR

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (03/23/2015 10:21 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	100	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	0.93	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	141	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	110	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY	

ANION GAP	5	mmol/L	SERVICES, CORE OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

Performed At

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY
SERVICES, CORE

Estimated GFR Interpretive Information:
 <60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
NaCl 0.9 % IV 75 mL/hr, intravenous, HSD CONTINUOUS, Starting Mon 3/23/15 at 1015, Until Mon 3/23/15 at 1140	New Bag	03/23/2015 10:19 AM PDT	75 mL/hr	75 mL/hr	

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Mar. 23, 2015
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Yen D Tibayan MD (Attending, Admitting) 503-494-1775 (Work) 503-494-8550 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Interventional Cardiology		Mar. 23, 2015

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/20/2015	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Paladino, Karen, RN 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	01/31/2015	08/31/2015	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	115/63	03/20/2015 9:52 AM PDT	
Pulse	71	03/20/2015 9:52 AM PDT	
Temperature	37.1 °C (98.7 °F)	03/20/2015 9:52 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	03/20/2015 9:52 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	03/20/2015 9:52 AM PDT	
Height	179.1 cm (5' 10.5")	03/20/2015 9:52 AM PDT	
Body Mass Index	31.54	03/20/2015 9:52 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Paladino, Karen, RN - 03/20/2015 11:11 AM PDT

ICD is fine- battery is good.

No changes made today.

Lets plan for remote visit in 3months

Electronically signed by Karen Paladino, RN at 03/20/2015 11:12 AM PDT

Progress Notes - documented in this encounter

Barber, Connie, NP - 03/23/2015 8:26 AM PDT

PROGRESS NOTE:

I have reviewed the progress note and agree with documentation.

CONNIE BARBER, NP
CARDIOLOGY ARRHYTHMIA AT CHH
3303 S W Bond Ave
Mailcode: Ch9a
Portland, OR 97239-3011
503-494-7400

Electronically signed by CONNIE BARBER, NP at 03/23/2015 8:26 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Ischemic cardiomyopathy

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		Mar. 20, 2015
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>Karen Paladino RN (Attending) 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011</p>	Mar. 20, 2015	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/20/2015	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Camacho, Samuel A, MD 3303 SW Bond Ave PORTLAND, OR 97239-4501 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued
METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr	TAKE ONE TABLET BY MOUTH EVERY DAY	30 tablet	01/31/2015	08/31/2015	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	02/02/2015	02/08/2016	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Heart failure, chronic systolic	03/20/2015
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
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Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	115/63	03/20/2015 9:39 AM PDT	
Pulse	71	03/20/2015 9:39 AM PDT	
Temperature	37.1 °C (98.7 °F)	03/20/2015 9:39 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	03/20/2015 9:39 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	03/20/2015 9:39 AM PDT	
Height	179.1 cm (5' 10.5")	03/20/2015 9:39 AM PDT	
Body Mass Index	31.54	03/20/2015 9:39 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Camacho, Samuel A, MD - 03/20/2015 10:07 AM PDT

- Cardiac catheterization to be done to see if you would benefit from improvement of blood flow with stent.
- Continue current medications.
- Make follow-up appointment with me for 2 months.

CARDIAC CATH PATIENT INSTRUCTIONS

You have been scheduled for your Heart Catheterization at Oregon Health and Science University. Please check in at the University Hospital South lobby, 9th floor, Admitting Department, on the date and time scheduled. The following information is regarding your procedure.

PRIOR TO YOUR APPOINTMENT PLEASE:

Plan on being here most of the day unless other arrangements have been made with you. Bring something to read, or something to do while you are waiting for your procedure, as there can be occasional delays. In the event of an emergency situation with another patient, your procedure may be delayed.

DAY BEFORE YOUR APPOINTMENT:

-Arrange a ride home after the procedure, as you are NOT allowed to drive.

MORNING OF YOUR APPOINTMENT:

- Take all of your regular morning medications as usual.
- Your intake should be limited to clear liquids, such as jell-o, broth, apple juice, tea, coffee, and water.
- Bring ALL medications that you are currently taking with you.

FOR DIABETIC PATIENTS:

Specific instructions regarding your medications:

1. Do not take Metformin on the day of procedure or day prior to procedure.
2. We will provide instructions for insulin.

Free parking is available in the Physicians Pavilion. Directions to OHSU, a map of the campus, and parking instructions are included.

More information is available at the OHSU website www.OHSUhealth.com or through the OHSU direction line, 503-494-1390.

If you have any questions please contact us at 503-494-8750 or toll free, 1-888-222-8750.

Electronically signed by Samuel A Camacho, MD at 03/20/2015 10:37 AM PDT

Progress Notes - documented in this encounter

Camacho, Samuel A, MD - 03/20/2015 9:32 AM PDT

Formatting of this note might be different from the original.

HEART FAILURE CLINIC

Primary Care Provider: Kristin S Bendert, MD,MPH

Referring Provider: Kristin S Bendert MD, MPH

Chief Complaint: CAD and heart failure

History of Present Illness: Michael E Ashland is a 63 y.o. patient. The patient is alone. Records were reviewed and the issues described below were reviewed in detail.

Brief Review of CV History:

-Jan 2006: Ischemic cardiomyopathy was initially diagnosed and he was transferred from Tuality Hospital to OHSU. Seen by Dr. R. Hershberger.

-Jan 2007: CABG (LIMA-LAD and SVG - OM). RCA did not need bypass.

-Subsequently followed in heart failure clinic. Periodically had coronary angiogram for angina.

-Mar 20, 2015: Initial visit with Dr. Camacho

Interval History Since Last Clinic Visit or Hospitalization:

The patient reports increasing symptoms of angina over the last 4-6 weeks. He is now taking NTG SL much more often. Symptoms occur at rest and wake him up from sleep. The patient reports that his angina has always been at rest and not with exertion.

Fatigue and DOE are moderate. There is no DOE, PND, orthopnea or pedal edema.

No lightheadedness, syncope or falls.

We reviewed his medications.

Past Medical History

Diagnosis Date

- Fatigue
- Hypertriglyceridemia
- Ventricular tachycardia (paroxysmal)
- SOB (shortness of breath)
- CAD (coronary artery disease)

S/P 2 V CABG in 2007 with LIMA to LAD and SVG to OM2

- Ischemic cardiomyopathy
- Chest pain
- Chronic back pain

Past Surgical History

Procedure Laterality Date

- Back surgery 1972
- Ventricular restoration 1/2007
- Icd (aicd) implantation 2007
- Pr cabg, vein, two 2007
- Hx neck surgery 1992
- Hx finger surgery
- Icd (aicd) ([automatic] implantable cardioverter defibrillator) procedure 2011
- Carpal tunnel release 2009

Family History

Problem Relation

- Heart Disease Mother

CHF

- Heart Disease Father

CABG

- Blood Disease Brother

AIDS

- Heart Disease Daughter

PVC's

- Heart Disease Son

PVC's

- Heart Disease Brother

CABG

- Alcohol/Drug Mother

- Alcohol/Drug Brother

- Anesthesia Neg Hx

- Arthritis Neg Hx

- Diabetes Father

- Cancer Neg Hx

- Hypertension Mother

- Hypertension Father

- Stroke Mother

- Thyroid Neg Hx

History

Social History

- Marital Status: Married

Spouse Name: N/A

Number of Children: N/A

- Years of Education: N/A

Occupational History

- Not on file.

Social History Main Topics

- Smoking status: Never Smoker

- Smokeless tobacco: Never Used

Comment: months in high school

- Alcohol Use: 2.5 oz/week

5 drink(s) per week

Comment: 1 drink a day

• Drug Use: No

• Sexual Activity: Yes

Partners: Female

Other Topics Concern

• Not on file

Social History Narrative

Retired youth minister. Disabled as of 2006. Computer, art hobbies.

Allergies

Allergen Reactions

• Ace Inhibitors Cough

Outpatient Prescriptions Marked as Taking for the 3/20/15 encounter (Office Visit) with Samuel A Camacho, MD

Medication Sig Dispense Refill

• Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.

• atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily. 30 tablet 11

• furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily. 60 tablet 3

• isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily. 60 tablet 6

• losartan 100 mg oral tablet Take 1 tablet by mouth once daily. 90 tablet 3

• METOPROLOL SUCCINATE 200 mg oral tablet extended release 24 hr TAKE ONE TABLET BY MOUTH EVERY DAY 30 tablet 6

• nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes. 25 tablet 6

• nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime. 180 capsule 3

Review of Systems:

General: Appetite is unchanged.

HEENT: No epistaxis or acute visual changes.

Respiratory: No hemoptysis, cough, or increased sputum production.

Cardiovascular: See HPI

Gastrointestinal: No evidence of UGI bleeding or blood in stools.

Genitourinary: No blood in urine

Neurologic: No symptoms of TIA or CVA.

Skin: No new rash.

Endocrine: No evidence of untreated thyroid problem. TSH normal Aug 2012

Psychological: Assessed for symptoms of anxiety and depression

Heme/Lymphatic: No unexplained anemia.

Physical Exam:

Filed Vitals:

03/20/2015

9:39 AM

Height: 1.791 m (5' 10.5")

Weight: 101.152 kg (223 lb)

BP: 115/63

Pulse: 71

Temp: 37.1 °C (98.7 °F)

TempSrc: Oral

SpO2: 97%

PainSc: 03 - Mild to Moderate

PainLoc: Back (Lower)

BMI: 31.53 kg/(m²)

General: oriented without acute distress

HEENT: sclera are anicteric, mucous membranes are moist, JVP is normal. There is no abdominal-jugular reflux

Cardiovascular: PMI is not palpable, regular rate and rhythm, S2 normal, no murmurs, rubs or gallops are appreciated

Respiratory: bilateral posterior breath sounds, lungs clear to auscultation

Abdomen: soft, non-tender, the liver is not pulsatile

Extremities: warm and well perfused, with no edema

Neuro: no focal abnormalities

Recent Labs

09/26/14

0504

NA 138
K 3.9
BICARB 27

Recent Labs
09/26/14
0504
BUN 15
CR 1.10

Recent Labs
09/26/14
0504
AST 25
ALT 38
ALB 3.9

Recent Labs
09/26/14
0504 09/29/14
1130
WBC 11.47* 8.38
HB 14.7 14.3
HCT 43.6 42.6
PLT 177 201

No components found with this basename: INR,
No results found for this basename: NTPROBNP, in the last 8640 hours

Recent Labs
09/26/14
0504
GLU 116*

Recent Labs
09/28/14
1320
A1C 5.8*

No results found for this basename: TSH, in the last 8640 hours

Recent Labs
09/29/14
1130
CHOL 113
LDL 29
HDL 56
TRI 139

Lab from Care Everywhere:

Transthoracic Echocardiogram 1/22/2015:

1. The left ventricular cavity size is normal.
2. Visually estimated left ventricular ejection fraction is 40 - 45%.
3. Multiple segmental abnormalities exist. See findings.
4. Mildly reduced RV systolic function.
5. Compared to the most recent exam dated,01/04/2012,LVEF is essentially unchanged on direct side by side comparison. RV function now appears mildly reduced.

Transthoracic Echocardiogram 1/4/2012:

1. The left ventricular cavity size is normal, LVDD 5.0
2. The LV systolic function is mildly to moderately decreased.
3. Visually estimated left ventricular ejection fraction is 45 - 50%.
4. Hypokinesis of apical segments. On the whole, subjective wall motion and overall function appears slightly improved compared to prior study.

Coronary angiography 6/8/2012:

The left main coronary artery is a large-caliber vessel that bifurcates into left anterior descending and left circumflex coronary arteries. It has moderate luminal irregularities.

The left anterior descending coronary artery is occluded at the ostium. The mid and distal left anterior descending fill via patent left internal mammary artery, which inserts in the mid portion of the left anterior descending and fills the left anterior descending to the first major septal perforator in a retrograde fashion. The retrograde portion of the left anterior descending has tandem high grade stenosis. Thrombus is visualized in the mid portion of the left anterior descending.

The left circumflex coronary artery is a nondominant vessel, which gives rise to a small first obtuse marginal and an occluded second obtuse marginal. The second obtuse marginal fills via a patent saphenous vein graft. The grafted left circumflex coronary artery has no significant disease.

The right coronary artery is dominant vessel that gives rise to an acute marginal branch, a moderate posterior descending artery and a moderate posterior left ventricular branch. The entire right coronary artery has moderate diffuse disease. The mid portion has a 30% stenosis. The mid portion of the right posterior descending artery has a 60% stenosis.

Right Heart Catheterization 4/2010

Mean RA: 3 mmHg

RV: 20/6 mmHg

PA: 17/7 mmHg

Mean PA: 11 mmHg

Wedge: 3 mmHg

CO 5.67 L/min

CI 2.58 L/min/m²

Cardiac output was determined using thermodilution method.

Blood pressure: 97/69 mmHg.

Pulmonary arterial saturation was 67.80 %.

Fick CO 4.84 L/min

Fick CI 2.21 L/min/m²

PVR 1.7 WU

SVR 1222.6 dsc-5

Cardiopulmonary Stress Test 8/27/12:

1. The peak VO₂ was 23.9 ml/kg/min, which is 91% of the predicted VO₂.
2. The peak VO₂ in l/m was 2.449, which was 109% of the predicted VO₂.
3. The VO₂ at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO₂.
4. The oxygen pulse was 18.7 ml/beat, which is normal.
5. The breathing reserve was 36%, which is normal.
6. Respiratory quotient was 1.14.
7. VE/VCO₂ slope was 26.6.
8. FEV₁ was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted).

Conclusions:

1. No significant circulatory or ventilatory impairment.
2. Hypertension with exercise.
3. Interpretation of ECG with exercise limited due to artifact.

A/R

Coronary artery disease with crescendo angina. S/P CABG in 2007 (LIMA-LAD, SVG-OM). According to the patient's history, his angina has always been at rest. But the frequency has increased in the last several weeks and he is using more nitroglycerine. Importantly, ECG done today shows more ST-T abnormalities compared with previous, which may indicate ischemia. Recommend repeating the coronary angiogram to see if PCI is indicated. I note that he may have developed disease in the vein graft or has had progression of disease in the RCA which has not previously required revascularization. I note BP is relatively low and he is getting the maximum dose of metoprolol succinate ER.

-Continue aspirin, beta blocker and high intensity statin

Heart failure, chronic systolic. Etiology: Ischemic cardiomyopathy. RV function is mildly reduced on the most previous echo which raises the possibility of severe disease in the RCA before the take-off of the RV marginal branches.

-Stage C; NYHA 3

-LVEF 40-45% by echo done OHSU Jan 2015

-Compensated and euvolemic

-At target doses of metoprolol succinate ER and losartan (had cough on ACE inhibitor).

-No indication of spironolactone because LVEF is above 35%.

S/P placement of single lead ICD. Normal function of device by check today.

Active Problem List:

1. Chronic systolic heart failure, Stage C, Class II
2. Ischemic cardiomyopathy
3. Coronary artery disease s/p Coronary artery bypass graft surgery 2007

4. Medtronic single chamber ICD
5. History of LV thrombus, warfarin stopped with improvement in LV function
6. Left elbow arthritis

Plan:

- Coronary angiogram to determine whether PCI is indicated for symptom-relief.
- Continue current medications.
- Make follow-up appointment with me for 2 months.

I spent 55 minutes and greater than 50% was spent counseling and coordinating care. The rationale for proceeding with coronary angiogram was discussed with the patient. Questions were answered.

S. Albert Camacho, M.D.
 Clinical Associate Professor of Medicine
 Division of Cardiovascular Medicine
 Knight Cardiovascular Institute
 Oregon Health & Science University

Electronically signed by Samuel A Camacho, MD at 03/20/2015 4:37 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

12 LEAD ECG - Final result (03/20/2015 10:29 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	188	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	49	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY	
QT	384	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-48	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-59	deg	OHSU DEPT OF	

ECG IMPRESSION SINUS RHYTHM
NONSPECIFIC INTRAVENTRICULAR
CONDUCTION DELAY
MINIMAL ST DEPRESSION, DIFFUSE
LEADS
- ABNORMAL ECG -
Electronically signed by:
BALA,RUPA 03-20-2015 19:55:43

CARDIOLOGY
OHSU DEPT OF
CARDIOLOGY

Specimen

Narrative

This result has an attachment that is not available.

Performed At
OHSU DEPT OF
CARDIOLOGY

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

12 LEAD ECG - Final result (03/20/2015 10:17 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VENTRICULAR RATE	66	bpm	OHSU DEPT OF CARDIOLOGY	
ATRIAL RATE	183	bpm	OHSU DEPT OF CARDIOLOGY	
P-R INTERVAL	196	ms	OHSU DEPT OF CARDIOLOGY	
P AXIS	44	deg	OHSU DEPT OF CARDIOLOGY	
QRS DURATION	118	ms	OHSU DEPT OF CARDIOLOGY	
QT	384	ms	OHSU DEPT OF CARDIOLOGY	
QTC-BAZETT	403	ms	OHSU DEPT OF CARDIOLOGY	
R AXIS	-59	deg	OHSU DEPT OF CARDIOLOGY	
T AXIS	-77	deg	OHSU DEPT OF CARDIOLOGY	

ECG IMPRESSION Sinus Rhythm with aberrant
conduction
NONSPECIFIC INTRAVENTRICULAR
CONDUCTION DELAY
BORDERLINE R WAVE PROGRESSION,
ANTERIOR LEADS
ST-T wave abnormality
- ABNORMAL ECG -
Electronically signed by:
BALA,RUPA 03-20-2015 19:57:10

OHSU DEPT OF
CARDIOLOGY

Specimen

Narrative

Performed At
OHSU DEPT OF
CARDIOLOGY

This result has an attachment that is not available.

Procedure Note

Other, Faculty - 03/20/2015 8:11 PM PDT

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPT OF CARDIOLOGY	3181 SW SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Ischemic cardiomyopathy

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Mar. 20, 2015

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Samuel A Camacho MD (Attending)

Mar. 20, 2015

503-494-1775 (Work)

503-494-8550 (Fax)

3303 SW Bond Ave

PORTLAND, OR 97239-4501

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/22/2015	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		Jan. 22, 2015
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>CAR ECHO ROOM 2 CHH (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239 Cardiology</p>	Jan. 22, 2015	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/20/2015	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Iwasaki, Ellen, FNP 4411 SW Vermont St Portland, OR 97219-1020 503-494-9992 503-494-1967 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015	Discontinued (Discontinued by patient)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	10/09/2014	10/30/2015	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	10/15/2014	11/06/2015	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/10/2014	12/01/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth two times daily.	60 tablet	01/13/2015	07/27/2015	Discontinued (Reorder)
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	108/60	01/20/2015 1:45 PM PST	
Pulse	66	01/20/2015 1:45 PM PST	
Temperature	36.4 °C (97.5 °F)	01/20/2015 1:45 PM PST	
Respiratory Rate	14	01/20/2015 1:45 PM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	100.6 kg (221 lb 11.2 oz)	01/20/2015 1:45 PM PST	
Height	-	-	
Body Mass Index	30.92	10/01/2014 8:48 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Iwasaki, Ellen, FNP - 01/20/2015 2:00 PM PST

Formatting of this note might be different from the original.

Bronchitis: After Your Visit

Your Care Instructions

Bronchitis is inflammation of the bronchial tubes, which carry air to the lungs. The tubes swell and produce mucus, or phlegm. The mucus and inflamed bronchial tubes make you cough. You may have trouble breathing.

Most cases of bronchitis are caused by viruses like those that cause colds. Antibiotics usually do not help and they may be harmful.

Bronchitis usually develops rapidly and lasts about 2 to 3 weeks in otherwise healthy people.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

How can you care for yourself at home?

- Take all medicines exactly as prescribed. Call your doctor if you think you are having a problem with your medicine.
- Get some extra rest.
- Take an over-the-counter pain medicine, such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin), or naproxen (Aleve) to reduce fever and relieve body aches. Read and follow all instructions on the label.
- Do not take two or more pain medicines at the same time unless the doctor told you to. Many pain medicines have acetaminophen, which is Tylenol. Too much acetaminophen (Tylenol) can be harmful.
- Take an over-the-counter cough medicine that contains dextromethorphan to help quiet a dry, hacking cough so that you can sleep. Avoid cough medicines that have more than one active ingredient. Read and follow all instructions on the label.
- Breathe moist air from a humidifier, hot shower, or sink filled with hot water. The heat and moisture will thin mucus so you can cough it out.
- Do not smoke. Smoking can make bronchitis worse. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.

When should you call for help?

Call 911 anytime you think you may need emergency care. For example, call if:

- You have severe trouble breathing.

Call your doctor now or seek immediate medical care if:

- You have new or worse trouble breathing.
- You cough up dark brown or bloody mucus (sputum).
- You have a new or higher fever.
- You have a new rash.

Watch closely for changes in your health, and be sure to contact your doctor if:

- You cough more deeply or more often, especially if you notice more mucus or a change in the color of your mucus.
- You are not getting better as expected.

Where can you learn more?

To learn more about "Bronchitis: After Your Visit", log into your MyChart account at <http://www.ohsu.edu/mychart>. You can enter H333 in the "Health Library" search box.

Not on MyChart? Review the MyChart section of your After Visit Summary for directions on how to sign up.

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Content Version: 10.2.346038; Current as of: August 29, 2012

Electronically signed by Ellen Iwasaki, FNP at 01/20/2015 2:00 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
albuterol 90 mcg/actuation inhalation HFA aerosol inhaler	Inhale 1-2 puffs every four hours as needed. Indications: wheezing and cough	1 Inhaler	01/20/2015	09/21/2016

Progress Notes - documented in this encounter

Iwasaki, Ellen, FNP - 01/20/2015 1:49 PM PST

Formatting of this note might be different from the original.

Michael E Ashland is a 63 y.o. male here today.

Chief Complaint

Patient presents with

- Cough

SUBJECTIVE: PCP Dr Bendert.

URI and cough 8 days ago. Cough persists, +dry most of the time. Keeps pt awake at night.

Non smoker, no hx asthma.

No sick contacts.

Self care: Robitussin DM, lozenges.

Cough unchanged.

TTE scheduled for Thursday.

Has anginal CP but no new pain. Has HF.

+SOB at rest, comes/goes.

Sleeps on one pillow at night.

No edema.

Home o2 sat taken every morning >97%, including this morning.

Patient Active Problem List

Diagnosis Date Noted

- Pseudogout of left elbow 09/28/2014

Priority: 1

- Septic arthritis 09/26/2014
- Elbow pain, left 09/26/2014
- S/P CABG (coronary artery bypass graft) 11/07/2011
- Sesamoiditis 06/08/2011
- Diverticulosis of colon 10/23/2010
- Impaired fasting glucose 06/29/2010
- Carpal tunnel syndrome 10/06/2009

Overview Note:

Bilateral surgery 11/2009

- Neuropathy 09/24/2009

Overview Note:

Painful polyneuropathy of feet. Full neuro workup 9/2009 unrevealing. Controlled well with nortriptyline.

- Pain medication agreement 06/23/2009

Overview Note:

Med contract 1/25/2010

Vicodin 5/500, #60 per month

OK to give 3 months at a time.

- Preventative health care 10/14/2008

Overview Note:

Colon: Colonoscopy 10/2010, rpt in 10 years.

Prostate: No further screening

Pneumovax: Done 3/08

Influenza: yearly

TdaP/Tetanus: last 2005

- Chronic low back pain 10/14/2008

Overview Note:

S/p L4-5 surgery, on med contract with PCP.

- Actinic keratosis 10/14/2008

- Exposure to asbestos 10/14/2008

Overview Note:

Worked in brake factory for 3 years

- Hypercholesteremia 12/05/2006

- Medtronic single chamber ICD 06/29/2006

- Ischemic cardiomyopathy 05/12/2006

Overview Note:

TTE 7/2009: LVEF 35-40%, diastolic dysfunction
RHC 4/2010: normal right and left side pressures, normal CO
Exercise VO2 testing 5/2010: 100% predicted
LV aneurysm repair 1/2007

• CAD (coronary artery disease) 05/12/2006

Overview Note:
CABG x2 1/2007

• Chest pain 05/12/2006

Current Medications:

Current Outpatient Prescriptions

Medication Sig

- Aspirin 81 mg Oral Tablet Take 1 Tab by mouth once daily.
- atorvastatin 80 mg oral tablet Take 1 tablet by mouth once daily.
- furosemide (LASIX) 20 mg oral tablet Take 1 tablet by mouth two times daily.
- HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.
- isosorbide mononitrate CR 60 mg oral tablet extended release 24 hr Take 2 tablets by mouth once daily.
- losartan 100 mg oral tablet Take 1 tablet by mouth once daily.
- metoprolol succinate 200 mg oral tablet extended release 24 hr Take 1 tablet by mouth once daily.
- nitroglycerin (NITROQUICK) 0.4 mg sublingual tablet, sublingual Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.
- nortriptyline 50 mg oral capsule Take 2 capsules by mouth once daily at bedtime.
- ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.
- triamcinolone acetonide 0.1 % topical lotion Apply thin film to affected area

No current facility-administered medications for this visit.

Allergies/Adverse Drug Reactions:

Allergies

Allergen Reactions

- Ace Inhibitors Cough

OBJECTIVE:

Vital Signs:

BP 108/60 | Pulse 66 | Temp (Src) 36.4 °C (97.5 °F) (Oral) | RR 14 | Wt 100.562 kg (221 lb 11.2 oz) | BMI 30.93 kg/(m²)

General: Well-appearing, NAD

HEENT: Unremarkable.

Neck: Supple, no LAN

Lungs: +rhonchi and wheezes on left side. No rales.

ASSESSMENT:

ICD-9-CM

1. Acute bronchitis 466.0 albuterol 90 mcg/actuation inhalation HFA aerosol inhaler

PLAN:

See Orders.

Reassurance given no signs of HF.

Advised rest, albuterol HFA, f/u prn. Pt agreeable.

Electronically signed by Ellen Iwasaki, FNP at 01/20/2015 7:37 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Acute bronchitis - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 20, 2015
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Ellen Iwasaki FNP (Attending) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St Portland, OR 97219-1020 Nurse Practitioner Family		Jan. 20, 2015

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/01/2014	Office Visit	Orthopaedics at Cornell West 1500 NW Bethany Blvd Suite 195 Beaverton, OR 97006-5237 503-494-6400	Yoo, Brad J, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-6400 503-494-5050 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015	Discontinued (Discontinued by patient)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	-	-	
Pulse	-	-	
Temperature	36.9 °C (98.4 °F)	10/01/2014 8:48 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	98.4 kg (217 lb)	10/01/2014 8:48 AM PDT	
Height	180.3 cm (5' 11")	10/01/2014 8:48 AM PDT	
Body Mass Index	30.27	10/01/2014 8:48 AM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Pseudogout of left elbow - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 01, 2014
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Brad J Yoo MD (Attending) 503-494-6400 (Work) 503-494-5050 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Orthopedic Surgery		Oct. 01, 2014

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/29/2014	Office Visit	Cardiology General at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Barber, Connie, NP 3303 SW Bond Ave Portland, OR 97239-4501 503-494-1775 503-494-8550 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015	Discontinued (Discontinued by patient)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	125/88	09/29/2014 4:00 PM PDT	
Pulse	80	09/29/2014 4:00 PM PDT	
Temperature	36.9 °C (98.4 °F)	09/29/2014 4:00 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	09/29/2014 4:00 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.6 kg (224 lb)	09/29/2014 4:00 PM PDT	
Height	180.3 cm (5' 11")	09/29/2014 4:00 PM PDT	
Body Mass Index	31.24	09/29/2014 4:00 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Automatic implantable cardiac defibrillator in situ

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 29, 2014
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Connie Barber NP (Attending) 503-494-1775 (Work) 503-494-8550 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Nurse Practitioner Adult Health		Sep. 29, 2014

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/29/2014	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Chien, Christopher V, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015	Discontinued (Discontinued by patient)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	125/88	09/29/2014 3:37 PM PDT	
Pulse	80	09/29/2014 3:37 PM PDT	
Temperature	36.9 °C (98.4 °F)	09/29/2014 3:37 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	09/29/2014 3:37 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.6 kg (224 lb)	09/29/2014 3:37 PM PDT	
Height	180.3 cm (5' 11")	09/29/2014 3:37 PM PDT	
Body Mass Index	31.24	09/29/2014 3:37 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Chien Md, Christopher V - 09/29/2014 4:11 PM PDT

Mr. Ashland,

It is nice to see you today.

Things overall are going well.

You are holding onto a little bit of extra water, so keep an eye on things and check your weight everyday.

If your weight is going up or if it's not getting better in the next 1-2 weeks, give us a call

I would like you to come back to see us in 6 months - you will see Dr. Camacho

Christopher Chien, MD

Assistant Professor of Medicine

Advanced Heart Failure and Transplantation

Knight Cardiovascular Institute

Oregon Health and Science University

Electronically signed by Christopher V Chien Md at 09/29/2014 4:12 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Chronic systolic heart failure (HCC)

CAD (coronary artery disease)

S/P CABG (coronary artery bypass graft)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 29, 2014
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Christopher Chien MD (Attending) Cardiology		Sep. 29, 2014

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

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Encounter Details

Date	Type	Department	Care Team
09/26/2014 - 09/28/2014	Hospital Encounter	OHSU 9K 808 SW Campus Dr Kohler Pavilion Portland, OR 97239-3011 503-346-1900	Kusin, Shana G, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-6011 503-494-7008 503-494-4997 (Fax) Kim, Evelyn S, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-4432 503-494-4997 (Fax) Yoo, Brad J, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-6400 503-494-5050 (Fax) Wojcik, Cezary, MD,PhD 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015	Discontinued (Discontinued by patient)
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet, disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pseudogout of left elbow	09/28/2014
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Septic arthritis	09/26/2014	04/07/2015
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	118/69	09/28/2014 2:48 PM PDT	
Pulse	62	09/28/2014 2:48 PM PDT	
Temperature	36.6 °C (97.9 °F)	09/28/2014 2:48 PM PDT	
Respiratory Rate	16	09/28/2014 2:48 PM PDT	
Oxygen Saturation	98%	09/28/2014 2:48 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	98.9 kg (218 lb)	09/26/2014 4:38 AM PDT	
Height	180.3 cm (5' 11")	09/28/2014 9:00 AM PDT	
Body Mass Index	30.4	09/26/2014 4:38 AM PDT	

Discharge Instructions - documented in this encounter

Attachments

The following attachments were made available to the patient upon discharge.

ELBOW : EXERCISES (ENGLISH)

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
ondansetron ODT (ZOFTRAN ODT) 8 mg oral tablet,disintegrating	Take 1 tablet by mouth every twelve hours as needed for nausea/vomiting.	6 tablet	09/28/2014	09/21/2016
oxyCODONE, immediate release, 5 mg oral tablet	Take 1-2 tablets by mouth every three hours as needed for breakthrough pain.	12 tablet	09/28/2014	01/20/2015

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Scheduled Orders

Name	Type	Priority	Associated Diagnoses	Order Schedule
TYPE AND SCREEN	Lab	Urgent		Lab Add Ons for 1 Occurrences starting 09/26/2014 until 09/26/2014
Health Maintenance	Due Date	Last Done	Comments	
HM004 Colonoscopy	10/21/2020	10/21/2010		
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014		
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists		

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
Procedure Note	Routine	02/04/2016 5:28 PM PST		
Procedure Note	Routine	02/04/2016 5:28 PM PST		
Procedure Note	Routine	02/04/2016 5:26 PM PST		
RADIUS/ULNA/ELBOW SOFT TISSUE PROCEDURES	Elective Surgical	09/26/2014 1:26 PM PDT	Septic arthritis of elbow, left (HCC)	

Results - documented in this encounter

FOLATE, SERUM - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FOLATE,SERUM	13.4	>5.8 ng/mL	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Narrative

Folate Interpretive Comment:
Normal: >5.8 ng/mL
Indeterminate: 4.0 - 5.8 ng/mL
Deficient: <4.0 ng/mL

Performed At

OHSU LABORATORY SERVICES, SPECIAL IMM + COAG

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

VITAMIN B-12 (VITAMIN B-12, SERUM) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
VITAMIN B12	394	190 - 910 pg/ml	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

HEMOGLOBIN A1C (HEMOGLOBIN A1C, BLOOD) - Final result (09/28/2014 1:20 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HEMOGLOBIN A1C	5.8	<5.7 %	OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, SPECIAL IMM + COAG	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

TROPONIN I (TROPONIN I, PLASMA) - Final result (09/27/2014 6:14 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN I	<0.02	<0.80 ng/mL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

GC/CHLAMYDIA AMP.DET,UR (GC / CHLAMYDIA AMP.DET, URINE) - Final result (09/27/2014 2:19 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
N.GONORRHOEAE AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	
C.TRACHOMATIS AMPLIFIED	Negative		KAISER - AIRPORT - PORTLAND	

Specimen

Urine - Urine

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:51 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature

SPECIMEN TYPE	Blood	OHSU LABORATORY SERVICES, CORE
SOURCE BODY SITE	Hand - right	OHSU LABORATORY SERVICES, CORE
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.	OHSU LABORATORY SERVICES, CORE
COMMENT(MICRO)		OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

URIC ACID, PLASMA - Final result (09/26/2014 8:50 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
URIC ACID, PLASMA (LAB)	6.6	3.7 - 8.0 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BLOOD BACTI & YEAST (CULTURE, BLOOD BACTI & YEAST OHSU) - Final result (09/26/2014 8:45 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN TYPE	Blood		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Hand - right		OHSU LABORATORY SERVICES, CORE	
BLOOD CULTURE OHSU	Final Report:No Bacteria or Yeast isolated at 5 days.		OHSU LABORATORY SERVICES, CORE	
COMMENT(MICRO)			OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Hand - right

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (09/26/2014 12:24 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature

COMPARISON: 10/27/11

HISTORY: Coronary artery
disease. Ischemic
cardiomyopathy.

FINDINGS:

PA and lateral views of the
chest demonstrate an
AICD/pacemaker to be present
as before. Median sternotomy
wires are noted. There is no
cardiac
enlargement, pulmonary edema,
pleural effusion, or
pneumothorax. No new
parenchymal lung opacity is
evident.

IMPRESSION:

No acute cardiopulmonary
abnormality.

Attending Radiologists: VAZUL
GABOR, MD

Author: VAZUL GABOR, MD

I have personally viewed this
procedure/exam, reviewed this
report, and made
changes to it where appropriate.

Final/Electronically signed /
VAZUL GABOR 09/26/2014 12:35 PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

CELL COUNT, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WBC SYNOVIAL FLUID	69,975	0 - 200 /cu mm	OHSU LABORATORY SERVICES, CORE	
RBC SYNOVIAL FLUID	2,715	/cu mm	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

CULT, BODY F (CULTURE, BODY FLUID) - Final result (09/26/2014 8:16 AM PDT)

Specimen

Fluid

Narrative

Performed At

Culture Report:
No growth
No anaerobic organisms isolated.

KAISER - AIRPORT - PORTLAND

Gram Stain:
No squamous epithelial cells
Many polymorphonuclear cells
No organisms seen

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER - AIRPORT - PORTLAND	13705 NE Airport Way	Portland, OR 97230	

GRAM SMEAR ONLY, STAT - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GRAM STAIN RESULT	No organisms seen	No organisms seen	OHSU LABORATORY SERVICES, CORE	
SMEAR PREPARATION	Direct smear		OHSU LABORATORY SERVICES, CORE	
SOURCE BODY SITE	Lt elbow		OHSU LABORATORY SERVICES, CORE	

Specimen

Fluid

Narrative

Performed At

Many WBCs

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SYNOVIAL FLUID, CRYSTALS - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CRYSTALS	Negative	Negative	OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

DIFFERENTIAL, SYN FL - Final result (09/26/2014 8:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
NEUTROPHIL(SYN FL)	96	0 - 25 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTES(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
MONOCYTES(SYN FL)	3	%	OHSU LABORATORY SERVICES, CORE	
MACROPHAGES(SYN FL)	1	%	OHSU LABORATORY SERVICES, CORE	
EOSINOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
BASOPHILS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
REACTIVE LYMPHS(SYN FL)	0	%	OHSU LABORATORY SERVICES, CORE	
SYNOVIAL CELLS	0	%	OHSU LABORATORY SERVICES, CORE	
ATYPICAL CELLS(SYN FL)	0	0.0 %	OHSU LABORATORY SERVICES, CORE	
TOTAL CELLS COUNTED	100		OHSU LABORATORY SERVICES, CORE	

Specimen

Synovial fluid

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

ELBOW 3 VIEWS LEFT, PORTABLE (X-RAY PORTABLE ELBOW 3 VIEWS LEFT) - Final result (09/26/2014 6:31 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
X-RAY PORTABLE ELBOW 3 VIEWS LEFT	STUDY: PR ELBOW 3 VIEWS LEFT 09/26/14 06:31:00 COMPARISON: None. HISTORY: significant elbow pain. we are asked evaluate for effusion or fracture. FINDINGS: Standard left elbow series demonstrates visualization of the posterior fat pad and splaying of the anterior fat pad indicative of an effusion. There is amorphous increased density			

noted along the anterolateral aspect of the radiocapitellar joint. This could represent chondrocalcinosis. There is no definite fracture observed on this study although an occult fracture cannot be excluded. Osseous structures are anatomically aligned.

IMPRESSION:

1. Joint effusion.
2. Amorphous radiocapitellar calcification could indicate chondrocalcinosis. This can be seen with pyrophosphate deposition arthropathy.
3. Occult fracture could not be excluded on the basis of this study.

Attending Radiologists: VAZUL GABOR, MD
Author: VAZUL GABOR, MD

I have personally viewed this procedure/exam, reviewed this report, and made changes to it where appropriate.

Final/Electronically signed /
VAZUL GABOR 09/26/2014 8:52 AM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

TROPONIN, POC - Final result (09/26/2014 5:08 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
TROPONIN, POC	0.01	0.0 - 0.49 ng/mL	OHSU - MARQUAM HILL, POINT OF CARE TESTS	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	

CBC AND AUTO DIFF - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
WHITE CELL COUNT	11.47	4.40 - 11.00 K/cu mm	OHSU LABORATORY SERVICES, CORE	
RED CELL COUNT	4.81	4.50 - 6.00 M/cu mm	OHSU LABORATORY SERVICES, CORE	
HEMOGLOBIN	14.7	13.5 - 17.5 g/dL	OHSU LABORATORY SERVICES, CORE	
HEMATOCRIT	43.6	41.0 - 53.0 %	OHSU LABORATORY SERVICES, CORE	
MCV	90.6	80.0 - 96.0 fL	OHSU LABORATORY SERVICES, CORE	
MCHC	33.7	33.0 - 35.5 g/dL	OHSU LABORATORY SERVICES, CORE	
RDW SD	42.9	35.1 - 46.3 fL	OHSU LABORATORY SERVICES, CORE	
PLATELET COUNT	177	150 - 400 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MPV	10.9	9.7 - 12.3 fL	OHSU LABORATORY SERVICES, CORE	
NRBC%	0.0	0.0 - 0.3 %	OHSU LABORATORY SERVICES, CORE	
NRBC#	0.00	0.00 - 0.02 K/cu mm	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL %	70.0	50.0 - 70.0 %	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE %	18.0	18.0 - 42.0 %	OHSU LABORATORY SERVICES, CORE	
MONOCYTE %	9.2	3.5 - 9.0 %	OHSU LABORATORY SERVICES, CORE	
EOS %	2.1	1.0 - 3.0 %	OHSU LABORATORY SERVICES, CORE	
BASO %	0.3	0.0 - 2.0 %	OHSU LABORATORY SERVICES, CORE	
IG%	0.4	0.0 - 0.6 %	OHSU LABORATORY SERVICES, CORE	
NEUTROPHIL #	8.02	1.80 - 7.70 K/cu mm	OHSU LABORATORY SERVICES, CORE	
LYMPHOCYTE #	2.06	1.00 - 4.80 K/cu mm	OHSU LABORATORY SERVICES, CORE	
MONOCYTE #	1.06	0.10 - 0.90 K/cu mm	OHSU LABORATORY SERVICES, CORE	

EOS #	0.24	0.00 - 0.50 K/cu mm	OHSU LABORATORY SERVICES, CORE
BASO #	0.04	0.00 - 0.10 K/cu mm	OHSU LABORATORY SERVICES, CORE
IG#	0.05	0.00 - 0.03 K/cu mm	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

Immature Granulocytes (IG) include metamyelocytes, myelocytes and promyelocytes. Bands are not included in the IG count. Bands are included in the neutrophil count.

Performed At
OHSU LABORATORY
SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

MAGNESIUM, PLASMA - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
MAGNESIUM,PLASMA	1.7	1.8 - 2.5 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	116	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	15	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	138	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	

CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
BILIRUBIN TOTAL	0.4	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE
TOTAL PROTEIN, PLASMA (LAB)	7.4	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE
ALBUMIN, PLASMA (LAB)	3.9	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE
ALK PHOS	91	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE
AST(SGOT)	25	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE
ALT (SGPT)	38	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE
ANION GAP(ALB CORRECTED)	5	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	5	mmol/L	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

Narrative

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m Chronic Kidney Disease
 <15 mL/min/1.73 sq m Kidney Failure
 Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age
- Severe malnutrition or obesity
- Vegetarian diet
- Rapidly changing kidney function

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES, 3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

CORE

C-REACTIVE PROTEIN - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
C-REACTIVE PROTEIN	<2.9	<10.0 mg/L	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

New method, new reference range and new reporting units as of 6/4/2014.

Performed At

OHSU LABORATORY SERVICES, CORE

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SEDIMENTATION RATE - Final result (09/26/2014 5:04 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SEDIMENTATION RATE	10	0 - 20 mm/hr	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

BB-TUBE-HELD-DONT PROCESS (BLOOD BANK HOLD TUBE - DON'T PROCESS) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SPECIMEN COLLECTED, HELD	Sample received with adeq label/volume to process		OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, TRANSFUSION MEDICINE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

APTT (ACT. PART. THROMBO TIME) - Final result (09/26/2014 4:57 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
APTT	27.4	26.0 - 36.0 seconds	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

APTT Therapeutic Range: (75 - 120) sec
Heparin levels of 0.35 - 0.7 U/mL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

SURGICAL PATHOLOGY - Final result (09/26/2014)

Component	Value	Ref Range	Performed At	Pathologist Signature
SURGICAL PATHOLOGY	<p>SOURCE OF SPECIMEN:A Left elbow biopsy #1</p> <p>SOURCE OF SPECIMEN:B Left elbow biopsy #2</p> <p>SOURCE OF SPECIMEN:C Left elbow biopsy #3</p> <p>SOURCE OF SPECIMEN:D Left elbow biopsy #4</p> <p>SOURCE OF SPECIMEN:E Left elbow biopsy #5</p> <p>SOURCE OF SPECIMEN:F Left elbow biopsy #6</p> <p>Final Pathologic Diagnosis:</p> <p>A: Left elbow biopsy #1:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed neutrophils - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>B: Left elbow biopsy #2:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>C: Left elbow biopsy #3:</p> <ul style="list-style-type: none"> - Synovial tissue with dispersed and focally dense neutrophils, including focal microabscess formation - Fibroadipose connective tissue with no diagnostic abnormality - Negative for malignancy <p>D: Left elbow biopsy #4:</p>		OHSU DEPARTMENT OF PATHOLOGY	

- Fibromuscular connective tissue with no diagnostic abnormality
- Negative for malignancy

E: Left elbow biopsy #5:

- Synovial tissue with focally dense neutrophils, including microabscess formation, with focal involvement of underlying fibroadipose connective tissue
- Negative for malignancy

F: Left elbow biopsy #6:

- Fibroadipose connective tissue with no diagnostic abnormality
- Negative for malignancy

Case seen by:

John Fortune, M.D./Surgical Pathology Fellow

David A. Sauer, M.D./Pathologist

T:09/29/14/rdl

Clinical History:

The patient is a 63-year-old male with septic arthritis L.

Gross Description:

Received are 6 specimens fresh in containers labeled with the patient name (initials MA) and:

A: Left elbow biopsy #1:

Received is a single fragment of tan, soft tissue that measures 0.7 x 0.5 x 0.3 cm. The entire specimen is submitted.

B: Left elbow biopsy #2:

Received are 2 fragments of tan, soft tissue that measure 0.8 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

C: Left elbow biopsy #3:

Received are 2 fragments of tan, soft tissue that measure 0.7 x 0.6 x 0.3 cm in aggregate. The entire specimen is submitted.

D: Left elbow biopsy #4:
Received are 2 fragments of
tan, soft tissue
that measure 0.8 x 0.5 x 0.3 cm
in aggregate. The entire
specimen is
submitted.

E: Left elbow biopsy #5:
Received are 2 fragments of
tan, soft tissue
that measure 0.7 x 0.6 x 0.3 cm
in aggregate. The entire
specimen is
submitted.

F: Left elbow biopsy #6:
Received are 2 fragments of
tan, soft tissue
that measure 0.7 x 0.5 x 0.3 cm
in aggregate. The entire
specimen is
submitted.

Cassette Index:

A: Left elbow biopsy #1:
A1
B: Left elbow biopsy #2:
B1
C: Left elbow biopsy #3:
C1
D: Left elbow biopsy #4:
D1
E: Left elbow biopsy #5:
E1
F: Left elbow biopsy #6:
F1
DD:tp

My electronic signature
indicates that I have personally
reviewed all
diagnostic slides, the gross
and/or microscopic portion of
this
report and formulated the final
diagnosis.

Rendering Diagnostician: David
Sauer M.D.
Pathologist
Electronically Signed 09/30/2014
7:12PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

Visit Diagnoses - documented in this encounter

Diagnosis

Pseudogout of left elbow - Primary

Septic arthritis (HCC)

Chest pain

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
acetaminophen (TYLENOL) tablet 325-650 mg 325-650 mg, oral, EVERY 4 HOURS AS NEEDED, Starting Fri 9/26/14 at 1715, Until Sun 9/28/14 at 2306, mild pain	Given	09/28/2014 8:53 AM PDT	650 mg		
	Given	09/28/2014 12:41 AM PDT	650 mg		
	Given	09/27/2014 6:29 PM PDT	650 mg		
atorvastatin (LIPITOR) tablet 80 mg 80 mg, oral, DAILY, First dose on Fri 9/26/14 at 1630, Until Discontinued	Given	09/28/2014 8:53 AM PDT	80 mg		
	Given	09/27/2014 9:08 AM PDT	80 mg		
	Given	09/26/2014 6:41 PM PDT	80 mg		
ceFAZolin (ANCEF) injection intravenous, INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1340, Until Fri 9/26/14 at 1449	Given	09/26/2014 1:40 PM PDT	2,000 mg		
ceFAZolin (ANCEF) IV 2 g 2 g, intravenous, EVERY 8 HOURS, 2 doses, First dose on Fri 9/26/14 at 2000, Last dose on Sat 9/27/14 at 0400	New Bag	09/27/2014 5:00 AM PDT	2 g		
	New Bag	09/26/2014 9:45 PM PDT	2 g		
ceFAZolin (ANCEF) IV 2 g 2 g, intravenous, EVERY 8 HOURS, First dose on Sat 9/27/14 at 0900, Until Discontinued	New Bag	09/28/2014 3:12 PM PDT	2 g		
	New Bag	09/28/2014 8:55 AM PDT	2 g		
	New Bag	09/28/2014 12:41 AM PDT	2 g		
enoxaparin (LOVENOX) injection 40 mg 40 mg, subcutaneous, EVERY NOON, First dose on Sat 9/27/14 at 0845, Until Discontinued	Given	09/28/2014 1:51 PM PDT	40 mg		
	Given	09/27/2014 9:09 AM PDT	40 mg		
fentaNYL citrate (PF) (SUBLIMAZE) injection INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1312, Until Fri 9/26/14 at 1449, sedation	Given	09/26/2014 1:14 PM PDT	50 mcg		
	Given	09/26/2014 1:12 PM PDT	50 mcg		
furosemide (LASIX) tablet 20 mg 20 mg, oral, DAILY, First dose on Fri 9/26/14 at 1630, Until Discontinued	Given	09/28/2014 8:53 AM PDT	20 mg		
	Given	09/27/2014 9:09 AM PDT	20 mg		
	Given	09/26/2014 6:41 PM PDT	20 mg		
HYDRoMorphone (DILAUDID) injection 0.5 mg 0.5 mg, intravenous, ONCE, 1 dose, Sat 9/27/14 at 2045	New Bag	09/27/2014 8:53 PM PDT	0.5 mg		

HYDROmorphone (DILAUDID) injection 0.5-1 mg 0.5-1 mg, intravenous, EVERY 15 MINUTES AS NEEDED, 3 doses, Starting Fri 9/26/14 at 0518, Until Fri 9/26/14 at 1155, severe pain	IV Push	09/26/2014 11:55 AM PDT	1 mg
	IV Push	09/26/2014 8:07 AM PDT	1 mg
	IV Push	09/26/2014 5:28 AM PDT	1 mg
isosorbide mononitrate CR (IMDUR) tablet 120 mg 120 mg, oral, DAILY, First dose on Fri 9/26/14 at 1630, Until Discontinued	Given	09/28/2014 8:53 AM PDT	120 mg
	Given	09/27/2014 9:08 AM PDT	120 mg
	Given	09/26/2014 6:41 PM PDT	120 mg
ketorolac (TORADOL) injection 30 mg 30 mg, intravenous, ONCE, 1 dose, Fri 9/26/14 at 0830	IV Push	09/26/2014 8:34 AM PDT	30 mg
lactated ringers IV INTRAPROCEDURE CONTINUOUS PRN, Starting Fri 9/26/14 at 1331, Until Fri 9/26/14 at 1449	given by anesthesiology	09/26/2014 2:24 PM PDT	
	New Bag	09/26/2014 1:31 PM PDT	
losartan (COZAAR) tablet 100 mg 100 mg, oral, DAILY, First dose on Fri 9/26/14 at 1630, Until Discontinued	Given	09/28/2014 8:53 AM PDT	100 mg
	Given	09/27/2014 9:09 AM PDT	100 mg
	Given	09/26/2014 6:41 PM PDT	100 mg
magnesium sulfate IV (RTU) 2 g 2 g, intravenous, ONCE, 1 dose, Fri 9/26/14 at 0830	New Bag	09/26/2014 8:34 AM PDT	2 g
metoprolol succinate (TOPROL-XL) tablet 200 mg 200 mg, oral, DAILY, First dose on Fri 9/26/14 at 1630, Until Discontinued	Given	09/28/2014 8:53 AM PDT	200 mg
	Given	09/26/2014 6:41 PM PDT	200 mg
midazolam (VERSED) injection INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1312, Until Fri 9/26/14 at 1449, sedation	Given	09/26/2014 1:14 PM PDT	1 mg
	Given	09/26/2014 1:12 PM PDT	1 mg
NaCl 0.9 % IV 500 mL, intravenous, ONCE, 1 dose, Fri 9/26/14 at 0845	New Bag	09/26/2014 8:34 AM PDT	500 mL
nortriptyline (PAMELOR) capsule 100 mg 100 mg, oral, AT BEDTIME, First dose on Fri 9/26/14 at 2200, Until Discontinued	Given	09/27/2014 9:41 PM PDT	100 mg
	Given	09/26/2014 9:45 PM PDT	100 mg
ondansetron (ZOFTRAN) injection 4 mg 4 mg, intravenous, EVERY 12 HOURS AS NEEDED, Starting Fri 9/26/14 at 1715, Until Sun 9/28/14 at 2306, nausea/vomiting	New Bag	09/28/2014 1:56 AM PDT	4 mg

ondansetron (ZOFTRAN) injection INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1417, Until Fri 9/26/14 at 1449	Given	09/26/2014 2:17 PM PDT	4 mg
oxyCODONE (immediate release) (ROXICODONE) tablet 5-15 mg 5-15 mg, oral, EVERY 3 HOURS AS NEEDED, Starting Fri 9/26/14 at 1501, Until Sun 9/28/14 at 2306, moderate pain, severe pain	Given	09/28/2014 3:46 AM PDT	10 mg
	Given	09/28/2014 12:41 AM PDT	15 mg
	Given	09/27/2014 9:37 PM PDT	15 mg
promethazine (PHENERGAN) tablet 12.5 mg 12.5 mg, oral, EVERY 6 HOURS AS NEEDED, Starting Sun 9/28/14 at 0924, Until Sun 9/28/14 at 2306, nausea/vomiting	Given	09/28/2014 10:15 AM PDT	12.5 mg
propofol INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1335, Until Fri 9/26/14 at 1449	Given	09/26/2014 1:35 PM PDT	150 mg
ropivacaine (PF) (NAROPIN) injection INTRAPROCEDURE PRN, Starting Fri 9/26/14 at 1320, Until Fri 9/26/14 at 1449	Given	09/26/2014 1:20 PM PDT	20 mL

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017)

503-494-8211 (Work)

503-346-6997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Other Service Providers

Document Coverage Dates

Sep. 26, 2014 - Sep. 28, 2014

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Shana G Kusun MD (Attending)

503-494-7008 (Work)

503-494-4997 (Fax)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-6011

Emergency Medicine

Evelyn S Kim MD (Attending, Admitting)

503-494-4432 (Work)

503-494-4997 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Emergency Medicine

Sep. 26, 2014 - Sep. 28, 2014

Brad J Yoo MD (Attending)

503-494-6400 (Work)

503-494-5050 (Fax)

3181 SW Sam Jackson Park Rd

PORTLAND, OR 97239-3011

Orthopedic Surgery

Cezary Wojcik MD,PhD (Attending)

503-494-7400 (Work)

503-494-4749 (Fax)

15700 SW Greystone Ct

BEAVERTON, OR 97006-6011

Endocrinology, Diabetes & Metabolism

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/12/2014	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	09/12/2014, 10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 12, 2014
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Sep. 12, 2014	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/26/2014	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bendert, Kristin S, MD,MPH 1511 Division Street Suite 102 Oregon City, OR 97045 503-444-9488 503-353-1234 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
pseudoephedrine (SUDAFED) 30 mg oral tablet	Take 2 tablets by mouth every six hours as needed for congestion.	30 tablet	12/05/2013	08/26/2014	Discontinued (Discontinued by patient)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)
metoprolol succinate 200 mg oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	06/09/2014	01/31/2015	Discontinued (Reorder)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	08/04/2014	10/29/2014	Discontinued (Reorder)
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/60	08/26/2014 11:24 AM PDT	
Pulse	60	08/26/2014 11:24 AM PDT	
Temperature	37.3 °C (99.1 °F)	08/26/2014 11:24 AM PDT	
Respiratory Rate	14	08/26/2014 11:24 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	99.2 kg (218 lb 11.2 oz)	08/26/2014 11:24 AM PDT	
Height	-	-	
Body Mass Index	30.5	11/07/2013 3:52 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Bendert, Kristin S, MD,MPH - 08/26/2014 12:18 PM PDT
Formatting of this note might be different from the original.
8/26/2014

OHSU Gabriel Park Family
Dr. Kristin Bendert

It was a pleasure to see you today.

Here are the diagnosis I have discussed with you today.

ICD-9-CM

1. Seborrheic dermatitis 690.10 triamcinolone acetonide 0.1 % topical lotion
2. Chronic low back pain 724.2
3. CAD (coronary artery disease) 414.00 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)
HEMOGLOBIN A1C, BLOOD
COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)
4. Ischemic cardiomyopathy 414.8 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)
HEMOGLOBIN A1C, BLOOD
COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)
5. Hypercholesteremia 272.0 LIPID SET (TRIG, T CHOL, HDL, CALC LDL)
6. Pain medication agreement V58.69
7. Neuropathy 355.9 VITAMIN B-12, SERUM
FOLATE, SERUM
CBC, WITH DIFFERENTIAL
8. Preventative health care V70.0
9. Impaired fasting glucose 790.21 HEMOGLOBIN A1C, BLOOD

Here are the treatments we discussed:

- I have written for some labwork to be done. This can be done either here at Gabriel Park or before your cardiology visit at the lab. Make sure these labs are fasting.
- Lipids, diabetes screen, electrolytes to Monitor your cholesterol and heart
- B12, folate and CBC to screen for neuropathies
- A prescription for the triamcinolone cream has been sent to the pharmacy for your ears
- I do not think imaging for your neck is indicated at this time, but may be done if symptoms progress in teh future
- Follow-up with cardiology as scheduled
- We have filled out a pain contract.

Return in about 3 months (around 11/26/2014) for pain management, follow-up labs.

Kristin Bendert, MD, MPH
Family Medicine
Oregon Health & Sciences University
Gabriel Park Clinic
4411 SW Vermont
Portland,OR 97219
503-494-9992
Fax 503-494-1967

Electronically signed by Kristin S Bendert, MD,MPH at 08/26/2014 12:24 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen (NORCO) 5-325 mg oral tablet	Take 1 tablet by mouth every six hours as needed. Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.	90 tablet	08/26/2014	04/07/2015
triamcinolone acetonide 0.1 % topical lotion	Apply thin film to affected area	60 mL	08/26/2014	02/13/2019

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Preventative health care - Primary

Seborrheic dermatitis

Chronic low back pain

Pain medication agreement

Neuropathy

CAD (coronary artery disease)

Ischemic cardiomyopathy

Hypercholesteremia

Impaired fasting glucose

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
<p>Kristin S Bendert MD,MPH (Jun. 16, 2014 - Aug. 28, 2017) 503-494-8211 (Work) 503-346-6997 (Fax) 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239</p>		<p>Aug. 26, 2014</p>
Custodian Organization		
<p>Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011</p>		
Encounter Providers	Encounter Date	
<p>Kristin S Bendert MD,MPH (Attending) 503-444-9488 (Work) 503-353-1234 (Fax) 1511 Division Street Suite 102 Oregon City, OR 97045 Family Medicine</p>	<p>Aug. 26, 2014</p>	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/28/2014	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
metoprolol succinate 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	10/03/2013	06/09/2014	Discontinued (Reorder)
nortriptyline 50 mg oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	11/25/2013	11/10/2014	Discontinued (Reorder)
pseudoephedrine (SUDAFED) 30 mg oral tablet	Take 2 tablets by mouth every six hours as needed for congestion.	30 tablet	12/05/2013	08/26/2014	Discontinued (Discontinued by patient)
furosemide (LASIX) 20 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/02/2014	08/04/2014	Discontinued (Reorder)
atorvastatin 80 mg oral tablet	Take 1 tablet by mouth once daily.	30 tablet	01/29/2014	02/02/2015	Discontinued (Reorder)
losartan 100 mg oral tablet	Take 1 tablet by mouth once daily.	90 tablet	04/21/2014	04/16/2015	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	
Tdap	04/28/2014	
Zoster live	04/28/2014	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for Tdap vaccination - Primary

Need for shingles vaccine

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Apr. 28, 2014
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Apr. 28, 2014	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
11/07/2013	Office Visit	OHSU Primary Care at South Waterfront 3303 SW Bond Ave Mailcode: CH9F Center for Health and Healing, Building 1, 9th Floor Portland, OR 97239-4501 503-494-8573	Otto, Bettricia, DPM 3303 SW Bond Ave Portland, OR 97239-4501 503-494-8573 503-494-3457 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
atorvastatin 80 mg Oral tablet	Take 1 Tab by mouth once daily.	30 Tab	01/24/2013	01/29/2014	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013	Expired
nortriptyline 50 mg Oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	08/28/2013	11/25/2013	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral tablet	Take 1 tablet by mouth once daily.	30 tablet	09/06/2013	01/02/2014	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
metoprolol succinate 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	10/03/2013	06/09/2014	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/62	11/07/2013 3:52 PM PST	
Pulse	60	11/07/2013 3:52 PM PST	
Temperature	37.3 °C (99.2 °F)	11/07/2013 3:52 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	98.9 kg (218 lb)	11/07/2013 3:52 PM PST	
Height	180.3 cm (5' 11")	11/07/2013 3:52 PM PST	
Body Mass Index	30.4	11/07/2013 3:52 PM PST	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Bunion - Primary

Foot pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 07, 2013
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Bettricia Otto DPM (Attending) 503-494-8573 (Work) 503-494-3457 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Podiatry	Nov. 07, 2013	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/11/2013	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
atorvastatin 80 mg Oral tablet	Take 1 Tab by mouth once daily.	30 Tab	01/24/2013	01/29/2014	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013	Expired
nortriptyline 50 mg Oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	08/28/2013	11/25/2013	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral tablet	Take 1 tablet by mouth once daily.	30 tablet	09/06/2013	01/02/2014	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/20/2013	10/15/2014	Discontinued (Reorder)
metoprolol succinate 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily.	30 tablet	10/03/2013	06/09/2014	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, injectable, quadrivalent, preservative free (IIV4)	10/11/2013	
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 11, 2013
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Oct. 11, 2013	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
09/18/2013	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
atorvastatin 80 mg Oral tablet	Take 1 Tab by mouth once daily.	30 Tab	01/24/2013	01/29/2014	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/07/2013	10/07/2013	Expired
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013	Expired
nortriptyline 50 mg Oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	08/28/2013	11/25/2013	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral tablet	Take 1 tablet by mouth once daily.	30 tablet	09/06/2013	01/02/2014	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 tablet under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 tablet	09/18/2013	10/09/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral tablet extended release 24 hr	Take 2 tablets by mouth once daily.	60 tablet	09/18/2013	09/20/2013	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 tablet	09/18/2013	10/03/2013	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/56	09/18/2013 4:33 PM PDT	
Pulse	74	09/18/2013 4:33 PM PDT	
Temperature	36.8 °C (98.2 °F)	09/18/2013 4:33 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	09/18/2013 4:33 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	97.5 kg (215 lb)	09/18/2013 4:33 PM PDT	
Height	180.3 cm (5' 11")	09/18/2013 4:33 PM PDT	
Body Mass Index	29.99	09/18/2013 4:33 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 09/18/2013 4:56 PM PDT

Your ICD is fine

You have had 7 nonsustained episodes--no treated events

No changes today

Electronically signed by Karen Griffith Np at 09/18/2013 4:56 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

CAD (coronary artery disease)

S/P CABG (coronary artery bypass graft)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 18, 2013
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health		Sep. 18, 2013

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/18/2013	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Chien, Christopher V, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
atorvastatin 80 mg Oral tablet	Take 1 Tab by mouth once daily.	30 Tab	01/24/2013	01/29/2014	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	03/11/2013	09/18/2013	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 Tab	05/14/2013	09/18/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	05/22/2013	09/18/2013	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/07/2013	10/07/2013	Expired
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013	Expired
nortriptyline 50 mg Oral capsule	Take 2 capsules by mouth once daily at bedtime.	180 capsule	08/28/2013	11/25/2013	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral tablet	Take 1 tablet by mouth once daily.	30 tablet	09/06/2013	01/02/2014	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 tablet	09/18/2013	10/03/2013	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/56	09/18/2013 3:38 PM PDT	
Pulse	74	09/18/2013 3:38 PM PDT	
Temperature	36.8 °C (98.2 °F)	09/18/2013 3:38 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	09/18/2013 3:38 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	97.5 kg (215 lb)	09/18/2013 3:38 PM PDT	
Height	180.3 cm (5' 11")	09/18/2013 3:38 PM PDT	
Body Mass Index	29.99	09/18/2013 3:38 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Chien Md, Christopher V - 09/18/2013 4:25 PM PDT

Mr. Ashland,

It is nice meeting you. You look great

Stay active

1. We will increase your metoprolol to 200 mg daily

2. You should follow up with Karen Griffith - ask her about changing your defibrillator settings

Come see us in 6 months

Christopher Chien, MD
 Clinical Instructor of Medicine
 Advanced Heart Failure and Transplantation
 Knight Cardiovascular Institute
 Oregon Health and Science University

Electronically signed by Christopher V Chien Md at 09/18/2013 4:26 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
metoprolol succinate (TOPROL XL) 200 mg Oral tablet extended release 24 hr	Take 1 tablet by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 tablet	09/18/2013	10/03/2013

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Ischemic cardiomyopathy

CAD (coronary artery disease)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
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Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014)

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Sep. 18, 2013

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
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Christopher Chien MD (Attending)

Cardiology

Sep. 18, 2013

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/07/2013	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Quattlebaum, Thomas H, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/14/2013	06/07/2013	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/14/2013	06/07/2013	Discontinued
atorvastatin 80 mg Oral	Take 1 Tab by mouth once	30 Tab	01/24/2013	01/29/2014	Discontinued

tablet	daily.					(Reorder)
furosemide (LASIX) 20 mg Oral tablet	Take 1 Tab by mouth once daily.	30 Tab	02/11/2013	09/06/2013		Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	03/11/2013	09/18/2013		Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 Tab	05/14/2013	09/18/2013		Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual tablet, sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	05/22/2013	09/18/2013		Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/07/2013	08/07/2013		Expired
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/07/2013	10/07/2013		Expired
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013		Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	127/81	06/07/2013 9:45 AM PDT	
Pulse	80	06/07/2013 9:45 AM PDT	
Temperature	36.8 °C (98.3 °F)	06/07/2013 9:45 AM PDT	
Respiratory Rate	16	06/07/2013 9:45 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	98.6 kg (217 lb 6.4 oz)	06/07/2013 9:45 AM PDT	
Height	179.5 cm (5' 10.67")	06/07/2013 9:45 AM PDT	
Body Mass Index	30.61	06/07/2013 9:45 AM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 60 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/07/2013	12/06/2013
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/07/2013	10/07/2013
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/07/2013	08/07/2013

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
COLLECTION OF BLOOD BY VENIPUNCTURE	Routine	06/07/2013 10:17 AM PDT		

Results - documented in this encounter

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	93	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	19	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	

CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE
EGFR AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
EGFR NON AFRICAN-AMERICAN	>60	>60 mL/min	OHSU LABORATORY SERVICES, CORE
SODIUM, PLASMA (LAB)	143	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM, PLASMA (LAB)	4.3	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE
CHLORIDE, PLASMA (LAB)	107	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE
TOTAL CO2, PLASMA (LAB)	27	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE
CALCIUM, PLASMA (LAB)	9.5	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE
BILIRUBIN TOTAL	0.5	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE
TOTAL PROTEIN, PLASMA (LAB)	7.8	6.4 - 8.2 g/dL	OHSU LABORATORY SERVICES, CORE
ALBUMIN, PLASMA (LAB)	4.4	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE
ALK PHOS	100	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE
ALT (SGPT)	46	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE
ANION GAP(ALB CORRECTED)	8	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	9	mmol/L	OHSU LABORATORY SERVICES, CORE

Specimen

Blood - Blood

GFR is estimated using the MDRD equation recommended by the National Kidney Disease Education Program.

OHSU LABORATORY SERVICES, CORE

Estimated GFR Interpretive Information:

<60 mL/min/1.73 sq m

Chronic Kidney Disease

<15 mL/min/1.73 sq m

Kidney Failure

Estimated GFR greater than 60 mL/min/1.73 sq m is of limited clinical value.

The MDRD equation is not valid in the following situations:

- Patients under 18 years of age

- Severe malnutrition or obesity

- Vegetarian diet

- Rapidly changing kidney function

New reference range effective 04/16/2013 for Total proteins performed in Core Lab only.

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU LABORATORY SERVICES, CORE

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/07/2013 11:09 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	154	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	232	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
LDL CHOLESTEROL, CALCULATED	57	<100 mg/dL	OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	46	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	103	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Performed At

Cholesterol Reference Range:

Desirable: <200 mg/dL

Borderline High: 200 - 239 mg/dL

High: >=240 mg/dL

OHSU LABORATORY SERVICES, CORE

LDL Cholesterol Reference Range:

Optimal: <100 mg/dL

Near Optimal: 100-129 mg/dL

Borderline High: 130-159 mg/dL

High: 160-189 mg/dL

Very High: >=190 mg/dL

non-HDL Cholesterol Reference Range:

Optimal: <130 mg/dL

Near Optimal: 130-159 mg/dL

Borderline High: 160-189 mg/dL

High: 190-209 mg/dL
Very High: >=210 mg/dL

Triglyceride Reference Range:

Normal: <150 mg/dL
Borderline High: 150-199 mg/dL
High: 200-499 mg/dL
Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Hypercholesteremia

Chronic low back pain

Impaired fasting glucose

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 07, 2013

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Thomas H Quattlebaum MD (Attending) Family Medicine	Jun. 07, 2013

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/14/2013	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Quattlebaum, Thomas H, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	08/13/2012	03/11/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 Tab	09/11/2012	05/14/2013	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/12/2012	01/14/2013	Discontinued (Reorder)
losartan 100 mg Oral tablet	Take 1 Tab by mouth once daily.	90 Tab	12/05/2012	02/27/2014	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/14/2013	06/07/2013	Discontinued (Reorder)
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/14/2013	05/14/2013	Expired
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/14/2013	06/07/2013	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, seasonal, intradermal, preservative free	01/14/2013	
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	116/66	01/14/2013 11:00 AM PST	
Pulse	52	01/14/2013 11:00 AM PST	
Temperature	-	-	
Respiratory Rate	16	01/14/2013 11:00 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	99.8 kg (220 lb 2 oz)	01/14/2013 11:00 AM PST	
Height	177.8 cm (5' 10")	01/14/2013 11:00 AM PST	
Body Mass Index	31.58	01/14/2013 11:00 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Quattlebaum, Thomas H, MD - 01/14/2013 2:00 PM PST

Heart - doing great! Keep taking your regular medications. Check in with your heart doctor to see when they would like to see you next.

Cholesterol - we will check your cholesterol level today and I will get back to you on MyChart

Back pain - refilled your medication. Keep walking and doing things to stay active.

Electronically signed by THOMAS QUATTLEBAUM, MD at 01/14/2013 2:01 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/14/2013	06/07/2013
HYDROcodone-acetaminophen 5-325 mg Oral tablet	Take 1 Tab by mouth every four hours as needed for 61 days. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/14/2013	05/14/2013
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/14/2013	06/07/2013

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	223	<200 mg/dL	OHSU LABORATORY SERVICES, CORE	
TRIGLYCERIDES	510	<150 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CHOLESTEROL	52	>40 mg/dL	OHSU LABORATORY SERVICES, CORE	
HDL CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE	
VLDL CHOLESTEROL, CALCULATED	66	<31 mg/dL	OHSU LABORATORY SERVICES, CORE	
NON-HDL CHOLESTEROL	171	<130 mg/dL	OHSU LABORATORY SERVICES, CORE	

Specimen

Blood - Blood

Narrative

Cholesterol Reference Range:
 Desirable: <200 mg/dL
 Borderline High: 200 - 239 mg/dL
 High: >=240 mg/dL

non-HDL Cholesterol Reference Range:
 Optimal: <130 mg/dL
 Near Optimal: 130-159 mg/dL
 Borderline High: 160-189 mg/dL
 High: 190-209 mg/dL
 Very High: >=210 mg/dL

Performed At

OHSU LABORATORY SERVICES, CORE

Triglyceride Reference Range:

Normal: <150 mg/dL

Borderline High: 150-199 mg/dL
 High: 200-499 mg/dL
 Very High: >=500 mg/dL

HDL Reference Range:

High Risk: <40 mg/dL
 Desirable: >=60 mg/dL

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU LABORATORY SERVICES, CORE	3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK PHOS,ALB,PROT TOTAL)) - Final result (01/14/2013 2:06 PM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	82	60 - 99 mg/dL	OHSU LABORATORY SERVICES, CORE	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU LABORATORY SERVICES, CORE	
CREATININE PLASMA (LAB)	1.08	0.70 - 1.30 mg/dL	OHSU LABORATORY SERVICES, CORE	
EGFR AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
EGFR NON AFRICAN-AMERICAN	>60	mL/min	OHSU LABORATORY SERVICES, CORE	
SODIUM, PLASMA (LAB)	139	136 - 145 mmol/L	OHSU LABORATORY SERVICES, CORE	
POTASSIUM, PLASMA (LAB)	4.2	3.4 - 5.0 mmol/L	OHSU LABORATORY SERVICES, CORE	
CHLORIDE, PLASMA (LAB)	102	97 - 108 mmol/L	OHSU LABORATORY SERVICES, CORE	
TOTAL CO2, PLASMA (LAB)	26	21 - 32 mmol/L	OHSU LABORATORY SERVICES, CORE	
CALCIUM, PLASMA (LAB)	9.6	8.6 - 10.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
BILIRUBIN TOTAL	0.6	0.3 - 1.2 mg/dL	OHSU LABORATORY SERVICES, CORE	
TOTAL PROTEIN, PLASMA (LAB)	8.3	6.1 - 7.9 g/dL	OHSU LABORATORY SERVICES, CORE	
ALBUMIN, PLASMA (LAB)	4.7	3.5 - 4.7 g/dL	OHSU LABORATORY SERVICES, CORE	
ALK PHOS	71	56 - 119 U/L	OHSU LABORATORY SERVICES, CORE	
AST(SGOT)	27	15 - 41 U/L	OHSU LABORATORY SERVICES, CORE	

ALT (SGPT)	44	12 - 60 U/L	OHSU LABORATORY SERVICES, CORE
ANION GAP(ALB CORRECTED)	9	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
POTASSIUM CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
BILI T CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
AST CMNT	No Hemo		OHSU LABORATORY SERVICES, CORE
ANION GAP	11	4 - 11 mmol/L	OHSU LABORATORY SERVICES, CORE
Specimen			
Blood - Blood			
Performing Organization		Address	City/State/Zipcode
OHSU LABORATORY SERVICES, CORE		3181 SW SAM JACKSON PARK RD	PORTLAND, OR 97239
Phone Number			

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Ischemic cardiomyopathy

Need for prophylactic vaccination and inoculation against influenza

Chronic low back pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Thomas H Quattlebaum MD (Dec. 27, 2012 - Jun. 15, 2014) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 14, 2013
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Thomas H Quattlebaum MD (Attending) Family Medicine	Jan. 14, 2013	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/18/2012	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Wojcik, Cezary, MD,PhD 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	08/13/2012	03/11/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 Tab	09/11/2012	05/14/2013	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	10/12/2012	01/14/2013	Discontinued (Reorder)
cephALEXin (KEFLEX) 500 mg Oral capsule	Take 1 Cap by mouth every eight hours for 7 days.	21 Cap	10/18/2012	10/25/2012	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	111/66	10/18/2012 2:04 PM PDT	
Pulse	77	10/18/2012 2:04 PM PDT	
Temperature	36.3 °C (97.4 °F)	10/18/2012 2:04 PM PDT	
Respiratory Rate	16	10/18/2012 2:04 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	103.6 kg (228 lb 8 oz)	10/18/2012 2:04 PM PDT	
Height	177.8 cm (5' 10")	10/18/2012 2:04 PM PDT	
Body Mass Index	32.79	10/18/2012 2:04 PM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
cephALEXin (KEFLEX) 500 mg Oral capsule	Take 1 Cap by mouth every eight hours for 7 days.	21 Cap	10/18/2012	10/25/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
DRAIN SKIN ABSCESS	Routine	10/18/2012 3:01 PM PDT		

Results - documented in this encounter

CULT, WOUND (CULTURE, WOUND BACTI & GS) - Final result (10/18/2012 3:13 PM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
SOURCE BODY SITE	Wound		KAISER REGIONAL LAB-MICRO	
CULTURE RESULT	C wound, Super Source: Right 5th finger Final		KAISER REGIONAL LAB-MICRO	
	GRAM STAIN: No squamous epithelial cells Many PMN's Moderate Gram positive cocci in chains			
	CULTURE RESULT: 2+ Staphylococcus aureus			
	ORGANISM:.....Staphylococcus aureus			
	Cefazolin S			
	Clindamycin S			
	Erythroycin S			
	Oxacillin S			
	Penicillin R			
	Trimethoprim/Sulfa S			
	Tetracycline S			
	Vancomycin S			

Specimen

Swab - Abscess

Performing Organization	Address	City/State/Zipcode	Phone Number
KAISER REGIONAL LAB-MICRO	13705 NE Airport Way	Portland, OR 97230	

Visit Diagnoses - documented in this encounter

Diagnosis

Paronychia of fifth finger of right hand - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Cezary Wojcik MD,PhD (Aug. 07, 2012 - Dec. 26, 2012)

Oct. 18, 2012

503-494-7400 (Work)

503-494-4749 (Fax)

15700 SW Greystone Ct

BEAVERTON, OR 97006-6011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Cezary Wojcik MD,PhD (Attending)

Oct. 18, 2012

503-494-7400 (Work)

503-494-4749 (Fax)

15700 SW Greystone Ct

BEAVERTON, OR 97006-6011

Endocrinology, Diabetes & Metabolism

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/08/2012	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nelson, Christopher M, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/10/2012	10/12/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	08/13/2012	03/11/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral tablet extended release 24 hr	Take 1 Tab by mouth once daily. PLEASE FAX FUTURE REQUESTS TO 503-494-1919	30 Tab	09/11/2012	05/14/2013	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/58	10/08/2012 2:27 PM PDT	
Pulse	64	10/08/2012 2:27 PM PDT	
Temperature	36.7 °C (98 °F)	10/08/2012 2:27 PM PDT	
Respiratory Rate	18	10/08/2012 2:27 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	10/08/2012 2:27 PM PDT	
Height	177.8 cm (5' 10")	10/08/2012 2:27 PM PDT	
Body Mass Index	32	10/08/2012 2:27 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Nelson, Christopher M, MD - 10/08/2012 2:48 PM PDT

Formatting of this note might be different from the original.

3 sets of 25 reps

For stretches hold each for 30 sec at least

Do these rehab exercises for 15 min twice a day

Iliotibial Band Syndrome: Exercises

Your Care Instructions

Here are some examples of typical rehabilitation exercises for your condition. Start each exercise slowly. Ease off the exercise if you start to have pain.

Your doctor or physical therapist will tell you when you can start these exercises and which ones will work best for you.

How to do the exercises

Iliotibial band stretch

1. Lean sideways against a wall. If you are not steady on your feet, hold on to a chair or counter.
2. Stand on the leg with the affected hip, with that leg close to the wall. Then cross your other leg in front of it.
3. Let your affected hip drop out to the side of your body and against the wall. Then lean away from your affected hip until you feel a stretch.
4. Hold the stretch for 15 to 30 seconds.
5. Repeat 2 to 4 times.

Piriformis stretch

1. Lie on your back with your legs straight.
2. Lift your affected leg and bend your knee. With your opposite hand, reach across your body, and then gently pull your knee toward your opposite shoulder.
3. Hold the stretch for 15 to 30 seconds.
4. Repeat 2 to 4 times.

Hamstring wall stretch

1. Lie on your back in a doorway, with your good leg through the open door.
2. Slide your affected leg up the wall to straighten your knee. You should feel a gentle stretch down the back of your leg.
 - .. Do not arch your back.
 - .. Do not bend either knee.
 - .. Keep one heel touching the floor and the other heel touching the wall. Do not point your toes.
3. Hold the stretch for at least 1 minute to begin. Then try to lengthen the time you hold the stretch to as long as 6 minutes.
4. Repeat 2 to 4 times.

If you do not have a place to do this exercise in a doorway, there is another way to do it:

1. Lie on your back, and bend the knee of your affected leg.
2. Loop a towel under the ball and toes of that foot, and hold the ends of the towel in your hands.
3. Straighten your knee, and slowly pull back on the towel. You should feel a gentle stretch down the back of your leg.
4. Hold the stretch for 15 to 30 seconds. Or even better, hold the stretch for 1 minute if you can.
5. Repeat 2 to 4 times.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

Where can you learn more?

To learn more about "Iliotibial Band Syndrome: Exercises", log into your MyChart account at <http://www.ohsu.edu/mychart>. You can enter P252 in the "Health Library" search box.

Not on MyChart? Review the MyChart section of your After Visit Summary for directions on how to sign up.

Patellofemoral Pain Syndrome (Runner's Knee): Exercises

Your Care Instructions

Here are some examples of typical rehabilitation exercises for your condition. Start each exercise slowly. Ease off the exercise if you start to have pain.

Your doctor or physical therapist will tell you when you can start these exercises and which ones will work best for you.

How to do the exercises

Quad sets

1. Sit with your affected leg straight and supported on the floor or a firm bed. Place a small, rolled-up towel under your affected knee. Your other leg should be bent, with that foot flat on the floor.
2. Tighten the thigh muscles of your affected leg by pressing the back of your knee down into the towel.
3. Hold for about 6 seconds, then rest for up to 10 seconds.
4. Repeat 8 to 12 times.

Straight-leg raises to the front

1. Lie on your back with your good knee bent so that your foot rests flat on the floor. Your affected leg should be straight. Make sure that your low back has a normal curve. You should be able to slip your hand in between the floor and the small of your back, with your palm touching the floor and your back touching the back of your hand.
2. Tighten the thigh muscles in your affected leg by pressing the back of your knee flat down to the floor. Hold your knee straight.
3. Keeping the thigh muscles tight and your leg straight, lift your affected leg up so that your heel is about 12 inches off the floor.
4. Hold for about 6 seconds, then lower your leg slowly. Rest for up to 10 seconds between repetitions.
5. Repeat 8 to 12 times.

Wall slide with ball squeeze

1. Stand with your back against a wall and with your feet about shoulder-width apart. Your feet should be about 12 inches away from the wall.
2. Put a ball about the size of a soccer ball between your knees. Then slowly slide down the wall until your knees are bent about 20 to 30 degrees.
3. Tighten your thigh muscles by squeezing the ball between your knees. Hold that position for about 10 seconds, then stop squeezing. Rest for up to 10 seconds between repetitions.
4. Repeat 8 to 12 times.

Calf wall stretch

1. Stand facing a wall with your hands on the wall at about eye level. Put your affected leg about a step behind your other leg.
2. Keeping your back leg straight and your back heel on the floor, bend your front knee and gently bring your hip and chest toward the wall until you feel a stretch in the calf of your back leg.
3. Hold the stretch for at least 15 to 30 seconds.
4. Repeat 2 to 4 times.
5. Repeat steps 1 through 4, but this time keep your back knee bent.

Quadriceps stretch

1. If you are not steady on your feet, hold on to a chair, counter, or wall.
2. Bend your affected leg, and reach behind you to grab the front of your foot or ankle with the hand on the same side. For example, if you are stretching your right leg, use your right hand.
3. Keeping your knees next to each other, pull your foot toward your buttock until you feel a gentle stretch across the front of your hip and down the front of your thigh. Your knee should be pointed directly to the ground, and not out to the side.
4. Hold the stretch for at least 15 to 30 seconds.
5. Repeat 2 to 4 times.

Hamstring wall stretch

1. Lie on your back in a doorway, with your good leg through the open door.
2. Slide your affected leg up the wall to straighten your knee. You should feel a gentle stretch down the back of your leg.
 - Do not arch your back.
 - Do not bend either knee.
 - Keep one heel touching the floor and the other heel touching the wall. Do not point your toes.
3. Hold the stretch for at least 1 minute. Then over time, try to lengthen the time you hold the stretch to as long as 6 minutes.
4. Repeat 2 to 4 times.

If you do not have a place to do this exercise in a doorway, there is another way to do it:

1. Lie on your back, and bend your affected leg.
2. Loop a towel under the ball and toes of that foot, and hold the ends of the towel in your hands.
3. Straighten your knee, and slowly pull back on the towel. You should feel a gentle stretch down the back of your leg.

4. Hold the stretch for at least 15 to 30 seconds. Or even better, hold the stretch for 1 minute if you can.

5. Repeat 2 to 4 times.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

Where can you learn more?

To learn more about "Patellofemoral Pain Syndrome (Runner's Knee): Exercises", log into your MyChart account at <http://www.ohsu.edu/mychart>. You can enter A404 in the "Health Library" search box.

Not on MyChart? Review the MyChart section of your After Visit Summary for directions on how to sign up.

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Electronically signed by CHRISTOPHER NELSON, MD at 10/08/2012 2:54 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Knee pain - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Cezary Wojcik MD,PhD (Aug. 07, 2012 - Dec. 26, 2012) 503-494-7400 (Work) 503-494-4749 (Fax) 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 08, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Christopher M Nelson MD (Attending) Sports Family Medicine		Oct. 08, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/27/2012	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/10/2012	10/12/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	08/13/2012	03/11/2013	Discontinued (Reorder)
metFORMIN 500 mg Oral Tablet	Take 1 Tab by mouth two times daily. Indications: Prevention of Type 2 Diabetes Mellitus	60 Tab	08/15/2012	08/27/2012	Discontinued
rosuvastatin (CRESTOR) 20 mg Oral Tablet	Take 1 Tab by mouth once daily. Indications: Hypercholesterolemia	30 Tab	08/15/2012	08/27/2012	Discontinued
niacin ER (NIASPAN) 500 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily at bedtime.	30 Tab	08/15/2012	08/27/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily.			08/27/2012	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

CARDIOPULMONARY EXERCISE TEST, NON-INVASIVE CARDIAC LAB (CPEX) - Edited (08/27/2012 9:16 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
FVC PRE	4.50	4.75 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FVC PRE (%REF)	95	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE	3.31	3.59 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1 PRE (%REF)	92	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEV1/FVC PRE	73	75 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEF25-75% PRE	2.49	2.93 L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
FEF25-75% PRE (%REF)	85	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION	
PEF PRE	9.61	9.17 L/sec	OHSU SPECIAL DIAGNOSTICS	

				PULMONARY FUNCTION
PEF PRE (%REF)	105		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
FIF50% PRE	1.53		L/sec	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
MVV PRE	140		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) BASE	0.350		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) AT	1.901		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) PEAK	2.449	2.248	L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (L/M) %REF	109		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) BASE	3.4		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) AT	18.6		mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) PEAK	23.9	26.4	mL/kg/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VO2 (ML/KG/MIN) %REF	91		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS BASE	1.0			OHSU SPECIAL

				- DIAGNOSTICS - PULMONARY FUNCTION
METS AT	5.3			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
METS	6.8			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) BASE	0.295		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) AT	1.937		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VCO2 (L/M) PEAK	2.797		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) BASE	0.84			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) AT	1.02			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
RESPIRATORY QUOTIENT (RQ) PEAK	1.14			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS BASE	12.8		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS AT	56.5		L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M) BTPS PEAK	89.0		111.4 L/min	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE MAX (L/M)	80		%	OHSU

BTPS %REF			SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L BASE	0.642	Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L AT	2.417	Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L PEAK	3.288	2.376 Liters	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
TIDAL VOL (VT) L %REF	138	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE BASE	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE AT	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
BREATHING RESERVE PEAK	36	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) BASE	73	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) AT	118	BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) PEAK	131	157 BPM	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
HEART RATE (BPM) %REF	83	%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

O2 PULSE (ML/BEAT) BASE	4.8		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) AT	16.1		mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) PEAK	18.7		16.9 mL/Beat	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
O2 PULSE (ML/BEAT) %REF	111		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE BASE	129		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE PEAK	151		176 mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SYSTOLIC BLOOD PRESSURE %REF	86		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE BASE	95		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
DIASTOLIC BLOOD PRESSURE PEAK	101		mmHg	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 BASE	96		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 AT	98		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
SPO2 PEAK	98		95 %	OHSU SPECIAL DIAGNOSTICS - PULMONARY

VD/VT (EST) BASE	0.31			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) AT	0.13			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) PEAK	0.07		0.18	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VD/VT (EST) %REF	41		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 BASE	26.6			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 AT	26.6			OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 PEAK	26.6		25.9	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
VE/VCO2 %REF	103		%	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION

PULMONARY INTERPRETATION ECV2626	CSN# 1021082049 MRN# 06017887 Last Name: ASHLAND First Name: MICHAEL E Birth Date: 07/09/51 Date of Test 08/27/12 order# 81308492	OHSU SPECIAL DIAGNOSTICS - PULMONARY FUNCTION
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CardioPulmonary Exercise Test Summary

#####			
Spirometry	Predicted	Measured	% Predicted
	FVC (L)		
	4.75	4.50	95
	3.59	3.31	92
		140	

FEV1 (L)
MVV (L)

#####

Cardiovascular Responses#####

VO2 (ml/kg/min)

3.4	18.6	23.9	26.4
0.350	1.901	2.449	2.248
0.295	1.937	2.797	
0	0	0	193

VO2 (l/min)
VCO2 (l/min)
Work (Watts)
Heart Rate (bpm)

73	118	131	157
4.8	16.1	18.7	16.9

O2 Pulse (ml/beat)
Ventilatory Responses
VE Max (l/min) BTPS

12.8	56.5	89.0	111.4
------	------	------	-------

Tidal volume (VT) (L)

0.642	2.417	3.288	2.376
20	23	27	
36	36	36	

Respiratory Rate (RR)

<50

Breathing Reserve (%)

20-40

Gas-Exchange Responses

End Tidal CO2 (Peak PetCO2)

32.5	38.5	34.6	
111.2	109.0	115.8	

End Tidal O2 (Peak PetO2)

VD/VT (Est) @ Rest

0.31

VD/VT (Est) Peak

0.07	0.18
1.14	

Respiratory Quotient (RQ)

1.1-1.3

SpO2 (O2 Sat--Pulse Ox)

96	98	98	95
----	----	----	----

General Exercise Information

METS

6.8

Test Times

3.9 Min

22.3 Min

25.0 Min

(subtract Base from Peak to get
total exercise time)

#####

Gas Cal:-Cal1 O2	Cal 1 CO2	Cal 2 O2	Cal 2
Predicted 16.00	4.00	26.00	0.00
Measured 16.02	4.01	26.04	0.00
Transit (msec)	0.583	0.469	
Response (msec)	0.113	0.090	

-#####

Height(in): 70 #####

Are you short of breath at Rest: Yes #####

Do you cough 4 days a week or more: No #####

Smoker: No pk/yrs Quit: No How Long:

Occ Exposure: Asbestos Fibers

Scan to PL3305

Version: IVS-0101-21-2A

Page

2

CardioPulmonary Exercise Graphs: 9-Plot

Name: ASHLAND, MICHAEL E

ID: 06017887

#####

#####

Measurement (peak)#####

2.248	2.449
193	0
157	131
16.9	18.7
	1.14
	36

VO2 (l/min)	1,3
Work Rate (watts)	3
HR (bpm)	2
O2 Pulse (ml/beat)	5
Respiratory Quotient (RQ)	1.1-1.3 8
VE Max (l/min) BTPS	
111.4	89.0 80

1,7

Breathing Reserve (%)	20-40 1.7
AT (l/min)	
	1.901

0.899	1,5,6,9
Slope Calculations	(Normal Range)
VO2/work (ml/min/watt)	
10.3	
3.8	2.9
27.5	28.4
25.9	26.6

8.7-11.9	3
HR/VO2kg (bpm/ml/kg)	3.0-4.0 2,5
VE/VO2 (L BTPS/L STPD)	23-26 1,6
VE/VCO2 (L BTPS/L STPD)	26-29 3

Page 3

Name: ASHLAND, MICHAEL E
 ID: 06017887
 CardioPulmonary Exercise Test Results
 Physician: GELOW, JILL M
 Anaerobic Threshold Profile

Expected Range

% Actual	78
----------	----

Peak VO2	40-60%
----------	--------

#####

% Predicted	85
-------------	----

Max VO2	40-60%
MEASUREMENT	VALUE

@ AT

METABOLIC

Work	Watts	0
VO2/kg	mL/kg/min	18.6
VO2	L/min	1.901
VCO2	L/min	1.937
RQ		1.02
VE(BTPS)	L/min	56.5
RR	BPM	23
Vt	Liters	2.417

VENTILATORY GAS-EXCHANGE

VEO2	30
VECO2	29
PetO2	mmHg 109.0
PetCO2	mmHg 38.5

HR BPM 118
HR %Max % 75
O2 Pulse mL/Beat 16.1

CARDIOVASCULAR

Page 4

Name: ASHLAND, MICHAEL E

ID: 06017887

CardioPulmonary Exercise Test Results

#####

Exercise Narrative/Interpretation

COMMENTS:

The patient was able to produce acceptable and reproducible spirometry data. Patient's Internal Cardiac Device was interrogated with no changes made to the device. Resting baseline data was obtained while patient was seated for a total of 3 minutes. Patient was then escorted to the treadmill. Patient warmed up for 3 minutes on 0% grade at 1 MPH. Patient exercised for a total of 18 minutes and 16 seconds using the Heart Action Protocol. Patient stopped exercise due to leg fatigue. Patient's maximum RPE was 8 very severe. Patient's resting heart rate was 77 and resting blood pressure was 137/90. Patient's resting rhythm was sinus with frequent pvc's. Patient's peak heart rate was 133, which represents 83% of MPHR. The peak blood pressure was 151/101 and maximum blood pressure occurred 2 minutes 43 seconds into recovery and was 170/87. Blood pressure was checked manually and was same as automatic blood pressure reading.

DISCUSSION:

MICHAEL E ASHLAND, a 61 year old male with ischemic cardiomyopathy, was referred to this laboratory for evaluation on 08/27/12. Procedure: Cardiopulmonary exercise test Procedure Description: Mr. Ashland exercised on a treadmill for 18 minutes and 16 seconds using a Heart Action Protocol. Anaerobic threshold was reached. He stopped exercising due to leg fatigue. No complications occurred during the test. Mr. Ashland was discharged from the stress lab in stable condition. Findings: Mr. Ashland had a resting heart rate of 77 beats per minute. His heart rate increased with exercise to 133 beats per minute which represents 83% of the maximal age-predicted heart rate. His resting blood pressure was 137/90. His blood pressure with peak exercise was 151/101 and his maximum blood pressure was 170/87 two minutes and 43 seconds into recover. His resting oxygen saturation was 96% and his oxygen saturation with peak exercise was 98%. His baseline ECG showed sinus rhythm with frequent premature ventricular contractions. ECG interpretation with exercise was limited by artifact but there was likely 1-2 mm ST depression in V4-V6. 1. The peak VO2 was 23.9 ml/kg/min, which is 91% of the predicted VO2. 2. The peak VO2 in l/m was 2.449, which was 109% of the predicted VO2. 3. The VO2 at anaerobic threshold was 18.6 ml/kg/min, which is 70% of the predicted VO2. 4. The oxygen pulse was 18.7 ml/beat, which is normal. 5. The breathing reserve was 36%, which is normal. 6. Respiratory quotient was 1.14. 7. VE/VCO2 slope was 26.6. 8. FEV1 was 3.31 L (92% of predicted). FVC was 4.50 L (95% predicted). Conclusions: 1. No significant circulatory or ventilatory impairment. 2. Hypertension with exercise. 3. Interpretation of ECG with exercise limited due to artifact.

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Name: ASHLAND, MICHAEL E

ID: 06017887

CardioPulmonary Exercise Test Results

Specimen

Narrative

Performed At

This result has an attachment that is not available.

Performing Organization

Address

City/State/Zipcode

Phone Number

OHSU SPECIAL DIAGNOSTICS -
PULMONARY FUNCTION

3181 SW SAM JACKSON PARK RD

PORTLAND, OR 97239-3098

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

Patient Contacts

Contact Name

Contact Address

Communication

Relationship to Patient

Judy Goetz

19239 NW NORTH STAR DR
BANKS, OR 97106

503-332-4727 (Home)
503-332-4727 (Mobile)

Spouse, Emergency Contact

Jenny Roberts

Unknown

503-421-4609 (Home)
503-421-4609 (Mobile)

Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Cezary Wojcik MD,PhD (Aug. 07, 2012 - Dec. 26, 2012)

503-494-7400 (Work)

503-494-4749 (Fax)

15700 SW Greystone Ct

BEAVERTON, OR 97006-6011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Aug. 27, 2012

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

CAR ECHO STRESS ROOM 1 CHH (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239

Cardiology

Aug. 27, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/27/2012	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Mudd, James O, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/10/2012	10/12/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	08/13/2012	03/11/2013	Discontinued (Reorder)
metFORMIN 500 mg Oral Tablet	Take 1 Tab by mouth two times daily. Indications: Prevention of Type 2 Diabetes Mellitus	60 Tab	08/15/2012	08/27/2012	Discontinued
rosuvastatin (CRESTOR) 20 mg Oral Tablet	Take 1 Tab by mouth once daily. Indications: Hypercholesterolemia	30 Tab	08/15/2012	08/27/2012	Discontinued
niacin ER (NIASPAN) 500 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily at bedtime.	30 Tab	08/15/2012	08/27/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	08/21/2012	09/18/2013	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/23/2012	08/28/2013	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily.			08/27/2012	Discontinued (Discontinued by provider)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			08/27/2012	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/80	08/27/2012 1:38 PM PDT	
Pulse	70	08/27/2012 1:38 PM PDT	
Temperature	36.8 °C (98.2 °F)	08/27/2012 1:38 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	08/27/2012 1:38 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	102.2 kg (225 lb 6.4 oz)	08/27/2012 1:38 PM PDT	
Height	177.8 cm (5' 10")	08/27/2012 1:38 PM PDT	
Body Mass Index	32.34	08/27/2012 1:38 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Mudd, James O, MD - 08/27/2012 3:22 PM PDT

1. No change in medications today
2. Will repeat lipid tests in three months and assess response to increased simvastatin dose
3. Exercise 20-30 minutes 4-5 days a week. Recommend heart rate monitor, target 110-120 and follow your symptoms.
4. Follow up in 4 months

Electronically signed by James Mudd, MD at 08/27/2012 3:25 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
simvastatin 40 mg Oral Tablet	Take 2 Tabs by mouth once daily in the evening. Indications: Hypercholesterolemia	60 Tab	08/27/2012	09/26/2014

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Cezary Wojcik MD,PhD (Aug. 07, 2012 - Dec. 26, 2012)

503-494-7400 (Work)

503-494-4749 (Fax)

15700 SW Greystone Ct

BEAVERTON, OR 97006-6011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Aug. 27, 2012

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

James O Mudd MD (Attending)

Cardiovascular Diseases

Aug. 27, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/10/2012	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Wojcik, Cezary, MD,PhD 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 503-494-7400 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/10/2012	08/21/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/18/2012	08/10/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/10/2012	10/12/2012	Discontinued (Reorder)
herpes zoster virus vaccine 19,400 unit Subcutaneous Recon Soln	Inject 0.65 mL under the skin (SUBC) once for 1 dose.	1 Vial	08/10/2012	08/10/2012	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	130/88	08/10/2012 1:32 PM PDT	
Pulse	80	08/10/2012 1:32 PM PDT	
Temperature	36.8 °C (98.2 °F)	08/10/2012 1:32 PM PDT	
Respiratory Rate	16	08/10/2012 1:32 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	104.7 kg (230 lb 12.8 oz)	08/10/2012 1:32 PM PDT	
Height	180.1 cm (5' 10.9")	08/10/2012 1:32 PM PDT	
Body Mass Index	32.28	08/10/2012 1:32 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Wojcik, Cezary, MD,PhD - 08/10/2012 2:07 PM PDT

Cardiovascular risk assessment using HealthDecision.org on 08/10/2012 at 13:27 showed the following:

SUBJECT: 61 yo male non smoker. Blood pressure = 117/84, taking BP medications.

RISK CATEGORY: Very High.

REASON: Coronary artery disease is present in combination with metabolic syndrome and multiple traditional risk factors.

Risk factors include: Male over 45, hypertension, a family history of premature coronary disease and HDL cholesterol below 40mg/dL

METABOLIC SYNDROME: Present.

The Metabolic syndrome is diagnosed when at least three of five risk factors are present (+). Current present risk factors include:

(?) Waist Circumference , Currently: Not Entered

(+) Triglycerides \geq 150 mg/dL, Currently: 317 mg/dL

(+) HDL-C $<$ 40 mg/dL, Currently: 39

(+) Hypertension \geq 130/85 mmHg or meds, Currently: 117/84 mmHg; On medications

(-) Fasting Glucose \geq 100 mg/dL, Currently: 95 mg/dL

CHOLESTEROL GOAL ACHIEVEMENT:

- LDL Cholesterol: 69 mg/dL just meets the goal of \leq 70 mg/dL.

Comment: Attention can shift to achieving the Non-HDL-C goal. However, the LDL-C is expected to rise if the triglycerides level is reduced to goal, so a re-evaluation may be appropriate.

- Triglycerides: 317 mg/dL is above the goal of under 150 mg/dL.

Comment: Elevated triglycerides are associated with elevated body weight, a diet high in carbohydrate including alcohol, and genetic disorders. Secondary causes of high triglycerides include insulin resistance, thyroid disease, kidney disease and some medications including atypical antipsychotics, protease inhibitors and those containing estrogens.

- HDL Cholesterol: 39 mg/dL is just below the goal of \geq 40 mg/dL.

- Non-HDL Cholesterol: 124 mg/dL does not meet the goal of \leq 100 mg/dL.

Comment: Lifestyle changes to diet and exercise should be considered.

CAVEATS:

The following points should be considered related to the above recommendations:

- PVD was not supplied, but is assumed "No"

- Stroke was not supplied, but is assumed "No"

- Diabetes was not supplied, but is assumed "No"

Electronically signed by Cezary Wojcik, MD,PhD at 08/10/2012 2:07 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
herpes zoster virus vaccine 19,400 unit Subcutaneous Recon Soln	Inject 0.65 mL under the skin (SUBC) once for 1 dose.	1 Vial	08/10/2012	08/10/2012
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/10/2012	10/12/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Chronic low back pain - Primary
Pain medication agreement
Chest pain
Hypercholesteremia
Neuropathy
Actinic keratosis
Carpal tunnel syndrome
Automatic implantable cardiac defibrillator in situ
S/P CABG (coronary artery bypass graft)
Shortness of breath

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Cezary Wojcik MD,PhD (Aug. 07, 2012 - Dec. 26, 2012) 503-494-7400 (Work) 503-494-4749 (Fax) 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 10, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Cezary Wojcik MD,PhD (Attending) 503-494-7400 (Work) 503-494-4749 (Fax) 15700 SW Greystone Ct BEAVERTON, OR 97006-6011 Endocrinology, Diabetes & Metabolism	Aug. 10, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/27/2012	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Gelow, Jill M, MD 1111 NE 99th Ave Suite 201 PORTLAND, OR 97220 503-962-1000 503-962-1005 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/10/2012	08/21/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/18/2012	08/10/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	90/72	06/27/2012 3:05 PM PDT	
Pulse	89	06/27/2012 3:05 PM PDT	
Temperature	36.6 °C (97.9 °F)	06/27/2012 3:05 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	06/27/2012 3:05 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103.5 kg (228 lb 1.6 oz)	06/27/2012 3:05 PM PDT	
Height	180.3 cm (5' 11")	06/27/2012 3:05 PM PDT	
Body Mass Index	31.81	06/27/2012 3:05 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Gelow, Jill M - 06/27/2012 4:31 PM PDT

1. We will call you to set up the cardiopulmonary exercise test.
 2. I would like you to meet Dr. Mudd, so we will work to arrange your exercise test on the same day as an appointment with him.
- Electronically signed by Jill M Gelow at 06/27/2012 4:32 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

CAD (coronary artery disease)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Jun. 27, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Jill M Gelow MD (Attending)

Jun. 27, 2012

503-962-1000 (Work)

503-962-1005 (Fax)

1111 NE 99th Ave

Suite 201

PORTLAND, OR 97220

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/27/2012	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/10/2012	08/21/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/18/2012	08/10/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	06/15/2012	12/05/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes	5 Standard drinks or equivalent	4.2		
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	90/72	06/27/2012 2:59 PM PDT	
Pulse	89	06/27/2012 2:59 PM PDT	
Temperature	36.6 °C (97.9 °F)	06/27/2012 2:59 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	06/27/2012 2:59 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103.5 kg (228 lb 1.6 oz)	06/27/2012 2:59 PM PDT	
Height	180.3 cm (5' 11")	06/27/2012 2:59 PM PDT	
Body Mass Index	31.81	06/27/2012 2:59 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 06/27/2012 3:19 PM PDT

Your device is fine--4 nonsustained arrhythmia episodes--none since April

Call the company about your remote monitor

Electronically signed by Karen Griffith Np at 06/27/2012 3:19 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary
CAD (coronary artery disease)
S/P CABG (coronary artery bypass graft)
Hypercholesteremia
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 27, 2012

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Jun. 27, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/08/2012	Hospital Encounter	Cardiac Cath Lab at UHS 3181 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7481	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/10/2012	08/21/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/18/2012	08/10/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	90 Tab	06/04/2012	06/15/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 08, 2012
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
CAR CATH LAB 11C RM 3 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Jun. 08, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/08/2012	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Gupta, Saurabh, MD 2500 NE Neff Rd BEND, OR 97701 541-388-4333 541-388-3446 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/10/2012	08/21/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/18/2012	08/10/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	90 Tab	06/04/2012	06/15/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	117/84	06/08/2012 4:00 PM PDT	
Pulse	74	06/08/2012 4:00 PM PDT	
Temperature	36.5 °C (97.7 °F)	06/08/2012 11:38 AM PDT	
Respiratory Rate	17	06/08/2012 4:00 PM PDT	
Oxygen Saturation	95%	06/08/2012 4:00 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb 1.7 oz)	06/08/2012 9:55 AM PDT	
Height	179.1 cm (5' 10.5")	06/08/2012 9:55 AM PDT	
Body Mass Index	31.56	06/08/2012 9:55 AM PDT	

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
Procedure Note	Routine	02/05/2016 2:16 AM PST		

Results - documented in this encounter

INR - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	0.97	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

BASIC METABOLIC SET (BASIC METABOLIC SET (NA, K, CL, TCO2, BUN, CR, GLU, CA)) - Final result (06/08/2012 9:30 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	92	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	17	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.00	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	136	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.9	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	106	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	23	22 - 29 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.2	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ANION GAP	7	4 - 11 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 08, 2012

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Saurabh Gupta MD (Attending, Admitting)

541-388-4333 (Work)

541-388-3446 (Fax)

2500 NE Neff Rd

BEND, OR 97701

Interventional Cardiology

Encounter Date

Jun. 08, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/09/2012	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Gelow, Jill M, MD 1111 NE 99th Ave Suite 201 PORTLAND, OR 97220 503-962-1000 503-962-1005 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	04/30/2012	05/22/2013	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/09/2012	05/10/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/76	05/09/2012 1:23 PM PDT	
Pulse	82	05/09/2012 1:23 PM PDT	
Temperature	36.6 °C (97.9 °F)	05/09/2012 1:23 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	99%	05/09/2012 1:23 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103.3 kg (227 lb 11.2 oz)	05/09/2012 1:23 PM PDT	
Height	179.1 cm (5' 10.5")	05/09/2012 1:23 PM PDT	
Body Mass Index	32.21	05/09/2012 1:23 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Gelow, Jill M - 05/09/2012 2:20 PM PDT

1. No changes to your medications.
2. I will talk with Dr. Gupta about scheduling you for an angiogram.
3. Sleep study to look for sleep apnea.
4. Stop by the lab today- for blood work. Kidneys, blood count, iron and thyroid.
5. Follow-up in one month.

CARDIAC CATH PATIENT INSTRUCTIONS

You have been scheduled for your Heart Catheterization at Oregon Health and Science University. Please check in at the University Hospital South lobby, 9th floor, Admitting Department, on the date and time scheduled. The following information is regarding your procedure.

PRIOR TO YOUR APPOINTMENT PLEASE:

Plan on being here most of the day unless other arrangements have been made with you. Bring something to read, or something to do while you are waiting for your procedure, as there can be occasional delays. In the event of an emergency situation with another patient, your procedure may be delayed.

DAY BEFORE YOUR APPOINTMENT:

-Arrange a ride home after the procedure, as you are NOT allowed to drive.

MORNING OF YOUR APPOINTMENT:

- Take all of your regular morning medications as usual.
- Your intake should be limited to clear liquids, such as jell-o, broth, apple juice, tea, coffee, and water.
- Bring ALL medications that you are currently taking with you.

FOR DIABETIC PATIENTS:

Specific instructions regarding your medications:

1. Do not take Metformin on the day of procedure or day prior to procedure.
2. We will provide instructions for insulin.

Free parking is available in the Physicians Pavilion. Directions to OHSU, a map of the campus, and parking instructions are included.

More information is available at the OHSU website www.OHSUhealth.com or through the OHSU direction line, 503-494-1390.

If you have any questions please contact us at 503-494-8750 or toll free, 1-888-222-8750.

Electronically signed by Jill M Gelow at 05/25/2012 9:45 AM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	60 Tab	05/09/2012	05/10/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Fatigue - Primary

Ischemic cardiomyopathy

CAD (coronary artery disease)

Sleep-disordered breathing

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

May 09, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Jill M Gelow MD (Attending)

May 09, 2012

503-962-1000 (Work)

503-962-1005 (Fax)

1111 NE 99th Ave

Suite 201

PORTLAND, OR 97220

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/26/2012	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012	Discontinued (Discontinued by patient)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease)

Ischemic cardiomyopathy

S/P CABG (coronary artery bypass graft)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Mar. 26, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health		Mar. 26, 2012

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/27/2012	Office Visit	Rehabilitation Services at CHH 1st Floor 3303 SW Bond Ave Mailcode: CH3P Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-3151	Physiologist, Cardiac Rehab Ex 3303 S W Bond Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012	Discontinued (Discontinued by patient)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
CARDIAC REHAB/MONITOR	Routine	02/29/2012 3:53 PM PST		

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Other and unspecified angina pectoris - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Feb. 27, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Cardiac Rehab Ex Physiologist (Attending)

Feb. 27, 2012

3303 S W Bond

Portland, OR 97239

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/24/2012	Office Visit	Rehabilitation Services at CHH 1st Floor 3303 SW Bond Ave Mailcode: CH3P Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-3151	Physiologist, Cardiac Rehab Ex 3303 S W Bond Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012	Discontinued (Discontinued by patient)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)
Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Other and unspecified angina pectoris - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Feb. 24, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Cardiac Rehab Ex Physiologist (Attending) 3303 S W Bond Portland, OR 97239 Cardiovascular Diseases	Feb. 24, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/17/2012	Office Visit	Rehabilitation Services at CHH 1st Floor 3303 SW Bond Ave Mailcode: CH3P Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-3151	Physiologist, Cardiac Rehab Ex 3303 S W Bond Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012	Discontinued (Discontinued by patient)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	02/02/2012	08/15/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
CARDIAC REHAB/MONITOR	Routine	02/17/2012 3:44 PM PST		

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Other and unspecified angina pectoris - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Feb. 17, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Cardiac Rehab Ex Physiologist (Attending)

Feb. 17, 2012

3303 S W Bond

Portland, OR 97239

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/31/2012	Office Visit	Cardiology General at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Gupta, Saurabh, MD 2500 NE Neff Rd BEND, OR 97701 541-388-4333 541-388-3446 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take in addition to the 100mg tablet for a total of 150mg once a day.	30 Tab	01/17/2012	08/13/2012	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/27/2012	02/11/2013	Discontinued (Reorder)
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012	Discontinued (Discontinued by patient)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	118/62	01/31/2012 1:24 PM PST	
Pulse	83	01/31/2012 1:24 PM PST	
Temperature	37.2 °C (99 °F)	01/31/2012 1:24 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	98%	01/31/2012 1:24 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	105.1 kg (231 lb 12.8 oz)	01/31/2012 1:24 PM PST	
Height	181.6 cm (5' 11.5")	01/31/2012 1:24 PM PST	
Body Mass Index	31.88	01/31/2012 1:24 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Gupta, Saurabh, MD - 01/31/2012 2:14 PM PST

Formatting of this note might be different from the original.

1) Continue follow-up with David Bowden, MD,MPH.

2) Present to the Emergency Room or activate the EMS for concerning chest pain, shortness of breath, palpitations or racing heart that does not stop, fainting, or symptoms of a stroke such as loss of vision, slurring of speech, weakness of an arm or leg.

3) Continue taking your medications as advised. Please call me and let me know how you are doing and then we can decide whether to increase the dose or proceed with coronary angiography.

YOUR LIPIDS

Recent Labs

Basename 06/13/11 0856

CHOL 163

LDL 69

HDL 39*

TRI 317*

Index Spanish version

Ranolazine, Oral

ra-NOH-la-zeen

What are other names for this medicine?

Type of medicine: antiangina

Generic and brand names: ranolazine, oral; Ranexa

What is this medicine used for?

This medicine is taken by mouth to treat chronic angina (chest pain) when other medicines have not worked. It does not stop angina attacks that have already started. This medicine is usually taken along with other medicines.

What should my healthcare provider know before I take this medicine?

Before taking this medicine, tell your healthcare provider if you have ever had:

- an allergic reaction to any medicine
- long QT syndrome (problems with electrical activity in the heart muscle)
- low levels of potassium in the blood
- kidney or liver disease

Females of childbearing age: Talk with your healthcare provider if you are pregnant or plan to become pregnant. It is not known whether this medicine will harm an unborn baby. Do not breast-feed while taking this medicine without your healthcare provider's approval.

How do I take it?

Check the label on the medicine for directions about your specific dose. Take this medicine exactly as directed by your healthcare provider for the length of time prescribed. Take it regularly every day. Do not change your dosage or stop taking this medicine without your healthcare provider's approval.

These are extended-release tablets, do not break, crush, or chew them. Swallow them whole.

You may take this medicine with or without food. Taking it with meals may lessen the chance the drug will upset your stomach.

What if I miss a dose?

If you miss a dose, take it as soon as you remember unless it is almost time for the next scheduled dose. In that case, skip the missed dose and take the next one as directed. Do not take double doses. If you are not sure of what to do if you miss a dose, or if you miss more than one dose, contact your healthcare provider.

What if I overdose?

If you or anyone else has intentionally taken too much of this medicine, call 911 or go to the emergency room right away. If you pass out, have seizures, weakness or confusion, or have trouble breathing, call 911. If you think that you or anyone else may have taken

too much of this medicine, call the poison control center. Do this even if there are no signs of discomfort or poisoning. The poison control center number is 800-222-1222.

Symptoms of an acute overdose may include: nausea, vomiting, numbness, tingling, dizziness, blurred vision, confusion.

What should I watch out for?

If you need emergency care, surgery, or dental work, tell the healthcare provider or dentist you are taking this medicine.

This medicine may make you dizzy or drowsy. Do not drive or operate machinery unless you are fully alert.

You may feel dizzy or faint when you get up quickly after sitting or lying down. Getting up slowly may help.

Your healthcare provider will want to see you regularly while you are taking this medicine. Keep all your appointments.

What are the possible side effects?

Along with its needed effects, your medicine may cause some unwanted side effects. Some side effects may be very serious. Some side effects may go away as your body adjusts to the medicine. Tell your healthcare provider if you have any side effects that continue or get worse.

Life-threatening (Report these to your healthcare provider right away. If you cannot reach your healthcare provider right away, get emergency medical care or call 911 for help): Allergic reaction (hives; itching; rash; trouble breathing; tightness in your chest; swelling of your lips, tongue, and throat).

Serious (report these to your healthcare provider right away): Chest pain; fainting; pounding heartbeat; decreased urination.

Other: Nausea, vomiting, constipation, dry mouth, headache, dizziness, weakness.

What products might interact with this medicine?

When you take this medicine with other medicines, it can change the way this or any of the other medicines work. Nonprescription medicines, vitamins, natural remedies, and certain foods may also interact. Using these products together might cause harmful side effects. Talk to your healthcare provider if you are taking:

- antibiotics such as ciprofloxacin (Cipro), clarithromycin (Biaxin), erythromycin (Ery-Tabs, E.E.S.), isoniazid (Nydrizid), levofloxacin (Levaquin), norfloxacin (Noroxin), rifampin (Rifadin, Rimactane), and telithromycin (Ketek)

- antidepressants such as amitriptyline, doxepin, fluoxetine (Prozac, Sarafem), fluvoxamine (Luvox), imipramine (Tofranil), nefazodone, nortriptyline (Pamelor), and paroxetine (Paxil)

- antifungal medicines such as clotrimazole (Mycelex), fluconazole (Diflucan), itraconazole (Sporanox), and ketoconazole (Nizoral)

- anti-HIV medicines such as delavirdine (Rescriptor), indinavir (Crixivan), nelfinavir (Viracept), nevirapine (Viramune), ritonavir (Norvir), and saquinavir (Invirase)

- antipsychotic medicines such as chlorpromazine, haloperidol (Haldol), olanzapine (Zyprexa), pimozide (Orap), promazine (Sparine), risperidone (Risperdal), thioridazine, trifluoperazine, and ziprasidone (Geodon)

- arsenic trioxide (Trisenox)

- cholesterol-lowering medicines (statins) such as atorvastatin (Lipitor), lovastatin (Mevacor), and simvastatin (Zocor)

- colchicine (Colcrys)

- cyclosporine (Sandimmune, Neoral, Gengraf)

- digoxin (Lanoxin)

- grapefruit juice

- heart medicines such as amiodarone (Cordarone; Pacerone), diltiazem (Cardizem, Dilacor, Tiamate, Tiazac), disopyramide (Norpace, Norpace CR), dofetilide (Tikosyn), metoprolol (Lopressor), nebivolol (Bystolic), nicardipine (Cardene), procainamide (Procan SR, Procanbid), quinidine, sotalol (Betapace, Betapace AF, Sorine), and verapamil (Calan, Covera, Isoptin)

Limit how much grapefruit or grapefruit juice you have while taking this medicine. Grapefruit affects the way this medicine works and may increase the risk of side effects.

If you are not sure if your medicines might interact, ask your pharmacist or healthcare provider. Keep a list of all your medicines with you. List all the prescription medicines, nonprescription medicines, supplements, natural remedies, and vitamins that you take. Be sure that you tell all healthcare providers who treat you about all the products you are taking.

How should I store this medicine?

Store this medicine at room temperature. Keep the container tightly closed. Protect it from heat, high humidity, and bright light.

This advisory includes selected information only and may not include all side effects of this medicine or interactions with other medicines. Ask your healthcare provider or pharmacist for more information or if you have any questions.

Ask your pharmacist for the best way to dispose of outdated medicine or medicine you have not used. Do not throw medicine in the trash.

Keep all medicines out of the reach of children.

Do not share medicines with other people.

Developed by RelayHealth.

Published by RelayHealth.

Last modified: 2010-10-27

Last reviewed: 2009-09-03

This content is reviewed periodically and is subject to change as new health information becomes available. The information is intended to inform and educate and is not a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional.

References

Medication Advisor 2010.4 Index

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Electronically signed by Saurabh Gupta, MD at 01/31/2012 2:16 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
ranolazine 500 mg Oral Tablet Extended Release 12 hr	Take 1 Tab by mouth every twelve hours.	60 Tab	01/31/2012	04/19/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy
CAD (coronary artery disease)
Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Jan. 31, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Saurabh Gupta MD (Attending)

Jan. 31, 2012

541-388-4333 (Work)

541-388-3446 (Fax)

2500 NE Neff Rd

BEND, OR 97701

Interventional Cardiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/11/2012	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Bowden, David T, MD,MPH

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	12/12/2011	01/11/2012	Discontinued

isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)
valsartan (DIOVAN) 40 mg Oral Tablet	Take 40 mg by mouth two times daily.			05/09/2012	Discontinued (Discontinued by patient)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	01/27/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/11/2012	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	02/11/2012	01/11/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	01/11/2012, 03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	122/76	01/11/2012 7:00 AM PST	
Pulse	92	01/11/2012 7:00 AM PST	
Temperature	36.4 °C (97.5 °F)	01/11/2012 7:00 AM PST	
Respiratory Rate	16	01/11/2012 7:00 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	105.7 kg (233 lb)	01/11/2012 7:00 AM PST	
Height	-	-	
Body Mass Index	32.27	12/12/2011 3:59 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Bowden, David T, MD,MPH - 01/11/2012 10:59 AM PST

Thank you for coming to see us at OHSU Gabriel Park Family & Sports Medicine Clinic.

I believe you would benefit from resuming cardiac rehab given your recent variable tolerance of exercise and weight gain. You should resume taking your metoprolol and should be taking only one 'ARB' medication, either diovan or losartan. Please follow-up with your Cardiologist regarding the results of your recent testing and advise your cardiologist that I have recommended cardiac rehab.

It was our pleasure to care for you today.

DAVID BOWDEN, MD,MPH

Electronically signed by DAVID BOWDEN, MD,MPH at 01/11/2012 11:02 AM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/11/2012	05/18/2012
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	02/11/2012	01/11/2012
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	09/11/2012
HYDROcodone-acetaminophen (NORCO) 5-325 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed. Not to exceed 10 tablets per any 24 hour period. (Not to exceed 3250 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/11/2012	01/11/2012
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	01/11/2012	01/27/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Anginal chest pain at rest (HCC) - Primary

CAD (coronary artery disease)

Ischemic cardiomyopathy

Sun-damaged skin

Chronic low back pain

S/P CABG (coronary artery bypass graft)

Need for pneumococcal vaccination

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 11, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
David T Bowden MD,MPH (Attending) Family Medicine	Jan. 11, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/06/2012	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	12/12/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	01/06/2012, 11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Need for influenza vaccination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 06, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
GPC MEDICAL ASSISTANT VISIT (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Jan. 06, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/04/2012	Hospital Encounter	Cardiac Non-Invasive Testing at CHH 3303 SW Bond Ave Mailcode: CH9A Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-7400	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	12/12/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 04, 2012
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
CAR ECHO ROOM 1 CHH (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239 Cardiology	Jan. 04, 2012	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/03/2012	Hospital Encounter	Cardiac Non-Invasive Testing at Sam Jackson Hall 3245 SW Pavilion Loop Mailcode: OP12B Sam Jackson Hall Building Portland, OR 97239-3011 503-494-8766	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	12/12/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Jan. 03, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

CAR ECHO STRESS ROOM 1 SJH (Attending)

Jan. 03, 2012

3181 SW Sam Jackson Park Road

Portland, OR 97239

Cardiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/03/2012	Hospital Encounter	Nuclear Medicine at SJH 3245 SW Pavilion Loop Mailcode: L340 Sam Jackson Hall Portland, OR 97239-3011 503-494-8468	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	12/12/2011	04/30/2012	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	12/12/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012)

Jan. 03, 2012

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

RAD OP NMCAM3 (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239-3098

Radiology

RAD OP NMINJ1 (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239-3098

Radiology

Jan. 03, 2012

RAD OP NMTECH1 (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239-3098

Radiology

RAD OP NM PREP (Attending)

3181 SW Sam Jackson Park Road

Portland, OR 97239-3098

Radiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/12/2011	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Kim, Antony Y, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/27/2011	12/12/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	08/24/2011	12/12/2011	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012	Discontinued
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/62	12/12/2011 4:04 PM PST	
Pulse	76	12/12/2011 4:04 PM PST	
Temperature	36.5 °C (97.7 °F)	12/12/2011 4:04 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	98%	12/12/2011 4:04 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	105.2 kg (232 lb)	12/12/2011 4:04 PM PST	
Height	-	-	
Body Mass Index	32.13	12/12/2011 3:59 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

McLarry Md, Joel D - 12/12/2011 5:13 PM PST

1. We are switching your valsartan to losartan. For the first 3 days, take 1/2 pill of losartan (50mg) daily. If you tolerate this well, increase your losartan to 100mg daily
2. We are increasing your isosorbide mononitrate to 120mg daily
3. We are ordering another echo and another stress test

Electronically signed by Joel D McLarry Md at 12/12/2011 5:16 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
losartan 100 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	12/12/2011	06/04/2012
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 2 Tabs by mouth once daily.	30 Tab	12/12/2011	01/11/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Dec. 12, 2011
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Antony Y Kim MD (Attending) Cardiovascular Diseases		Dec. 12, 2011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/12/2011	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/27/2011	12/12/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	08/24/2011	12/12/2011	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/62	12/12/2011 3:59 PM PST	
Pulse	76	12/12/2011 3:59 PM PST	
Temperature	36.5 °C (97.7 °F)	12/12/2011 3:59 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	98%	12/12/2011 3:59 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	105.2 kg (232 lb)	12/12/2011 3:59 PM PST	
Height	181 cm (5' 11.25")	12/12/2011 3:59 PM PST	
Body Mass Index	32.13	12/12/2011 3:59 PM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 12/12/2011 4:21 PM PST

Your device is fine--you have had some nonsustained episodes but no treated ones

Send a transmission and we will watch for it

Electronically signed by Karen Griffith Np at 12/12/2011 4:24 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary
CAD (coronary artery disease)
S/P CABG (coronary artery bypass graft)
Hypercholesteremia
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Dec. 12, 2011

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Dec. 12, 2011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/07/2011	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/27/2011	12/12/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	08/24/2011	12/12/2011	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
S/P CABG (coronary artery bypass graft)	11/07/2011
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	116/80	11/07/2011 9:37 AM PST	
Pulse	73	11/07/2011 9:37 AM PST	
Temperature	36.4 °C (97.5 °F)	11/07/2011 9:37 AM PST	
Respiratory Rate	-	-	
Oxygen Saturation	96%	11/07/2011 9:37 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	104.3 kg (230 lb)	11/07/2011 9:37 AM PST	
Height	181 cm (5' 11.25")	11/07/2011 9:37 AM PST	
Body Mass Index	31.85	11/07/2011 9:37 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 11/07/2011 10:07 AM PST

Your device looks fine

No sign of infection

Ok to bathe--soap and water OK, pat dry, no scrubbing

Ok to move your left arm at or below shoulder level for another three weeks

Electronically signed by Karen Griffith Np at 11/07/2011 10:09 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease)
Ischemic cardiomyopathy
S/P CABG (coronary artery bypass graft)
Hypercholesteremia
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
David T Bowden MD,MPH (Oct. 31, 2011 - Aug. 06, 2012) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 07, 2011

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Nov. 07, 2011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/26/2011 - 10/27/2011	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Stajduhar, Karl C, MD 27 Park Street HYANNIS, MA 02601 508-862-5050 508-862-7993 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued
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simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012	Discontinued (Alternate therapy)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	08/24/2011	12/12/2011	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	107/73	10/27/2011 8:00 AM PDT	
Pulse	96	10/27/2011 9:15 AM PDT	
Temperature	36.5 °C (97.7 °F)	10/27/2011 8:00 AM PDT	
Respiratory Rate	17	10/27/2011 9:15 AM PDT	
Oxygen Saturation	93%	10/27/2011 8:00 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.7 kg (219 lb 12.8 oz)	10/26/2011 11:15 AM PDT	
Height	182.9 cm (6')	10/26/2011 11:15 AM PDT	
Body Mass Index	29.81	10/26/2011 11:15 AM PDT	

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
ELECTROPHYSIOLOGIC EVALUATION	Routine	02/05/2016 4:57 AM PST		
INSERTION OF ELECTRODE LEAD(S)	Routine	02/05/2016 4:57 AM PST		
Procedure Note	Routine	02/05/2016 4:55 AM PST		

Results - documented in this encounter

CHEST 2 VIEW (X-RAY CHEST 2 VIEW) - Final result (10/27/2011 6:41 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHEST, 2 VIEWS OR STEREO	<p>CHEST 2 VIEWS, 10/27/11 06:41:00</p> <p>COMPARISON: 10/26/11</p> <p>HISTORY: Confirm lead placement</p> <p>FINDINGS: The A ICD lead tips project in the distal right ventricle. No pneumothorax. The median sternotomy wires are intact. No focal consolidations or effusions. The cardiomeastinal silhouette is again mildly enlarged.</p> <p>IMPRESSION: ICD lead tips projecting in the right ventricle.</p> <p>Attending Radiologists: Mark David Kettler, M.D. Author: Zachariah Kramer, M.D.</p> <p>I have personally viewed this procedure/exam, reviewed this report,</p>			

and made changes to it where appropriate.

Final/Electronically signed /
Mark David Kettler 10/27/2011
13:34
PM

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF RADIOLOGY			

INR - Final result (10/26/2011 10:54 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	1.04	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

 Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Chronic low back pain

Hypercholesteremia

CAD (coronary artery disease)

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
aspirin chewable tablet 81 mg 81 mg, oral, DAILY, First dose on Thu 10/27/11 at 0900, Until Discontinued	Given	10/27/2011 9:21 AM PDT	81 mg		
ceFAZolin (aka ANCEF) injection 1 g 1 g, intravenous, EVERY 8 HOURS, 2 doses, First dose on Wed 10/26/11 at 2000, Last dose on Thu 10/27/11 at 0400	New Bag	10/27/2011 6:10 AM PDT	1 g	mL/hr	
	New Bag	10/26/2011 10:13 PM PDT	1 g	mL/hr	
ceFAZolin (aka ANCEF) injection 1 dose, Starting Wed 10/26/11 at 2131, Until Wed 10/26/11 at 2213					
furosemide (aka LASIX) tablet 20 mg 20 mg, oral, DAILY, First dose on Thu 10/27/11 at 0900, Until Discontinued	Given	10/27/2011 9:21 AM PDT	20 mg		
HYDROcodone-acetaminophen (aka NORCO) 5-325 mg tablet 1-2 Tab 1-2 tablet, oral, EVERY 4 HOURS AS NEEDED, Starting Wed 10/26/11 at 1410, Until Thu 10/27/11 at 1614, mild pain	Given	10/26/2011 6:41 PM PDT	1 tablet		
HYDROcodone-acetaminophen (aka NORCO) 5-325 mg tablet 1 dose, Starting Wed 10/26/11 at 1839, Until Wed 10/26/11 at 1841					
metoprolol succinate (aka TOPROL-XL) tablet 100 mg 100 mg, oral, DAILY, First dose on Thu 10/27/11 at 0900, Until Discontinued	Given	10/27/2011 10:10 AM PDT	100 mg		
nitroglycerin (aka NITROSTAT) tablet 0.4 mg 0.4 mg, sublingual, EVERY 5 MINUTES AS NEEDED, Starting Wed 10/26/11 at 1742, Until Thu 10/27/11 at 1614, chest pain	Given	10/26/2011 10:35 PM PDT	0.4 mg		
nortriptyline (aka PAMELOR) capsule 100 mg 100 mg, oral, AT BEDTIME, First dose on Wed 10/26/11 at 2200, Until Discontinued	Given	10/26/2011 10:10 PM PDT	100 mg		
simvastatin (aka ZOCOR) tablet 40 mg 40 mg, oral, EVERY EVENING, First dose on Wed 10/26/11 at 2100, Until Discontinued	Given	10/26/2011 10:10 PM PDT	40 mg		
simvastatin (aka ZOCOR) tablet 1 dose, Starting Wed 10/26/11 at 2131, Until Wed 10/26/11 at 2210					
valsartan (aka DIOVAN) tablet 80 mg 80 mg, oral, TWICE DAILY, First dose on Wed 10/26/11 at 2100, Until Discontinued	Given	10/27/2011 9:10 AM PDT	80 mg		
	Given	10/26/2011 10:10 PM PDT	80 mg		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 26, 2011 - Oct. 27, 2011

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Karl C Stajduhar MD (Attending, Admitting)

508-862-5050 (Work)

508-862-7993 (Fax)

27 Park Street

HYANNIS, MA 02601

Cardiology

Encounter Date

Oct. 26, 2011 - Oct. 27, 2011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/24/2011	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Miller, Amanda F, PA-C 4411 SW Vermont St Portland, OR 97219-1020 503-494-9992 503-494-1967 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011		Active
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab	05/10/2011	08/24/2011	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/10/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen	60 Tab	06/09/2011	08/24/2011	Discontinued (Therapy completed)

	from all products per 24 hour period.)					
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		07/09/2011	08/24/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab		05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab		06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab		06/02/2011	01/11/2012	Discontinued
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab		06/27/2011	12/12/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab		07/06/2011	02/02/2012	Discontinued (Dose adjustment)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap		07/25/2011	08/24/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap		08/24/2011	08/23/2012	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab		08/24/2011	01/11/2012	Discontinued (Alternate therapy)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab		08/24/2011	12/12/2011	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	128/62	08/24/2011 2:24 PM PDT	
Pulse	72	08/24/2011 2:24 PM PDT	
Temperature	37.2 °C (99 °F)	08/24/2011 2:24 PM PDT	
Respiratory Rate	16	08/24/2011 2:24 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	102.6 kg (226 lb 3.2 oz)	08/24/2011 2:24 PM PDT	
Height	182.9 cm (6')	08/24/2011 2:24 PM PDT	
Body Mass Index	30.68	08/24/2011 2:24 PM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
Aspirin 81 mg Oral Tablet	Take 1 Tab by mouth once daily.		08/24/2011	
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	08/24/2011	12/12/2011
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take one tab by mouth every 6 hours as needed. Not to exceed 8 tabs per day.	60 Tab	08/24/2011	01/11/2012
nortriptyline 50 mg Oral Capsule	Take 2 Caps by mouth once daily at bedtime.	180 Cap	08/24/2011	08/23/2012

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic low back pain - Primary

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 24, 2011
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Amanda F Miller PA-C (Attending) 503-494-9992 (Work) 503-494-1967 (Fax) 4411 SW Vermont St Portland, OR 97219-1020 Physician Assistant	Aug. 24, 2011	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/13/2011	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	06/27/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap	05/10/2011	07/25/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	14 Tab	05/10/2011	07/06/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab	05/10/2011	08/24/2011	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/10/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/09/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/09/2011	08/24/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Patient Instructions - documented in this encounter

Patient Instructions

Paladino, Karen, RN - 06/13/2011 11:56 AM PDT

Please do monthly remote monitoring- call when you send the next transmission

We will see you in 3months

Battery is close to elective replacement-

If you hear alarm, please call

Electronically signed by Karen Paladino, RN at 06/13/2011 11:56 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Chronic systolic heart failure (HCC)

Automatic implantable cardiac defibrillator in situ

CAD (coronary artery disease)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 13, 2011
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Jun. 13, 2011	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/13/2011	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Kim, Antony Y, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	06/27/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap	05/10/2011	07/25/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	14 Tab	05/10/2011	07/06/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab	05/10/2011	08/24/2011	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/10/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/09/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/09/2011	08/24/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/62	06/13/2011 11:12 AM PDT	
Pulse	85	06/13/2011 11:12 AM PDT	
Temperature	36.8 °C (98.2 °F)	06/13/2011 11:12 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	96%	06/13/2011 11:12 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	103.6 kg (228 lb 8 oz)	06/13/2011 11:12 AM PDT	
Height	182.9 cm (6')	06/13/2011 11:12 AM PDT	
Body Mass Index	30.99	06/13/2011 11:12 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Kim, Antony Y, MD - 06/13/2011 12:23 PM PDT

Dear Michael E Ashland,

Thank you for visiting me in the OHSU Advanced Heart Failure, Transplant, & VAD Clinic. We will see you again in 6 months. I will not make any changes to your medications at this time.

Antony Y. Kim, M.D.
Associate Professor of Medicine and Pathology
Director of Heart Failure and Transplantation
Director of Invasive Hemodynamic Cath Lab
Division of Cardiovascular Medicine
Oregon Health & Science University

Electronically signed by ANTONY KIM, MD at 06/13/2011 12:23 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

CAD (coronary artery disease)

Hypercholesteremia

Automatic implantable cardiac defibrillator in situ

CHF (NYHA class II, ACC/AHA stage C) (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Jun. 13, 2011

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Antony Y Kim MD (Attending)

Cardiovascular Diseases

Encounter Date

Jun. 13, 2011

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/07/2011	Office Visit	OHSU Primary Care at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-1950	Webb, Charles W, DO 1960 NW 167th Pl Ste 200 BEAVERTON, OR 97006 503-413-4488 503-672-6001 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g	01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab	01/05/2011	12/12/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	06/27/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap	05/10/2011	07/25/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	14 Tab	05/10/2011	07/06/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab	05/10/2011	08/24/2011	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/10/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/09/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/09/2011	08/24/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/31/2011	01/11/2012	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	06/02/2011	01/11/2012	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/02/2011	01/11/2012	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Sesamoiditis	06/08/2011
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Smokeless Tobacco: Never Used				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	-	-	
Pulse	-	-	
Temperature	36.8 °C (98.2 °F)	06/07/2011 10:47 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	103.9 kg (229 lb)	06/07/2011 10:47 AM PDT	
Height	-	-	
Body Mass Index	31.06	11/11/2009 10:00 AM PST	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Left foot pain - Primary

Sesamoiditis

Contusion, foot

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Jun. 07, 2011

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Charles W Webb DO (Attending)

Jun. 07, 2011

503-413-4488 (Work)

503-672-6001 (Fax)

1960 NW 167th Pl

Ste 200

BEAVERTON, OR 97006

Family Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/10/2011	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/03/2010	05/10/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/01/2010	05/10/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/09/2010	05/10/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	06/30/2010	05/10/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60 Cap	07/13/2010	05/10/2011	Discontinued (Reorder)
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (for dizziness/vertigo).	20 Tab	08/14/2010	05/10/2011	Discontinued (Patient reported not taking)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	11/02/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen	60 Tab	11/17/2010	05/10/2011	Discontinued (Reorder)

	from all products per 24 hour period.)					
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		12/17/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		01/17/2011	05/10/2011	Discontinued (Reorder)
Nitroglycerin 0.4 mg/dose Translingual Aerosol	Place 0.4 mg under tongue as needed. Indications: Angina	8.5 g		01/04/2011	12/12/2011	Discontinued (Reorder)
nitroglycerin (NITROQUICK) 0.4 mg Sublingual Tablet, Sublingual	Place 1 Tab under tongue every five minutes as needed for chest pain. Do not crush. Place under tongue and allow to dissolve. Administer every 5 minutes for a maximum of 3 doses in 15 minutes.	25 Tab		01/05/2011	12/12/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab		02/23/2011	05/10/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	14 Tab		05/10/2011	05/31/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab		05/10/2011	06/27/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab		05/10/2011	06/02/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	14 Tab		05/10/2011	06/02/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap		05/10/2011	07/25/2011	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	14 Tab		05/10/2011	07/06/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab		05/10/2011	08/24/2011	Discontinued (Reorder)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		05/10/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		06/09/2011	08/24/2011	Discontinued (Therapy completed)
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24	60 Tab		07/09/2011	08/24/2011	Discontinued (Reorder)

hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/60	05/10/2011 1:27 PM PDT	
Pulse	84	05/10/2011 1:27 PM PDT	
Temperature	-	-	
Respiratory Rate	16	05/10/2011 1:27 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	105.2 kg (232 lb)	05/10/2011 1:27 PM PDT	
Height	-	-	
Body Mass Index	31.46	11/11/2009 10:00 AM PST	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/09/2011	08/24/2011
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/09/2011	08/24/2011
HYDROcodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	05/10/2011	08/24/2011
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	28 Tab	05/10/2011	08/24/2011
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	14 Tab	05/10/2011	07/06/2011
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	28 Cap	05/10/2011	07/25/2011
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily. Take along with 100mg tablet for a total dose of 150mg once a day	14 Tab	05/10/2011	06/02/2011
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	06/02/2011
isosorbide mononitrate CR 60 mg Oral Tablet Extended Release 24 hr	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	06/27/2011
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	14 Tab	05/10/2011	05/31/2011

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)
Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Chronic low back pain

Abdominal fullness

Hypercholesteremia

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		May 10, 2011
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Charles T White MD (Attending) Family Medicine	May 10, 2011	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/17/2010	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/03/2010	05/10/2011	Discontinued (Reorder)
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90 Cap	05/18/2010	11/17/2010	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/01/2010	05/10/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/09/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour	60 Tab	08/27/2010	11/17/2010	Discontinued (Reorder)

simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	06/30/2010	05/10/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60 Cap	07/13/2010	05/10/2011	Discontinued (Reorder)
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (as needed for dizziness/vertigo.).	20 Tab	08/14/2010	11/17/2010	Discontinued
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (for dizziness/vertigo).	20 Tab	08/14/2010	05/10/2011	Discontinued (Patient reported not taking)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30 Tab	11/02/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	11/17/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	12/17/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/17/2011	05/10/2011	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Diverticulosis of colon	10/23/2010
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Colon polyp	10/23/2010	11/01/2010
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/17/2010, 10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/62	11/17/2010 8:49 AM PST	
Pulse	44	11/17/2010 8:49 AM PST	
Temperature	36.9 °C (98.5 °F)	11/17/2010 8:49 AM PST	
Respiratory Rate	16	11/17/2010 8:49 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	102.1 kg (225 lb)	11/17/2010 8:49 AM PST	
Height	-	-	
Body Mass Index	30.52	11/11/2009 10:00 AM PST	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/17/2011	05/10/2011
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	12/17/2010	05/10/2011
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	11/17/2010	05/10/2011

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

- Bradycardia - Primary
- CAD (coronary artery disease)
- Chronic low back pain
- Need for influenza vaccination

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 17, 2010
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Charles T White MD (Attending) Family Medicine	Nov. 17, 2010	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/14/2010	Emergency	OHSU Emergency Department 3250 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7551	Moorhead, John, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011 503-494-3447 503-494-8237 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/03/2010	05/10/2011	Discontinued (Reorder)
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90 Cap	05/18/2010	11/17/2010	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/01/2010	05/10/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/09/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/28/2010	08/27/2010	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/27/2010	11/17/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	06/30/2010	05/10/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60 Cap	07/13/2010	05/10/2011	Discontinued (Reorder)
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (as needed for dizziness/vertigo.).	20 Tab	08/14/2010	11/17/2010	Discontinued
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (for dizziness/vertigo).	20 Tab	08/14/2010	05/10/2011	Discontinued (Patient reported not taking)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/63	08/14/2010 3:20 PM PDT	
Pulse	80	08/14/2010 3:20 PM PDT	
Temperature	36.8 °C (98.2 °F)	08/14/2010 1:12 PM PDT	
Respiratory Rate	12	08/14/2010 3:20 PM PDT	
Oxygen Saturation	96%	08/14/2010 1:12 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	98.4 kg (217 lb)	08/14/2010 1:12 PM PDT	
Height	-	-	
Body Mass Index	29.43	11/11/2009 10:00 AM PST	

Discharge Instructions - documented in this encounter

Instructions

Campbell, Joseph A, MD - 08/14/2010

Thank you for choosing OHSU for your medical care. Your evaluation tonight leads us to believe you have Labyrinthitis. Your lab work did not reveal any abnormalities. We will prescribe Meclizine in attempt to treat the vertigo, and recommend you follow up with your Primary Care Physician during this week. Please return to the Emergency Room if your symptoms persist or you develop new weakness, numbness, slurred speech, confusion, headache, fever, or any other concerns.

Attachments

The following attachments were made available to the patient upon discharge.

Adult Health Advisor 2010.1: Dizziness

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/28/2010	08/27/2010

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (for dizziness/vertigo).	20 Tab	08/14/2010	05/10/2011
meclizine 25 mg Oral Tablet	Take 1 Tab by mouth twice daily as needed (as needed for dizziness/vertigo).	20 Tab	08/14/2010	11/17/2010

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Vertigo

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
lorazepam (aka ATIVAN) injection 1 mg 1 mg, intravenous, ONCE, 1 dose, Sat 8/14/10 at 1515	Given	08/14/2010 3:19 PM PDT	1 mg		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Aug. 14, 2010

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

John Moorhead MD (Attending)

Aug. 14, 2010

503-494-3447 (Work)

503-494-8237 (Fax)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Emergency Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/21/2010	Hospital Encounter	OHSU GI PROCEDURE UNIT 3303 SW Bond Ave Mailcode: CHH GIP Center for Health and Healing, Building 1 Portland, OR 97239-4501 503-494-4373	Bakis, Gennadiy, MD 161 Marginal Way PORTLAND, ME 04101 207-774-8277 207-699-5852 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/03/2010	05/10/2011	Discontinued (Reorder)
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90 Cap	05/18/2010	11/17/2010	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/01/2010	05/10/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab	06/09/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/27/2010	11/17/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily in the evening.	30 Tab	06/30/2010	05/10/2011	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Impaired fasting glucose	06/29/2010
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	97/53	10/21/2010 3:17 PM PDT	
Pulse	74	10/21/2010 3:17 PM PDT	
Temperature	36.2 °C (97.2 °F)	10/21/2010 2:12 PM PDT	
Respiratory Rate	14	10/21/2010 3:17 PM PDT	
Oxygen Saturation	95%	10/21/2010 3:17 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	90.7 kg (200 lb)	10/21/2010 2:14 PM PDT	
Height	-	-	
Body Mass Index	27.12	11/11/2009 10:00 AM PST	

Discharge Instructions - documented in this encounter

Attachments

The following attachments were made available to the patient upon discharge.

Adult Health Advisor 2010.1: Diverticulosis

Adult Health Advisor 2010.1: Polyps in the Colon and Rectum (Colonic and Rectal Polyps)

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
COLONOSCOPY,DIAGNOSTIC		10/21/2010 12:00 AM PDT		

Results - documented in this encounter

Not on file

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
fentaNYL citrate (PF) (aka SUBLIMAZE) injection 25-300 mcg 25-300 mcg, intravenous, HSD PRN, Starting Thu 10/21/10 at 1404, Until Thu 10/21/10 at 2231, moderate pain, sedation/analgesia	Given	10/21/2010 2:36 PM PDT	75 mcg		
fentaNYL citrate (PF) (aka SUBLIMAZE) injection 1 dose, Starting Thu 10/21/10 at 1423, Until Thu 10/21/10 at 1436					
midazolam (aka VERSED) injection 1-10 mg 1-10 mg, intravenous, HSD PRN, Starting Thu 10/21/10 at 1404, Until Thu 10/21/10 at 2231, sedation	Given	10/21/2010 2:37 PM PDT	3 mg		
midazolam (aka VERSED) injection 1 dose, Starting Thu 10/21/10 at 1423, Until Thu 10/21/10 at 1437					

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Oct. 21, 2010

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gennadiy Bakis MD (Attending, Admitting)

Oct. 21, 2010

207-774-8277 (Work)

207-699-5852 (Fax)

161 Marginal Way

PORTLAND, ME 04101

Gastroenterology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/28/2010	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times	60 Tab	02/11/2010	02/23/2011	Discontinued

daily.						(Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab		05/03/2010	05/10/2011	Discontinued (Reorder)
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90 Cap		05/18/2010	11/17/2010	Discontinued
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab		06/01/2010	05/10/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30 Tab		06/09/2010	05/10/2011	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		06/28/2010	07/28/2010	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		07/28/2010	08/27/2010	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab		08/27/2010	11/17/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/60	06/28/2010 11:02 AM PDT	
Pulse	66	06/28/2010 11:02 AM PDT	
Temperature	37.1 °C (98.7 °F)	06/28/2010 11:02 AM PDT	
Respiratory Rate	14	06/28/2010 11:02 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.7 kg (224 lb 4.8 oz)	06/28/2010 11:02 AM PDT	
Height	-	-	
Body Mass Index	30.42	11/11/2009 10:00 AM PST	

Patient Instructions

White, Charles T, MD - 06/28/2010 11:44 AM PDT

OK to exercise. Wear a heartrate monitor and keep your hear rate at 130 or less.

Index Spanish version

Safe Exercise for People with Heart Disease

How will exercise help me if I have heart disease?

People who are physically active have a lower risk of a heart attack than those who are not active. If you have been diagnosed with heart disease or have had heart surgery, exercise can help keep your condition under control. Exercise improves your energy level and confidence. It helps your heart and the rest of your body get stronger and work better. A few months of regular exercise will make your heart muscle pump more blood with less work and use oxygen better.

What kinds of exercise should I do?

Always talk about your exercise program with your healthcare provider to make sure it is safe for you. Your provider may recommend a stress test to find out how much exercise is safe for you. Ask your provider which exercises are best and whether the medicines you take will affect your response to exercise. Get your provider's approval before you lift weights, use a weight machine, jog, or swim. Ask if you should avoid chores such as raking, shoveling, mowing, or scrubbing.

Aerobic exercise is the most important part of an exercise program for people with heart disease. Aerobic exercise is any form of repetitive, rhythmic exercise that uses your large muscles, makes you breathe faster, and gets your heart beating faster. Examples include walking, dancing, swimming, or biking.

Before starting more vigorous aerobic exercise, warm up with walking and stretching for 10 to 15 minutes. After you finish your workout, cool down with a slow walk and stretching for at least 5 minutes.

Work up to 30 to 60 minutes of aerobic exercise 3 to 5 times a week. You can break up your exercise into 10 or 15 minute sessions. This approach is very helpful for people who are not used to exercising. Your provider may tell you that once your heart gets to a certain rate (number of heartbeats each minute), that you should stop or slow your exercising, so you will need to check your heart rate. To do this, check your pulse or use a digital heart rate monitor. Ask your provider if you should also check your blood pressure when you exercise.

Changing your workouts can help you stick with your exercise program. If you enjoy walking, this may simply mean changing your route or sometimes walking with a friend. Or you may want to try another type of exercise. Exercise machines like stationary bikes, cross-country ski machines, stair-climbing machines, treadmills, and rowing machines provide other ways to get good aerobic exercise. You can use them in your home or join a gym. Many exercise machines allow you to read, watch TV, or listen to music while you are working out.

What should I watch out for?

- Use common sense. If your exercise session leaves you exhausted, you've probably done too much. Do less next time.
- Don't exercise outdoors when it is too cold, hot, or humid. High humidity may make you tire more quickly. Extreme temperatures can interfere with circulation, make breathing difficult, and cause your heart to work harder. Try walking in an indoor shopping mall when the weather is very hot or very cold.
- Make sure you drink water before, during, and after exercise, even before you feel thirsty, especially on hot days.
- Do not exercise if you are feeling sick or have a fever. Wait a few days after all symptoms are gone before restarting your exercise program, unless your healthcare provider gives other directions.
- If you have not been able to exercise for a few days (for example, due to illness, vacation, or bad weather), start slowly and gradually increase your workout until you are back to where you started.
- Stop exercising if you develop a rapid or irregular heartbeat, have chest pain, or have heart palpitations. Check your pulse after you have rested for 3 to 5 minutes. If it is still above 120 to 150 beats per minute, call your healthcare provider for further instructions. Also stop the exercise and call your healthcare provider right away if you have pressure or pain in the neck, arm, jaw, or shoulder.
- Talk with your provider about your exercise plan if you get weak, dizzy, or lightheaded, or have other symptoms when exercising.

Developed for RelayHealth

Published by RelayHealth.

Last modified: 2008-01-24

Last reviewed: 2007-10-02

This content is reviewed periodically and is subject to change as new health information becomes available. The information is intended to inform and educate and is not a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional.

Cardiology Advisor 2008.1 Index

Cardiology Advisor 2008.1 Credits

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Electronically signed by CHARLES T WHITE JR, MD at 06/28/2010 11:50 AM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	08/27/2010	11/17/2010
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	07/28/2010	08/27/2010
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 30 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	06/28/2010	07/28/2010

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

LDL CHOLEST,MEAS-REFLEX - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	94	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

COMP METABOLIC SET (COMPLETE METABOLIC SET (NA,K,CL,CO2,BUN,CREAT,GLUC,CA,AST,ALT,BILI TOTAL,ALK

PHOS,ALB,PROT TOTAL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
GLUCOSE, PLASMA (LAB)	104	60 - 99 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BUN, PLASMA (LAB)	12	6 - 20 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
CREATININE PLASMA (LAB)	1.10	0.70 - 1.30 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL PROTEIN, PLASMA (LAB)	7.3	6.1 - 7.9 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALBUMIN, PLASMA (LAB)	4.1	3.5 - 4.7 g/dL	OHSU DEPARTMENT OF PATHOLOGY	
CALCIUM, PLASMA (LAB)	9.4	8.6 - 10.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
BILIRUBIN TOTAL	0.9	0.3 - 1.2 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
ALK PHOS	64	53 - 128 U/L	OHSU DEPARTMENT OF PATHOLOGY	
AST(SGOT)	30	15 - 41 U/L	OHSU DEPARTMENT OF PATHOLOGY	
SODIUM, PLASMA (LAB)	140	134 - 143 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
POTASSIUM, PLASMA (LAB)	3.6	3.4 - 5.0 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
CHLORIDE, PLASMA (LAB)	104	97 - 108 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
TOTAL CO2, PLASMA (LAB)	25	23 - 31 mmol/L	OHSU DEPARTMENT OF PATHOLOGY	
ALT (SGPT)	35	13 - 48 U/L	OHSU DEPARTMENT OF PATHOLOGY	
EGFR AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	
EGFR NON AFRICAN-AMERICAN	> 60	>60 mL/min	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/28/2010 11:56 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	221	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	405	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	51	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	170	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	76	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Chronic low back pain

Preventative health care

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 28, 2010

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Charles T White MD (Attending) Family Medicine	Jun. 28, 2010

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/19/2010	Hospital Encounter	Pulmonary Function Lab at MPV 3161 SW Pavilion Loop Mailcode: UHS13 Multnomah Pavilion 3310 Portland, OR 97239-3011 503-494-7682	Tech, Pfl Adult 3181 SW Sam Jackson Park Road Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30 Tab	05/03/2010	05/10/2011	Discontinued (Reorder)
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90 Cap	05/18/2010	11/17/2010	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
ADULT PFT		05/19/2010 11:59 PM PDT		

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		May 19, 2010
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Pfl Adult Tech (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239 Pulmonary Disease	May 19, 2010	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/28/2010	Hospital Encounter	Cardiac Cath Lab at UHS 3181 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7481	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
RIGHT HEART CATHETERIZATION	Routine	02/05/2016 9:57 AM PST		

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Apr. 28, 2010
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
CAR CATH LAB 11C ROOM 4 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239		Apr. 28, 2010

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/28/2010	Hospital Encounter	OHSU 11B 3181 SW Sam Jackson Park Rd 11B OHSU Hospital Portland, OR 97239-3011 503-494-0800	Kim, Antony Y, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Apr. 28, 2010
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Antony Y Kim MD (Attending, Admitting) Cardiovascular Diseases		Apr. 28, 2010

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
04/15/2010	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Kim, Antony Y, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60 Tab	02/11/2010	02/23/2011	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/68	04/15/2010 4:47 PM PDT	
Pulse	78	04/15/2010 4:47 PM PDT	
Temperature	37.3 °C (99.2 °F)	04/15/2010 4:47 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	04/15/2010 4:47 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.6 kg (224 lb)	04/15/2010 4:47 PM PDT	
Height	-	-	
Body Mass Index	30.38	11/11/2009 10:00 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Kim, Antony Y, MD - 04/15/2010 6:30 PM PDT

We will be scheduling you for a right heart catheterization and cardiopulmonary stress test. We will call you with the dates and times for these studies.

Antony Y. Kim, M.D.

Associate Professor of Medicine and Pathology

Director of Heart Failure and Transplantation

Director of Invasive Hemodynamic Cath Lab

Division of Cardiovascular Medicine

Oregon Health & Science University

Electronically signed by ANTONY KIM, MD at 04/15/2010 6:30 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

CAD (coronary artery disease)

Heart failure

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Apr. 15, 2010

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Antony Y Kim MD (Attending)

Apr. 15, 2010

Cardiovascular Diseases

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/25/2010	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24	30	12/13/2009	01/25/2010	Discontinued (Reorder)

hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)

metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 31 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/25/2010	01/25/2010	Discontinued (Reorder)
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 28 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	02/25/2010	03/25/2010	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Influenza-H1N1-09, injectable	01/25/2010	
Influenza-H1N1-9	01/25/2010	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	124/70	01/25/2010 2:00 PM PST	
Pulse	90	01/25/2010 2:00 PM PST	
Temperature	36.9 °C (98.4 °F)	01/25/2010 2:00 PM PST	
Respiratory Rate	16	01/25/2010 2:00 PM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.9 kg (224 lb 11.2 oz)	01/25/2010 2:00 PM PST	
Height	-	-	
Body Mass Index	30.47	11/11/2009 10:00 AM PST	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	03/25/2010	06/28/2010
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 28 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	02/25/2010	03/25/2010
triamcinolone acetonide 0.1 % Topical Lotion	by Topical route two times daily. Apply thin film to affected areas.	60 mL	01/25/2010	08/26/2014
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed for 31 days. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	60 Tab	01/25/2010	01/25/2010

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic low back pain - Primary

Immunization, influenza

Seborrheic dermatitis

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jan. 25, 2010
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Charles T White MD (Attending) Family Medicine		Jan. 25, 2010

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/30/2009	Office Visit	Plastic and Reconstructive Surgery at CHH 3303 SW Bond Ave Mailcode: CH5P Center for Health and Healing, Building 1, 5th Floor Portland, OR 97239-4501 503-494-6687	Resident, Pls 3303 S W Bond Avenue Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
cephALEXin 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	40	10/22/2009	11/30/2009	Discontinued (Therapy completed)
oxycodone, immediate release, 5 mg Oral Tablet	Take 1-2 Tabs by mouth every six hours as needed for severe pain.	40	10/22/2009	11/30/2009	Discontinued (Patient reported not taking)
cephALEXin (KEFLEX) 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	12	11/11/2009	11/30/2009	Discontinued (Therapy completed)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1-2 Tabs by mouth every four hours as needed. for pain. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	40	11/11/2009	11/30/2009	Discontinued (Duplicate medication)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Carpal tunnel syndrome - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 30, 2009
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers Pls Resident (Attending) 3303 S W Bond Avenue Portland, OR 97239 Plastic Surgery		Encounter Date Nov. 30, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/05/2009	Office Visit	Preoperative Medicine Clinic at CHH 4th Floor 3303 SW Bond Ave Mailcode: CH4S Center for Health and Healing, Building 1,4th Floor Portland, OR 97239-4501 503-494-1100	Kappedal, Laurel A, FNP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
cephALEXin 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	40	10/22/2009	11/30/2009	Discontinued (Therapy completed)
oxycodone, immediate release, 5 mg Oral Tablet	Take 1-2 Tabs by mouth every six hours as needed for severe pain.	40	10/22/2009	11/30/2009	Discontinued (Patient reported not taking)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	129/76	11/05/2009 11:14 AM PST	
Pulse	74	11/05/2009 11:14 AM PST	
Temperature	36.2 °C (97.2 °F)	11/05/2009 11:14 AM PST	
Respiratory Rate	12	11/05/2009 11:14 AM PST	
Oxygen Saturation	98%	11/05/2009 11:14 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	98.9 kg (218 lb)	11/05/2009 11:14 AM PST	
Height	177.2 cm (5' 9.75")	11/05/2009 11:14 AM PST	
Body Mass Index	31.5	11/05/2009 11:14 AM PST	

Patient Instructions

Kappedal, Laurel A, FNP - 11/05/2009 12:02 PM PST

Pre-operative instructions

DIET

Nothing to eat or drink after midnight on the night prior to surgery. Your doctor will instruct you on what medications to take the morning of surgery.

stop ASPIRIN 81 MG TAB, take one tablet once a day

skip furosemide (LASIX) 20 mg Oral Tablet, Take 1 Tab by mouth once daily.

OK gabapentin 300 mg Oral Capsule, Take 1 Cap by mouth three times daily.

OK hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet, Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)

take isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr, Take 1 Tab by mouth once daily.

na metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr, Take 1 Tab by mouth once daily.

na metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr, Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day

OK Nitroglycerin 0.4 mg/Dose Translingual Aerosol, place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.

na nortriptyline 50 mg Oral Capsule, Take 1 Cap by mouth two times daily.

na simvastatin 20 mg Oral Tablet, Take 20 mg by mouth once daily in the evening.

na simvastatin 40 mg Oral Tablet, Take 40 mg by mouth once daily in the evening.

take valsartan 80 mg Oral Tablet, Take 1 Tab by mouth two times daily.

MEDICATIONS

Unless otherwise directed by your provider, do not take any Aspirin, vitamin E or non-steroidal anti-inflammatory (NSAIDs i.e. Advil, Aleve, Ibuprofen) or herbal supplements seven days prior to your surgery. These drugs may interfere with normal blood clotting and may cause excessive bleeding and bruising during or after the surgery. Please see the list below, which has a list of products that contain Aspirin, Ibuprofen, or Vitamin E

If you need a pain medication for general purposes, use Tylenol as directed.

If you are in doubt about any medications that you are taking, please contact our office.

PRE-OP BATHING/SHOWERING - HIBICLENS (Chlorhexidine Gluconate)

Bathe or shower the evening before and the morning of your surgery

Use ½ the bottle of Hibiclens soap for the evening cleansing and ½ the bottle in the morning

Wash from your neck to your toes. BE CAREFUL NOT TO WASH YOUR FACE OR HAIR WITH THIS SOLUTION

After your shower or bathe do not apply lotions, powders, or deodorant

SMOKING

You should not smoke for four weeks prior to the procedure and two weeks after the procedure. If you are a smoker, please speak with your provider.

Smoking can significantly affect the outcome of your procedure. Smoking near the time of surgery causes a more acute narrowing of the blood vessels, which may lead to decreased blood flow to the tissue, poor healing, bad scars, or actual loss of tissue.

WHEN TO ARRIVE

Check-in times for Hospital Admissions are not available until the day prior to surgery. Someone from your surgeon's office will contact you with your check in time. If you do not hear from anyone by 3:00 PM please call your surgeons' office for check-in-time.

PARKING

Parking for patients and visitors is available in the Sam Jackson Parking structure located across from the emergency department.

Patient parking is available on level 1 and 3. Metered parking is available on the top level.

TRANSPORTATION

You will require transportation home on the day of discharge. Pain medications and physical activity restrictions may limit your ability to drive safely.

CANCELLING YOUR PROCEDURE

Please notify your surgeons's office as soon as possible should you need to cancel or change your surgery date. We will attempt to reschedule your procedure in a timely manner however due to a limited amount of operating room time a waiting list is not uncommon.

ILLNESS

Please call your surgeons's office with any signs of illness such as cold, flu, infection, fever, or skin rash/infection anytime prior to your surgery.

ADDITIONAL ADVICE FOR DAY OF SURGERY:

· Remove nail polish from at least one fingernail (if applicable)

Do not wear any jewelry to the hospital. Leave all your valuables at home!

Wear loose, comfortable clothing.

Allow enough travel time so you arrive at your check-in location on time.

THINGS TO DO AFTER SURGERY:

· To prevent pneumonia, use an incentive spirometer or "peep breathe" to keep your lungs working properly and to help prevent respiratory complications. Use it 3-5 times an hour while awake.
 To prevent blood clots, leg and feet exercises will help maintain good circulation. Sometime your doctor will order "air compression stockings" to help the circulation in your legs.

Registration Locations (please check in at one of the following registration desks prior to surgery)

For surgeries scheduled to take place on the hill at the OHSU Marquam campus:

- Surgeries scheduled in the Multnomah Pavilion (4 North): registration is located on the 4th floor of Multnomah Pavilion (Day Surgery).
- Surgeries scheduled in the South Main Hospital: registration is located on the 9th floor.
- For surgeries scheduled to take place at the Center for Health & Healing: registration is located on the 4th floor (Surgery Center).

AVOID THESE MEDICATIONS FOR 7 DAYS BEFORE SURGERY

**** PRODUCTS CONTAINING ASPIRIN ****

Alka-Seltzer, Anacin, Anexsia with Codeine, Andy nos, Aspirin, Aspirin suppositories, Ascriptin, Aspergum, Axotal, B-A-C, Baby Aspirin, Bayer, BC Powder, Bexophene, Buffaprin, Bufferin, Buffinol, Cama-Arthritis Strength, Congespirin, Cope, Coricidin, Damason, Darvon, Dristan, Dia-Gesic, Digel, Dolprin #3 Tablets, Donatab, Doxaphene, Duragesic, Easprin, Ecotrin, Emagrin Forte, Emiprin, Emprazol, Equagesic, Equazine M, Excedrin, Fiogesic, Fiorgen PH, Fioricet, Fiorinal, 4-Way Cold Tablet
 Gemnisyn, Indocin, Liquprin, Lortab ASA, Magnaprin, Marnal, Meprobamate, Midol, Momentum, Norgesic, Norwich, Orphengesic, Pabalate, P-A-C, Percodan, Presalin, Robaxasil, Roxiprin, Saletto, Salocol
 SK-65 Compound, Sine-Aid, Sine-Off,, St. Joseph, Supac, Talwin Compound, Trigesic, Tolectin, Traiminicin, Vanquish, ZORprin, Zomax

****PRODUCTS CONTAINING IBUPROFEN****

Advil, Aleve, Haltran, Medipren, Midol, Motrin, Naproxyn, Nuprin, Rufen

****OTHER PRODUCTS WHICH MAY PROMOTE BLEEDING****

Vitamin E, Gingko Biloba, Marine Fatty Acids, Omega-3 Fish Oil Supplements

Electronically signed by LAUREL A KAPPEDAL, FNP at 11/05/2009 12:02 PM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Other specified pre-operative examination - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Nov. 05, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Laurel A Kappedal FNP (Attending) Nurse Practitioner Family		Nov. 05, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/29/2009	Office Visit	Plastic and Reconstructive Surgery at CHH 3303 SW Bond Ave Mailcode: CH5P Center for Health and Healing, Building 1, 5th Floor Portland, OR 97239-4501 503-494-6687	Solomon, Joel, MD,PhD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-6687 503-494-1717 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
cephALEXin 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	40	10/22/2009	11/30/2009	Discontinued (Therapy completed)
oxycodone, immediate release, 5 mg Oral Tablet	Take 1-2 Tabs by mouth every six hours as needed for severe pain.	40	10/22/2009	11/30/2009	Discontinued (Patient reported not taking)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/56	10/29/2009 1:33 PM PDT	
Pulse	83	10/29/2009 1:33 PM PDT	
Temperature	-	-	
Respiratory Rate	18	10/29/2009 1:33 PM PDT	
Oxygen Saturation	99%	10/29/2009 1:33 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.2 kg (218 lb 9.6 oz)	10/29/2009 1:33 PM PDT	
Height	177.2 cm (5' 9.75")	10/29/2009 1:33 PM PDT	
Body Mass Index	31.59	10/29/2009 1:33 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Carpal tunnel syndrome

Wound, open, finger

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 29, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Joel Solomon MD,PhD (Attending) 503-494-6687 (Work) 503-494-1717 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Plastic Surgery	Oct. 29, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/22/2009	Emergency	OHSU Emergency Department 3250 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7551	Jui, Jonathan, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011 503-494-3447 503-494-1470 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth. Take along with 100mg tablet for a total dose of 150mg once a day	30	10/21/2009	11/02/2010	Discontinued (Reorder)
cephALEXin 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	40	10/22/2009	11/30/2009	Discontinued (Therapy completed)
oxycodone, immediate release, 5 mg Oral Tablet	Take 1-2 Tabs by mouth every six hours as needed for severe pain.	40	10/22/2009	11/30/2009	Discontinued (Patient reported not taking)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	131/74	10/22/2009 7:43 PM PDT	
Pulse	83	10/22/2009 7:43 PM PDT	
Temperature	36.7 °C (98.1 °F)	10/22/2009 3:21 PM PDT	
Respiratory Rate	18	10/22/2009 7:43 PM PDT	
Oxygen Saturation	97%	10/22/2009 7:43 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	95.3 kg (210 lb)	10/22/2009 3:21 PM PDT	
Height	-	-	
Body Mass Index	28.88	10/19/2009 9:47 AM PDT	

Discharge Instructions - documented in this encounter

Instructions

Schneider, Benjamin N, MD - 10/22/2009

Mr. Ashland,

It was a pleasure to meet you today. Given the extent of your laceration you will need to follow up with Plastic Surgery and you will be taking antibiotics until your f/u apt. I will give you a prescription for keflex. I will also give you an Rx for oxycodone to help with any pain you might have. You can also take Ibuprofen or tylenol.

We will bandage your finger tonight you should change the dressing once daily using a wet to dry dressing technique like what was done here in the hospital.

Call with any fevers, uncontrolled pain or redness spreading up your arm.

Benjamin Schneider M.D.
PGY2 Family Medicine

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
oxycodone, immediate release, 5 mg Oral Tablet	Take 1-2 Tabs by mouth every six hours as needed for severe pain.	40	10/22/2009	11/30/2009
cephALEXin 500 mg Oral Capsule	Take 1 Cap by mouth every six hours.	40	10/22/2009	11/30/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Finger laceration

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
hydrocodone-acetaminophen (aka VICODIN) 5-500 mg 2 Tab 2 tablet, oral, ONCE, 1 dose, Thu 10/22/09 at 1715	Given	10/22/2009 5:05 PM PDT	2 tablets		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 22, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Jonathan Jui MD (Attending) 503-494-3447 (Work) 503-494-1470 (Fax) 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011 Emergency Medicine	Oct. 22, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/19/2009	Office Visit	Plastic and Reconstructive Surgery at CHH 3303 SW Bond Ave Mailcode: CH5P Center for Health and Healing, Building 1, 5th Floor Portland, OR 97239-4501 503-494-6687	Solomon, Joel, MD,PhD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-6687 503-494-1717 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	10/13/2009	10/19/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	11/13/2009	10/19/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/67	10/19/2009 9:47 AM PDT	
Pulse	73	10/19/2009 9:47 AM PDT	
Temperature	-	-	
Respiratory Rate	14	10/19/2009 9:47 AM PDT	
Oxygen Saturation	100%	10/19/2009 9:47 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.3 kg (219 lb)	10/19/2009 9:47 AM PDT	
Height	181.6 cm (5' 11.5")	10/19/2009 9:47 AM PDT	
Body Mass Index	30.12	10/19/2009 9:47 AM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Thoracic outlet syndrome

Carpal tunnel syndrome

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 19, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
Joel Solomon MD,PhD (Attending) 503-494-6687 (Work) 503-494-1717 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Plastic Surgery	Oct. 19, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/13/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)

hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)			10/13/2009		Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30		10/13/2009	10/19/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30		11/13/2009	10/19/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30		12/13/2009	01/25/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	10/13/2009, 11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	116/70	10/13/2009 3:22 PM PDT	
Pulse	60	10/13/2009 3:22 PM PDT	
Temperature	36.6 °C (97.8 °F)	10/13/2009 3:22 PM PDT	
Respiratory Rate	12	10/13/2009 3:22 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.6 kg (223 lb 15.8 oz)	10/13/2009 3:22 PM PDT	
Height	-	-	
Body Mass Index	30.38	09/24/2009 7:55 AM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

White, Charles T, MD - 10/13/2009 3:49 PM PDT

Try Gabapentin 600 mg at bedtime for one week, then 900 mg at bedtime if needed.

Take 300 mg in the morning.

Electronically signed by CHARLES T WHITE JR, MD at 10/13/2009 3:49 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	12/13/2009	01/25/2010
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	11/13/2009	10/19/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)	30	10/13/2009	10/19/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Carpal tunnel syndrome - Primary

Need for immunization against influenza

Preventative health care

Chronic low back pain

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 13, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Charles T White MD (Attending) Family Medicine	Oct. 13, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/06/2009	Office Visit	Neurology at Center for Health & Healing 3303 SW Bond Ave Mailcode: CH8C Center for Health and Healing, Building 1, 8th Floor Portland, OR 97239-4501 503-494-5236	Landfield, Alexander D, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every four hours as needed. Not to exceed 8 tablets per any 24 hour period. (Not to exceed 4000 mg of acetaminophen from all products per 24 hour period.)			10/13/2009	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	97/64	10/06/2009 4:16 PM PDT	
Pulse	84	10/06/2009 4:16 PM PDT	
Temperature	-	-	
Respiratory Rate	16	10/06/2009 4:16 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	100.2 kg (221 lb)	10/06/2009 4:16 PM PDT	
Height	-	-	
Body Mass Index	29.97	09/24/2009 7:55 AM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Carpal tunnel syndrome - Primary

Sensation disorder

Pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Oct. 06, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Alexander D Landfield MD (Attending) Neurology		Oct. 06, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/01/2009	Hospital Encounter	Neurophysiology EMG at CHH 8th Floor 3303 SW Bond Ave Mailcode: CH8E Center for Health and Healing, Building 1, 8th Floor Portland, OR 97239-4501 503-494-1770	Lou, Jau Shin, MD,PhD Manley, Linda 3181 SW Sam Jackson Park Rd Portland, OR 97239 503-494-7830 503-494-5347 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Pending Results

Name	Type	Priority	Associated Diagnoses	Date/Time
EMG/NERVE CONDUCTION STUDY	Procedures	Routine		10/01/2009
Health Maintenance	Due Date	Last Done		Comments
HM004 Colonoscopy	10/21/2020	10/21/2010		
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014		
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists		

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
EMG/NERVE CONDUCTION STUDY		10/01/2009 11:59 PM PDT		

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Neuropathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Oct. 01, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Jau Shin Lou MD,PhD (Attending)

Neurology

Linda Manley (Attending)

503-494-7830 (Work)

503-494-5347 (Fax)

3181 SW Sam Jackson Park Rd

Portland, OR 97239

Neurology

Oct. 01, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/24/2009	Office Visit	Neurology at Center for Health & Healing 3303 SW Bond Ave Mailcode: CH8C Center for Health and Healing, Building 1, 8th Floor Portland, OR 97239-4501 503-494-5236	Landfield, Alexander D, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Carpal tunnel syndrome	10/06/2009
Neuropathy	09/24/2009
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	103/68	09/24/2009 7:55 AM PDT	
Pulse	73	09/24/2009 7:55 AM PDT	
Temperature	-	-	
Respiratory Rate	16	09/24/2009 7:55 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	99.8 kg (220 lb)	09/24/2009 7:55 AM PDT	
Height	182.9 cm (6')	09/24/2009 7:55 AM PDT	
Body Mass Index	29.84	09/24/2009 7:55 AM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
gabapentin 300 mg Oral Capsule	Take 1 Cap by mouth three times daily.	90	09/24/2009	05/18/2010

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Sensation disorder - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 24, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Alexander D Landfield MD (Attending) Neurology		Sep. 24, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/09/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			09/09/2009	Discontinued (Discontinued by patient)
simvastatin 40 mg Oral Tablet	Take 40 mg by mouth once daily in the evening.			06/30/2010	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			07/01/2010	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	80/56	09/09/2009 10:27 AM PDT	
Pulse	88	09/09/2009 10:27 AM PDT	
Temperature	36.8 °C (98.2 °F)	09/09/2009 10:27 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	96%	09/09/2009 10:27 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.2 kg (218 lb 11.2 oz)	09/09/2009 10:27 AM PDT	
Height	-	-	
Body Mass Index	29.66	07/17/2009 2:35 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

METHYLMALONIC ACID, SERUM - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
METHYLMALONIC ACID	0.12	<0.41 umol/L		

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	

HOMOCYSTEINE, PLASMA, TOTAL (HOMOCYSTEINE TOTAL, PLASMA) - Final result (09/09/2009 10:59 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
HOMOCYSTEINE,PLASMA,TOTAL	12.2	4.0 - 12.0 umol/L	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

Visit Diagnoses - documented in this encounter

Diagnosis

Neuropathy - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Sep. 09, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Charles T White MD (Attending) Family Medicine		Sep. 09, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/21/2009	Hospital Encounter	Pulmonary Function Lab at MPV 3161 SW Pavilion Loop Mailcode: UHS13 Multnomah Pavilion 3310 Portland, OR 97239-3011 503-494-7682	Tech, Pfl Adult 3181 SW Sam Jackson Park Road Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			09/09/2009	Discontinued (Discontinued by patient)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
ADULT PFT		08/21/2009 11:59 PM PDT		
PULMONARY FUNCTION	Routine	08/21/2009 12:40 PM PDT		

 **Patient Contacts**

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 21, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Pfl Adult Tech (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239 Pulmonary Disease	Aug. 21, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
08/10/2009	Hospital Encounter	Radiology/Imaging Lab at CHH 3303 SW Bond Ave Mailcode: CH3G Center for Health and Healing, Building 1, 3rd Floor Portland, OR 97239-4501 503-418-0990	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 10, 2009
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
RAD OP CHVAS1 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239-3098 Radiology	Aug. 10, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/10/2009	Hospital Encounter	Radiology/Imaging Lab at CHH 3303 SW Bond Ave Mailcode: CH3G Center for Health and Healing, Building 1, 3rd Floor Portland, OR 97239-4501 503-418-0990	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 10, 2009
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
RAD OP CHVAS1 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239-3098 Radiology	Aug. 10, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/04/2009	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Kim, Antony Y, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	110/60	08/04/2009 2:46 PM PDT	
Pulse	84	08/04/2009 2:46 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	97%	08/04/2009 2:46 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	100.4 kg (221 lb 4.8 oz)	08/04/2009 2:46 PM PDT	
Height	-	-	
Body Mass Index	30.01	07/17/2009 2:35 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary
Ischemic cardiomyopathy
Coronary atherosclerosis of native coronary artery

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Aug. 04, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Antony Y Kim MD (Attending) Cardiovascular Diseases		Aug. 04, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
07/17/2009	Hospital Encounter	Cardiac Cath Lab at UHS 3181 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7481	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jul. 17, 2009
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
CAR CATH LAB 11C RM 2 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Jul. 17, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
07/17/2009	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Other Service Providers

Document Coverage Dates

Jul. 17, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Gpc Nurse (Attending)

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Encounter Date

Jul. 17, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

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Encounter Details

Date	Type	Department	Care Team
07/15/2009	Hospital Encounter	Cardiac Cath Lab at UHS 3181 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7481	

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jul. 15, 2009
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers	Encounter Date	
CAR CATH LAB 11C RM 2 (Attending) 3181 SW Sam Jackson Park Road Portland, OR 97239	Jul. 15, 2009	

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
07/13/2009 - 07/14/2009	Emergency	OHSU Emergency Department 3250 SW Sam Jackson Park Rd OHSU Hospital Portland, OR 97239-3011 503-494-7551	Brunett, Patrick, MD Marr, Amy L, MD 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011 503-494-7551 503-494-4997 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				

Alcohol Use	Drinks/Week	oz/Week
Yes		

Sex Assigned at Birth	Date Recorded
Not on file	

Job Start Date	Occupation	Industry
Not on file	Not on file	Not on file

Travel History	Travel Start	Travel End
No recent travel history available.		

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	116/65	07/14/2009 2:08 PM PDT	
Pulse	72	07/14/2009 2:08 PM PDT	
Temperature	35.9 °C (96.6 °F)	07/14/2009 8:19 AM PDT	
Respiratory Rate	16	07/14/2009 2:08 PM PDT	
Oxygen Saturation	98%	07/14/2009 2:08 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	-	-	
Height	-	-	
Body Mass Index	-	-	

Discharge Instructions - documented in this encounter

Instructions

Milligan, Sarah, RN - 07/14/2009

Medications at Time of Discharge - documented as of this encounter

Medication	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Dyspnea on exertion - Primary

Neuropathy

Administered Medications - documented in this encounter

Inactive Administered Medications - up to 3 most recent administrations

Medication Order	MAR Action	Action Date	Dose	Rate	Site
aspirin EC tablet 81 mg 81 mg, oral, DAILY, First dose (after last modification) on Tue 7/14/09 at 0900, Until Discontinued	Given	07/14/2009 8:39 AM PDT	81 mg		
furosemide (aka LASIX) tablet 20 mg 20 mg, oral, DAILY, First dose on Tue 7/14/09 at 0900, Until Discontinued	Given	07/14/2009 8:40 AM PDT	20 mg		
isosorbide dinitrate (aka ISORDIL) tablet 20 mg 20 mg, oral, THREE TIMES DAILY (NITRO), First dose on Tue 7/14/09 at 0800, Until Discontinued	Given	07/14/2009 8:09 AM PDT	20 mg		
metoprolol succinate (aka TOPROL-XL) tablet 150 mg 150 mg, oral, DAILY, First dose (after last modification) on Tue 7/14/09 at 0000, Until Discontinued	Given	07/14/2009 12:00 AM PDT	150 mg		
nortriptyline (aka PAMELOR) capsule 50 mg 50 mg, oral, TWICE DAILY, First dose on Mon 7/13/09 at 2330, Until Discontinued	Given Given	07/14/2009 10:59 AM PDT 07/14/2009 1:30 AM PDT	50 mg 50 mg		
perflutren lipid microspheres (aka DEFINITY) injection 1.5 mL 1.5 mL, intravenous, ONCE, 1 dose, Tue 7/14/09 at 1015	Given	07/14/2009 10:15 AM PDT	1.5 mL		
simvastatin (aka ZOCOR) tablet 60 mg 60 mg, oral, EVERY EVENING, First dose on Mon 7/13/09 at 2330, Until Discontinued	Given	07/14/2009 12:15 AM PDT	60 mg		
valsartan (aka DIOVAN) tablet 80 mg 80 mg, oral, TWICE DAILY, First dose on Mon 7/13/09 at 2330, Until Discontinued	Given Given	07/14/2009 10:58 AM PDT 07/14/2009 1:30 AM PDT	80 mg 80 mg		
warfarin (aka COUMADIN) tablet 5 mg 5 mg, oral, EVERY EVENING, First dose on Mon 7/13/09 at 2330, Until Discontinued	Given	07/14/2009 12:15 AM PDT	5 mg		

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider

Other Service Providers

Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Jul. 13, 2009 - Jul. 14, 2009

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Patrick Brunett MD (Attending)

Amy L Marr MD (Attending)

Jul. 13, 2009 - Jul. 14, 2009

Emergency Medicine

503-494-7551 (Work)

503-494-4997 (Fax)

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3011

Emergency Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
07/13/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	114/76	07/13/2009 4:01 PM PDT	
Pulse	77	07/13/2009 4:01 PM PDT	
Temperature	36.7 °C (98.1 °F)	07/13/2009 4:01 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	97%	07/13/2009 4:01 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	102.5 kg (225 lb 14.4 oz)	07/13/2009 4:01 PM PDT	
Height	182.9 cm (6')	07/13/2009 4:01 PM PDT	
Body Mass Index	30.64	07/13/2009 4:01 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

DOE (dyspnea on exertion) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jul. 13, 2009
Custodian Organization		
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011		
Encounter Providers		Encounter Date
Charles T White MD (Attending) Family Medicine		Jul. 13, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/26/2009	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
nortriptyline 50 mg Oral Capsule	Take 1 Cap by mouth two times daily.	60	06/22/2009	07/13/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	07/23/2009	06/26/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired
simvastatin 40 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	06/23/2009	08/04/2009	Discontinued (Discontinued by provider)
simvastatin 20 mg Oral Tablet	Take 20 mg by mouth once daily in the evening.			08/04/2009	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease)

Ischemic cardiomyopathy

Chronic systolic heart failure (HCC)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider	Other Service Providers	Document Coverage Dates
Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011) Family Medicine Oregon Health & Science University 3181 S.W. Sam Jackson Park Rd. Portland, OR 97239		Jun. 26, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Jun. 26, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/23/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
ASPIRIN 81 MG TAB	take one tablet once a day			08/24/2011	Discontinued (Duplicate medication)
nortriptyline 50 mg Oral Capsule	One by mouth twice a day	60	05/28/2008	06/22/2009	Discontinued (Reorder)
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
metoprolol succinate (TOPROL XL) 50 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (50 mg) by oral route once daily	30	10/01/2008	10/21/2009	Discontinued (Reorder)
simvastatin 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	01/14/2009	06/23/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)
furosemide (LASIX) 20 mg Oral Tablet	Take 1 Tab by mouth once daily.	30	04/14/2009	05/03/2010	Discontinued (Reorder)
isosorbide mononitrate CR 60 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/11/2009	06/09/2010	Discontinued (Reorder)
metoprolol succinate (TOPROL XL) 100 mg Oral Tablet Sustained Release 24 hr	Take 1 Tab by mouth once daily.	30	05/20/2009	06/01/2010	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/13/2009	06/23/2009	Discontinued (Reorder)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009	Expired
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	07/23/2009	06/26/2009	Discontinued (Duplicate medication)
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Pain medication agreement	06/23/2009
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	108/78	06/23/2009 8:27 AM PDT	
Pulse	80	06/23/2009 8:27 AM PDT	
Temperature	36.6 °C (97.8 °F)	06/23/2009 8:27 AM PDT	
Respiratory Rate	16	06/23/2009 8:27 AM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.4 kg (223 lb 9.6 oz)	06/23/2009 8:27 AM PDT	
Height	-	-	
Body Mass Index	30.33	04/16/2009 7:31 AM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	08/23/2009	09/23/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	07/23/2009	06/26/2009
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	Take 1 Tab by mouth every six hours as needed.	30	06/23/2009	07/23/2009



Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

LDL CHOLEST,MEAS-REFLEX - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
LDL CHOLEST	89	<100 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
INR	2.27	0.90 - 1.20 INR	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

LIPID SET (LIPID SET (TRIG, T CHOL, HDL, CALC LDL)) - Final result (06/23/2009 9:22 AM PDT)

Component	Value	Ref Range	Performed At	Pathologist Signature
CHOLESTEROL (LAB)	230	<200 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
TRIGLYCERIDES	471	<150 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
HDL CHOLESTEROL	47	>40 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
NON-HDL CHOLESTEROL	183	<130 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	
VLDL CHOLESTEROL, CALCULATED	94	<31 mg/dL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

Visit Diagnoses - documented in this encounter

Diagnosis

Peripheral vascular disease with claudication (HCC) - Primary

Chronic low back pain

Hypercholesteremia

Chronic systolic heart failure (HCC)

Seborrhea

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Primary Care Provider Other Service Providers Document Coverage Dates

Charles T White MD (Jun. 12, 2009 - Oct. 30, 2011)

Family Medicine

Oregon Health & Science University

3181 S.W. Sam Jackson Park Rd.

Portland, OR 97239

Jun. 23, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Charles T White MD (Attending)

Family Medicine

Jun. 23, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/30/2009	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Apr. 30, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Apr. 30, 2009

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/23/2009	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Ischemic cardiomyopathy

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Apr. 23, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Apr. 23, 2009

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/06/2009	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/68	04/06/2009 10:02 AM PDT	
Pulse	83	04/06/2009 10:02 AM PDT	
Temperature	36.8 °C (98.3 °F)	04/06/2009 10:02 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	04/06/2009 10:02 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	04/06/2009 10:02 AM PDT	
Height	-	-	
Body Mass Index	30.67	01/05/2009 9:38 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Reddy MD, Pulla R - 04/06/2009 10:45 AM PDT

1. We will arrange an out-patient angiogram and will let you know the date and time for this procedure. Follow-up appointment is based on what we find at the angiogram.

Electronically signed by Pulla R Reddy MD at 04/06/2009 10:45 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

CAD (coronary artery disease)

Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Apr. 06, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Rami Alharethi MD (Attending)

Cardiology

Apr. 06, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/06/2009	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/68	04/06/2009 10:49 AM PDT	
Pulse	83	04/06/2009 10:49 AM PDT	
Temperature	36.8 °C (98.3 °F)	04/06/2009 10:49 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	04/06/2009 10:49 AM PDT	
Height	-	-	
Body Mass Index	30.67	01/05/2009 9:38 AM PST	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Apr. 06, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Apr. 06, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/13/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Basham, Chandra Marie, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/62	02/13/2009 9:42 AM PST	
Pulse	78	02/13/2009 9:42 AM PST	
Temperature	36.6 °C (97.8 °F)	02/13/2009 9:42 AM PST	
Respiratory Rate	16	02/13/2009 9:42 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	100.9 kg (222 lb 6.4 oz)	02/13/2009 9:42 AM PST	
Height	-	-	
Body Mass Index	30.59	01/05/2009 9:38 AM PST	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

B-NATRIURETIC PEPTIDE (B-NATRIURETIC PEPTIDE, BLOOD) - Final result (02/13/2009 10:29 AM PST)

Component	Value	Ref Range	Performed At	Pathologist Signature
B NATRIURETIC PEPTIDE	32	<101 pg/mL	OHSU DEPARTMENT OF PATHOLOGY	

Specimen

Blood - Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97239	
OHSU DEPARTMENT OF PATHOLOGY	3181 SW SAM JACKSON PARK RD	Portland, OR 97201	

INR (PT), POC - Final result (02/13/2009)

Component	Value	Ref Range	Performed At	Pathologist Signature
PROTHROMBIN TIME (INR), POC	1.3		OHSU-POINT OF CARE TESTS	

Specimen

Blood

Performing Organization	Address	City/State/Zipcode	Phone Number
OHSU - MARQUAM HILL, POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97239-3098	
OHSU-POINT OF CARE TESTS	3181 SW. SAM JACKSON PARK ROAD	PORTLAND, OR 97201-3098	

Visit Diagnoses - documented in this encounter

Diagnosis

Edema leg - Primary

Atrial tachycardia (HCC)

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Feb. 13, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Chandra Marie Basham MD (Attending) Family Medicine	Feb. 13, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/10/2009	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Atrial tachycardia (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Feb. 10, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Feb. 10, 2009

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/10/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
valsartan 160 mg Oral Tablet	Take 160 mg by mouth.			02/10/2009	Discontinued
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	86/60	02/10/2009 3:11 PM PST	
Pulse	68	02/10/2009 3:11 PM PST	
Temperature	37.2 °C (98.9 °F)	02/10/2009 3:11 PM PST	
Respiratory Rate	10	02/10/2009 3:11 PM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	02/10/2009 3:11 PM PST	
Height	-	-	
Body Mass Index	30.67	01/05/2009 9:38 AM PST	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
valsartan 80 mg Oral Tablet	Take 1 Tab by mouth two times daily.	60	02/10/2009	02/11/2010

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Leg swelling - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Feb. 10, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Charles T White MD (Attending)

Feb. 10, 2009

Family Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/09/2009	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Webb, Charles W, DO 1960 NW 167th Pl Ste 200 BEAVERTON, OR 97006 503-413-4488 503-672-6001 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/70	02/09/2009 9:59 AM PST	
Pulse	76	02/09/2009 9:59 AM PST	
Temperature	-	-	
Respiratory Rate	16	02/09/2009 9:59 AM PST	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	101.2 kg (223 lb)	02/09/2009 9:59 AM PST	
Height	-	-	
Body Mass Index	30.67	01/05/2009 9:38 AM PST	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
CAD (coronary artery disease)
DVT

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Feb. 09, 2009

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Charles W Webb DO (Attending) 503-413-4488 (Work) 503-672-6001 (Fax) 1960 NW 167th Pl Ste 200 BEAVERTON, OR 97006 Family Medicine	Feb. 09, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/15/2009	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Atrial tachycardia (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Jan. 15, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Jan. 15, 2009

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/05/2009	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Valsartan 80 mg Oral Capsule	Take 1 Cap by mouth. Take 1/2 capsule PO in the am and 1 capsule PO in the PM	60	01/05/2009	02/09/2009	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/72	01/05/2009 9:38 AM PST	
Pulse	74	01/05/2009 9:38 AM PST	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	94%	01/05/2009 9:38 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	100.7 kg (222 lb)	01/05/2009 9:38 AM PST	
Height	181.6 cm (5' 11.5")	01/05/2009 9:38 AM PST	
Body Mass Index	30.53	01/05/2009 9:38 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Holder, Kevin, MD - 01/05/2009 10:33 AM PST

Follow up in 3 months.

Increase Valsartan to 40mg in am and 80mg in pm

Check chem 7, cbc today in office.

Check Blood pressures over next two weeks and call with results.

Electronically signed by KEVIN HOLDER, MD at 01/05/2009 10:33 AM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
Valsartan 80 mg Oral Capsule	Take 1 Cap by mouth. Take 1/2 capsule PO in the am and 1 capsule PO in the PM	60	01/05/2009	02/09/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

CAD (coronary artery disease)

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jan. 05, 2009
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Jan. 05, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
01/05/2009	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/72	01/05/2009 9:28 AM PST	
Pulse	74	01/05/2009 9:28 AM PST	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	94%	01/05/2009 9:28 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	100.7 kg (222 lb 1.6 oz)	01/05/2009 9:28 AM PST	
Height	181.6 cm (5' 11.5")	01/05/2009 9:28 AM PST	
Body Mass Index	30.54	01/05/2009 9:28 AM PST	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 01/05/2009 9:51 AM PST

Please do a remote transmission at the first of every month.

Electronically signed by Karen Griffith Np at 01/05/2009 9:51 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jan. 05, 2009

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Jan. 05, 2009

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/21/2008	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Ischemic cardiomyopathy

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Nov. 21, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Nov. 21, 2008

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/14/2008	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	as needed for back pain	30	10/14/2008	02/12/2009	Discontinued (Reorder)
valsartan 80 mg Oral Tablet	take 1 tablet (80 mg) by oral route once daily	14	10/14/2008	11/28/2008	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Preventative health care	10/14/2008
Chronic low back pain	10/14/2008
Actinic keratosis	10/14/2008
Exposure to asbestos	10/14/2008
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic back pain	10/14/2008	10/14/2008
Chronic cough	10/14/2008	10/13/2009
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	108/74	10/14/2008 1:34 PM PDT	
Pulse	80	10/14/2008 1:34 PM PDT	
Temperature	36.8 °C (98.2 °F)	10/14/2008 1:34 PM PDT	
Respiratory Rate	12	10/14/2008 1:34 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	99.6 kg (219 lb 8 oz)	10/14/2008 1:34 PM PDT	
Height	-	-	
Body Mass Index	29.77	09/18/2008 3:07 PM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
valsartan 80 mg Oral Tablet	take 1 tablet (80 mg) by oral route once daily	14	10/14/2008	11/28/2008
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	as needed for back pain	30	10/14/2008	02/12/2009

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic cough - Primary

Chronic low back pain

Actinic keratosis

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Oct. 14, 2008
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Charles T White MD (Attending) Family Medicine	Oct. 14, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/22/2008	Hospital Encounter	Pulmonary Function Lab at MPV 3161 SW Pavilion Loop Mailcode: UHS13 Multnomah Pavilion 3310 Portland, OR 97239-3011 503-494-7682	Tech, Pfl Adult 3181 SW Sam Jackson Park Road Portland, OR 97239

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Procedures - documented in this encounter

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
ADULT PFT		09/22/2008 11:59 PM PDT		
PULMONARY FUNCTION	Routine	09/22/2008 4:53 PM PDT		

Results - documented in this encounter

Not on file

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Sep. 22, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Pfl Adult Tech (Attending)

Sep. 22, 2008

3181 SW Sam Jackson Park Road

Portland, OR 97239

Pulmonary Disease

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/18/2008	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/66	09/18/2008 4:52 PM PDT	
Pulse	83	09/18/2008 4:52 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	100%	09/18/2008 4:52 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.6 kg (219 lb 9.6 oz)	09/18/2008 4:52 PM PDT	
Height	-	-	
Body Mass Index	29.78	09/18/2008 3:07 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Sep. 18, 2008

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Sep. 18, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/18/2008	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Nitroglycerin 0.4 mg/Dose Translingual Aerosol	place 1 spray (0.4 mg) by translingual route onto or under the tongue at the first sign of an attack; no more than 3 sprays are recommended within a 15 minute period.			01/04/2011	Discontinued (Reorder)
warfarin (COUMADIN) 5 mg Oral Tablet	Every day except Sunday			08/04/2009	Discontinued
warfarin 1 mg Oral Tablet	On Sunday only.			04/06/2009	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start	Travel End		
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	88/70	09/18/2008 3:07 PM PDT	
Pulse	105	09/18/2008 3:07 PM PDT	
Temperature	36.8 °C (98.2 °F)	09/18/2008 3:07 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	96%	09/18/2008 3:07 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	96.6 kg (212 lb 14.4 oz)	09/18/2008 3:07 PM PDT	
Height	182.9 cm (6')	09/18/2008 3:07 PM PDT	
Body Mass Index	28.87	09/18/2008 3:07 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Ageno, Shaun, MD - 09/18/2008 4:04 PM PDT

1) have pulmonary function tests scheduled and done

2) Follow up with us in 3 months

Electronically signed by Shaun Ageno, MD at 09/18/2008 4:07 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Dyspnea

CAD (coronary artery disease)

Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Sep. 18, 2008

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Sep. 18, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/09/2008	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Sep. 09, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Sep. 09, 2008

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/09/2008	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Gesik, Nicole, DO

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	as needed for back pain	20	09/09/2008	10/14/2008	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	112/66	09/09/2008 2:01 PM PDT	
Pulse	76	09/09/2008 2:01 PM PDT	
Temperature	-	-	
Respiratory Rate	16	09/09/2008 2:01 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	98 kg (216 lb)	09/09/2008 2:01 PM PDT	
Height	-	-	
Body Mass Index	29.29	04/24/2008 3:06 PM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
hydrocodone-acetaminophen (VICODIN) 5-500 mg Oral Tablet	as needed for back pain	20	09/09/2008	10/14/2008

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic low back pain - Primary

Chronic systolic heart failure (HCC)

Atrial tachycardia (HCC)

Actinic keratosis

Exertional dyspnea

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Sep. 09, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Nicole Gesik DO (Attending)

Sep. 09, 2008

Family Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
07/24/2008	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
warfarin (COUMADIN) 1 mg Oral Tablet	take 1 tablet (1 mg) by oral route once daily	30	07/24/2008	09/18/2008	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
warfarin (COUMADIN) 1 mg Oral Tablet	take 1 tablet (1 mg) by oral route once daily	30	07/24/2008	09/18/2008

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Atrial tachycardia (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jul. 24, 2008

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers

Gpc Nurse (Attending)
4411 S W Vermont
Portland, OR 97219
Internal Medicine

Encounter Date

Jul. 24, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/25/2008	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Automatic implantable cardiac defibrillator in situ
Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Jun. 25, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

Jun. 25, 2008

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/08/2008	Clinical Support Staff	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	Nurse, Gpc 4411 S W Vermont Portland, OR 97219

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Chronic systolic heart failure (HCC)
Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

May 08, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Gpc Nurse (Attending)

May 08, 2008

4411 S W Vermont

Portland, OR 97219

Internal Medicine

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/24/2008	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/66	04/24/2008 3:06 PM PDT	
Pulse	83	04/24/2008 3:06 PM PDT	
Temperature	36.4 °C (97.5 °F)	04/24/2008 3:06 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	100%	04/24/2008 3:06 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	99.6 kg (219 lb 9.6 oz)	04/24/2008 3:06 PM PDT	
Height	182.9 cm (6')	04/24/2008 3:06 PM PDT	
Body Mass Index	29.78	04/24/2008 3:06 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Alharethi, Rami, MD - 04/24/2008 4:05 PM PDT

1- will refer to the cardica rehab

Electronically signed by RAMI ALHARETHI, MD at 04/24/2008 4:12 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Atrial tachycardia (HCC)

CAD (coronary artery disease)

Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Apr. 24, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Apr. 24, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/03/2008	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Peters, Cindy, ANP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
isosorbide mononitrate CR (IMDUR) 30 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (60mg) by oral route once daily in the morning	90	04/03/2008	09/18/2008	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/68	04/03/2008 2:17 PM PDT	
Pulse	89	04/03/2008 2:17 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	98%	04/03/2008 2:17 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	97.5 kg (215 lb)	04/03/2008 2:17 PM PDT	
Height	-	-	
Body Mass Index	29.7	03/27/2008 3:06 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Peters, Cindy, ANP - 04/03/2008 3:03 PM PDT

Increase Imdur to 60mg a day

Labs on the third floor

Xray on the third floor

Electronically signed by CINDY PETERS, ANP at 04/03/2008 3:03 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
isosorbide mononitrate CR (IMDUR) 30 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (60mg) by oral route once daily in the morning	90	04/03/2008	09/18/2008

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Apr. 03, 2008
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Cindy Peters ANP (Attending) Nurse Practitioner Adult Health	Apr. 03, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
03/27/2008	Office Visit	Family Medicine at Gabriel Park 4411 SW Vermont Mailcode: GPC Gabriel Park Clinic Portland, OR 97219-1020 503-494-9992	White, Charles T, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
pneumococcal (23-valent) polysaccharide vaccine (PNEUMOVAX 23) 25 mcg/0.5 mL Injection Injectable	1	1	03/27/2008	03/27/2008	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	
Pneumococcal 23	03/27/2008	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
Yes				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	108/64	03/27/2008 3:06 PM PDT	
Pulse	50	03/27/2008 3:06 PM PDT	
Temperature	37.2 °C (99 °F)	03/27/2008 3:06 PM PDT	
Respiratory Rate	12	03/27/2008 3:06 PM PDT	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	99.3 kg (219 lb)	03/27/2008 3:06 PM PDT	
Height	181.2 cm (5' 11.34")	03/27/2008 3:06 PM PDT	
Body Mass Index	30.25	03/27/2008 3:06 PM PDT	

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
pneumococcal (23-valent) polysaccharide vaccine (PNEUMOVAX 23) 25 mcg/0.5 mL Injection Injectable	1	1	03/27/2008	03/27/2008

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Arrhythmia - Primary

Ischemic cardiomyopathy

Preventative health care

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Mar. 27, 2008

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Charles T White MD (Attending)

Family Medicine

Mar. 27, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/20/2008	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/68	02/20/2008 2:54 PM PST	
Pulse	89	02/20/2008 2:54 PM PST	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	97%	02/20/2008 2:54 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	98.9 kg (218 lb)	02/20/2008 2:54 PM PST	
Height	-	-	
Body Mass Index	29.57	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC) - Primary

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Feb. 20, 2008

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Feb. 20, 2008

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/30/2007	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/62	11/30/2007 9:43 AM PST	
Pulse	56	11/30/2007 9:43 AM PST	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	99%	11/30/2007 9:43 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	96.6 kg (213 lb)	11/30/2007 9:43 AM PST	
Height	-	-	
Body Mass Index	28.89	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Paladino, Karen, RN - 11/30/2007 10:27 AM PST

ICD looks good!

Set up the carelink remote monitoring- we can check it weekly to watch the lead

Electronically signed by Karen Paladino, RN at 11/30/2007 10:27 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ventricular tachycardia (paroxysmal) (HCC)

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Nov. 30, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Nov. 30, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/29/2007	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Peters, Cindy, ANP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
Hydrocodone-Acetaminophen (VICODIN) 5-500 mg Oral Tablet	as needed for back pain			04/09/2008	Discontinued (Reorder)
Isosorbide Mononitrate (IMDUR) 30 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (30mg) by oral route once daily in the morning	90	11/29/2007	04/03/2008	Discontinued
Influen Tr-Split 2007 Vac (PF) (FLUARIX 2007-08 PF) 45 mcg/0.5 mL Intramuscular Syringe	Inject 0.5 mL intramuscularly once	1	11/29/2007	11/29/2007	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/29/2007, 11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	112/76	11/29/2007 3:15 PM PST	
Pulse	98	11/29/2007 3:15 PM PST	
Temperature	37.2 °C (99 °F)	11/29/2007 3:15 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	99%	11/29/2007 3:15 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	96.6 kg (213 lb)	11/29/2007 3:15 PM PST	
Height	-	-	
Body Mass Index	28.89	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Peters, Cindy, ANP - 11/29/2007 3:46 PM PST

Start Imdur 30mg a day

Electronically signed by CINDY PETERS, ANP at 11/29/2007 3:46 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
Influen Tr-Split 2007 Vac (PF) (FLUARIX 2007-08 PF) 45 mcg/0.5 mL Intramuscular Syringe	Inject 0.5 mL intramuscularly once	1	11/29/2007	11/29/2007
Isosorbide Mononitrate (IMDUR) 30 mg Oral Tablet Sustained Release 24 hr	take 1 tablet (30mg) by oral route once daily in the morning	90	11/29/2007	04/03/2008

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chest pain

Ischemic cardiomyopathy

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Nov. 29, 2007
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Cindy Peters ANP (Attending) Nurse Practitioner Adult Health	Nov. 29, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
10/26/2007	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	112/68	10/26/2007 8:58 AM PDT	
Pulse	113	10/26/2007 8:58 AM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	96%	10/26/2007 8:58 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	96.6 kg (213 lb)	10/26/2007 8:58 AM PDT	
Height	-	-	
Body Mass Index	28.89	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

Griffith Np, Karen - 10/26/2007 9:13 AM PDT

Lead alert reprogrammed

Will set up remote monitoring

Electronically signed by Karen Griffith Np at 10/26/2007 9:13 AM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Oct. 26, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Oct. 26, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/20/2007	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Ross, Alicia, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	104/70	08/20/2007 11:51 AM PDT	
Pulse	76	08/20/2007 11:51 AM PDT	
Temperature	37.1 °C (98.7 °F)	08/20/2007 11:51 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	08/20/2007 11:51 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	96.2 kg (212 lb)	08/20/2007 11:51 AM PDT	
Height	-	-	
Body Mass Index	28.75	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chest pressure

CAD (coronary artery disease)

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Aug. 20, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Alicia Ross MD (Attending)

Aug. 20, 2007

Cardiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/20/2007	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	104/70	08/20/2007 12:06 PM PDT	
Pulse	76	08/20/2007 12:06 PM PDT	
Temperature	37.1 °C (98.7 °F)	08/20/2007 12:06 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	08/20/2007 12:06 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	96.2 kg (212 lb)	08/20/2007 12:06 PM PDT	
Height	-	-	
Body Mass Index	28.75	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis
Chronic systolic heart failure (HCC)
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Aug. 20, 2007

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Aug. 20, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
05/17/2007	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	96/70	05/17/2007 8:39 AM PDT	
Pulse	79	05/17/2007 8:39 AM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	100%	05/17/2007 8:39 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	92.5 kg (204 lb)	05/17/2007 8:39 AM PDT	
Height	-	-	
Body Mass Index	27.67	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Atrial tachycardia (HCC)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

May 17, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Karen K Griffith NP (Attending)

Nurse Practitioner Adult Health

May 17, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
04/26/2007	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Ross, Alicia, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	102/70	04/26/2007 3:51 PM PDT	
Pulse	80	04/26/2007 3:51 PM PDT	
Temperature	36.7 °C (98.1 °F)	04/26/2007 3:51 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	93.2 kg (205 lb 6.4 oz)	04/26/2007 3:51 PM PDT	
Height	-	-	
Body Mass Index	27.86	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chest pain

Ischemic cardiomyopathy

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Apr. 26, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Alicia Ross MD (Attending)

Apr. 26, 2007

Cardiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/08/2007	Office Visit	Cardiology Arrhythmia at CHH 3303 SW Bond Ave Mailcode: CH7A Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	92/60	02/08/2007 3:34 PM PST	
Pulse	87	02/08/2007 3:34 PM PST	
Temperature	37 °C (98.6 °F)	02/08/2007 3:34 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	100%	02/08/2007 3:34 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	88.9 kg (196 lb)	02/08/2007 3:34 PM PST	
Height	-	-	
Body Mass Index	26.58	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease)

Automatic implantable cardiac defibrillator in situ

Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Feb. 08, 2007

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Karen K Griffith NP (Attending)

Nurse Practitioner Adult Health

Feb. 08, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
02/08/2007	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
AMIODARONE 200 MG TAB	take 1 tablet (200mg) by oral route 2 times per day			02/09/2007	Discontinued (Discontinued by provider)
SIMVASTATIN 20 MG TAB	take 1 tablet (20mg) by oral route once daily in the evening			05/11/2007	Discontinued (Reorder)
METOPROLOL 25 MG TAB	take 1 tablet (25mg) orally three times a day			02/09/2007	Discontinued (Discontinued by provider)
K-DUR 20 MEQ TAB	take 1 tablet (20meq) by oral route twice daily with food			02/09/2007	Discontinued (Discontinued by provider)
TOPROL XL 100 MG 24 HR TAB	take 1 tablet (100mg) by oral route once daily	30	02/08/2007	10/05/2007	Discontinued (Reorder)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file		Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	92/60	02/08/2007 2:15 PM PST	
Pulse	87	02/08/2007 2:15 PM PST	
Temperature	37 °C (98.6 °F)	02/08/2007 2:15 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	100%	02/08/2007 2:15 PM PST	
Inhaled Oxygen Concentration	-	-	
Weight	88.9 kg (196 lb)	02/08/2007 2:15 PM PST	
Height	-	-	
Body Mass Index	26.58	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

02/08/2007 2:50 PM PST

- 1- Stop Amiodarone
- 2- Stop the Lasix
- 3- Stop metoprolol
- 4- Start Toprol 100 mg once a day
- 5- Labs today

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
TOPROL XL 100 MG 24 HR TAB	take 1 tablet (100mg) by oral route once daily	30	02/08/2007	10/05/2007

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

CAD (coronary artery disease)

VT (ventricular tachycardia) (HCC)

Atrial flutter (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Feb. 08, 2007
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Feb. 08, 2007

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
12/11/2006	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Hershberger, Ray, MD 3303 S W Bond Ave Portland, OR 97239 503-494-1775 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Hypercholesteremia	12/05/2006
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/62	12/11/2006 10:51 AM PST	
Pulse	76	12/11/2006 10:51 AM PST	
Temperature	37.1 °C (98.7 °F)	12/11/2006 10:51 AM PST	
Respiratory Rate	-	-	
Oxygen Saturation	100%	12/11/2006 10:51 AM PST	
Inhaled Oxygen Concentration	-	-	
Weight	94.8 kg (209 lb)	12/11/2006 10:51 AM PST	
Height	-	-	
Body Mass Index	28.35	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

12/11/2006 10:40 AM PST

so let's figure out if you should have a bypass operation - we need to meet with the CT surgeons and carefully review all of your data.

we would plan for an operation electively after the first of the year.

no change in medications

happy holidays

call for problems

Electronically signed by Ray Hershberger Md at 12/11/2006 11:41 AM PST

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease)
Ischemic cardiomyopathy
Chronic systolic heart failure (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Dec. 11, 2006

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Ray Hershberger MD (Attending) 503-494-1775 (Work) 503-494-4749 (Fax) 3303 S W Bond Ave Portland, OR 97239 Cardiology	Dec. 11, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
11/09/2006	Office Visit	Cardiology Cardiac Transplant at CHH 3303 SW Bond Ave Mailcode: CH7C Center for Health and Healing, Building 1, 7th Floor Portland, OR 97239-4501 503-494-7400	Le, Dai-Trang E, MD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-1775 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
FLUZONE 2006-2007 45 MCG/0.5 ML IM SUSP	0.5 cc IM	1	11/09/2006	11/09/2006	Discontinued (Error)
INFLUENZA TRI-VALENT SPLIT 05-06 VACCINE (PF) 45 MCG/0.5 ML IM SYRINGE	0.5 ml IM	1	11/09/2006	05/17/2007	Discontinued
FUROSEMIDE 20 MG TAB	take 1/2 tablet (10mg) by oral route twice daily			02/09/2007	Discontinued (Discontinued by provider)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Immunizations - documented as of this encounter

Name	Administration Dates	Next Due
Influenza, split	11/09/2006	

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	106/64	11/09/2006 2:31 PM PST	
Pulse	78	11/09/2006 2:31 PM PST	
Temperature	37.3 °C (99.1 °F)	11/09/2006 2:31 PM PST	
Respiratory Rate	-	-	
Oxygen Saturation	-	-	
Inhaled Oxygen Concentration	-	-	
Weight	92.5 kg (204 lb)	11/09/2006 2:31 PM PST	
Height	-	-	
Body Mass Index	27.67	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

11/09/2006 2:20 PM PST

1. Start lasix 10 mg, 1 tablet twice a day.
2. Get fasting cholesterol, comprehensive chem panel (kidney, potassium, magnesium level) on Monday 11/13/06.
3. Return to Heart Failure Clinic in 3 weeks.

Electronically signed by Dai-Trang E Le, MD at 11/09/2006 3:34 PM PST

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
INFLUENZA TRI-VALENT SPLIT 05-06 VACCINE (PF) 45 MCG/0.5 ML IM SYRINGE	0.5 ml IM	1	11/09/2006	05/17/2007
FLUZONE 2006-2007 45 MCG/0.5 ML IM SUSP	0.5 cc IM	1	11/09/2006	11/09/2006

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)

Dyslipidemia

Need for prophylactic vaccination and inoculation against influenza

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Nov. 09, 2006

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Dai-Trang E Le MD (Attending) 503-494-1775 (Work) 503-494-4749 (Fax) 3303 SW Bond Ave Portland, OR 97239-4501 Cardiology	Nov. 09, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/21/2006	Office Visit	Cardiology - Arrhythmia 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
IMDUR 30 MG 24 HR TAB	take 1 tablet (30mg) by oral route once daily in the morning	30	09/21/2006	11/01/2006	Discontinued (Discontinued by another clinician)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	104/64	09/21/2006 1:18 PM PDT	
Pulse	79	09/21/2006 1:18 PM PDT	
Temperature	36.8 °C (98.3 °F)	09/21/2006 1:18 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	99%	09/21/2006 1:18 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	91.6 kg (202 lb)	09/21/2006 1:18 PM PDT	
Height	-	-	
Body Mass Index	27.4	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

09/21/2006 12:30 PM PDT

1- Start Imdur 30 mg once a day

Electronically signed by RAMI ALHARETHI, MD at 09/21/2006 3:13 PM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
IMDUR 30 MG 24 HR TAB	take 1 tablet (30mg) by oral route once daily in the morning	30	09/21/2006	11/01/2006

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

CAD (coronary artery disease) - Primary

Chronic systolic heart failure (HCC)

Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Sep. 21, 2006
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Sep. 21, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
09/21/2006	Office Visit	Cardiology - Cardiac Transplant 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
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Never Smoker

Alcohol Use	Drinks/Week	oz/Week
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No

Sex Assigned at Birth	Date Recorded
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Not on file

Job Start Date	Occupation	Industry
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Not on file Not on file Not on file

Travel History	Travel Start	Travel End
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No recent travel history available.

Last Filed Vital Signs - documented in this encounter

Not on file

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria, TETANUS, and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy
CAD (coronary artery disease)
Chest pain
Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates Sep. 21, 2006
Custodian Organization Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers Rami Alharethi MD (Attending) Cardiology	Encounter Date Sep. 21, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
08/21/2006	Office Visit	Cardiology - Cardiac Transplant 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
NITROGLYCERIN 0.4 MG SUBLINGUAL TAB	place 1 tablet (0.4mg) by sublingual route at the first sig*	30	08/21/2006	08/21/2006	Expired
WARFARIN 5 MG TAB	5 mg x 1 day/week, 2.5 mg x 6 days			05/11/2007	Discontinued (Reorder)
NITROGLYCERIN 0.4 MG SUBLINGUAL TAB	as directed			11/13/2007	Discontinued (Reorder)
NITROGLYCERIN 0.4 MG SUBLINGUAL TAB	place 1 tablet (0.4mg) by sublingual route at the first sig*	100	08/21/2006	08/21/2006	Expired

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start		Travel End
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	98/60	08/21/2006 9:14 AM PDT	
Pulse	85	08/21/2006 9:14 AM PDT	
Temperature	36.4 °C (97.6 °F)	08/21/2006 9:14 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	98%	08/21/2006 9:14 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	86.2 kg (190 lb)	08/21/2006 9:14 AM PDT	
Height	-	-	
Body Mass Index	25.77	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

08/21/2006 9:20 AM PDT

1- No changes

Electronically signed by RAMI ALHARETHI, MD at 08/21/2006 10:03 AM PDT

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
NITROGLYCERIN 0.4 MG SUBLINGUAL TAB	place 1 tablet (0.4mg) by sublingual route at the first sig*	100	08/21/2006	08/21/2006
NITROGLYCERIN 0.4 MG SUBLINGUAL TAB	place 1 tablet (0.4mg) by sublingual route at the first sig*	30	08/21/2006	08/21/2006

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

CAD (coronary artery disease)

Chest pain

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Aug. 21, 2006
Custodian Organization	
Oregon Health & Science Univ 503-494-8311 (Work) 3181 SW SAM JACKSON PARK ROAD PORTLAND, OR 97239-3011	
Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Aug. 21, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
07/10/2006	Office Visit	Cardiology - Cardiac Transplant 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Hershberger, Ray, MD 3303 S W Bond Ave Portland, OR 97239 503-494-1775 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

No known medications

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				

Alcohol Use	Drinks/Week	oz/Week
No		

Sex Assigned at Birth	Date Recorded
Not on file	

Job Start Date	Occupation	Industry
Not on file	Not on file	Not on file

Travel History	Travel Start	Travel End
No recent travel history available.		

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	96/48	07/10/2006 11:48 AM PDT	
Pulse	89	07/10/2006 11:48 AM PDT	
Temperature	36.7 °C (98 °F)	07/10/2006 11:48 AM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	100%	07/10/2006 11:48 AM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	87.1 kg (192 lb)	07/10/2006 11:48 AM PDT	
Height	-	-	
Body Mass Index	26.04	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

07/10/2006 11:20 AM PDT

ok for nuclear study today

call for problems

we will be in touch with the nucs report.

continue same meds.

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy

Chest pain

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jul. 10, 2006

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers

Ray Hershberger MD (Attending)
503-494-1775 (Work)
503-494-4749 (Fax)
3303 S W Bond Ave
Portland, OR 97239
Cardiology

Encounter Date

Jul. 10, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/29/2006	Office Visit	Cardiology - Arrhythmia 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Griffith, Karen K, NP

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
LISINOPRIL 10 MG TAB	1 tab twice daily			06/29/2006	Discontinued

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	84/56	06/29/2006 4:23 PM PDT	
Pulse	78	06/29/2006 4:23 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	95%	06/29/2006 4:23 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	88.9 kg (196 lb)	06/29/2006 4:23 PM PDT	
Height	-	-	
Body Mass Index	26.58	06/29/2006 2:46 PM PDT	

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHTHERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Chronic systolic heart failure (HCC)
Automatic implantable cardiac defibrillator in situ

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jun. 29, 2006

Custodian Organization

Oregon Health & Science Univ
503-494-8311 (Work)
3181 SW SAM JACKSON PARK ROAD
PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Karen K Griffith NP (Attending) Nurse Practitioner Adult Health	Jun. 29, 2006

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/29/2006	Office Visit	Cardiology - Cardiac Transplant 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Le, Dai-Trang E, MD 3303 SW Bond Ave Portland, OR 97239-4501 503-494-1775 503-494-4749 (Fax)

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
LASIX 20 MG TAB	take 1/2 tablet (10mg) by oral route once daily			06/29/2006	Discontinued
NORTRIPTYLINE 50 MG CAP	two daily			04/09/2008	Discontinued (Reorder)
LISINOPRIL 20 MG TAB	take 1 tablet (20mg) by oral route twice daily	60	06/29/2006	06/29/2006	Discontinued
LISINOPRIL 20 MG TAB	take 1 tablet (20mg) by oral route twice daily	60	06/29/2006	06/29/2006	Discontinued
LASIX 20 MG TAB	take 1/2 tablet (10mg) by oral route twice a daily			07/11/2006	Discontinued (Dose adjustment)
LISINOPRIL 20 MG TAB	take 1 tablet (20mg) by oral route twice a day			07/18/2006	Discontinued (Dose adjustment)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Automatic implantable cardioverter-defibrillator in situ	06/29/2006
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Chronic systolic heart failure	06/29/2006	01/25/2010
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History		Travel Start	Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	84/56	06/29/2006 2:46 PM PDT	
Pulse	78	06/29/2006 2:46 PM PDT	
Temperature	-	-	
Respiratory Rate	-	-	
Oxygen Saturation	95%	06/29/2006 2:46 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	88.9 kg (196 lb)	06/29/2006 2:46 PM PDT	
Height	182.9 cm (6')	06/29/2006 2:46 PM PDT	
Body Mass Index	26.58	06/29/2006 2:46 PM PDT	

Patient Instructions - documented in this encounter

Patient Instructions

06/29/2006 2:30 PM PDT

1. Increase lisinopril to 20 mg, 1 tablet twice a day.
2. Take toprol in mid afternoon.
3. Change position slowly.
4. Check fasting cholesterol and liver tests on day of next appointment. Do not eat after midnight, the night before.
5. Get a dipyridamole-stress thallium test with redistribution as soon as possible.
6. Return to Heart Failure Clinic in 3 weeks.

Ordered Prescriptions - documented in this encounter

Prescription	Sig	Dispensed	Start Date	End Date
LISINOPRIL 20 MG TAB	take 1 tablet (20mg) by oral route twice daily	60	06/29/2006	06/29/2006
LISINOPRIL 20 MG TAB	take 1 tablet (20mg) by oral route twice daily	60	06/29/2006	06/29/2006

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Scheduled Orders

Name	Type	Priority	Associated Diagnoses	Order Schedule
NM MYOCARD PERFUSION (SPECT) MULTIPLE STUDIES WITH PHARMACOLOGIC	Imaging	Priority	Ischemic cardiomyopathy Hypercholesteremia	Expected: 07/14/2006
NM MYOCARDIAL PERFUSION WITH WALL MOTION	Imaging	Priority	Ischemic cardiomyopathy Hypercholesteremia	Expected: 07/14/2006
Health Maintenance	Due Date	Last Done	Comments	
HM004 Colonoscopy	10/21/2020	10/21/2010		
HM026 DIPHThERIA,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014		
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists		

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

Hypercholesteremia

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers

Document Coverage Dates

Jun. 29, 2006

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers

Encounter Date

Dai-Trang E Le MD (Attending)

Jun. 29, 2006

503-494-1775 (Work)

503-494-4749 (Fax)

3303 SW Bond Ave

Portland, OR 97239-4501

Cardiology

Michael E Ashland "Mike"

Summary of Care, generated on Feb. 07, 2020

Patient Demographics - Male; born Jul. 09, 1951

Patient Address	Communication	Language	Race / Ethnicity	Marital Status
816 Liberty St SILVERTON, OR 97381	503-880-1742 (Home) 503-880-1742 (Mobile) mashland@gmail.com	English (Preferred)	White / Not Hispanic or Latino	Married

Note from Oregon Health & Science University

This document contains information that was shared with Michael E Ashland. It may not contain the entire record from Oregon Health & Science University.

Encounter Details

Date	Type	Department	Care Team
06/08/2006	Office Visit	Cardiology - Cardiac Transplant 3270 SW Pavilion Loop Mailcode: PPV330 Physician's Pavilion Ste 330:A Portland, OR 97239-3011 503-494-1775	Alharethi, Rami, MD

Allergies - documented as of this encounter (statuses as of 02/07/2020)

Active Allergy	Reactions	Severity	Noted Date	Comments
Ace Inhibitors	Cough	Medium	05/12/2006	

Medications - documented as of this encounter (statuses as of 02/07/2020)

Medication	Sig	Dispensed	Start Date	End Date	Status
COUMADIN OR	take 5mg 6times a week and 7.5mg once a week			08/21/2006	Discontinued (Dose adjustment)
LASIX 20 MG TAB	take 1 tablet (20mg) by oral route twice a day		06/08/2006	06/29/2006	Discontinued (Discontinued by another clinician)

Active Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date
Ischemic cardiomyopathy	05/12/2006
CAD (coronary artery disease)	05/12/2006

Resolved Problems - documented as of this encounter (statuses as of 02/07/2020)

Problem	Noted Date	Resolved Date
Atrial tachycardia	06/08/2006	06/29/2010
Chest pain	05/12/2006	04/07/2015

Social History - documented as of this encounter

Tobacco Use	Types	Packs/Day	Years Used	Date
Never Smoker				
Alcohol Use	Drinks/Week	oz/Week		
No				
Sex Assigned at Birth	Date Recorded			
Not on file				
Job Start Date	Occupation	Industry		
Not on file	Not on file	Not on file		
Travel History	Travel Start		Travel End	
No recent travel history available.				

Last Filed Vital Signs - documented in this encounter

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	100/60	06/08/2006 12:48 PM PDT	
Pulse	84	06/08/2006 12:48 PM PDT	
Temperature	36.7 °C (98 °F)	06/08/2006 12:48 PM PDT	
Respiratory Rate	-	-	
Oxygen Saturation	100%	06/08/2006 12:48 PM PDT	
Inhaled Oxygen Concentration	-	-	
Weight	88 kg (194 lb)	06/08/2006 12:48 PM PDT	
Height	-	-	
Body Mass Index	-	-	

Patient Instructions - documented in this encounter

Patient Instructions

06/08/2006 12:40 PM PDT

1- Decrease Lasix 20 mg twice a day

Electronically signed by RAMI ALHARETHI, MD at 06/08/2006 1:35 PM PDT

Plan of Treatment - documented as of this encounter

Upcoming Encounters

Date	Type	Specialty	Care Team
05/01/2020	Office Visit	Cardiology	Specialist, Car Device 3181 SW Sam Jackson Park Rd Portland, OR 97239-3011
05/01/2020	Office Visit	Cardiology	Wong, Catherine, MD 3181 SW Sam Jackson Park Rd PORTLAND, OR 97239-3011 503-494-7400 503-494-4749 (Fax)

Health Maintenance	Due Date	Last Done	Comments
HM004 Colonoscopy	10/21/2020	10/21/2010	
HM026 DIPHtheria,TETANUS,and PERTUSSIS immunization (DTaP/Tdap/Td) (2 - Td)	04/28/2024	04/28/2014	
HM011 Flu Shot	Completed	10/29/2019, 11/30/2018, 01/09/2018, Additional history exists	

Results - documented in this encounter

Not on file

Visit Diagnoses - documented in this encounter

Diagnosis

Ischemic cardiomyopathy - Primary

CAD (coronary artery disease)

Chest pain

Atrial tachycardia (HCC)

Patient Contacts

Contact Name	Contact Address	Communication	Relationship to Patient
Judy Goetz	19239 NW NORTH STAR DR BANKS, OR 97106	503-332-4727 (Home) 503-332-4727 (Mobile)	Spouse, Emergency Contact
Jenny Roberts	Unknown	503-421-4609 (Home) 503-421-4609 (Mobile)	Son/Daughter, Emergency Contact

Document Information

Service Providers	Document Coverage Dates
	Jun. 08, 2006

Custodian Organization

Oregon Health & Science Univ

503-494-8311 (Work)

3181 SW SAM JACKSON PARK ROAD

PORTLAND, OR 97239-3011

Encounter Providers	Encounter Date
Rami Alharethi MD (Attending) Cardiology	Jun. 08, 2006